



2019 Rates for the Federal Employees Health Benefits (FEHB) Program and Federal Employees Dental and Vision Insurance Program (FEDVIP)

November 12 through December 10, 2018

**Healthcare and Insurance
Office of Personnel Management**

Average FEHBP Premiums in 2019 for Annuitants & Non-Postal Employees

Percentage Increases

Government Contributions

	Local Plans	National Plans	Total
Self	0.9%	0.6%	0.7%
Self +1	1.8%	0.9%	1.0%
Family	1.2%	1.5%	1.5%
Total	1.6%	1.1%	1.2%

Enrollee Contributions

	Local Plans	National Plans	Total
Self	8.7%	0.2%	1.6%
Self +1	11.9%	0.4%	1.5%
Family	7.9%	-0.2%	1.2%
Total	9.2%	0.1%	1.5%

Total Premiums

	Local Plans	National Plans	Total
Self	3.5%	0.5%	0.9%
Self +1	4.8%	0.7%	1.1%
Family	3.3%	1.0%	1.4%
Total	4.0%	0.8%	1.3%

Premium Increases

Government Contributions

	Local Plans	National Plans	Total
Self	\$1.99	\$1.29	\$1.45
Self +1	\$8.32	\$4.09	\$4.63
Family	\$5.67	\$7.54	\$7.33
Total	\$5.56	\$3.87	\$4.27

Enrollee Contributions

	Local Plans	National Plans	Total
Self	\$9.32	\$0.22	\$1.53
Self +1	\$22.03	\$0.89	\$3.06
Family	\$17.71	-\$0.42	\$2.55
Total	\$14.62	\$0.14	\$2.26

Total Premiums

	Local Plans	National Plans	Total
Self	\$11.31	\$1.51	\$2.98
Self +1	\$30.35	\$4.98	\$7.69
Family	\$23.38	\$7.12	\$9.88
Total	\$20.18	\$4.01	\$6.53

2019 Premiums

Government Contributions

	Local Plans	National Plans	Total
Self	\$218.19	\$222.12	\$221.51
Self +1	\$462.01	\$477.76	\$476.28
Family	\$492.55	\$515.41	\$511.60
Total	\$348.43	\$366.80	\$364.06

Enrollee Contributions

	Local Plans	National Plans	Total
Self	\$116.34	\$94.51	\$97.93
Self +1	\$206.44	\$208.41	\$208.23
Family	\$242.34	\$211.95	\$217.02
Total	\$173.68	\$154.64	\$157.48

Total Premiums

	Local Plans	National Plans	Total
Self	\$334.53	\$316.63	\$319.44
Self +1	\$668.45	\$686.17	\$684.51
Family	\$734.89	\$727.36	\$728.62
Total	\$522.11	\$521.44	\$521.54

Average FEHBP Premiums in 2019 for Postal Employees

Percentage Increases

Government Contributions

	Local Plans	National Plans	Total
Self	-0.5%	-0.6%	-0.6%
Self +1	0.3%	-0.4%	-0.2%
Family	-0.3%	-0.1%	-0.1%
Total	0.4%	-0.2%	-0.1%

Enrollee Contributions

	Local Plans	National Plans	Total
Self	14.8%	5.6%	7.3%
Self +1	22.1%	5.5%	7.6%
Family	12.0%	4.1%	5.5%
Total	14.6%	4.6%	6.3%

Total Premiums

	Local Plans	National Plans	Total
Self	4.5%	1.0%	1.6%
Self +1	6.4%	1.2%	1.8%
Family	3.5%	1.1%	1.5%
Total	4.8%	1.1%	1.7%

Premium Increases

Government Contributions

	Local Plans	National Plans	Total
Self	-\$1.07	-\$1.39	-\$1.32
Self +1	\$1.41	-\$1.75	-\$1.19
Family	-\$1.55	-\$0.34	-\$0.44
Total	\$1.39	-\$0.92	-\$0.27

Enrollee Contributions

	Local Plans	National Plans	Total
Self	\$16.05	\$4.49	\$6.29
Self +1	\$40.58	\$9.70	\$13.34
Family	\$27.85	\$7.94	\$10.91
Total	\$25.68	\$7.04	\$9.90

Total Premiums

	Local Plans	National Plans	Total
Self	\$14.98	\$3.10	\$4.97
Self +1	\$41.99	\$7.95	\$12.15
Family	\$26.30	\$7.60	\$10.47
Total	\$27.07	\$6.12	\$9.63

2019 Premiums

Government Contributions

	Local Plans	National Plans	Total
Self	\$223.37	\$223.85	\$223.76
Self +1	\$469.91	\$484.17	\$482.45
Family	\$507.59	\$523.81	\$521.18
Total	\$390.18	\$415.94	\$411.68

Enrollee Contributions

	Local Plans	National Plans	Total
Self	\$124.18	\$85.15	\$92.52
Self +1	\$224.03	\$185.08	\$189.77
Family	\$259.98	\$200.23	\$209.91
Total	\$201.94	\$158.85	\$165.98

Total Premiums

	Local Plans	National Plans	Total
Self	\$347.55	\$309.00	\$316.28
Self +1	\$693.94	\$669.25	\$672.22
Family	\$767.57	\$724.04	\$731.09
Total	\$592.12	\$574.79	\$577.66

* Note: The Postal chart is based on the Postal contribution for Category 1 and the entire Postal population enrollment in 2018.

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Fee-for-Service Plans (FFS)			2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code				Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Nationwide APWU Health Plan												
High Self	471		322.29	335.18	230.18	105.00	11.96	698.30	726.22	498.72	227.50	25.91
High Self & Family	472		773.48	804.42	525.32	279.10	27.20	1675.87	1742.91	1138.19	604.72	58.94
High Self Plus One	473		676.79	703.86	492.27	211.59	25.80	1466.38	1525.03	1066.59	458.44	55.89
CDHP Self	474		255.89	275.85	206.89	68.96	4.99	554.43	597.68	448.26	149.42	10.81
CDHP Self & Family	475		614.12	654.04	490.53	163.51	9.98	1330.59	1417.09	1062.82	354.27	21.62
CDHP Self Plus One	476		562.95	599.54	449.66	149.88	9.14	1219.73	1299.00	974.25	324.75	19.82
Nationwide Blue Cross and Blue Shield Service Benefit Plan												
Standard Self	104		342.41	342.41	230.18	112.23	-0.93	741.89	741.89	498.72	243.17	-2.01
Standard Self & Family	105		793.53	793.53	525.32	268.21	-3.74	1719.32	1719.32	1138.19	581.13	-8.10
Standard Self Plus One	106		748.81	748.81	492.27	256.54	-1.27	1622.42	1622.42	1066.59	555.83	-2.76
Nationwide Blue Cross and Blue Shield Service Benefit Plan												
Basic Self	111		294.90	294.90	221.18	73.72	0.00	638.95	638.95	479.21	159.74	0.00
Basic Self & Family	112		702.56	702.56	525.32	177.24	-3.74	1522.21	1522.21	1138.19	384.02	-8.10
Basic Self Plus One	113		662.84	662.84	492.27	170.57	-1.27	1436.15	1436.15	1066.59	369.56	-2.76
Nationwide Blue Cross and Blue Shield Service Benefit Plan FEP Blue Focus												
Blue Focus Self	131	New Plan		212.58	159.44	53.14	New Plan	New Plan	460.59	345.44	115.15	New Plan
Blue Focus Self & Famil	132	New Plan		502.70	377.03	125.67	New Plan	New Plan	1089.18	816.89	272.29	New Plan
Blue Focus Self Plus On	133	New Plan		457.02	342.77	114.25	New Plan	New Plan	990.21	742.66	247.55	New Plan
Nationwide Compass Rose Health Plan												
High Self	421		321.36	321.36	230.18	91.18	-0.93	696.28	696.28	498.72	197.56	-2.01
High Self & Family	422		771.27	771.27	525.32	245.95	-3.74	1671.09	1671.09	1138.19	532.90	-8.10
High Self Plus One	423		707.00	707.00	492.27	214.73	-1.27	1531.83	1531.83	1066.59	465.24	-2.76
Nationwide Foreign Service Benefit Plan												
High Self	401		264.22	268.18	201.14	67.04	0.99	572.48	581.06	435.80	145.26	2.14
High Self & Family	402		653.62	663.46	497.60	165.86	2.46	1416.18	1437.50	1078.13	359.37	5.33
High Self Plus One	403		647.14	656.86	492.27	164.59	2.81	1402.14	1423.20	1066.59	356.61	6.08

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Fee-for-Service Plans (FFS)			2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code				Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Nationwide GEHA												
High Self	311		332.82	336.15	230.18	105.97	2.40	721.11	728.33	498.72	229.61	5.21
High Self & Family	312		790.83	838.27	525.32	312.95	43.70	1713.47	1816.25	1138.19	678.06	94.68
High Self Plus One	313		732.21	739.53	492.27	247.26	6.05	1586.46	1602.32	1066.59	535.73	13.10
Standard Self	314		219.75	235.13	176.35	58.78	3.84	476.13	509.45	382.09	127.36	8.33
Standard Self & Family	315		519.70	592.46	444.35	148.11	18.19	1126.02	1283.66	962.75	320.91	39.41
Standard Self Plus One	316		472.47	505.54	379.16	126.38	8.26	1023.69	1095.34	821.51	273.83	17.91
Nationwide GEHA												
HDHP Self	341		231.35	234.82	176.12	58.70	0.86	501.26	508.78	381.59	127.19	1.88
HDHP Self & Family	342		547.12	582.69	437.02	145.67	8.89	1185.43	1262.50	946.88	315.62	19.26
HDHP Self Plus One	343		497.40	504.86	378.65	126.21	1.86	1077.70	1093.86	820.40	273.46	4.04
Nationwide MHBP - Consumer Option												
HDHP Self	481		262.02	259.40	194.55	64.85	-0.65	567.71	562.03	421.52	140.51	-1.42
HDHP Self & Family	482		608.83	602.74	452.06	150.68	-1.53	1319.13	1305.94	979.46	326.48	-3.30
HDHP Self Plus One	483		579.85	574.05	430.54	143.51	-1.45	1256.34	1243.78	932.84	310.94	-3.14
Nationwide MHBP - Std												
Standard Self	454		268.82	266.14	199.61	66.53	-0.67	582.44	576.64	432.48	144.16	-1.45
Standard Self & Family	455		624.72	618.48	463.86	154.62	-1.56	1353.56	1340.04	1005.03	335.01	-3.38
Standard Self Plus One	456		618.78	612.59	459.44	153.15	-1.54	1340.69	1327.28	995.46	331.82	-3.35
Nationwide MHBP - Value Plan												
Value Self	414		229.41	220.23	165.17	55.06	-2.29	497.06	477.17	357.88	119.29	-4.97
Value Self & Family	415		554.42	532.24	399.18	133.06	-5.54	1201.24	1153.19	864.89	288.30	-12.01
Value Self Plus One	416		543.56	521.82	391.37	130.45	-5.44	1177.71	1130.61	847.96	282.65	-11.78

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Fee-for-Service Plans (FFS)			2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code				Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Nationwide NALC												
High Self	321		308.04	314.81	230.18	84.63	5.84	667.42	682.09	498.72	183.37	12.66
High Self & Family	322		691.71	706.93	525.32	181.61	8.68	1498.71	1531.68	1138.19	393.49	18.81
High Self Plus One	323		678.06	692.97	492.27	200.70	13.64	1469.13	1501.44	1066.59	434.85	29.55
CDHP Self	324		214.26	218.55	163.91	54.64	1.08	464.23	473.53	355.15	118.38	2.32
CDHP Self & Family	325		473.82	492.77	369.58	123.19	4.74	1026.61	1067.67	800.75	266.92	10.27
CDHP Self Plus One	326		463.49	477.39	358.04	119.35	3.48	1004.23	1034.35	775.76	258.59	7.53
Nationwide NALC												
Value Self	KM1		175.85	179.37	134.53	44.84	0.88	381.01	388.64	291.48	97.16	1.91
Value Self & Family	KM2		389.03	404.60	303.45	101.15	3.89	842.90	876.63	657.47	219.16	8.44
Value Self Plus One	KM3		380.37	391.78	293.84	97.94	2.85	824.14	848.86	636.65	212.21	6.18
Nationwide Panama Canal Area Benefit Plan												
High Self	431		264.38	277.60	208.20	69.40	3.31	572.82	601.47	451.10	150.37	7.17
High Self & Family	432		551.88	579.47	434.60	144.87	6.90	1195.74	1255.52	941.64	313.88	14.95
High Self Plus One	433		527.68	554.06	415.55	138.51	6.59	1143.31	1200.46	900.35	300.11	14.28
Nationwide Rural Carrier Benefit Plan												
High Self	381		316.47	316.47	230.18	86.29	-0.93	685.69	685.69	498.72	186.97	-2.01
High Self & Family	382		612.83	625.08	468.81	156.27	3.06	1327.80	1354.34	1015.76	338.58	6.63
High Self Plus One	383		600.81	612.83	459.62	153.21	3.01	1301.76	1327.80	995.85	331.95	6.51
Nationwide SAMBA												
High Self	441		421.24	421.24	230.18	191.06	-0.93	912.69	912.69	498.72	413.97	-2.01
High Self & Family	442		1010.97	1010.97	525.32	485.65	-3.74	2190.44	2190.44	1138.19	1052.25	-8.10
High Self Plus One	443		926.72	926.72	492.27	434.45	-1.27	2007.89	2007.89	1066.59	941.30	-2.76
Standard Self	444		326.84	317.03	230.18	86.85	-10.74	708.15	686.90	498.72	188.18	-23.26
Standard Self & Family	445		751.74	729.20	525.32	203.88	-26.28	1628.77	1579.93	1138.19	441.74	-56.94
Standard Self Plus One	446		719.06	697.49	492.27	205.22	-22.84	1557.96	1511.23	1066.59	444.64	-49.49

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Alabama Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Alabama Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Alabama Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	F51	371.98	374.21	230.18	144.03	1.30	805.96	810.79	498.72	312.07	2.82
CDHP Self & Family	F52	848.15	853.25	525.32	327.93	1.36	1837.66	1848.71	1138.19	710.52	2.95
CDHP Self Plus One	F53	839.75	844.80	492.27	352.53	3.78	1819.46	1830.40	1066.59	763.81	8.18
Value Self	F54	269.07	326.97	230.18	96.79	29.52	582.99	708.44	498.72	209.72	63.97
Value Self & Family	F55	616.15	748.73	525.32	223.41	69.37	1334.99	1622.25	1138.19	484.06	150.31
Value Self Plus One	F56	604.06	734.04	492.27	241.77	90.76	1308.80	1590.42	1066.59	523.83	196.63
Alabama UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))											
HDHP Self	LS1	202.27	193.25	144.94	48.31	-2.26	438.25	418.71	314.03	104.68	-4.88
HDHP Self & Family	LS2	505.67	444.50	333.38	111.12	-15.30	1095.62	963.08	722.31	240.77	-33.13
HDHP Self Plus One	LS3	434.88	415.50	311.63	103.87	-4.85	942.24	900.25	675.19	225.06	-10.50
Alabama UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO											
High Self	KK1	274.77	313.40	230.18	83.22	14.53	595.34	679.03	498.72	180.31	31.48
High Self & Family	KK2	686.91	783.52	525.32	258.20	86.47	1488.31	1697.63	1138.19	559.44	187.36
High Self Plus One	KK3	590.74	673.82	492.27	181.55	33.87	1279.94	1459.94	1066.59	393.35	73.37
Alaska Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
Alaska Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Alaska Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	JS1	481.36	484.17	230.18	253.99	1.88	1042.95	1049.04	498.72	550.32	4.08
CDHP Self & Family	JS2	1097.29	1103.70	525.32	578.38	2.67	2377.46	2391.35	1138.19	1253.16	5.79
CDHP Self Plus One	JS3	1086.44	1092.78	492.27	600.51	5.07	2353.95	2367.69	1066.59	1301.10	10.98
Value Self	JS4	352.77	371.07	230.18	140.89	17.37	764.34	803.99	498.72	305.27	37.64
Value Self & Family	JS5	805.33	847.11	525.32	321.79	38.04	1744.88	1835.41	1138.19	697.22	82.43
Value Self Plus One	JS6	797.36	838.73	492.27	346.46	40.10	1727.61	1817.25	1066.59	750.66	86.88
Arizona Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Arizona Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Arizona Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	G51	346.28	362.37	230.18	132.19	15.16	750.27	785.14	498.72	286.42	32.86
CDHP Self & Family	G52	789.85	826.56	525.32	301.24	32.97	1711.34	1790.88	1138.19	652.69	71.44
CDHP Self Plus One	G53	782.04	818.39	492.27	326.12	35.08	1694.42	1773.18	1066.59	706.59	76.00
Value Self	G54	253.66	309.50	230.18	79.32	15.91	549.60	670.58	498.72	171.86	34.46
Value Self & Family	G55	580.95	708.86	525.32	183.54	38.30	1258.73	1535.86	1138.19	397.67	82.99
Value Self Plus One	G56	569.57	694.97	492.27	202.70	60.31	1234.07	1505.77	1066.59	439.18	130.66

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Arizona Aetna Open Access											
High Self	WQ1	522.74	519.24	230.18	289.06	-4.43	1132.60	1125.02	498.72	626.30	-9.59
High Self & Family	WQ2	1269.17	1260.70	525.32	735.38	-12.21	2749.87	2731.52	1138.19	1593.33	-26.45
High Self Plus One	WQ3	1256.60	1248.21	492.27	755.94	-9.66	2722.63	2704.46	1066.59	1637.87	-20.93
Arizona Humana CoverageFirst and Humana Value Plan											
CDHP Self	R61	294.43	312.97	230.18	82.79	9.18	637.93	678.10	498.72	179.38	19.90
CDHP Self & Family	R62	662.48	704.17	525.32	178.85	13.23	1435.37	1525.70	1138.19	387.51	28.67
CDHP Self Plus One	R63	633.04	672.88	492.27	180.61	22.35	1371.59	1457.91	1066.59	391.32	48.42
Value Self	R64	239.86	250.16	187.62	62.54	2.58	519.70	542.01	406.51	135.50	5.58
Value Self & Family	R65	539.68	562.85	422.14	140.71	5.79	1169.31	1219.51	914.63	304.88	12.55
Value Self Plus One	R66	515.68	537.84	403.38	134.46	5.54	1117.31	1165.32	873.99	291.33	12.00
Arizona Humana CoverageFirst and Humana Value Plan											
CDHP Self	R91	285.64	286.45	214.84	71.61	0.20	618.89	620.64	465.48	155.16	0.44
CDHP Self & Family	R92	642.68	644.50	483.38	161.12	0.45	1392.47	1396.42	1047.32	349.10	0.98
CDHP Self Plus One	R93	614.12	615.85	461.89	153.96	0.43	1330.59	1334.34	1000.76	333.58	0.93
Value Self	R94	227.43	228.07	171.05	57.02	0.16	492.77	494.15	370.61	123.54	0.35
Value Self & Family	R95	511.71	513.16	384.87	128.29	0.36	1108.71	1111.85	833.89	277.96	0.78
Value Self Plus One	R96	488.97	490.36	367.77	122.59	0.35	1059.44	1062.45	796.84	265.61	0.75
Arizona Humana Health Plan, Inc.											
High Self	BF1	522.31	628.35	230.18	398.17	105.11	1131.67	1361.43	498.72	862.71	227.75
High Self & Family	BF2	1175.19	1413.76	525.32	888.44	234.83	2546.25	3063.15	1138.19	1924.96	508.80
High Self Plus One	BF3	1122.96	1350.92	492.27	858.65	226.69	2433.08	2926.99	1066.59	1860.40	491.15
Standard Self	BF4	366.52	422.80	230.18	192.62	55.35	794.13	916.07	498.72	417.35	119.93
Standard Self & Family	BF5	824.67	951.31	525.32	425.99	122.90	1786.79	2061.17	1138.19	922.98	266.28
Standard Self Plus One	BF6	788.01	909.03	492.27	416.76	119.75	1707.36	1969.57	1066.59	902.98	259.45

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)	2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code										

Arizona Humana Health Plan, Inc.

High Self	C71	378.22	398.12	230.18	167.94	18.97	819.48	862.59	498.72	363.87	41.10
High Self & Family	C72	850.99	895.77	525.32	370.45	41.04	1843.81	1940.84	1138.19	802.65	88.93
High Self Plus One	C73	813.17	855.96	492.27	363.69	41.52	1761.87	1854.58	1066.59	787.99	89.95
Standard Self	C74	312.43	335.34	230.18	105.16	21.98	676.93	726.57	498.72	227.85	47.63
Standard Self & Family	C75	702.95	754.49	525.32	229.17	47.80	1523.06	1634.73	1138.19	496.54	103.57
Standard Self Plus One	C76	671.70	720.95	492.27	228.68	47.98	1455.35	1562.06	1066.59	495.47	103.95

Arizona UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))

HDHP Self	LU1	222.88	207.84	155.88	51.96	-3.76	482.91	450.32	337.74	112.58	-8.15
HDHP Self & Family	LU2	557.19	478.03	358.52	119.51	-19.79	1207.25	1035.73	776.80	258.93	-42.88
HDHP Self Plus One	LU3	479.19	446.86	335.15	111.71	-8.09	1038.25	968.20	726.15	242.05	-17.51

Arizona UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO

High Self	KT1	281.85	313.47	230.18	83.29	12.83	610.68	679.19	498.72	180.47	27.80
High Self & Family	KT2	704.63	783.67	525.32	258.35	75.30	1526.70	1697.95	1138.19	559.76	163.15
High Self Plus One	KT3	605.98	673.95	492.27	181.68	30.19	1312.96	1460.23	1066.59	393.64	65.40

Arkansas Aetna HealthFund HDHP and Aetna Direct Plan

HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69

Arkansas Aetna HealthFund HDHP and Aetna Direct Plan

CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Arkansas Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	F51	371.98	374.21	230.18	144.03	1.30	805.96	810.79	498.72	312.07	2.82
CDHP Self & Family	F52	848.15	853.25	525.32	327.93	1.36	1837.66	1848.71	1138.19	710.52	2.95
CDHP Self Plus One	F53	839.75	844.80	492.27	352.53	3.78	1819.46	1830.40	1066.59	763.81	8.18
Value Self	F54	269.07	326.97	230.18	96.79	29.52	582.99	708.44	498.72	209.72	63.97
Value Self & Family	F55	616.15	748.73	525.32	223.41	69.37	1334.99	1622.25	1138.19	484.06	150.31
Value Self Plus One	F56	604.06	734.04	492.27	241.77	90.76	1308.80	1590.42	1066.59	523.83	196.63
Arkansas QualChoice											
High Self	DH1	338.58	330.63	230.18	100.45	-8.88	733.59	716.37	498.72	217.65	-19.23
High Self & Family	DH2	883.13	862.38	525.32	337.06	-24.49	1913.45	1868.49	1138.19	730.30	-53.06
High Self Plus One	DH3	657.71	642.26	481.70	160.56	-6.15	1425.04	1391.56	1043.67	347.89	-13.32
Standard Self	DH4	264.05	258.14	193.61	64.53	-1.48	572.11	559.30	419.48	139.82	-3.21
Standard Self & Family	DH5	688.71	673.30	504.98	168.32	-3.86	1492.21	1458.82	1094.12	364.70	-8.35
Standard Self Plus One	DH6	512.92	501.44	376.08	125.36	-2.87	1111.33	1086.45	814.84	271.61	-6.22
Arkansas UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))											
HDHP Self	LS1	202.27	193.25	144.94	48.31	-2.26	438.25	418.71	314.03	104.68	-4.88
HDHP Self & Family	LS2	505.67	444.50	333.38	111.12	-15.30	1095.62	963.08	722.31	240.77	-33.13
HDHP Self Plus One	LS3	434.88	415.50	311.63	103.87	-4.85	942.24	900.25	675.19	225.06	-10.50
Arkansas UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO											
High Self	KK1	274.77	313.40	230.18	83.22	14.53	595.34	679.03	498.72	180.31	31.48
High Self & Family	KK2	686.91	783.52	525.32	258.20	86.47	1488.31	1697.63	1138.19	559.44	187.36
High Self Plus One	KK3	590.74	673.82	492.27	181.55	33.87	1279.94	1459.94	1066.59	393.35	73.37
California Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
California Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
California Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	JS1	481.36	484.17	230.18	253.99	1.88	1042.95	1049.04	498.72	550.32	4.08
CDHP Self & Family	JS2	1097.29	1103.70	525.32	578.38	2.67	2377.46	2391.35	1138.19	1253.16	5.79
CDHP Self Plus One	JS3	1086.44	1092.78	492.27	600.51	5.07	2353.95	2367.69	1066.59	1301.10	10.98
Value Self	JS4	352.77	371.07	230.18	140.89	17.37	764.34	803.99	498.72	305.27	37.64
Value Self & Family	JS5	805.33	847.11	525.32	321.79	38.04	1744.88	1835.41	1138.19	697.22	82.43
Value Self Plus One	JS6	797.36	838.73	492.27	346.46	40.10	1727.61	1817.25	1066.59	750.66	86.88
California Aetna Open Access											
High Self	2X1	346.80	352.58	230.18	122.40	4.85	751.40	763.92	498.72	265.20	10.51
High Self & Family	2X2	814.15	827.74	525.32	302.42	9.85	1763.99	1793.44	1138.19	655.25	21.35
High Self Plus One	2X3	798.19	811.51	492.27	319.24	12.05	1729.41	1758.27	1066.59	691.68	26.10
California Anthem Blue Cross Select HMO of CA											
High Self	B31	359.25	355.52	230.18	125.34	-4.66	778.38	770.29	498.72	271.57	-10.10
High Self & Family	B32	786.75	799.93	525.32	274.61	9.44	1704.63	1733.18	1138.19	594.99	20.45
High Self Plus One	B33	736.46	743.05	492.27	250.78	5.32	1595.66	1609.94	1066.59	543.35	11.52
California Blue Shield of CA Access+HMO											
High Self	SI1	342.54	359.67	230.18	129.49	16.20	742.17	779.29	498.72	280.57	35.11
High Self & Family	SI2	787.86	827.26	525.32	301.94	35.66	1707.03	1792.40	1138.19	654.21	77.27
High Self Plus One	SI3	753.60	791.28	492.27	299.01	36.41	1632.80	1714.44	1066.59	647.85	78.88
Standard Self	SI4	New Plan	325.42	230.18	95.24	New Plan	New Plan	705.08	498.72	206.36	New Plan
Standard Self & Family	SI5	New Plan	748.47	525.32	223.15	New Plan	New Plan	1621.69	1138.19	483.50	New Plan
Standard Self Plus One	SI6	New Plan	715.93	492.27	223.66	New Plan	New Plan	1551.18	1066.59	484.59	New Plan

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
California Health Net of California											
High Self	LB1	638.57	628.34	230.18	398.16	-11.16	1383.57	1361.40	498.72	862.68	-24.18
High Self & Family	LB2	1532.56	1508.02	525.32	982.70	-28.28	3320.55	3267.38	1138.19	2129.19	-61.27
High Self Plus One	LB3	1404.86	1382.35	492.27	890.08	-23.78	3043.86	2995.09	1066.59	1928.50	-51.53
Standard Self	LB4	602.96	595.11	230.18	364.93	-8.78	1306.41	1289.41	498.72	790.69	-19.01
Standard Self & Family	LB5	1447.11	1428.27	525.32	902.95	-22.58	3135.41	3094.59	1138.19	1956.40	-48.92
Standard Self Plus One	LB6	1326.52	1309.25	492.27	816.98	-18.54	2874.13	2836.71	1066.59	1770.12	-40.18
California Health Net of California											
High Self	LP1	421.64	458.33	230.18	228.15	35.76	913.55	993.05	498.72	494.33	77.49
High Self & Family	LP2	1011.92	1100.00	525.32	574.68	84.34	2192.49	2383.33	1138.19	1245.14	182.74
High Self Plus One	LP3	927.60	1008.33	492.27	516.06	79.46	2009.80	2184.72	1066.59	1118.13	172.16
Standard Self	LP4	404.10	436.45	230.18	206.27	31.42	875.55	945.64	498.72	446.92	68.08
Standard Self & Family	LP5	969.86	1047.48	525.32	522.16	73.88	2101.36	2269.54	1138.19	1131.35	160.08
Standard Self Plus One	LP6	889.03	960.19	492.27	467.92	69.89	1926.23	2080.41	1066.59	1013.82	151.42
California Health Net of California											
Basic Self	P61	141.42	153.40	115.05	38.35	3.00	306.41	332.37	249.28	83.09	6.49
Basic Self & Family	P62	339.41	368.17	276.13	92.04	7.19	735.39	797.70	598.28	199.42	15.57
Basic Self Plus One	P63	311.14	337.49	253.12	84.37	6.59	674.14	731.23	548.42	182.81	14.28
California Health Net of California											
Basic Self	T41	363.31	364.75	230.18	134.57	0.51	787.17	790.29	498.72	291.57	1.11
Basic Self & Family	T42	871.95	875.40	525.32	350.08	-0.29	1889.23	1896.70	1138.19	758.51	-0.63
Basic Self Plus One	T43	799.28	802.44	492.27	310.17	1.89	1731.77	1738.62	1066.59	672.03	4.09

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)	2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code										

California Kaiser Foundation Health Plan of California

High Self	591	424.84	458.07	230.18	227.89	32.30	920.49	992.49	498.72	493.77	69.99
High Self & Family	592	1014.15	1093.45	525.32	568.13	75.56	2197.33	2369.14	1138.19	1230.95	163.71
High Self Plus One	593	1014.15	1093.45	492.27	601.18	78.03	2197.33	2369.14	1066.59	1302.55	169.05
Standard Self	594	350.45	368.11	230.18	137.93	16.73	759.31	797.57	498.72	298.85	36.25
Standard Self & Family	595	820.06	861.36	525.32	336.04	37.56	1776.80	1866.28	1138.19	728.09	81.38
Standard Self Plus One	596	820.06	861.36	492.27	369.09	40.03	1776.80	1866.28	1066.59	799.69	86.72

California Kaiser Foundation Health Plan of California

High Self	621	303.76	317.17	230.18	86.99	11.05	658.15	687.20	498.72	188.48	23.94
High Self & Family	622	702.07	733.04	525.32	207.72	27.23	1521.15	1588.25	1138.19	450.06	59.00
High Self Plus One	623	702.07	733.04	492.27	240.77	29.70	1521.15	1588.25	1066.59	521.66	64.34
Standard Self	624	191.90	199.09	149.32	49.77	1.80	415.78	431.36	323.52	107.84	3.90
Standard Self & Family	625	443.55	460.12	345.09	115.03	4.14	961.03	996.93	747.70	249.23	8.97
Standard Self Plus One	626	443.55	460.12	345.09	115.03	4.14	961.03	996.93	747.70	249.23	8.97

California Kaiser Foundation Health Plan of California

Basic Self	KC1	297.87	295.76	221.82	73.94	-0.53	645.39	640.81	480.61	160.20	-1.15
Basic Self & Family	KC2	697.02	692.05	519.04	173.01	-2.43	1510.21	1499.44	1124.58	374.86	-5.26
Basic Self Plus One	KC3	697.02	692.05	492.27	199.78	-6.24	1510.21	1499.44	1066.59	432.85	-13.53

California Kaiser Foundation Health Plan of California

High Self	NZ1	329.45	337.40	230.18	107.22	7.02	713.81	731.03	498.72	232.31	15.21
High Self & Family	NZ2	761.44	779.79	525.32	254.47	14.61	1649.79	1689.55	1138.19	551.36	31.66
High Self Plus One	NZ3	761.44	779.79	492.27	287.52	17.08	1649.79	1689.55	1066.59	622.96	37.00
Standard Self	NZ4	236.14	246.77	185.08	61.69	2.66	511.64	534.67	401.00	133.67	5.76
Standard Self & Family	NZ5	545.77	570.33	427.75	142.58	6.14	1182.50	1235.72	926.79	308.93	13.31
Standard Self Plus One	NZ6	545.77	570.33	427.75	142.58	6.14	1182.50	1235.72	926.79	308.93	13.31

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Colorado Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Colorado Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Colorado Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	G51	346.28	362.37	230.18	132.19	15.16	750.27	785.14	498.72	286.42	32.86
CDHP Self & Family	G52	789.85	826.56	525.32	301.24	32.97	1711.34	1790.88	1138.19	652.69	71.44
CDHP Self Plus One	G53	782.04	818.39	492.27	326.12	35.08	1694.42	1773.18	1066.59	706.59	76.00
Value Self	G54	253.66	309.50	230.18	79.32	15.91	549.60	670.58	498.72	171.86	34.46
Value Self & Family	G55	580.95	708.86	525.32	183.54	38.30	1258.73	1535.86	1138.19	397.67	82.99
Value Self Plus One	G56	569.57	694.97	492.27	202.70	60.31	1234.07	1505.77	1066.59	439.18	130.66
Colorado BlueAdvantage HMO on the Pathway HMO Network											
High Self	WW1	New Plan	274.48	205.86	68.62	New Plan	New Plan	594.71	446.03	148.68	New Plan
High Self & Family	WW2	New Plan	668.36	501.27	167.09	New Plan	New Plan	1448.11	1086.08	362.03	New Plan
High Self Plus One	WW3	New Plan	624.44	468.33	156.11	New Plan	New Plan	1352.95	1014.71	338.24	New Plan
Colorado Humana Health Plan, Inc.											
High Self	NR1	294.06	321.33	230.18	91.15	17.64	637.13	696.22	498.72	197.50	38.22
High Self & Family	NR2	661.63	722.98	525.32	197.66	32.25	1433.53	1566.46	1138.19	428.27	69.89
High Self Plus One	NR3	632.22	690.85	492.27	198.58	40.53	1369.81	1496.84	1066.59	430.25	87.80
Standard Self	NR4	231.21	241.06	180.80	60.26	2.46	500.96	522.30	391.73	130.57	5.33
Standard Self & Family	NR5	520.23	542.40	406.80	135.60	5.54	1127.17	1175.20	881.40	293.80	12.01
Standard Self Plus One	NR6	497.11	518.28	388.71	129.57	5.29	1077.07	1122.94	842.21	280.73	11.46

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Colorado Humana Health Plan, Inc.											
High Self	NT1	288.61	289.32	216.99	72.33	0.18	625.32	626.86	470.15	156.71	0.38
High Self & Family	NT2	649.37	650.99	488.24	162.75	0.41	1406.97	1410.48	1057.86	352.62	0.88
High Self Plus One	NT3	620.51	622.04	466.53	155.51	0.38	1344.44	1347.75	1010.81	336.94	0.83
Standard Self	NT4	243.00	231.42	173.57	57.85	-2.90	526.50	501.41	376.06	125.35	-6.27
Standard Self & Family	NT5	546.75	520.71	390.53	130.18	-6.51	1184.63	1128.21	846.16	282.05	-14.11
Standard Self Plus One	NT6	522.44	497.58	373.19	124.39	-6.22	1131.95	1078.09	808.57	269.52	-13.47
Colorado Humana Health Plan, Inc.											
Basic Self	R21	217.57	226.97	170.23	56.74	2.35	471.40	491.77	368.83	122.94	5.09
Basic Self & Family	R22	489.53	510.69	383.02	127.67	5.29	1060.65	1106.50	829.88	276.62	11.46
Basic Self Plus One	R23	467.77	487.99	365.99	122.00	5.06	1013.50	1057.31	792.98	264.33	10.96
Colorado Humana Health Plan, Inc.											
Basic Self	RZ1	228.65	229.36	172.02	57.34	0.18	495.41	496.95	372.71	124.24	0.39
Basic Self & Family	RZ2	514.48	516.06	387.05	129.01	0.39	1114.71	1118.13	838.60	279.53	0.85
Basic Self Plus One	RZ3	491.61	493.14	369.86	123.28	0.38	1065.16	1068.47	801.35	267.12	0.83
Colorado Kaiser Foundation Health Plan of Colorado											
High Self	651	325.03	341.05	230.18	110.87	15.09	704.23	738.94	498.72	240.22	32.70
High Self & Family	652	734.56	770.79	525.32	245.47	32.49	1591.55	1670.05	1138.19	531.86	70.40
High Self Plus One	653	734.56	770.79	492.27	278.52	34.96	1591.55	1670.05	1066.59	603.46	75.74
Standard Self	654	235.89	270.77	203.08	67.69	8.72	511.10	586.67	440.00	146.67	18.90
Standard Self & Family	655	533.12	611.96	458.97	152.99	19.71	1155.09	1325.91	994.43	331.48	42.71
Standard Self Plus One	656	533.12	611.96	458.97	152.99	19.71	1155.09	1325.91	994.43	331.48	42.71
Colorado Kaiser Foundation Health Plan of Colorado											
Basic Self	N41	185.30	198.39	148.79	49.60	3.28	401.48	429.85	322.39	107.46	7.09
Basic Self & Family	N42	418.78	448.35	336.26	112.09	7.40	907.36	971.43	728.57	242.86	16.02
Basic Self Plus One	N43	418.78	448.35	336.26	112.09	7.40	907.36	971.43	728.57	242.86	16.02

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)	2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code										

Colorado UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))

HDHP Self	LU1	222.88	207.84	155.88	51.96	-3.76	482.91	450.32	337.74	112.58	-8.15
HDHP Self & Family	LU2	557.19	478.03	358.52	119.51	-19.79	1207.25	1035.73	776.80	258.93	-42.88
HDHP Self Plus One	LU3	479.19	446.86	335.15	111.71	-8.09	1038.25	968.20	726.15	242.05	-17.51

Colorado UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO

High Self	KT1	281.85	313.47	230.18	83.29	12.83	610.68	679.19	498.72	180.47	27.80
High Self & Family	KT2	704.63	783.67	525.32	258.35	75.30	1526.70	1697.95	1138.19	559.76	163.15
High Self Plus One	KT3	605.98	673.95	492.27	181.68	30.19	1312.96	1460.23	1066.59	393.64	65.40

Connecticut Aetna HealthFund HDHP and Aetna Direct Plan

HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69

Connecticut Aetna HealthFund HDHP and Aetna Direct Plan

CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27

Connecticut Aetna HealthFund CDHP and Aetna Value Plan

CDHP Self	EP1	414.74	423.14	230.18	192.96	7.47	898.60	916.80	498.72	418.08	16.19
CDHP Self & Family	EP2	945.84	965.00	525.32	439.68	15.42	2049.32	2090.83	1138.19	952.64	33.41
CDHP Self Plus One	EP3	936.48	955.44	492.27	463.17	17.69	2029.04	2070.12	1066.59	1003.53	38.32
Value Self	EP4	260.95	285.73	214.30	71.43	6.19	565.39	619.08	464.31	154.77	13.42
Value Self & Family	EP5	597.56	654.30	490.73	163.57	14.18	1294.71	1417.65	1063.24	354.41	30.73
Value Self Plus One	EP6	585.84	641.47	481.10	160.37	13.91	1269.32	1389.85	1042.39	347.46	30.13

Delaware Aetna HealthFund HDHP and Aetna Direct Plan

HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Delaware Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Delaware Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	EP1	414.74	423.14	230.18	192.96	7.47	898.60	916.80	498.72	418.08	16.19
CDHP Self & Family	EP2	945.84	965.00	525.32	439.68	15.42	2049.32	2090.83	1138.19	952.64	33.41
CDHP Self Plus One	EP3	936.48	955.44	492.27	463.17	17.69	2029.04	2070.12	1066.59	1003.53	38.32
Value Self	EP4	260.95	285.73	214.30	71.43	6.19	565.39	619.08	464.31	154.77	13.42
Value Self & Family	EP5	597.56	654.30	490.73	163.57	14.18	1294.71	1417.65	1063.24	354.41	30.73
Value Self Plus One	EP6	585.84	641.47	481.10	160.37	13.91	1269.32	1389.85	1042.39	347.46	30.13
Delaware Aetna Open Access											
High Self	P31	725.73	685.48	230.18	455.30	-41.18	1572.42	1485.21	498.72	986.49	-89.22
High Self & Family	P32	1759.54	1661.96	525.32	1136.64	-101.32	3812.34	3600.91	1138.19	2462.72	-219.53
High Self Plus One	P33	1742.11	1645.50	492.27	1153.23	-97.88	3774.57	3565.25	1066.59	2498.66	-212.08
Basic Self	P34	622.19	599.29	230.18	369.11	-23.83	1348.08	1298.46	498.72	799.74	-51.63
Basic Self & Family	P35	1444.10	1390.96	525.32	865.64	-56.88	3128.88	3013.75	1138.19	1875.56	-123.23
Basic Self Plus One	P36	1429.80	1377.18	492.27	884.91	-53.89	3097.90	2983.89	1066.59	1917.30	-116.77
District of Columbia Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
District of Columbia Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)	2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code										

District of Columbia Aetna HealthFund CDHP and Aetna Value Plan

CDHP Self	F51	371.98	374.21	230.18	144.03	1.30	805.96	810.79	498.72	312.07	2.82
CDHP Self & Family	F52	848.15	853.25	525.32	327.93	1.36	1837.66	1848.71	1138.19	710.52	2.95
CDHP Self Plus One	F53	839.75	844.80	492.27	352.53	3.78	1819.46	1830.40	1066.59	763.81	8.18
Value Self	F54	269.07	326.97	230.18	96.79	29.52	582.99	708.44	498.72	209.72	63.97
Value Self & Family	F55	616.15	748.73	525.32	223.41	69.37	1334.99	1622.25	1138.19	484.06	150.31
Value Self Plus One	F56	604.06	734.04	492.27	241.77	90.76	1308.80	1590.42	1066.59	523.83	196.63

District of Columbia Aetna Open Access

High Self	JN1	509.12	516.52	230.18	286.34	6.47	1103.09	1119.13	498.72	620.41	14.03
High Self & Family	JN2	1144.59	1161.22	525.32	635.90	12.89	2479.95	2515.98	1138.19	1377.79	27.93
High Self Plus One	JN3	1133.25	1149.71	492.27	657.44	15.19	2455.38	2491.04	1066.59	1424.45	32.90
Basic Self	JN4	305.93	314.06	230.18	83.88	7.20	662.85	680.46	498.72	181.74	15.60
Basic Self & Family	JN5	700.13	718.73	525.32	193.41	14.86	1516.95	1557.25	1138.19	419.06	32.20
Basic Self Plus One	JN6	642.92	660.00	492.27	167.73	7.00	1392.99	1430.00	1066.59	363.41	15.16

District of Columbia CareFirst BlueChoice

Standard Self	2G4	320.13	368.16	230.18	137.98	47.10	693.62	797.68	498.72	298.96	102.05
Standard Self & Family	2G5	760.64	874.73	525.32	349.41	110.35	1648.05	1895.25	1138.19	757.06	239.10
Standard Self Plus One	2G6	640.27	736.31	492.27	244.04	83.97	1387.25	1595.34	1066.59	528.75	181.94

District of Columbia CareFirst BlueChoice

HDHP Self	B61	281.41	239.20	179.40	59.80	-10.55	609.72	518.27	388.70	129.57	-22.86
HDHP Self & Family	B62	668.62	568.33	426.25	142.08	-25.07	1448.68	1231.38	923.54	307.84	-54.33
HDHP Self Plus One	B63	562.82	478.39	358.79	119.60	-21.10	1219.44	1036.51	777.38	259.13	-45.73

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
District of Columbia Kaiser Foundation Health Plan Mid-Atlantic States											
High Self	E31	304.78	319.70	230.18	89.52	13.33	660.36	692.68	498.72	193.96	28.87
High Self & Family	E32	701.00	735.30	525.32	209.98	30.56	1518.83	1593.15	1138.19	454.96	66.22
High Self Plus One	E33	701.00	735.30	492.27	243.03	33.03	1518.83	1593.15	1066.59	526.56	71.56
Standard Self	E34	233.06	240.81	180.61	60.20	1.94	504.96	521.76	391.32	130.44	4.20
Standard Self & Family	E35	536.07	553.84	415.38	138.46	4.44	1161.49	1199.99	899.99	300.00	9.63
Standard Self Plus One	E36	536.07	553.84	415.38	138.46	4.44	1161.49	1199.99	899.99	300.00	9.63
District of Columbia Kaiser Foundation Health Plan Mid-Atlantic States											
Basic Self	T71	212.32	193.90	145.43	48.47	-4.61	460.03	420.12	315.09	105.03	-9.98
Basic Self & Family	T72	509.77	473.61	355.21	118.40	-9.04	1104.50	1026.16	769.62	256.54	-19.58
Basic Self Plus One	T73	464.41	431.49	323.62	107.87	-8.23	1006.22	934.90	701.18	233.72	-17.83
District of Columbia M.D. IPA											
High Self	JP1	331.28	365.01	230.18	134.83	32.80	717.77	790.86	498.72	292.14	71.08
High Self & Family	JP2	928.92	1023.48	525.32	498.16	90.82	2012.66	2217.54	1138.19	1079.35	196.78
High Self Plus One	JP3	646.99	712.86	492.27	220.59	58.84	1401.81	1544.53	1066.59	477.94	127.49
District of Columbia UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))											
HDHP Self	V41	261.68	228.78	171.59	57.19	-8.23	566.97	495.69	371.77	123.92	-17.82
HDHP Self & Family	V42	654.22	526.18	394.64	131.54	-32.01	1417.48	1140.06	855.05	285.01	-69.36
HDHP Self Plus One	V43	562.62	491.87	368.90	122.97	-17.68	1219.01	1065.72	799.29	266.43	-38.32
District of Columbia UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO											
High Self	LR1	280.61	308.28	230.18	78.10	7.95	607.99	667.94	498.72	169.22	17.22
High Self & Family	LR2	701.54	730.61	525.32	205.29	25.33	1520.00	1582.99	1138.19	444.80	54.89
High Self Plus One	LR3	603.32	662.79	492.27	170.52	19.69	1307.19	1436.05	1066.59	369.46	42.66
District of Columbia UnitedHealthcare Insurance Company, Inc. (Choice Plus Advanced)											
Value Self	L91	213.84	201.72	151.29	50.43	-3.03	463.32	437.06	327.80	109.26	-6.57
Value Self & Family	L92	599.62	565.61	424.21	141.40	-8.50	1299.18	1225.49	919.12	306.37	-18.42
Value Self Plus One	L93	417.64	393.95	295.46	98.49	-5.92	904.89	853.56	640.17	213.39	-12.83

Non-Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates				
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment	
Florida Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07	
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82	
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69	
Florida Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41	
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71	
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27	
Florida Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self	F51	371.98	374.21	230.18	144.03	1.30	805.96	810.79	498.72	312.07	2.82	
CDHP Self & Family	F52	848.15	853.25	525.32	327.93	1.36	1837.66	1848.71	1138.19	710.52	2.95	
CDHP Self Plus One	F53	839.75	844.80	492.27	352.53	3.78	1819.46	1830.40	1066.59	763.81	8.18	
Value Self	F54	269.07	326.97	230.18	96.79	29.52	582.99	708.44	498.72	209.72	63.97	
Value Self & Family	F55	616.15	748.73	525.32	223.41	69.37	1334.99	1622.25	1138.19	484.06	150.31	
Value Self Plus One	F56	604.06	734.04	492.27	241.77	90.76	1308.80	1590.42	1066.59	523.83	196.63	
Florida AvMed												
Standard Self	ML4	316.02	327.33	230.18	97.15	10.38	684.71	709.22	498.72	210.50	22.50	
Standard Self & Family	ML5	818.60	847.87	525.32	322.55	25.53	1773.63	1837.05	1138.19	698.86	55.32	
Standard Self Plus One	ML6	632.06	654.66	491.00	163.66	5.65	1369.46	1418.43	1063.82	354.61	12.25	
Florida AvMed												
HDHP Self	WZ1	New Plan	375.37	230.18	145.19	New Plan	New Plan	813.30	498.72	314.58	New Plan	
HDHP Self & Family	WZ2	New Plan	924.61	525.32	399.29	New Plan	New Plan	2003.32	1138.19	865.13	New Plan	
HDHP Self Plus One	WZ3	New Plan	720.74	492.27	228.47	New Plan	New Plan	1561.60	1066.59	495.01	New Plan	
Florida Capital Health Plan												
High Self	EA1	306.94	318.65	230.18	88.47	10.78	665.04	690.41	498.72	191.69	23.36	
High Self & Family	EA2	828.78	796.65	525.32	271.33	-35.87	1795.69	1726.08	1138.19	587.89	-77.71	
High Self Plus One	EA3	613.91	685.11	492.27	192.84	39.36	1330.14	1484.41	1066.59	417.82	85.29	

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
	Plan - Option - Enrollment Code		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment

Florida Humana CoverageFirst and Humana Value Plan

CDHP Self	MJ1	370.85	394.20	230.18	164.02	22.42	803.51	854.10	498.72	355.38	48.58
CDHP Self & Family	MJ2	834.42	886.96	525.32	361.64	48.80	1807.91	1921.75	1138.19	783.56	105.74
CDHP Self Plus One	MJ3	797.34	847.55	492.27	355.28	48.94	1727.57	1836.36	1066.59	769.77	106.03
Value Self	MJ4	227.64	232.84	174.63	58.21	1.30	493.22	504.49	378.37	126.12	2.82
Value Self & Family	MJ5	512.18	523.89	392.92	130.97	2.93	1109.72	1135.10	851.33	283.77	6.34
Value Self Plus One	MJ6	489.41	500.60	375.45	125.15	2.80	1060.39	1084.63	813.47	271.16	6.06

Florida Humana CoverageFirst and Humana Value Plan

CDHP Self	QP1	314.82	315.70	230.18	85.52	-0.05	682.11	684.02	498.72	185.30	-0.10
CDHP Self & Family	QP2	709.28	711.27	525.32	185.95	-1.75	1536.77	1541.09	1138.19	402.90	-3.78
CDHP Self Plus One	QP3	677.76	679.65	492.27	187.38	0.62	1468.48	1472.58	1066.59	405.99	1.34
Value Self	QP4	225.49	226.13	169.60	56.53	0.16	488.56	489.95	367.46	122.49	0.35
Value Self & Family	QP5	507.35	508.78	381.59	127.19	0.35	1099.26	1102.36	826.77	275.59	0.78
Value Self Plus One	QP6	484.81	486.17	364.63	121.54	0.34	1050.42	1053.37	790.03	263.34	0.74

Florida Humana CoverageFirst and Humana Value Plan

CDHP Self	W91	New Plan	264.73	198.55	66.18	New Plan	New Plan	573.58	430.19	143.39	New Plan
CDHP Self & Family	W92	New Plan	595.65	446.74	148.91	New Plan	New Plan	1290.58	967.94	322.64	New Plan
CDHP Self Plus One	W93	New Plan	569.17	426.88	142.29	New Plan	New Plan	1233.20	924.90	308.30	New Plan
Value Self	W94	New Plan	223.95	167.96	55.99	New Plan	New Plan	485.23	363.92	121.31	New Plan
Value Self & Family	W95	New Plan	503.90	377.93	125.97	New Plan	New Plan	1091.78	818.84	272.94	New Plan
Value Self Plus One	W96	New Plan	481.50	361.13	120.37	New Plan	New Plan	1043.25	782.44	260.81	New Plan

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)	2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code										

Florida Humana CoverageFirst and Humana Value Plan

CDHP Self	X21	New Plan	256.58	192.44	64.14	New Plan	New Plan	555.92	416.94	138.98	New Plan
CDHP Self & Family	X22	New Plan	577.30	432.98	144.32	New Plan	New Plan	1250.82	938.12	312.70	New Plan
CDHP Self Plus One	X23	New Plan	551.65	413.74	137.91	New Plan	New Plan	1195.24	896.43	298.81	New Plan
Value Self	X24	New Plan	217.06	162.80	54.26	New Plan	New Plan	470.30	352.73	117.57	New Plan
Value Self & Family	X25	New Plan	488.38	366.29	122.09	New Plan	New Plan	1058.16	793.62	264.54	New Plan
Value Self Plus One	X26	New Plan	466.68	350.01	116.67	New Plan	New Plan	1011.14	758.36	252.78	New Plan

Florida Humana Medical Plan, Inc.

High Self	E21	405.19	454.97	230.18	224.79	48.85	877.91	985.77	498.72	487.05	105.85
High Self & Family	E22	911.68	1023.66	525.32	498.34	108.24	1975.31	2217.93	1138.19	1079.74	234.52
High Self Plus One	E23	871.18	978.16	492.27	485.89	105.71	1887.56	2119.35	1066.59	1052.76	229.03
Standard Self	E24	267.47	292.45	219.34	73.11	6.24	579.52	633.64	475.23	158.41	13.53
Standard Self & Family	E25	601.81	658.00	493.50	164.50	14.05	1303.92	1425.67	1069.25	356.42	30.44
Standard Self Plus One	E26	575.06	628.75	471.56	157.19	13.43	1245.96	1362.29	1021.72	340.57	29.08

Florida Humana Medical Plan, Inc.

High Self	EE1	404.63	421.87	230.18	191.69	16.31	876.70	914.05	498.72	415.33	35.34
High Self & Family	EE2	910.43	949.21	525.32	423.89	35.04	1972.60	2056.62	1138.19	918.43	75.92
High Self Plus One	EE3	869.96	907.04	492.27	414.77	35.81	1884.91	1965.25	1066.59	898.66	77.58
Standard Self	EE4	351.45	377.22	230.18	147.04	24.84	761.48	817.31	498.72	318.59	53.82
Standard Self & Family	EE5	790.75	848.73	525.32	323.41	54.24	1713.29	1838.92	1138.19	700.73	117.53
Standard Self Plus One	EE6	755.61	811.01	492.27	318.74	54.13	1637.16	1757.19	1066.59	690.60	117.27

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
Florida Humana Medical Plan, Inc.											
High Self	EX1	317.37	343.62	230.18	113.44	25.32	687.64	744.51	498.72	245.79	54.86
High Self & Family	EX2	714.06	773.12	525.32	247.80	55.32	1547.13	1675.09	1138.19	536.90	119.86
High Self Plus One	EX3	682.32	738.75	492.27	246.48	55.16	1478.36	1600.63	1066.59	534.04	119.51
Standard Self	EX4	278.52	301.74	226.31	75.43	5.80	603.46	653.77	490.33	163.44	12.58
Standard Self & Family	EX5	626.68	678.91	509.18	169.73	13.06	1357.81	1470.97	1103.23	367.74	28.29
Standard Self Plus One	EX6	598.83	648.74	486.56	162.18	12.47	1297.47	1405.60	1054.20	351.40	27.03
Florida Humana Medical Plan, Inc.											
High Self	LL1	628.47	743.45	230.18	513.27	114.05	1361.69	1610.81	498.72	1112.09	247.11
High Self & Family	LL2	1414.06	1672.76	525.32	1147.44	254.96	3063.80	3624.31	1138.19	2486.12	552.41
High Self Plus One	LL3	1351.21	1598.42	492.27	1106.15	245.94	2927.62	3463.24	1066.59	2396.65	532.86
Standard Self	LL4	365.93	400.11	230.18	169.93	33.25	792.85	866.91	498.72	368.19	72.05
Standard Self & Family	LL5	823.34	900.22	525.32	374.90	73.14	1783.90	1950.48	1138.19	812.29	158.48
Standard Self Plus One	LL6	786.75	860.22	492.27	367.95	72.20	1704.63	1863.81	1066.59	797.22	156.42
Florida UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))											
HDHP Self	LS1	202.27	193.25	144.94	48.31	-2.26	438.25	418.71	314.03	104.68	-4.88
HDHP Self & Family	LS2	505.67	444.50	333.38	111.12	-15.30	1095.62	963.08	722.31	240.77	-33.13
HDHP Self Plus One	LS3	434.88	415.50	311.63	103.87	-4.85	942.24	900.25	675.19	225.06	-10.50
Florida UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO											
High Self	KK1	274.77	313.40	230.18	83.22	14.53	595.34	679.03	498.72	180.31	31.48
High Self & Family	KK2	686.91	783.52	525.32	258.20	86.47	1488.31	1697.63	1138.19	559.44	187.36
High Self Plus One	KK3	590.74	673.82	492.27	181.55	33.87	1279.94	1459.94	1066.59	393.35	73.37
Florida UnitedHealthcare Insurance Company, Inc. (Choice Plus Advanced)											
Value Self	LV1	290.79	305.55	229.16	76.39	3.69	630.05	662.03	496.52	165.51	8.00
Value Self & Family	LV2	815.41	916.66	525.32	391.34	97.51	1766.72	1986.10	1138.19	847.91	211.28
Value Self Plus One	LV3	567.93	656.94	492.27	164.67	22.69	1230.52	1423.37	1066.59	356.78	49.15

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Georgia Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Georgia Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Georgia Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	F51	371.98	374.21	230.18	144.03	1.30	805.96	810.79	498.72	312.07	2.82
CDHP Self & Family	F52	848.15	853.25	525.32	327.93	1.36	1837.66	1848.71	1138.19	710.52	2.95
CDHP Self Plus One	F53	839.75	844.80	492.27	352.53	3.78	1819.46	1830.40	1066.59	763.81	8.18
Value Self	F54	269.07	326.97	230.18	96.79	29.52	582.99	708.44	498.72	209.72	63.97
Value Self & Family	F55	616.15	748.73	525.32	223.41	69.37	1334.99	1622.25	1138.19	484.06	150.31
Value Self Plus One	F56	604.06	734.04	492.27	241.77	90.76	1308.80	1590.42	1066.59	523.83	196.63
Georgia Aetna Open Access											
High Self	2U1	559.12	731.21	230.18	501.03	171.16	1211.43	1584.29	498.72	1085.57	370.85
High Self & Family	2U2	1287.92	1684.32	525.32	1159.00	392.66	2790.49	3649.36	1138.19	2511.17	850.77
High Self Plus One	2U3	1275.16	1667.64	492.27	1175.37	391.21	2762.85	3613.22	1066.59	2546.63	847.61
Georgia Blue Open Access POS											
High Self	QM1	264.23	274.80	206.10	68.70	2.64	572.50	595.40	446.55	148.85	5.73
High Self & Family	QM2	706.82	728.02	525.32	202.70	17.46	1531.44	1577.38	1138.19	439.19	37.84
High Self Plus One	QM3	587.91	608.49	456.37	152.12	5.14	1273.81	1318.40	988.80	329.60	11.15

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)	2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code										

Georgia Humana CoverageFirst and Humana Value Plan

CDHP Self	AD1	330.81	368.23	230.18	138.05	36.49	716.76	797.83	498.72	299.11	79.06
CDHP Self & Family	AD2	744.33	828.52	525.32	303.20	80.45	1612.72	1795.13	1138.19	656.94	174.31
CDHP Self Plus One	AD3	711.26	791.70	492.27	299.43	79.17	1541.06	1715.35	1066.59	648.76	171.53
Value Self	AD4	252.56	303.93	227.95	75.98	12.84	547.21	658.52	493.89	164.63	27.83
Value Self & Family	AD5	568.26	683.82	512.87	170.95	28.89	1231.23	1481.61	1111.21	370.40	62.59
Value Self Plus One	AD6	543.00	653.43	490.07	163.36	27.61	1176.50	1415.77	1061.83	353.94	59.82

Georgia Humana CoverageFirst and Humana Value Plan

CDHP Self	LM1	276.91	291.56	218.67	72.89	3.66	599.97	631.71	473.78	157.93	7.94
CDHP Self & Family	LM2	623.04	656.04	492.03	164.01	8.25	1349.92	1421.42	1066.07	355.35	17.87
CDHP Self Plus One	LM3	595.36	626.88	470.16	156.72	7.88	1289.95	1358.24	1018.68	339.56	17.07
Value Self	LM4	219.06	237.24	177.93	59.31	4.55	474.63	514.02	385.52	128.50	9.84
Value Self & Family	LM5	492.88	533.80	400.35	133.45	10.23	1067.91	1156.57	867.43	289.14	22.16
Value Self Plus One	LM6	470.97	510.08	382.56	127.52	9.78	1020.44	1105.17	828.88	276.29	21.18

Georgia Humana CoverageFirst and Humana Value Plan

CDHP Self	S91	292.20	301.81	226.36	75.45	2.40	633.10	653.92	490.44	163.48	5.21
CDHP Self & Family	S92	657.45	679.07	509.30	169.77	5.41	1424.48	1471.32	1103.49	367.83	11.71
CDHP Self Plus One	S93	628.22	648.89	486.67	162.22	5.17	1361.14	1405.93	1054.45	351.48	11.20
Value Self	S94	232.65	240.30	180.23	60.07	1.91	504.08	520.65	390.49	130.16	4.14
Value Self & Family	S95	523.46	540.68	405.51	135.17	4.31	1134.16	1171.47	878.60	292.87	9.33
Value Self Plus One	S96	500.20	516.65	387.49	129.16	4.11	1083.77	1119.41	839.56	279.85	8.91

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Georgia Humana Employers Health Plan of Georgia, Inc											
High Self	CB1	417.87	457.09	230.18	226.91	38.29	905.39	990.36	498.72	491.64	82.96
High Self & Family	CB2	940.22	1028.50	525.32	503.18	84.54	2037.14	2228.42	1138.19	1090.23	183.18
High Self Plus One	CB3	898.44	982.77	492.27	490.50	83.06	1946.62	2129.34	1066.59	1062.75	179.96
Standard Self	CB4	385.14	450.88	230.18	220.70	64.81	834.47	976.91	498.72	478.19	140.43
Standard Self & Family	CB5	866.57	1014.49	525.32	489.17	144.18	1877.57	2198.06	1138.19	1059.87	312.39
Standard Self Plus One	CB6	828.06	969.40	492.27	477.13	140.07	1794.13	2100.37	1066.59	1033.78	303.48
Georgia Humana Employers Health Plan of Georgia, Inc											
High Self	DG1	557.43	592.35	230.18	362.17	33.99	1207.77	1283.43	498.72	784.71	73.65
High Self & Family	DG2	1254.21	1332.79	525.32	807.47	74.84	2717.46	2887.71	1138.19	1749.52	162.15
High Self Plus One	DG3	1198.48	1273.57	492.27	781.30	73.82	2596.71	2759.40	1066.59	1692.81	159.93
Standard Self	DG4	385.02	432.88	230.18	202.70	46.93	834.21	937.91	498.72	439.19	101.69
Standard Self & Family	DG5	866.27	973.98	525.32	448.66	103.97	1876.92	2110.29	1138.19	972.10	225.27
Standard Self Plus One	DG6	827.77	930.69	492.27	438.42	101.65	1793.50	2016.50	1066.59	949.91	220.24
Georgia Humana Employers Health Plan of Georgia, Inc											
High Self	DN1	329.16	339.88	230.18	109.70	9.79	713.18	736.41	498.72	237.69	21.22
High Self & Family	DN2	740.60	764.74	525.32	239.42	20.40	1604.63	1656.94	1138.19	518.75	44.21
High Self Plus One	DN3	707.69	730.76	492.27	238.49	21.80	1533.33	1583.31	1066.59	516.72	47.22
Standard Self	DN4	315.14	316.12	230.18	85.94	0.05	682.80	684.93	498.72	186.21	0.12
Standard Self & Family	DN5	709.07	711.26	525.32	185.94	-1.55	1536.32	1541.06	1138.19	402.87	-3.36
Standard Self Plus One	DN6	677.55	679.65	492.27	187.38	0.83	1468.03	1472.58	1066.59	405.99	1.79
Georgia Humana Employers Health Plan of Georgia, Inc											
Basic Self	Q71	271.76	286.23	214.67	71.56	3.62	588.81	620.17	465.13	155.04	7.84
Basic Self & Family	Q72	611.47	644.02	483.02	161.00	8.13	1324.85	1395.38	1046.54	348.84	17.63
Basic Self Plus One	Q73	584.29	615.39	461.54	153.85	7.78	1265.96	1333.35	1000.01	333.34	16.85

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Georgia Humana Employers Health Plan of Georgia, Inc											
Basic Self	RJ1	252.05	260.42	195.32	65.10	2.09	546.11	564.24	423.18	141.06	4.53
Basic Self & Family	RJ2	567.12	585.95	439.46	146.49	4.71	1228.76	1269.56	952.17	317.39	10.20
Basic Self Plus One	RJ3	541.91	559.90	419.93	139.97	4.49	1174.14	1213.12	909.84	303.28	9.75
Georgia Humana Employers Health Plan of Georgia, Inc											
Basic Self	RM1	263.24	274.61	205.96	68.65	2.84	570.35	594.99	446.24	148.75	6.16
Basic Self & Family	RM2	592.30	617.88	463.41	154.47	6.40	1283.32	1338.74	1004.06	334.68	13.85
Basic Self Plus One	RM3	565.98	590.42	442.82	147.60	6.11	1226.29	1279.24	959.43	319.81	13.24
Georgia Kaiser Foundation Health Plan of Georgia											
High Self	F81	314.82	321.27	230.18	91.09	5.52	682.11	696.09	498.72	197.37	11.97
High Self & Family	F82	711.51	726.07	525.32	200.75	10.82	1541.61	1573.15	1138.19	434.96	23.44
High Self Plus One	F83	711.51	726.07	492.27	233.80	13.29	1541.61	1573.15	1066.59	506.56	28.78
Standard Self	F84	236.76	242.86	182.15	60.71	1.52	512.98	526.20	394.65	131.55	3.31
Standard Self & Family	F85	535.07	548.87	411.65	137.22	3.45	1159.32	1189.22	891.92	297.30	7.47
Standard Self Plus One	F86	535.07	548.87	411.65	137.22	3.45	1159.32	1189.22	891.92	297.30	7.47
Georgia UnitedHealthcare Insurance Company, Inc. (Choice Plus Advanced)											
Value Self	LV1	290.79	305.55	229.16	76.39	3.69	630.05	662.03	496.52	165.51	8.00
Value Self & Family	LV2	815.41	916.66	525.32	391.34	97.51	1766.72	1986.10	1138.19	847.91	211.28
Value Self Plus One	LV3	567.93	656.94	492.27	164.67	22.69	1230.52	1423.37	1066.59	356.78	49.15
Guam Calvo's Selectcare											
High Self	B41	216.33	239.12	179.34	59.78	5.70	468.72	518.09	388.57	129.52	12.34
High Self & Family	B42	578.39	633.33	475.00	158.33	13.73	1253.18	1372.22	1029.17	343.05	29.76
High Self Plus One	B43	422.16	466.63	349.97	116.66	11.12	914.68	1011.03	758.27	252.76	24.09
Standard Self	B44	190.03	186.23	139.67	46.56	-0.95	411.73	403.50	302.63	100.87	-2.06
Standard Self & Family	B45	508.07	541.09	405.82	135.27	8.25	1100.82	1172.36	879.27	293.09	17.89
Standard Self Plus One	B46	370.83	367.12	275.34	91.78	-0.93	803.47	795.43	596.57	198.86	-2.01

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Guam TakeCare											
High Self	JK1	269.83	217.78	163.34	54.44	-13.02	584.63	471.86	353.90	117.96	-28.20
High Self & Family	JK2	643.61	519.47	389.60	129.87	-31.03	1394.49	1125.52	844.14	281.38	-67.24
High Self Plus One	JK3	533.09	430.26	322.70	107.56	-25.71	1155.03	932.23	699.17	233.06	-55.70
Standard Self	JK4	187.00	179.91	134.93	44.98	-1.77	405.17	389.81	292.36	97.45	-3.84
Standard Self & Family	JK5	529.57	509.48	382.11	127.37	-5.02	1147.40	1103.87	827.90	275.97	-10.88
Standard Self Plus One	JK6	368.56	354.57	265.93	88.64	-3.50	798.55	768.24	576.18	192.06	-7.58
Guam TakeCare											
HDHP Self	KX1	59.04	47.87	35.90	11.97	-2.79	127.92	103.72	77.79	25.93	-6.05
HDHP Self & Family	KX2	158.29	128.33	96.25	32.08	-7.49	342.96	278.05	208.54	69.51	-16.23
HDHP Self Plus One	KX3	142.50	115.59	86.69	28.90	-6.72	308.75	250.45	187.84	62.61	-14.58
Hawaii Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Hawaii Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Hawaii Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	JS1	481.36	484.17	230.18	253.99	1.88	1042.95	1049.04	498.72	550.32	4.08
CDHP Self & Family	JS2	1097.29	1103.70	525.32	578.38	2.67	2377.46	2391.35	1138.19	1253.16	5.79
CDHP Self Plus One	JS3	1086.44	1092.78	492.27	600.51	5.07	2353.95	2367.69	1066.59	1301.10	10.98
Value Self	JS4	352.77	371.07	230.18	140.89	17.37	764.34	803.99	498.72	305.27	37.64
Value Self & Family	JS5	805.33	847.11	525.32	321.79	38.04	1744.88	1835.41	1138.19	697.22	82.43
Value Self Plus One	JS6	797.36	838.73	492.27	346.46	40.10	1727.61	1817.25	1066.59	750.66	86.88

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Hawaii HMSA											
High Self	871	280.13	280.13	210.10	70.03	0.00	606.95	606.95	455.21	151.74	0.00
High Self & Family	872	629.74	629.74	472.31	157.43	0.00	1364.44	1364.44	1023.33	341.11	0.00
High Self Plus One	873	613.79	613.79	460.34	153.45	0.00	1329.88	1329.88	997.41	332.47	0.00
Hawaii Kaiser Foundation Health Plan of Hawaii											
High Self	631	303.96	303.96	227.97	75.99	0.00	658.58	658.58	493.94	164.64	0.00
High Self & Family	632	677.83	677.83	508.37	169.46	0.00	1468.63	1468.63	1101.47	367.16	0.00
High Self Plus One	633	677.83	677.83	492.27	185.56	-1.27	1468.63	1468.63	1066.59	402.04	-2.76
Standard Self	634	205.24	205.24	153.93	51.31	0.00	444.69	444.69	333.52	111.17	0.00
Standard Self & Family	635	457.68	457.68	343.26	114.42	0.00	991.64	991.64	743.73	247.91	0.00
Standard Self Plus One	636	457.68	457.68	343.26	114.42	0.00	991.64	991.64	743.73	247.91	0.00
Idaho Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Idaho Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Idaho Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	H41	379.77	382.55	230.18	152.37	1.85	822.84	828.86	498.72	330.14	4.01
CDHP Self & Family	H42	865.68	872.02	525.32	346.70	2.60	1875.64	1889.38	1138.19	751.19	5.64
CDHP Self Plus One	H43	857.11	863.39	492.27	371.12	5.01	1857.07	1870.68	1066.59	804.09	10.85
Value Self	H44	265.72	284.55	213.41	71.14	4.71	575.73	616.53	462.40	154.13	10.20
Value Self & Family	H45	609.86	653.07	489.80	163.27	10.81	1321.36	1414.99	1061.24	353.75	23.41
Value Self Plus One	H46	597.90	640.27	480.20	160.07	10.60	1295.45	1387.25	1040.44	346.81	22.95

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Idaho Altius Health Plans											
High Self	9K1	391.42	431.65	230.18	201.47	39.30	848.08	935.24	498.72	436.52	85.15
High Self & Family	9K2	865.60	954.58	525.32	429.26	85.24	1875.47	2068.26	1138.19	930.07	184.69
High Self Plus One	9K3	857.03	945.13	492.27	452.86	86.83	1856.90	2047.78	1066.59	981.19	188.12
HDHP Self	9K4	194.17	233.96	175.47	58.49	9.95	420.70	506.91	380.18	126.73	21.56
HDHP Self & Family	9K5	405.80	488.96	366.72	122.24	20.79	879.23	1059.41	794.56	264.85	45.04
HDHP Self Plus One	9K6	397.84	479.37	359.53	119.84	20.38	861.99	1038.64	778.98	259.66	44.16
Idaho Altius Health Plans											
Standard Self	DK4	273.97	328.82	230.18	98.64	30.15	593.60	712.44	498.72	213.72	65.32
Standard Self & Family	DK5	604.99	726.14	525.32	200.82	49.57	1310.81	1573.30	1138.19	435.11	107.41
Standard Self Plus One	DK6	599.00	718.94	492.27	226.67	76.92	1297.83	1557.70	1066.59	491.11	166.65
Idaho Kaiser Foundation Health Plan of Washington											
High Self	541	381.04	376.34	230.18	146.16	-5.63	825.59	815.40	498.72	316.68	-12.20
High Self & Family	542	838.30	827.96	525.32	302.64	-14.08	1816.32	1793.91	1138.19	655.72	-30.51
High Self Plus One	543	838.30	827.96	492.27	335.69	-11.61	1816.32	1793.91	1066.59	727.32	-25.17
Standard Self	544	281.07	270.08	202.56	67.52	-2.75	608.99	585.17	438.88	146.29	-5.96
Standard Self & Family	545	646.46	621.19	465.89	155.30	-6.31	1400.66	1345.91	1009.43	336.48	-13.68
Standard Self Plus One	546	646.46	621.19	465.89	155.30	-6.31	1400.66	1345.91	1009.43	336.48	-13.68
Illinois Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Illinois Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Illinois Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	H41	379.77	382.55	230.18	152.37	1.85	822.84	828.86	498.72	330.14	4.01
CDHP Self & Family	H42	865.68	872.02	525.32	346.70	2.60	1875.64	1889.38	1138.19	751.19	5.64
CDHP Self Plus One	H43	857.11	863.39	492.27	371.12	5.01	1857.07	1870.68	1066.59	804.09	10.85
Value Self	H44	265.72	284.55	213.41	71.14	4.71	575.73	616.53	462.40	154.13	10.20
Value Self & Family	H45	609.86	653.07	489.80	163.27	10.81	1321.36	1414.99	1061.24	353.75	23.41
Value Self Plus One	H46	597.90	640.27	480.20	160.07	10.60	1295.45	1387.25	1040.44	346.81	22.95
Illinois Blue Preferred											
High Self	9G1	338.73	361.09	230.18	130.91	21.43	733.92	782.36	498.72	283.64	46.43
High Self & Family	9G2	733.35	775.88	525.32	250.56	38.79	1588.93	1681.07	1138.19	542.88	84.04
High Self Plus One	9G3	694.40	734.68	492.27	242.41	39.01	1504.53	1591.81	1066.59	525.22	84.52
Standard Self	9G4	245.59	257.87	193.40	64.47	3.07	532.11	558.72	419.04	139.68	6.65
Standard Self & Family	9G5	706.05	732.88	525.32	207.56	23.09	1529.78	1587.91	1138.19	449.72	50.03
Standard Self Plus One	9G6	638.52	662.78	492.27	170.51	10.88	1383.46	1436.02	1066.59	369.43	23.57
Illinois Health Alliance HMO											
Standard Self	K84	289.29	296.51	222.38	74.13	1.81	626.80	642.44	481.83	160.61	3.91
Standard Self & Family	K85	885.51	800.59	525.32	275.27	-88.66	1918.61	1734.61	1138.19	596.42	-192.10
Standard Self Plus One	K86	670.12	686.88	492.27	194.61	15.49	1451.93	1488.24	1066.59	421.65	33.55
Illinois Humana CoverageFirst and Humana Value Plan											
CDHP Self	GB1	403.00	432.42	230.18	202.24	28.49	873.17	936.91	498.72	438.19	61.73
CDHP Self & Family	GB2	906.74	972.94	525.32	447.62	62.46	1964.60	2108.04	1138.19	969.85	135.34
CDHP Self Plus One	GB3	866.44	929.71	492.27	437.44	62.00	1877.29	2014.37	1066.59	947.78	134.32
Value Self	GB4	238.39	284.48	213.36	71.12	11.52	516.51	616.37	462.28	154.09	24.96
Value Self & Family	GB5	536.37	640.07	480.05	160.02	25.93	1162.14	1386.82	1040.12	346.70	56.17
Value Self Plus One	GB6	512.55	611.62	458.72	152.90	24.76	1110.53	1325.18	993.89	331.29	53.66

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Illinois Humana CoverageFirst and Humana Value Plan											
CDHP Self	MW1	328.71	349.41	230.18	119.23	19.77	712.21	757.06	498.72	258.34	42.84
CDHP Self & Family	MW2	739.62	786.19	525.32	260.87	42.83	1602.51	1703.41	1138.19	565.22	92.80
CDHP Self Plus One	MW3	706.74	751.23	492.27	258.96	43.22	1531.27	1627.67	1066.59	561.08	93.64
Value Self	MW4	257.07	280.99	210.74	70.25	5.98	556.99	608.81	456.61	152.20	12.95
Value Self & Family	MW5	578.39	632.21	474.16	158.05	13.45	1253.18	1369.79	1027.34	342.45	29.16
Value Self Plus One	MW6	552.69	604.12	453.09	151.03	12.86	1197.50	1308.93	981.70	327.23	27.86
Illinois Humana Health Plan, Inc.											
High Self	751	582.31	559.41	230.18	329.23	-23.83	1261.67	1212.06	498.72	713.34	-51.62
High Self & Family	752	1310.18	1258.68	525.32	733.36	-55.24	2838.72	2727.14	1138.19	1588.95	-119.68
High Self Plus One	753	1251.95	1202.73	492.27	710.46	-50.49	2712.56	2605.92	1066.59	1539.33	-109.40
Standard Self	754	406.84	394.92	230.18	164.74	-12.85	881.49	855.66	498.72	356.94	-27.84
Standard Self & Family	755	915.39	888.57	525.32	363.25	-30.56	1983.35	1925.24	1138.19	787.05	-66.21
Standard Self Plus One	756	874.69	849.08	492.27	356.81	-26.88	1895.16	1839.67	1066.59	773.08	-58.25
Illinois Humana Health Plan, Inc.											
High Self	9F1	724.79	784.74	230.18	554.56	59.02	1570.38	1700.27	498.72	1201.55	127.88
High Self & Family	9F2	1630.79	1765.66	525.32	1240.34	131.13	3533.38	3825.60	1138.19	2687.41	284.12
High Self Plus One	9F3	1558.30	1687.18	492.27	1194.91	127.61	3376.32	3655.56	1066.59	2588.97	276.48
Illinois Humana Health Plan, Inc.											
Basic Self	AB1	269.57	283.92	212.94	70.98	3.59	584.07	615.16	461.37	153.79	7.77
Basic Self & Family	AB2	606.53	638.84	479.13	159.71	8.08	1314.15	1384.15	1038.11	346.04	17.50
Basic Self Plus One	AB3	579.57	610.45	457.84	152.61	7.72	1255.74	1322.64	991.98	330.66	16.73
Standard Self	AB4	471.05	505.28	230.18	275.10	33.30	1020.61	1094.77	498.72	596.05	72.15
Standard Self & Family	AB5	1059.87	1136.90	525.32	611.58	73.29	2296.39	2463.28	1138.19	1325.09	158.79
Standard Self Plus One	AB6	1012.76	1086.36	492.27	594.09	72.33	2194.31	2353.78	1066.59	1287.19	156.71

Non-Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code				Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Illinois Humana Health Plan, Inc.												
Basic Self		RW1	273.24	287.79	215.84	71.95	3.64	592.02	623.55	467.66	155.89	7.89
Basic Self & Family		RW2	614.79	647.52	485.64	161.88	8.18	1332.05	1402.96	1052.22	350.74	17.73
Basic Self Plus One		RW3	587.46	618.75	464.06	154.69	7.83	1272.83	1340.63	1005.47	335.16	16.95
Illinois MercyCare Health Plans												
High Self		EY1	353.76	352.64	230.18	122.46	-2.05	766.48	764.05	498.72	265.33	-4.44
High Self & Family		EY2	923.20	920.31	525.32	394.99	-6.63	2000.27	1994.01	1138.19	855.82	-14.36
High Self Plus One		EY3	760.59	758.22	492.27	265.95	-3.64	1647.95	1642.81	1066.59	576.22	-7.90
Illinois Union Health Service												
High Self		761	309.74	314.65	230.18	84.47	3.98	671.10	681.74	498.72	183.02	8.63
High Self & Family		762	775.83	790.02	525.32	264.70	10.45	1680.97	1711.71	1138.19	573.52	22.64
High Self Plus One		763	680.38	697.49	492.27	205.22	15.84	1474.16	1511.23	1066.59	444.64	34.31
Illinois UnitedHealthcare Insurance Company, Inc. (Choice Plus Advanced)												
Value Self		L91	213.84	201.72	151.29	50.43	-3.03	463.32	437.06	327.80	109.26	-6.57
Value Self & Family		L92	599.62	565.61	424.21	141.40	-8.50	1299.18	1225.49	919.12	306.37	-18.42
Value Self Plus One		L93	417.64	393.95	295.46	98.49	-5.92	904.89	853.56	640.17	213.39	-12.83
Indiana Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self		224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family		225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One		226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Indiana Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self		N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family		N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One		N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
Indiana Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	JS1	481.36	484.17	230.18	253.99	1.88	1042.95	1049.04	498.72	550.32	4.08
CDHP Self & Family	JS2	1097.29	1103.70	525.32	578.38	2.67	2377.46	2391.35	1138.19	1253.16	5.79
CDHP Self Plus One	JS3	1086.44	1092.78	492.27	600.51	5.07	2353.95	2367.69	1066.59	1301.10	10.98
Value Self	JS4	352.77	371.07	230.18	140.89	17.37	764.34	803.99	498.72	305.27	37.64
Value Self & Family	JS5	805.33	847.11	525.32	321.79	38.04	1744.88	1835.41	1138.19	697.22	82.43
Value Self Plus One	JS6	797.36	838.73	492.27	346.46	40.10	1727.61	1817.25	1066.59	750.66	86.88
Indiana Health Alliance HMO											
Standard Self	K84	289.29	296.51	222.38	74.13	1.81	626.80	642.44	481.83	160.61	3.91
Standard Self & Family	K85	885.51	800.59	525.32	275.27	-88.66	1918.61	1734.61	1138.19	596.42	-192.10
Standard Self Plus One	K86	670.12	686.88	492.27	194.61	15.49	1451.93	1488.24	1066.59	421.65	33.55
Indiana Humana CoverageFirst and Humana Value Plan											
CDHP Self	MW1	328.71	349.41	230.18	119.23	19.77	712.21	757.06	498.72	258.34	42.84
CDHP Self & Family	MW2	739.62	786.19	525.32	260.87	42.83	1602.51	1703.41	1138.19	565.22	92.80
CDHP Self Plus One	MW3	706.74	751.23	492.27	258.96	43.22	1531.27	1627.67	1066.59	561.08	93.64
Value Self	MW4	257.07	280.99	210.74	70.25	5.98	556.99	608.81	456.61	152.20	12.95
Value Self & Family	MW5	578.39	632.21	474.16	158.05	13.45	1253.18	1369.79	1027.34	342.45	29.16
Value Self Plus One	MW6	552.69	604.12	453.09	151.03	12.86	1197.50	1308.93	981.70	327.23	27.86
Indiana Humana CoverageFirst and Humana Value Plan											
CDHP Self	TC1	277.99	287.13	215.35	71.78	2.28	602.31	622.12	466.59	155.53	4.95
CDHP Self & Family	TC2	625.49	646.04	484.53	161.51	5.14	1355.23	1399.75	1049.81	349.94	11.13
CDHP Self Plus One	TC3	597.69	617.33	463.00	154.33	4.91	1295.00	1337.55	1003.16	334.39	10.64

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)	2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code										

Indiana Humana CoverageFirst and Humana Value Plan

CDHP Self	X31	New Plan	315.99	230.18	85.81	New Plan	New Plan	684.65	498.72	185.93	New Plan
CDHP Self & Family	X32	New Plan	710.99	525.32	185.67	New Plan	New Plan	1540.48	1138.19	402.29	New Plan
CDHP Self Plus One	X33	New Plan	679.39	492.27	187.12	New Plan	New Plan	1472.01	1066.59	405.42	New Plan
Value Self	X34	New Plan	263.20	197.40	65.80	New Plan	New Plan	570.27	427.70	142.57	New Plan
Value Self & Family	X35	New Plan	592.21	444.16	148.05	New Plan	New Plan	1283.12	962.34	320.78	New Plan
Value Self Plus One	X36	New Plan	565.88	424.41	141.47	New Plan	New Plan	1226.07	919.55	306.52	New Plan

Indiana Humana Health Plan of Ohio, Inc.

High Self	A61	482.03	541.22	230.18	311.04	58.26	1044.40	1172.64	498.72	673.92	126.23
High Self & Family	A62	1084.57	1217.76	525.32	692.44	129.45	2349.90	2638.48	1138.19	1500.29	280.48
High Self Plus One	A63	1036.37	1163.64	492.27	671.37	126.00	2245.47	2521.22	1066.59	1454.63	272.99
Standard Self	A64	385.79	429.36	230.18	199.18	42.64	835.88	930.28	498.72	431.56	92.39
Standard Self & Family	A65	868.03	966.08	525.32	440.76	94.31	1880.73	2093.17	1138.19	954.98	204.34
Standard Self Plus One	A66	829.45	923.15	492.27	430.88	92.43	1797.14	2000.16	1066.59	933.57	200.26

Indiana Humana Health Plan, Inc.

High Self	751	582.31	559.41	230.18	329.23	-23.83	1261.67	1212.06	498.72	713.34	-51.62
High Self & Family	752	1310.18	1258.68	525.32	733.36	-55.24	2838.72	2727.14	1138.19	1588.95	-119.68
High Self Plus One	753	1251.95	1202.73	492.27	710.46	-50.49	2712.56	2605.92	1066.59	1539.33	-109.40
Standard Self	754	406.84	394.92	230.18	164.74	-12.85	881.49	855.66	498.72	356.94	-27.84
Standard Self & Family	755	915.39	888.57	525.32	363.25	-30.56	1983.35	1925.24	1138.19	787.05	-66.21
Standard Self Plus One	756	874.69	849.08	492.27	356.81	-26.88	1895.16	1839.67	1066.59	773.08	-58.25

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Indiana Humana Health Plan, Inc.											
High Self	MH1	369.98	407.99	230.18	177.81	37.08	801.62	883.98	498.72	385.26	80.35
High Self & Family	MH2	832.45	917.98	525.32	392.66	81.79	1803.64	1988.96	1138.19	850.77	177.22
High Self Plus One	MH3	795.44	877.18	492.27	384.91	80.47	1723.45	1900.56	1066.59	833.97	174.35
Standard Self	MH4	310.64	333.41	230.18	103.23	21.84	673.05	722.39	498.72	223.67	47.33
Standard Self & Family	MH5	698.93	750.17	525.32	224.85	47.50	1514.35	1625.37	1138.19	487.18	102.92
Standard Self Plus One	MH6	667.87	716.83	492.27	224.56	47.69	1447.05	1553.13	1066.59	486.54	103.32
Iowa Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Iowa Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Iowa Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	H41	379.77	382.55	230.18	152.37	1.85	822.84	828.86	498.72	330.14	4.01
CDHP Self & Family	H42	865.68	872.02	525.32	346.70	2.60	1875.64	1889.38	1138.19	751.19	5.64
CDHP Self Plus One	H43	857.11	863.39	492.27	371.12	5.01	1857.07	1870.68	1066.59	804.09	10.85
Value Self	H44	265.72	284.55	213.41	71.14	4.71	575.73	616.53	462.40	154.13	10.20
Value Self & Family	H45	609.86	653.07	489.80	163.27	10.81	1321.36	1414.99	1061.24	353.75	23.41
Value Self Plus One	H46	597.90	640.27	480.20	160.07	10.60	1295.45	1387.25	1040.44	346.81	22.95
Iowa Health Alliance HMO											
Standard Self	K84	289.29	296.51	222.38	74.13	1.81	626.80	642.44	481.83	160.61	3.91
Standard Self & Family	K85	885.51	800.59	525.32	275.27	-88.66	1918.61	1734.61	1138.19	596.42	-192.10
Standard Self Plus One	K86	670.12	686.88	492.27	194.61	15.49	1451.93	1488.24	1066.59	421.65	33.55

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Iowa HealthPartners											
High Self	V31	356.92	364.76	230.18	134.58	6.91	773.33	790.31	498.72	291.59	14.97
High Self & Family	V32	869.46	888.56	525.32	363.24	15.36	1883.83	1925.21	1138.19	787.02	33.28
High Self Plus One	V33	788.79	806.11	492.27	313.84	16.05	1709.05	1746.57	1066.59	679.98	34.76
Standard Self	V34	211.15	197.58	148.19	49.39	-3.40	457.49	428.09	321.07	107.02	-7.35
Standard Self & Family	V35	514.37	481.30	360.98	120.32	-8.27	1114.47	1042.82	782.12	260.70	-17.92
Standard Self Plus One	V36	466.65	436.65	327.49	109.16	-7.50	1011.08	946.08	709.56	236.52	-16.25
Iowa UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))											
HDHP Self	N71	231.60	245.61	184.21	61.40	3.50	501.80	532.16	399.12	133.04	7.59
HDHP Self & Family	N72	579.00	564.89	423.67	141.22	-3.53	1254.50	1223.93	917.95	305.98	-7.64
HDHP Self Plus One	N73	497.94	528.05	396.04	132.01	7.53	1078.87	1144.11	858.08	286.03	16.31
Iowa UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO											
High Self	LJ1	281.86	310.13	230.18	79.95	9.49	610.70	671.95	498.72	173.23	20.56
High Self & Family	LJ2	704.66	775.32	525.32	250.00	66.92	1526.76	1679.86	1138.19	541.67	145.00
High Self Plus One	LJ3	606.01	666.78	492.27	174.51	23.01	1313.02	1444.69	1066.59	378.10	49.85
Kansas Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Kansas Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Kansas Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	G51	346.28	362.37	230.18	132.19	15.16	750.27	785.14	498.72	286.42	32.86
CDHP Self & Family	G52	789.85	826.56	525.32	301.24	32.97	1711.34	1790.88	1138.19	652.69	71.44
CDHP Self Plus One	G53	782.04	818.39	492.27	326.12	35.08	1694.42	1773.18	1066.59	706.59	76.00
Value Self	G54	253.66	309.50	230.18	79.32	15.91	549.60	670.58	498.72	171.86	34.46
Value Self & Family	G55	580.95	708.86	525.32	183.54	38.30	1258.73	1535.86	1138.19	397.67	82.99
Value Self Plus One	G56	569.57	694.97	492.27	202.70	60.31	1234.07	1505.77	1066.59	439.18	130.66
Kansas Aetna Open Access											
High Self	HA1	336.16	406.62	230.18	176.44	69.53	728.35	881.01	498.72	382.29	150.65
High Self & Family	HA2	794.06	960.51	525.32	435.19	162.71	1720.46	2081.11	1138.19	942.92	352.55
High Self Plus One	HA3	786.22	951.02	492.27	458.75	163.53	1703.48	2060.54	1066.59	993.95	354.30
Standard Self	HA4	282.10	326.70	230.18	96.52	26.00	611.22	707.85	498.72	209.13	56.33
Standard Self & Family	HA5	665.86	771.13	525.32	245.81	79.35	1442.70	1670.78	1138.19	532.59	171.92
Standard Self Plus One	HA6	659.27	763.50	492.27	271.23	102.96	1428.42	1654.25	1066.59	587.66	223.07
Kansas Humana CoverageFirst and Humana Value Plan											
CDHP Self	PH1	265.95	277.36	208.02	69.34	2.85	576.23	600.95	450.71	150.24	6.18
CDHP Self & Family	PH2	598.38	624.06	468.05	156.01	6.42	1296.49	1352.13	1014.10	338.03	13.91
CDHP Self Plus One	PH3	571.79	596.33	447.25	149.08	6.13	1238.88	1292.05	969.04	323.01	13.29
Value Self	PH4	193.28	197.70	148.28	49.42	1.10	418.77	428.35	321.26	107.09	2.40
Value Self & Family	PH5	434.90	444.84	333.63	111.21	2.49	942.28	963.82	722.87	240.95	5.38
Value Self Plus One	PH6	415.56	425.06	318.80	106.26	2.37	900.38	920.96	690.72	230.24	5.15

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
Kansas Humana Health Plan, Inc.											
High Self	MS1	748.42	750.29	230.18	520.11	0.94	1621.58	1625.63	498.72	1126.91	2.04
High Self & Family	MS2	1683.94	1688.15	525.32	1162.83	0.47	3648.54	3657.66	1138.19	2519.47	1.02
High Self Plus One	MS3	1609.10	1613.12	492.27	1120.85	2.75	3486.38	3495.09	1066.59	2428.50	5.95
Standard Self	MS4	402.19	439.74	230.18	209.56	36.62	871.41	952.77	498.72	454.05	79.35
Standard Self & Family	MS5	904.94	989.44	525.32	464.12	80.76	1960.70	2143.79	1138.19	1005.60	174.99
Standard Self Plus One	MS6	864.72	945.46	492.27	453.19	79.47	1873.56	2048.50	1066.59	981.91	172.18
Kentucky Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Kentucky Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Kentucky Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	H41	379.77	382.55	230.18	152.37	1.85	822.84	828.86	498.72	330.14	4.01
CDHP Self & Family	H42	865.68	872.02	525.32	346.70	2.60	1875.64	1889.38	1138.19	751.19	5.64
CDHP Self Plus One	H43	857.11	863.39	492.27	371.12	5.01	1857.07	1870.68	1066.59	804.09	10.85
Value Self	H44	265.72	284.55	213.41	71.14	4.71	575.73	616.53	462.40	154.13	10.20
Value Self & Family	H45	609.86	653.07	489.80	163.27	10.81	1321.36	1414.99	1061.24	353.75	23.41
Value Self Plus One	H46	597.90	640.27	480.20	160.07	10.60	1295.45	1387.25	1040.44	346.81	22.95
Kentucky Humana CoverageFirst and Humana Value Plan											
CDHP Self	6N1	270.03	292.45	219.34	73.11	5.60	585.07	633.64	475.23	158.41	12.14
CDHP Self & Family	6N2	607.56	658.01	493.51	164.50	12.61	1316.38	1425.69	1069.27	356.42	27.33
CDHP Self Plus One	6N3	580.56	628.76	471.57	157.19	12.05	1257.88	1362.31	1021.73	340.58	26.11

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

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			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
Kentucky Humana CoverageFirst and Humana Value Plan											
CDHP Self	TC1	277.99	287.13	215.35	71.78	2.28	602.31	622.12	466.59	155.53	4.95
CDHP Self & Family	TC2	625.49	646.04	484.53	161.51	5.14	1355.23	1399.75	1049.81	349.94	11.13
CDHP Self Plus One	TC3	597.69	617.33	463.00	154.33	4.91	1295.00	1337.55	1003.16	334.39	10.64
Kentucky Humana CoverageFirst and Humana Value Plan											
CDHP Self	X31	New Plan	315.99	230.18	85.81	New Plan	New Plan	684.65	498.72	185.93	New Plan
CDHP Self & Family	X32	New Plan	710.99	525.32	185.67	New Plan	New Plan	1540.48	1138.19	402.29	New Plan
CDHP Self Plus One	X33	New Plan	679.39	492.27	187.12	New Plan	New Plan	1472.01	1066.59	405.42	New Plan
Value Self	X34	New Plan	263.20	197.40	65.80	New Plan	New Plan	570.27	427.70	142.57	New Plan
Value Self & Family	X35	New Plan	592.21	444.16	148.05	New Plan	New Plan	1283.12	962.34	320.78	New Plan
Value Self Plus One	X36	New Plan	565.88	424.41	141.47	New Plan	New Plan	1226.07	919.55	306.52	New Plan
Kentucky Humana Health Plan of Ohio, Inc.											
High Self	A61	482.03	541.22	230.18	311.04	58.26	1044.40	1172.64	498.72	673.92	126.23
High Self & Family	A62	1084.57	1217.76	525.32	692.44	129.45	2349.90	2638.48	1138.19	1500.29	280.48
High Self Plus One	A63	1036.37	1163.64	492.27	671.37	126.00	2245.47	2521.22	1066.59	1454.63	272.99
Standard Self	A64	385.79	429.36	230.18	199.18	42.64	835.88	930.28	498.72	431.56	92.39
Standard Self & Family	A65	868.03	966.08	525.32	440.76	94.31	1880.73	2093.17	1138.19	954.98	204.34
Standard Self Plus One	A66	829.45	923.15	492.27	430.88	92.43	1797.14	2000.16	1066.59	933.57	200.26
Kentucky Humana Health Plan of Ohio, Inc.											
Basic Self	W61	New Plan	270.36	202.77	67.59	New Plan	New Plan	585.78	439.34	146.44	New Plan
Basic Self & Family	W62	New Plan	608.31	456.23	152.08	New Plan	New Plan	1318.01	988.51	329.50	New Plan
Basic Self Plus One	W63	New Plan	581.27	435.95	145.32	New Plan	New Plan	1259.42	944.57	314.85	New Plan

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

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			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
Kentucky Humana Health Plan, Inc.											
High Self	MH1	369.98	407.99	230.18	177.81	37.08	801.62	883.98	498.72	385.26	80.35
High Self & Family	MH2	832.45	917.98	525.32	392.66	81.79	1803.64	1988.96	1138.19	850.77	177.22
High Self Plus One	MH3	795.44	877.18	492.27	384.91	80.47	1723.45	1900.56	1066.59	833.97	174.35
Standard Self	MH4	310.64	333.41	230.18	103.23	21.84	673.05	722.39	498.72	223.67	47.33
Standard Self & Family	MH5	698.93	750.17	525.32	224.85	47.50	1514.35	1625.37	1138.19	487.18	102.92
Standard Self Plus One	MH6	667.87	716.83	492.27	224.56	47.69	1447.05	1553.13	1066.59	486.54	103.32
Kentucky Humana Health Plan, Inc.											
High Self	MI1	461.68	518.37	230.18	288.19	55.76	1000.31	1123.14	498.72	624.42	120.82
High Self & Family	MI2	1038.76	1166.32	525.32	641.00	123.82	2250.65	2527.03	1138.19	1388.84	268.28
High Self Plus One	MI3	992.60	1114.48	492.27	622.21	120.61	2150.63	2414.71	1066.59	1348.12	261.32
Standard Self	MI4	352.42	374.73	230.18	144.55	21.38	763.58	811.92	498.72	313.20	46.33
Standard Self & Family	MI5	792.96	843.14	525.32	317.82	46.44	1718.08	1826.80	1138.19	688.61	100.62
Standard Self Plus One	MI6	757.71	805.67	492.27	313.40	46.69	1641.71	1745.62	1066.59	679.03	101.15
Kentucky UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))											
HDHP Self	N71	231.60	245.61	184.21	61.40	3.50	501.80	532.16	399.12	133.04	7.59
HDHP Self & Family	N72	579.00	564.89	423.67	141.22	-3.53	1254.50	1223.93	917.95	305.98	-7.64
HDHP Self Plus One	N73	497.94	528.05	396.04	132.01	7.53	1078.87	1144.11	858.08	286.03	16.31
Kentucky UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO											
High Self	LJ1	281.86	310.13	230.18	79.95	9.49	610.70	671.95	498.72	173.23	20.56
High Self & Family	LJ2	704.66	775.32	525.32	250.00	66.92	1526.76	1679.86	1138.19	541.67	145.00
High Self Plus One	LJ3	606.01	666.78	492.27	174.51	23.01	1313.02	1444.69	1066.59	378.10	49.85
Louisiana Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
Louisiana Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Louisiana Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	F51	371.98	374.21	230.18	144.03	1.30	805.96	810.79	498.72	312.07	2.82
CDHP Self & Family	F52	848.15	853.25	525.32	327.93	1.36	1837.66	1848.71	1138.19	710.52	2.95
CDHP Self Plus One	F53	839.75	844.80	492.27	352.53	3.78	1819.46	1830.40	1066.59	763.81	8.18
Value Self	F54	269.07	326.97	230.18	96.79	29.52	582.99	708.44	498.72	209.72	63.97
Value Self & Family	F55	616.15	748.73	525.32	223.41	69.37	1334.99	1622.25	1138.19	484.06	150.31
Value Self Plus One	F56	604.06	734.04	492.27	241.77	90.76	1308.80	1590.42	1066.59	523.83	196.63
Louisiana Humana Health Benefit Plan of Louisiana, Inc.											
High Self	AE1	364.95	398.79	230.18	168.61	32.91	790.73	864.05	498.72	365.33	71.31
High Self & Family	AE2	821.12	897.26	525.32	371.94	72.40	1779.09	1944.06	1138.19	805.87	156.87
High Self Plus One	AE3	784.63	857.39	492.27	365.12	71.49	1700.03	1857.68	1066.59	791.09	154.89
Standard Self	AE4	315.65	338.79	230.18	108.61	22.21	683.91	734.05	498.72	235.33	48.13
Standard Self & Family	AE5	710.22	762.29	525.32	236.97	48.33	1538.81	1651.63	1138.19	513.44	104.72
Standard Self Plus One	AE6	678.65	728.41	492.27	236.14	48.49	1470.41	1578.22	1066.59	511.63	105.05
Louisiana Humana Health Benefit Plan of Louisiana, Inc.											
High Self	BC1	320.18	346.66	230.18	116.48	25.55	693.72	751.10	498.72	252.38	55.37
High Self & Family	BC2	720.43	780.01	525.32	254.69	55.84	1560.93	1690.02	1138.19	551.83	120.99
High Self Plus One	BC3	688.41	745.34	492.27	253.07	55.66	1491.56	1614.90	1066.59	548.31	120.58
Standard Self	BC4	263.93	275.34	206.51	68.83	2.85	571.85	596.57	447.43	149.14	6.18
Standard Self & Family	BC5	593.85	619.52	464.64	154.88	6.42	1286.68	1342.29	1006.72	335.57	13.90
Standard Self Plus One	BC6	567.46	591.98	443.99	147.99	6.13	1229.50	1282.62	961.97	320.65	13.28

Non-Postal Premium Rates for the Federal Employees Health Benefits Program										
Health Management Organizations (HMO)	2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment

Louisiana UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))

HDHP Self	LS1	202.27	193.25	144.94	48.31	-2.26	438.25	418.71	314.03	104.68	-4.88
HDHP Self & Family	LS2	505.67	444.50	333.38	111.12	-15.30	1095.62	963.08	722.31	240.77	-33.13
HDHP Self Plus One	LS3	434.88	415.50	311.63	103.87	-4.85	942.24	900.25	675.19	225.06	-10.50

Louisiana UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO

High Self	KK1	274.77	313.40	230.18	83.22	14.53	595.34	679.03	498.72	180.31	31.48
High Self & Family	KK2	686.91	783.52	525.32	258.20	86.47	1488.31	1697.63	1138.19	559.44	187.36
High Self Plus One	KK3	590.74	673.82	492.27	181.55	33.87	1279.94	1459.94	1066.59	393.35	73.37

Maine Aetna HealthFund HDHP and Aetna Direct Plan

HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69

Maine Aetna HealthFund HDHP and Aetna Direct Plan

CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27

Maine Aetna HealthFund CDHP and Aetna Value Plan

CDHP Self	EP1	414.74	423.14	230.18	192.96	7.47	898.60	916.80	498.72	418.08	16.19
CDHP Self & Family	EP2	945.84	965.00	525.32	439.68	15.42	2049.32	2090.83	1138.19	952.64	33.41
CDHP Self Plus One	EP3	936.48	955.44	492.27	463.17	17.69	2029.04	2070.12	1066.59	1003.53	38.32
Value Self	EP4	260.95	285.73	214.30	71.43	6.19	565.39	619.08	464.31	154.77	13.42
Value Self & Family	EP5	597.56	654.30	490.73	163.57	14.18	1294.71	1417.65	1063.24	354.41	30.73
Value Self Plus One	EP6	585.84	641.47	481.10	160.37	13.91	1269.32	1389.85	1042.39	347.46	30.13

Maryland Aetna HealthFund HDHP and Aetna Direct Plan

HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Maryland Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Maryland Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	F51	371.98	374.21	230.18	144.03	1.30	805.96	810.79	498.72	312.07	2.82
CDHP Self & Family	F52	848.15	853.25	525.32	327.93	1.36	1837.66	1848.71	1138.19	710.52	2.95
CDHP Self Plus One	F53	839.75	844.80	492.27	352.53	3.78	1819.46	1830.40	1066.59	763.81	8.18
Value Self	F54	269.07	326.97	230.18	96.79	29.52	582.99	708.44	498.72	209.72	63.97
Value Self & Family	F55	616.15	748.73	525.32	223.41	69.37	1334.99	1622.25	1138.19	484.06	150.31
Value Self Plus One	F56	604.06	734.04	492.27	241.77	90.76	1308.80	1590.42	1066.59	523.83	196.63
Maryland Aetna Open Access											
High Self	JN1	509.12	516.52	230.18	286.34	6.47	1103.09	1119.13	498.72	620.41	14.03
High Self & Family	JN2	1144.59	1161.22	525.32	635.90	12.89	2479.95	2515.98	1138.19	1377.79	27.93
High Self Plus One	JN3	1133.25	1149.71	492.27	657.44	15.19	2455.38	2491.04	1066.59	1424.45	32.90
Basic Self	JN4	305.93	314.06	230.18	83.88	7.20	662.85	680.46	498.72	181.74	15.60
Basic Self & Family	JN5	700.13	718.73	525.32	193.41	14.86	1516.95	1557.25	1138.19	419.06	32.20
Basic Self Plus One	JN6	642.92	660.00	492.27	167.73	7.00	1392.99	1430.00	1066.59	363.41	15.16
Maryland CareFirst BlueChoice											
Standard Self	2G4	320.13	368.16	230.18	137.98	47.10	693.62	797.68	498.72	298.96	102.05
Standard Self & Family	2G5	760.64	874.73	525.32	349.41	110.35	1648.05	1895.25	1138.19	757.06	239.10
Standard Self Plus One	2G6	640.27	736.31	492.27	244.04	83.97	1387.25	1595.34	1066.59	528.75	181.94
Maryland CareFirst BlueChoice											
HDHP Self	B61	281.41	239.20	179.40	59.80	-10.55	609.72	518.27	388.70	129.57	-22.86
HDHP Self & Family	B62	668.62	568.33	426.25	142.08	-25.07	1448.68	1231.38	923.54	307.84	-54.33
HDHP Self Plus One	B63	562.82	478.39	358.79	119.60	-21.10	1219.44	1036.51	777.38	259.13	-45.73

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Maryland Kaiser Foundation Health Plan Mid-Atlantic States											
High Self	E31	304.78	319.70	230.18	89.52	13.33	660.36	692.68	498.72	193.96	28.87
High Self & Family	E32	701.00	735.30	525.32	209.98	30.56	1518.83	1593.15	1138.19	454.96	66.22
High Self Plus One	E33	701.00	735.30	492.27	243.03	33.03	1518.83	1593.15	1066.59	526.56	71.56
Standard Self	E34	233.06	240.81	180.61	60.20	1.94	504.96	521.76	391.32	130.44	4.20
Standard Self & Family	E35	536.07	553.84	415.38	138.46	4.44	1161.49	1199.99	899.99	300.00	9.63
Standard Self Plus One	E36	536.07	553.84	415.38	138.46	4.44	1161.49	1199.99	899.99	300.00	9.63
Maryland Kaiser Foundation Health Plan Mid-Atlantic States											
Basic Self	T71	212.32	193.90	145.43	48.47	-4.61	460.03	420.12	315.09	105.03	-9.98
Basic Self & Family	T72	509.77	473.61	355.21	118.40	-9.04	1104.50	1026.16	769.62	256.54	-19.58
Basic Self Plus One	T73	464.41	431.49	323.62	107.87	-8.23	1006.22	934.90	701.18	233.72	-17.83
Maryland M.D. IPA											
High Self	JP1	331.28	365.01	230.18	134.83	32.80	717.77	790.86	498.72	292.14	71.08
High Self & Family	JP2	928.92	1023.48	525.32	498.16	90.82	2012.66	2217.54	1138.19	1079.35	196.78
High Self Plus One	JP3	646.99	712.86	492.27	220.59	58.84	1401.81	1544.53	1066.59	477.94	127.49
Maryland UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))											
HDHP Self	V41	261.68	228.78	171.59	57.19	-8.23	566.97	495.69	371.77	123.92	-17.82
HDHP Self & Family	V42	654.22	526.18	394.64	131.54	-32.01	1417.48	1140.06	855.05	285.01	-69.36
HDHP Self Plus One	V43	562.62	491.87	368.90	122.97	-17.68	1219.01	1065.72	799.29	266.43	-38.32
Maryland UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO											
High Self	LR1	280.61	308.28	230.18	78.10	7.95	607.99	667.94	498.72	169.22	17.22
High Self & Family	LR2	701.54	730.61	525.32	205.29	25.33	1520.00	1582.99	1138.19	444.80	54.89
High Self Plus One	LR3	603.32	662.79	492.27	170.52	19.69	1307.19	1436.05	1066.59	369.46	42.66
Maryland UnitedHealthcare Insurance Company, Inc. (Choice Plus Advanced)											
Value Self	L91	213.84	201.72	151.29	50.43	-3.03	463.32	437.06	327.80	109.26	-6.57
Value Self & Family	L92	599.62	565.61	424.21	141.40	-8.50	1299.18	1225.49	919.12	306.37	-18.42
Value Self Plus One	L93	417.64	393.95	295.46	98.49	-5.92	904.89	853.56	640.17	213.39	-12.83

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Massachusetts Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Massachusetts Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Massachusetts Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	EP1	414.74	423.14	230.18	192.96	7.47	898.60	916.80	498.72	418.08	16.19
CDHP Self & Family	EP2	945.84	965.00	525.32	439.68	15.42	2049.32	2090.83	1138.19	952.64	33.41
CDHP Self Plus One	EP3	936.48	955.44	492.27	463.17	17.69	2029.04	2070.12	1066.59	1003.53	38.32
Value Self	EP4	260.95	285.73	214.30	71.43	6.19	565.39	619.08	464.31	154.77	13.42
Value Self & Family	EP5	597.56	654.30	490.73	163.57	14.18	1294.71	1417.65	1063.24	354.41	30.73
Value Self Plus One	EP6	585.84	641.47	481.10	160.37	13.91	1269.32	1389.85	1042.39	347.46	30.13
Michigan Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Michigan Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Michigan Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	G51	346.28	362.37	230.18	132.19	15.16	750.27	785.14	498.72	286.42	32.86
CDHP Self & Family	G52	789.85	826.56	525.32	301.24	32.97	1711.34	1790.88	1138.19	652.69	71.44
CDHP Self Plus One	G53	782.04	818.39	492.27	326.12	35.08	1694.42	1773.18	1066.59	706.59	76.00
Value Self	G54	253.66	309.50	230.18	79.32	15.91	549.60	670.58	498.72	171.86	34.46
Value Self & Family	G55	580.95	708.86	525.32	183.54	38.30	1258.73	1535.86	1138.19	397.67	82.99
Value Self Plus One	G56	569.57	694.97	492.27	202.70	60.31	1234.07	1505.77	1066.59	439.18	130.66
Michigan Bluecare Network of MI											
High Self	K51	428.22	435.44	230.18	205.26	6.29	927.81	943.45	498.72	444.73	13.63
High Self & Family	K52	1044.84	1062.44	525.32	537.12	13.86	2263.82	2301.95	1138.19	1163.76	30.03
High Self Plus One	K53	984.91	1001.49	492.27	509.22	15.31	2133.97	2169.90	1066.59	1103.31	33.17
Michigan Bluecare Network of MI											
High Self	LX1	308.30	339.10	230.18	108.92	29.87	667.98	734.72	498.72	236.00	64.73
High Self & Family	LX2	752.23	827.37	525.32	302.05	71.40	1629.83	1792.64	1138.19	654.45	154.71
High Self Plus One	LX3	709.09	779.91	492.27	287.64	69.55	1536.36	1689.81	1066.59	623.22	150.69
Michigan Health Alliance Plan											
High Self	521	326.87	352.54	230.18	122.36	24.74	708.22	763.84	498.72	265.12	53.61
High Self & Family	522	797.56	860.18	525.32	334.86	58.88	1728.05	1863.72	1138.19	725.53	127.57
High Self Plus One	523	751.80	810.84	492.27	318.57	57.77	1628.90	1756.82	1066.59	690.23	125.16
Michigan Health Alliance Plan											
Standard Self	GY4	260.27	276.16	207.12	69.04	3.97	563.92	598.35	448.76	149.59	8.61
Standard Self & Family	GY5	635.06	673.85	505.39	168.46	9.70	1375.96	1460.01	1095.01	365.00	21.01
Standard Self Plus One	GY6	598.62	635.18	476.39	158.79	9.14	1297.01	1376.22	1032.17	344.05	19.80

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
Michigan Priority Health											
High Self	LE1	375.60	420.97	230.18	190.79	44.44	813.80	912.10	498.72	413.38	96.29
High Self & Family	LE2	882.65	989.28	525.32	463.96	102.89	1912.41	2143.44	1138.19	1005.25	222.93
High Self Plus One	LE3	826.31	926.14	492.27	433.87	98.56	1790.34	2006.64	1066.59	940.05	213.54
Standard Self	LE4	273.84	232.82	174.62	58.20	-10.26	593.32	504.44	378.33	126.11	-22.22
Standard Self & Family	LE5	643.53	547.13	410.35	136.78	-24.10	1394.32	1185.45	889.09	296.36	-52.22
Standard Self Plus One	LE6	602.45	512.21	384.16	128.05	-22.56	1305.31	1109.79	832.34	277.45	-48.88
Minnesota Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Minnesota Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Minnesota Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	H41	379.77	382.55	230.18	152.37	1.85	822.84	828.86	498.72	330.14	4.01
CDHP Self & Family	H42	865.68	872.02	525.32	346.70	2.60	1875.64	1889.38	1138.19	751.19	5.64
CDHP Self Plus One	H43	857.11	863.39	492.27	371.12	5.01	1857.07	1870.68	1066.59	804.09	10.85
Value Self	H44	265.72	284.55	213.41	71.14	4.71	575.73	616.53	462.40	154.13	10.20
Value Self & Family	H45	609.86	653.07	489.80	163.27	10.81	1321.36	1414.99	1061.24	353.75	23.41
Value Self Plus One	H46	597.90	640.27	480.20	160.07	10.60	1295.45	1387.25	1040.44	346.81	22.95

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
Minnesota HealthPartners											
High Self	V31	356.92	364.76	230.18	134.58	6.91	773.33	790.31	498.72	291.59	14.97
High Self & Family	V32	869.46	888.56	525.32	363.24	15.36	1883.83	1925.21	1138.19	787.02	33.28
High Self Plus One	V33	788.79	806.11	492.27	313.84	16.05	1709.05	1746.57	1066.59	679.98	34.76
Standard Self	V34	211.15	197.58	148.19	49.39	-3.40	457.49	428.09	321.07	107.02	-7.35
Standard Self & Family	V35	514.37	481.30	360.98	120.32	-8.27	1114.47	1042.82	782.12	260.70	-17.92
Standard Self Plus One	V36	466.65	436.65	327.49	109.16	-7.50	1011.08	946.08	709.56	236.52	-16.25
Mississippi Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Mississippi Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Mississippi Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	H41	379.77	382.55	230.18	152.37	1.85	822.84	828.86	498.72	330.14	4.01
CDHP Self & Family	H42	865.68	872.02	525.32	346.70	2.60	1875.64	1889.38	1138.19	751.19	5.64
CDHP Self Plus One	H43	857.11	863.39	492.27	371.12	5.01	1857.07	1870.68	1066.59	804.09	10.85
Value Self	H44	265.72	284.55	213.41	71.14	4.71	575.73	616.53	462.40	154.13	10.20
Value Self & Family	H45	609.86	653.07	489.80	163.27	10.81	1321.36	1414.99	1061.24	353.75	23.41
Value Self Plus One	H46	597.90	640.27	480.20	160.07	10.60	1295.45	1387.25	1040.44	346.81	22.95
Mississippi UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))											
HDHP Self	LS1	202.27	193.25	144.94	48.31	-2.26	438.25	418.71	314.03	104.68	-4.88
HDHP Self & Family	LS2	505.67	444.50	333.38	111.12	-15.30	1095.62	963.08	722.31	240.77	-33.13
HDHP Self Plus One	LS3	434.88	415.50	311.63	103.87	-4.85	942.24	900.25	675.19	225.06	-10.50

Non-Postal Premium Rates for the Federal Employees Health Benefits Program													
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates				
Plan - Option - Enrollment Code				Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment	
Mississippi UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO													
High Self			KK1	274.77	313.40	230.18	83.22	14.53	595.34	679.03	498.72	180.31	31.48
High Self & Family			KK2	686.91	783.52	525.32	258.20	86.47	1488.31	1697.63	1138.19	559.44	187.36
High Self Plus One			KK3	590.74	673.82	492.27	181.55	33.87	1279.94	1459.94	1066.59	393.35	73.37
Missouri Aetna HealthFund HDHP and Aetna Direct Plan													
HDHP Self			224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family			225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One			226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Missouri Aetna HealthFund HDHP and Aetna Direct Plan													
CDHP Self			N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family			N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One			N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Missouri Aetna HealthFund CDHP and Aetna Value Plan													
CDHP Self			G51	346.28	362.37	230.18	132.19	15.16	750.27	785.14	498.72	286.42	32.86
CDHP Self & Family			G52	789.85	826.56	525.32	301.24	32.97	1711.34	1790.88	1138.19	652.69	71.44
CDHP Self Plus One			G53	782.04	818.39	492.27	326.12	35.08	1694.42	1773.18	1066.59	706.59	76.00
Value Self			G54	253.66	309.50	230.18	79.32	15.91	549.60	670.58	498.72	171.86	34.46
Value Self & Family			G55	580.95	708.86	525.32	183.54	38.30	1258.73	1535.86	1138.19	397.67	82.99
Value Self Plus One			G56	569.57	694.97	492.27	202.70	60.31	1234.07	1505.77	1066.59	439.18	130.66
Missouri Aetna Open Access													
High Self			HA1	336.16	406.62	230.18	176.44	69.53	728.35	881.01	498.72	382.29	150.65
High Self & Family			HA2	794.06	960.51	525.32	435.19	162.71	1720.46	2081.11	1138.19	942.92	352.55
High Self Plus One			HA3	786.22	951.02	492.27	458.75	163.53	1703.48	2060.54	1066.59	993.95	354.30
Standard Self			HA4	282.10	326.70	230.18	96.52	26.00	611.22	707.85	498.72	209.13	56.33
Standard Self & Family			HA5	665.86	771.13	525.32	245.81	79.35	1442.70	1670.78	1138.19	532.59	171.92
Standard Self Plus One			HA6	659.27	763.50	492.27	271.23	102.96	1428.42	1654.25	1066.59	587.66	223.07

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
Missouri Blue Preferred											
High Self	9G1	338.73	361.09	230.18	130.91	21.43	733.92	782.36	498.72	283.64	46.43
High Self & Family	9G2	733.35	775.88	525.32	250.56	38.79	1588.93	1681.07	1138.19	542.88	84.04
High Self Plus One	9G3	694.40	734.68	492.27	242.41	39.01	1504.53	1591.81	1066.59	525.22	84.52
Standard Self	9G4	245.59	257.87	193.40	64.47	3.07	532.11	558.72	419.04	139.68	6.65
Standard Self & Family	9G5	706.05	732.88	525.32	207.56	23.09	1529.78	1587.91	1138.19	449.72	50.03
Standard Self Plus One	9G6	638.52	662.78	492.27	170.51	10.88	1383.46	1436.02	1066.59	369.43	23.57
Missouri Humana CoverageFirst and Humana Value Plan											
CDHP Self	PH1	265.95	277.36	208.02	69.34	2.85	576.23	600.95	450.71	150.24	6.18
CDHP Self & Family	PH2	598.38	624.06	468.05	156.01	6.42	1296.49	1352.13	1014.10	338.03	13.91
CDHP Self Plus One	PH3	571.79	596.33	447.25	149.08	6.13	1238.88	1292.05	969.04	323.01	13.29
Value Self	PH4	193.28	197.70	148.28	49.42	1.10	418.77	428.35	321.26	107.09	2.40
Value Self & Family	PH5	434.90	444.84	333.63	111.21	2.49	942.28	963.82	722.87	240.95	5.38
Value Self Plus One	PH6	415.56	425.06	318.80	106.26	2.37	900.38	920.96	690.72	230.24	5.15
Missouri Humana Health Plan, Inc.											
High Self	MS1	748.42	750.29	230.18	520.11	0.94	1621.58	1625.63	498.72	1126.91	2.04
High Self & Family	MS2	1683.94	1688.15	525.32	1162.83	0.47	3648.54	3657.66	1138.19	2519.47	1.02
High Self Plus One	MS3	1609.10	1613.12	492.27	1120.85	2.75	3486.38	3495.09	1066.59	2428.50	5.95
Standard Self	MS4	402.19	439.74	230.18	209.56	36.62	871.41	952.77	498.72	454.05	79.35
Standard Self & Family	MS5	904.94	989.44	525.32	464.12	80.76	1960.70	2143.79	1138.19	1005.60	174.99
Standard Self Plus One	MS6	864.72	945.46	492.27	453.19	79.47	1873.56	2048.50	1066.59	981.91	172.18
Montana Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Montana Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Montana Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	H41	379.77	382.55	230.18	152.37	1.85	822.84	828.86	498.72	330.14	4.01
CDHP Self & Family	H42	865.68	872.02	525.32	346.70	2.60	1875.64	1889.38	1138.19	751.19	5.64
CDHP Self Plus One	H43	857.11	863.39	492.27	371.12	5.01	1857.07	1870.68	1066.59	804.09	10.85
Value Self	H44	265.72	284.55	213.41	71.14	4.71	575.73	616.53	462.40	154.13	10.20
Value Self & Family	H45	609.86	653.07	489.80	163.27	10.81	1321.36	1414.99	1061.24	353.75	23.41
Value Self Plus One	H46	597.90	640.27	480.20	160.07	10.60	1295.45	1387.25	1040.44	346.81	22.95
Nebraska Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Nebraska Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Nebraska Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	H41	379.77	382.55	230.18	152.37	1.85	822.84	828.86	498.72	330.14	4.01
CDHP Self & Family	H42	865.68	872.02	525.32	346.70	2.60	1875.64	1889.38	1138.19	751.19	5.64
CDHP Self Plus One	H43	857.11	863.39	492.27	371.12	5.01	1857.07	1870.68	1066.59	804.09	10.85
Value Self	H44	265.72	284.55	213.41	71.14	4.71	575.73	616.53	462.40	154.13	10.20
Value Self & Family	H45	609.86	653.07	489.80	163.27	10.81	1321.36	1414.99	1061.24	353.75	23.41
Value Self Plus One	H46	597.90	640.27	480.20	160.07	10.60	1295.45	1387.25	1040.44	346.81	22.95

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Nevada Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Nevada Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Nevada Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	G51	346.28	362.37	230.18	132.19	15.16	750.27	785.14	498.72	286.42	32.86
CDHP Self & Family	G52	789.85	826.56	525.32	301.24	32.97	1711.34	1790.88	1138.19	652.69	71.44
CDHP Self Plus One	G53	782.04	818.39	492.27	326.12	35.08	1694.42	1773.18	1066.59	706.59	76.00
Value Self	G54	253.66	309.50	230.18	79.32	15.91	549.60	670.58	498.72	171.86	34.46
Value Self & Family	G55	580.95	708.86	525.32	183.54	38.30	1258.73	1535.86	1138.19	397.67	82.99
Value Self Plus One	G56	569.57	694.97	492.27	202.70	60.31	1234.07	1505.77	1066.59	439.18	130.66
Nevada Health Plan of Nevada											
High Self	NM1	280.40	303.94	227.96	75.98	5.88	607.53	658.54	493.91	164.63	12.75
High Self & Family	NM2	664.52	720.31	525.32	194.99	28.86	1439.79	1560.67	1138.19	422.48	62.53
High Self Plus One	NM3	532.76	577.50	433.13	144.37	11.18	1154.31	1251.25	938.44	312.81	24.23
Nevada UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))											
HDHP Self	LU1	222.88	207.84	155.88	51.96	-3.76	482.91	450.32	337.74	112.58	-8.15
HDHP Self & Family	LU2	557.19	478.03	358.52	119.51	-19.79	1207.25	1035.73	776.80	258.93	-42.88
HDHP Self Plus One	LU3	479.19	446.86	335.15	111.71	-8.09	1038.25	968.20	726.15	242.05	-17.51
Nevada UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO											
High Self	KT1	281.85	313.47	230.18	83.29	12.83	610.68	679.19	498.72	180.47	27.80
High Self & Family	KT2	704.63	783.67	525.32	258.35	75.30	1526.70	1697.95	1138.19	559.76	163.15
High Self Plus One	KT3	605.98	673.95	492.27	181.68	30.19	1312.96	1460.23	1066.59	393.64	65.40

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
New Hampshire Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
New Hampshire Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
New Hampshire Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	EP1	414.74	423.14	230.18	192.96	7.47	898.60	916.80	498.72	418.08	16.19
CDHP Self & Family	EP2	945.84	965.00	525.32	439.68	15.42	2049.32	2090.83	1138.19	952.64	33.41
CDHP Self Plus One	EP3	936.48	955.44	492.27	463.17	17.69	2029.04	2070.12	1066.59	1003.53	38.32
Value Self	EP4	260.95	285.73	214.30	71.43	6.19	565.39	619.08	464.31	154.77	13.42
Value Self & Family	EP5	597.56	654.30	490.73	163.57	14.18	1294.71	1417.65	1063.24	354.41	30.73
Value Self Plus One	EP6	585.84	641.47	481.10	160.37	13.91	1269.32	1389.85	1042.39	347.46	30.13
New Jersey Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
New Jersey Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
New Jersey Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	EP1	414.74	423.14	230.18	192.96	7.47	898.60	916.80	498.72	418.08	16.19
CDHP Self & Family	EP2	945.84	965.00	525.32	439.68	15.42	2049.32	2090.83	1138.19	952.64	33.41
CDHP Self Plus One	EP3	936.48	955.44	492.27	463.17	17.69	2029.04	2070.12	1066.59	1003.53	38.32
Value Self	EP4	260.95	285.73	214.30	71.43	6.19	565.39	619.08	464.31	154.77	13.42
Value Self & Family	EP5	597.56	654.30	490.73	163.57	14.18	1294.71	1417.65	1063.24	354.41	30.73
Value Self Plus One	EP6	585.84	641.47	481.10	160.37	13.91	1269.32	1389.85	1042.39	347.46	30.13
New Jersey Aetna Open Access											
High Self	JR1	666.58	650.67	230.18	420.49	-16.84	1444.26	1409.79	498.72	911.07	-36.48
High Self & Family	JR2	1539.74	1502.98	525.32	977.66	-40.50	3336.10	3256.46	1138.19	2118.27	-87.74
High Self Plus One	JR3	1524.49	1488.09	492.27	995.82	-37.67	3303.06	3224.20	1066.59	2157.61	-81.62
Basic Self	JR4	537.15	536.96	230.18	306.78	-1.12	1163.83	1163.41	498.72	664.69	-2.43
Basic Self & Family	JR5	1244.88	1244.46	525.32	719.14	-4.16	2697.24	2696.33	1138.19	1558.14	-9.01
Basic Self Plus One	JR6	1232.56	1232.13	492.27	739.86	-1.70	2670.55	2669.62	1066.59	1603.03	-3.69
New Jersey Aetna Open Access											
High Self	P31	725.73	685.48	230.18	455.30	-41.18	1572.42	1485.21	498.72	986.49	-89.22
High Self & Family	P32	1759.54	1661.96	525.32	1136.64	-101.32	3812.34	3600.91	1138.19	2462.72	-219.53
High Self Plus One	P33	1742.11	1645.50	492.27	1153.23	-97.88	3774.57	3565.25	1066.59	2498.66	-212.08
Basic Self	P34	622.19	599.29	230.18	369.11	-23.83	1348.08	1298.46	498.72	799.74	-51.63
Basic Self & Family	P35	1444.10	1390.96	525.32	865.64	-56.88	3128.88	3013.75	1138.19	1875.56	-123.23
Basic Self Plus One	P36	1429.80	1377.18	492.27	884.91	-53.89	3097.90	2983.89	1066.59	1917.30	-116.77
New Jersey GHI Health Plan -											
Standard Self	804	328.15	427.37	230.18	197.19	98.29	710.99	925.97	498.72	427.25	212.97
Standard Self & Family	805	972.59	1036.83	525.32	511.51	60.50	2107.28	2246.47	1138.19	1108.28	131.09
Standard Self Plus One	806	772.60	994.08	492.27	501.81	220.21	1673.97	2153.84	1066.59	1087.25	477.11

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
New Mexico Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
New Mexico Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
New Mexico Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	G51	346.28	362.37	230.18	132.19	15.16	750.27	785.14	498.72	286.42	32.86
CDHP Self & Family	G52	789.85	826.56	525.32	301.24	32.97	1711.34	1790.88	1138.19	652.69	71.44
CDHP Self Plus One	G53	782.04	818.39	492.27	326.12	35.08	1694.42	1773.18	1066.59	706.59	76.00
Value Self	G54	253.66	309.50	230.18	79.32	15.91	549.60	670.58	498.72	171.86	34.46
Value Self & Family	G55	580.95	708.86	525.32	183.54	38.30	1258.73	1535.86	1138.19	397.67	82.99
Value Self Plus One	G56	569.57	694.97	492.27	202.70	60.31	1234.07	1505.77	1066.59	439.18	130.66
New Mexico Presbyterian Health Plan											
High Self	P21	355.93	341.68	230.18	111.50	-15.18	771.18	740.31	498.72	241.59	-32.88
High Self & Family	P22	836.44	802.96	525.32	277.64	-37.22	1812.29	1739.75	1138.19	601.56	-80.64
High Self Plus One	P23	807.98	775.63	492.27	283.36	-33.62	1750.62	1680.53	1066.59	613.94	-72.85
New Mexico Presbyterian Health Plan											
Standard Self	PS4	299.96	287.38	215.54	71.84	-3.15	649.91	622.66	467.00	155.66	-6.82
Standard Self & Family	PS5	704.93	675.36	506.52	168.84	-14.51	1527.35	1463.28	1097.46	365.82	-31.44
Standard Self Plus One	PS6	680.93	652.36	489.27	163.09	-26.84	1475.35	1413.45	1060.09	353.36	-58.16
New York Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
New York Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
New York Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	EP1	414.74	423.14	230.18	192.96	7.47	898.60	916.80	498.72	418.08	16.19
CDHP Self & Family	EP2	945.84	965.00	525.32	439.68	15.42	2049.32	2090.83	1138.19	952.64	33.41
CDHP Self Plus One	EP3	936.48	955.44	492.27	463.17	17.69	2029.04	2070.12	1066.59	1003.53	38.32
Value Self	EP4	260.95	285.73	214.30	71.43	6.19	565.39	619.08	464.31	154.77	13.42
Value Self & Family	EP5	597.56	654.30	490.73	163.57	14.18	1294.71	1417.65	1063.24	354.41	30.73
Value Self Plus One	EP6	585.84	641.47	481.10	160.37	13.91	1269.32	1389.85	1042.39	347.46	30.13
New York Aetna Open Access											
High Self	JC1	537.70	601.41	230.18	371.23	62.78	1165.02	1303.06	498.72	804.34	136.03
High Self & Family	JC2	1328.64	1486.08	525.32	960.76	153.70	2878.72	3219.84	1138.19	2081.65	333.02
High Self Plus One	JC3	1315.51	1471.38	492.27	979.11	154.60	2850.27	3187.99	1066.59	2121.40	334.96
Basic Self	JC4	408.23	490.71	230.18	260.53	81.55	884.50	1063.21	498.72	564.49	176.70
Basic Self & Family	JC5	995.75	1196.94	525.32	671.62	197.45	2157.46	2593.37	1138.19	1455.18	427.81
Basic Self Plus One	JC6	985.90	1185.10	492.27	692.83	197.93	2136.12	2567.72	1066.59	1501.13	428.84
New York CDPHP Universal Benefits, Inc.											
High Self	SG1	371.90	401.67	230.18	171.49	28.84	805.78	870.29	498.72	371.57	62.50
High Self & Family	SG2	1115.66	1204.87	525.32	679.55	85.47	2417.26	2610.55	1138.19	1472.36	185.19
High Self Plus One	SG3	743.82	803.33	492.27	311.06	58.24	1611.61	1740.55	1066.59	673.96	126.18
Standard Self	SG4	266.57	266.57	199.93	66.64	0.00	577.57	577.57	433.18	144.39	0.00
Standard Self & Family	SG5	799.69	799.69	525.32	274.37	-3.74	1732.66	1732.66	1138.19	594.47	-8.10
Standard Self Plus One	SG6	533.14	533.14	399.86	133.28	0.00	1155.14	1155.14	866.36	288.78	0.00

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
New York GHI Health Plan -											
Standard Self	804	328.15	427.37	230.18	197.19	98.29	710.99	925.97	498.72	427.25	212.97
Standard Self & Family	805	972.59	1036.83	525.32	511.51	60.50	2107.28	2246.47	1138.19	1108.28	131.09
Standard Self Plus One	806	772.60	994.08	492.27	501.81	220.21	1673.97	2153.84	1066.59	1087.25	477.11
New York HIP of Greater New York											
High Self	511	352.04	454.78	230.18	224.60	101.81	762.75	985.36	498.72	486.64	220.60
High Self & Family	512	991.50	1302.18	525.32	776.86	306.94	2148.25	2821.39	1138.19	1683.20	665.04
High Self Plus One	513	627.36	810.21	492.27	317.94	161.10	1359.28	1755.46	1066.59	688.87	349.05
New York HIP of Greater New York											
Standard Self	YL4	New Plan	303.97	227.98	75.99	New Plan	New Plan	658.60	493.95	164.65	New Plan
Standard Self & Family	YL5	New Plan	869.85	525.32	344.53	New Plan	New Plan	1884.68	1138.19	746.49	New Plan
Standard Self Plus One	YL6	New Plan	539.64	404.73	134.91	New Plan	New Plan	1169.22	876.92	292.30	New Plan
New York Independent Health Assoc											
Standard Self	C54	312.04	323.92	230.18	93.74	10.95	676.09	701.83	498.72	203.11	23.73
Standard Self & Family	C55	842.50	874.59	525.32	349.27	28.35	1825.42	1894.95	1138.19	756.76	61.43
Standard Self Plus One	C56	795.69	825.99	492.27	333.72	29.03	1724.00	1789.65	1066.59	723.06	62.89
New York Independent Health Assoc											
High Self	QA1	327.65	335.83	230.18	105.65	7.25	709.91	727.63	498.72	228.91	15.71
High Self & Family	QA2	884.67	906.72	525.32	381.40	18.31	1916.79	1964.56	1138.19	826.37	39.67
High Self Plus One	QA3	835.52	856.35	492.27	364.08	19.56	1810.29	1855.43	1066.59	788.84	42.38
HDHP Self	QA4	241.80	272.57	204.43	68.14	7.69	523.90	590.57	442.93	147.64	16.67
HDHP Self & Family	QA5	620.62	703.77	525.32	178.45	23.30	1344.68	1524.84	1138.19	386.65	50.48
HDHP Self Plus One	QA6	577.43	655.94	491.96	163.98	19.62	1251.10	1421.20	1065.90	355.30	42.53
New York MVP Health Care											
Standard Self	GA4	346.54	342.40	230.18	112.22	-5.07	750.84	741.87	498.72	243.15	-10.98
Standard Self & Family	GA5	849.00	838.87	525.32	313.55	-13.87	1839.50	1817.55	1138.19	679.36	-30.05
Standard Self Plus One	GA6	797.02	787.51	492.27	295.24	-10.78	1726.88	1706.27	1066.59	639.68	-23.37

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
New York MVP Health Care											
Standard Self	GV4	324.76	290.47	217.85	72.62	-22.89	703.65	629.35	472.01	157.34	-49.60
Standard Self & Family	GV5	795.64	711.65	525.32	186.33	-87.73	1723.89	1541.91	1138.19	403.72	-190.08
Standard Self Plus One	GV6	746.93	668.09	492.27	175.82	-80.11	1618.35	1447.53	1066.59	380.94	-173.58
New York MVP Health Care											
Standard Self	M94	324.64	333.81	230.18	103.63	8.24	703.39	723.26	498.72	224.54	17.86
Standard Self & Family	M95	795.37	817.85	525.32	292.53	18.74	1723.30	1772.01	1138.19	633.82	40.61
Standard Self Plus One	M96	746.67	767.76	492.27	275.49	19.82	1617.79	1663.48	1066.59	596.89	42.93
New York MVP Health Care											
Standard Self	MF4	446.23	452.94	230.18	222.76	5.78	966.83	981.37	498.72	482.65	12.53
Standard Self & Family	MF5	1093.26	1109.70	525.32	584.38	12.70	2368.73	2404.35	1138.19	1266.16	27.52
Standard Self Plus One	MF6	1026.32	1041.77	492.27	549.50	14.18	2223.69	2257.17	1066.59	1190.58	30.72
New York MVP Health Care											
Standard Self	MX4	391.83	405.44	230.18	175.26	12.68	848.97	878.45	498.72	379.73	27.47
Standard Self & Family	MX5	959.99	993.32	525.32	468.00	29.59	2079.98	2152.19	1138.19	1014.00	64.11
Standard Self Plus One	MX6	901.22	932.52	492.27	440.25	30.03	1952.64	2020.46	1066.59	953.87	65.06
North Carolina Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
North Carolina Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
North Carolina Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	F51	371.98	374.21	230.18	144.03	1.30	805.96	810.79	498.72	312.07	2.82
CDHP Self & Family	F52	848.15	853.25	525.32	327.93	1.36	1837.66	1848.71	1138.19	710.52	2.95
CDHP Self Plus One	F53	839.75	844.80	492.27	352.53	3.78	1819.46	1830.40	1066.59	763.81	8.18
Value Self	F54	269.07	326.97	230.18	96.79	29.52	582.99	708.44	498.72	209.72	63.97
Value Self & Family	F55	616.15	748.73	525.32	223.41	69.37	1334.99	1622.25	1138.19	484.06	150.31
Value Self Plus One	F56	604.06	734.04	492.27	241.77	90.76	1308.80	1590.42	1066.59	523.83	196.63
North Carolina UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))											
HDHP Self	LS1	202.27	193.25	144.94	48.31	-2.26	438.25	418.71	314.03	104.68	-4.88
HDHP Self & Family	LS2	505.67	444.50	333.38	111.12	-15.30	1095.62	963.08	722.31	240.77	-33.13
HDHP Self Plus One	LS3	434.88	415.50	311.63	103.87	-4.85	942.24	900.25	675.19	225.06	-10.50
North Carolina UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO											
High Self	KK1	274.77	313.40	230.18	83.22	14.53	595.34	679.03	498.72	180.31	31.48
High Self & Family	KK2	686.91	783.52	525.32	258.20	86.47	1488.31	1697.63	1138.19	559.44	187.36
High Self Plus One	KK3	590.74	673.82	492.27	181.55	33.87	1279.94	1459.94	1066.59	393.35	73.37
North Dakota Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
North Dakota Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)	2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code										

North Dakota Aetna HealthFund CDHP and Aetna Value Plan

CDHP Self	H41	379.77	382.55	230.18	152.37	1.85	822.84	828.86	498.72	330.14	4.01
CDHP Self & Family	H42	865.68	872.02	525.32	346.70	2.60	1875.64	1889.38	1138.19	751.19	5.64
CDHP Self Plus One	H43	857.11	863.39	492.27	371.12	5.01	1857.07	1870.68	1066.59	804.09	10.85
Value Self	H44	265.72	284.55	213.41	71.14	4.71	575.73	616.53	462.40	154.13	10.20
Value Self & Family	H45	609.86	653.07	489.80	163.27	10.81	1321.36	1414.99	1061.24	353.75	23.41
Value Self Plus One	H46	597.90	640.27	480.20	160.07	10.60	1295.45	1387.25	1040.44	346.81	22.95

North Dakota HealthPartners

High Self	V31	356.92	364.76	230.18	134.58	6.91	773.33	790.31	498.72	291.59	14.97
High Self & Family	V32	869.46	888.56	525.32	363.24	15.36	1883.83	1925.21	1138.19	787.02	33.28
High Self Plus One	V33	788.79	806.11	492.27	313.84	16.05	1709.05	1746.57	1066.59	679.98	34.76
Standard Self	V34	211.15	197.58	148.19	49.39	-3.40	457.49	428.09	321.07	107.02	-7.35
Standard Self & Family	V35	514.37	481.30	360.98	120.32	-8.27	1114.47	1042.82	782.12	260.70	-17.92
Standard Self Plus One	V36	466.65	436.65	327.49	109.16	-7.50	1011.08	946.08	709.56	236.52	-16.25

Ohio Aetna HealthFund HDHP and Aetna Direct Plan

HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69

Ohio Aetna HealthFund HDHP and Aetna Direct Plan

CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code		Total Premium		Gov't Pays	Empl. Pays	Change in empl. payment	Total Premium		Gov't Pays	Empl. Pays	Change in empl. payment	
Ohio Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self	JS1		481.36	484.17	230.18	253.99	1.88	1042.95	1049.04	498.72	550.32	4.08
CDHP Self & Family	JS2		1097.29	1103.70	525.32	578.38	2.67	2377.46	2391.35	1138.19	1253.16	5.79
CDHP Self Plus One	JS3		1086.44	1092.78	492.27	600.51	5.07	2353.95	2367.69	1066.59	1301.10	10.98
Value Self	JS4		352.77	371.07	230.18	140.89	17.37	764.34	803.99	498.72	305.27	37.64
Value Self & Family	JS5		805.33	847.11	525.32	321.79	38.04	1744.88	1835.41	1138.19	697.22	82.43
Value Self Plus One	JS6		797.36	838.73	492.27	346.46	40.10	1727.61	1817.25	1066.59	750.66	86.88
Ohio AultCare Insurance Company												
High Self	3A1		345.84	355.15	230.18	124.97	8.38	749.32	769.49	498.72	270.77	18.16
High Self & Family	3A2		854.24	877.23	525.32	351.91	19.25	1850.85	1900.67	1138.19	762.48	41.72
High Self Plus One	3A3		726.26	745.82	492.27	253.55	18.29	1573.56	1615.94	1066.59	549.35	39.62
HDHP Self	3A4		166.00	172.27	129.20	43.07	1.57	359.67	373.25	279.94	93.31	3.39
HDHP Self & Family	3A5		533.86	551.23	413.42	137.81	4.35	1156.70	1194.33	895.75	298.58	9.41
HDHP Self Plus One	3A6		314.64	327.29	245.47	81.82	3.16	681.72	709.13	531.85	177.28	6.85
Ohio Humana CoverageFirst and Humana Value Plan												
CDHP Self	X31		New Plan	315.99	230.18	85.81	New Plan	New Plan	684.65	498.72	185.93	New Plan
CDHP Self & Family	X32		New Plan	710.99	525.32	185.67	New Plan	New Plan	1540.48	1138.19	402.29	New Plan
CDHP Self Plus One	X33		New Plan	679.39	492.27	187.12	New Plan	New Plan	1472.01	1066.59	405.42	New Plan
Value Self	X34		New Plan	263.20	197.40	65.80	New Plan	New Plan	570.27	427.70	142.57	New Plan
Value Self & Family	X35		New Plan	592.21	444.16	148.05	New Plan	New Plan	1283.12	962.34	320.78	New Plan
Value Self Plus One	X36		New Plan	565.88	424.41	141.47	New Plan	New Plan	1226.07	919.55	306.52	New Plan

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Ohio Humana Health Plan of Ohio, Inc.											
High Self	A61	482.03	541.22	230.18	311.04	58.26	1044.40	1172.64	498.72	673.92	126.23
High Self & Family	A62	1084.57	1217.76	525.32	692.44	129.45	2349.90	2638.48	1138.19	1500.29	280.48
High Self Plus One	A63	1036.37	1163.64	492.27	671.37	126.00	2245.47	2521.22	1066.59	1454.63	272.99
Standard Self	A64	385.79	429.36	230.18	199.18	42.64	835.88	930.28	498.72	431.56	92.39
Standard Self & Family	A65	868.03	966.08	525.32	440.76	94.31	1880.73	2093.17	1138.19	954.98	204.34
Standard Self Plus One	A66	829.45	923.15	492.27	430.88	92.43	1797.14	2000.16	1066.59	933.57	200.26
Ohio Humana Health Plan of Ohio, Inc.											
Basic Self	W61	New Plan	270.36	202.77	67.59	New Plan	New Plan	585.78	439.34	146.44	New Plan
Basic Self & Family	W62	New Plan	608.31	456.23	152.08	New Plan	New Plan	1318.01	988.51	329.50	New Plan
Basic Self Plus One	W63	New Plan	581.27	435.95	145.32	New Plan	New Plan	1259.42	944.57	314.85	New Plan
Ohio Medical Mutual of Ohio											
Standard Self	644	351.44	395.89	230.18	165.71	43.52	761.45	857.76	498.72	359.04	94.30
Standard Self & Family	645	843.46	950.13	525.32	424.81	102.93	1827.50	2058.62	1138.19	920.43	223.02
Standard Self Plus One	646	773.19	870.94	492.27	378.67	96.48	1675.25	1887.04	1066.59	820.45	209.03
Ohio Medical Mutual of Ohio											
Basic Self	UX1	273.96	222.72	167.04	55.68	-12.81	593.58	482.56	361.92	120.64	-27.75
Basic Self & Family	UX2	657.52	534.53	400.90	133.63	-30.75	1424.63	1158.15	868.61	289.54	-66.62
Basic Self Plus One	UX3	602.73	489.99	367.49	122.50	-28.18	1305.92	1061.65	796.24	265.41	-61.07
Ohio Medical Mutual of Ohio											
Basic Self	X61	New Plan	213.10	159.83	53.27	New Plan	New Plan	461.72	346.29	115.43	New Plan
Basic Self & Family	X62	New Plan	511.44	383.58	127.86	New Plan	New Plan	1108.12	831.09	277.03	New Plan
Basic Self Plus One	X63	New Plan	468.82	351.62	117.20	New Plan	New Plan	1015.78	761.84	253.94	New Plan
Standard Self	X64	New Plan	371.98	230.18	141.80	New Plan	New Plan	805.96	498.72	307.24	New Plan
Standard Self & Family	X65	New Plan	892.75	525.32	367.43	New Plan	New Plan	1934.29	1138.19	796.10	New Plan
Standard Self Plus One	X66	New Plan	818.34	492.27	326.07	New Plan	New Plan	1773.07	1066.59	706.48	New Plan

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)	2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment

Ohio Medical Mutual of Ohio

Basic Self	YF1	New Plan	226.41	169.81	56.60	New Plan	New Plan	490.56	367.92	122.64	New Plan
Basic Self & Family	YF2	New Plan	543.40	407.55	135.85	New Plan	New Plan	1177.37	883.03	294.34	New Plan
Basic Self Plus One	YF3	New Plan	498.12	373.59	124.53	New Plan	New Plan	1079.26	809.45	269.81	New Plan
Standard Self	YF4	New Plan	424.54	230.18	194.36	New Plan	New Plan	919.84	498.72	421.12	New Plan
Standard Self & Family	YF5	New Plan	1018.89	525.32	493.57	New Plan	New Plan	2207.60	1138.19	1069.41	New Plan
Standard Self Plus One	YF6	New Plan	933.97	492.27	441.70	New Plan	New Plan	2023.60	1066.59	957.01	New Plan

Oklahoma Aetna HealthFund HDHP and Aetna Direct Plan

HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69

Oklahoma Aetna HealthFund HDHP and Aetna Direct Plan

CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27

Oklahoma Aetna HealthFund CDHP and Aetna Value Plan

CDHP Self	JS1	481.36	484.17	230.18	253.99	1.88	1042.95	1049.04	498.72	550.32	4.08
CDHP Self & Family	JS2	1097.29	1103.70	525.32	578.38	2.67	2377.46	2391.35	1138.19	1253.16	5.79
CDHP Self Plus One	JS3	1086.44	1092.78	492.27	600.51	5.07	2353.95	2367.69	1066.59	1301.10	10.98
Value Self	JS4	352.77	371.07	230.18	140.89	17.37	764.34	803.99	498.72	305.27	37.64
Value Self & Family	JS5	805.33	847.11	525.32	321.79	38.04	1744.88	1835.41	1138.19	697.22	82.43
Value Self Plus One	JS6	797.36	838.73	492.27	346.46	40.10	1727.61	1817.25	1066.59	750.66	86.88

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)	2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code										

Oklahoma GlobalHealth, Inc.

High Self	IM1	262.11	285.69	214.27	71.42	5.89	567.91	619.00	464.25	154.75	12.77
High Self & Family	IM2	655.26	714.24	525.32	188.92	25.11	1419.73	1547.52	1138.19	409.33	54.40
High Self Plus One	IM3	524.21	571.39	428.54	142.85	11.80	1135.79	1238.01	928.51	309.50	25.55
Standard Self	IM4	242.44	277.92	208.44	69.48	8.87	525.29	602.16	451.62	150.54	19.22
Standard Self & Family	IM5	606.10	694.80	521.10	173.70	22.18	1313.22	1505.40	1129.05	376.35	48.05
Standard Self Plus One	IM6	484.88	555.84	416.88	138.96	17.74	1050.57	1204.32	903.24	301.08	38.44

Oregon Aetna HealthFund HDHP and Aetna Direct Plan

HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69

Oregon Aetna HealthFund HDHP and Aetna Direct Plan

CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27

Oregon Aetna HealthFund CDHP and Aetna Value Plan

CDHP Self	H41	379.77	382.55	230.18	152.37	1.85	822.84	828.86	498.72	330.14	4.01
CDHP Self & Family	H42	865.68	872.02	525.32	346.70	2.60	1875.64	1889.38	1138.19	751.19	5.64
CDHP Self Plus One	H43	857.11	863.39	492.27	371.12	5.01	1857.07	1870.68	1066.59	804.09	10.85
Value Self	H44	265.72	284.55	213.41	71.14	4.71	575.73	616.53	462.40	154.13	10.20
Value Self & Family	H45	609.86	653.07	489.80	163.27	10.81	1321.36	1414.99	1061.24	353.75	23.41
Value Self Plus One	H46	597.90	640.27	480.20	160.07	10.60	1295.45	1387.25	1040.44	346.81	22.95

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)	2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code										

Oregon Kaiser Foundation Health Plan of Northwest

High Self	571	319.42	326.16	230.18	95.98	5.81	692.08	706.68	498.72	207.96	12.59
High Self & Family	572	721.45	736.69	525.32	211.37	11.50	1563.14	1596.16	1138.19	457.97	24.92
High Self Plus One	573	721.45	736.69	492.27	244.42	13.97	1563.14	1596.16	1066.59	529.57	30.26
Standard Self	574	277.04	286.29	214.72	71.57	2.31	600.25	620.30	465.23	155.07	5.01
Standard Self & Family	575	636.45	657.69	493.27	164.42	5.31	1378.98	1425.00	1068.75	356.25	11.51
Standard Self Plus One	576	636.45	657.69	492.27	165.42	6.31	1378.98	1425.00	1066.59	358.41	13.67

Oregon UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))

HDHP Self	LU1	222.88	207.84	155.88	51.96	-3.76	482.91	450.32	337.74	112.58	-8.15
HDHP Self & Family	LU2	557.19	478.03	358.52	119.51	-19.79	1207.25	1035.73	776.80	258.93	-42.88
HDHP Self Plus One	LU3	479.19	446.86	335.15	111.71	-8.09	1038.25	968.20	726.15	242.05	-17.51

Oregon UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO

High Self	KT1	281.85	313.47	230.18	83.29	12.83	610.68	679.19	498.72	180.47	27.80
High Self & Family	KT2	704.63	783.67	525.32	258.35	75.30	1526.70	1697.95	1138.19	559.76	163.15
High Self Plus One	KT3	605.98	673.95	492.27	181.68	30.19	1312.96	1460.23	1066.59	393.64	65.40

Pennsylvania Aetna HealthFund HDHP and Aetna Direct Plan

HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69

Pennsylvania Aetna HealthFund HDHP and Aetna Direct Plan

CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Pennsylvania Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	H41	379.77	382.55	230.18	152.37	1.85	822.84	828.86	498.72	330.14	4.01
CDHP Self & Family	H42	865.68	872.02	525.32	346.70	2.60	1875.64	1889.38	1138.19	751.19	5.64
CDHP Self Plus One	H43	857.11	863.39	492.27	371.12	5.01	1857.07	1870.68	1066.59	804.09	10.85
Value Self	H44	265.72	284.55	213.41	71.14	4.71	575.73	616.53	462.40	154.13	10.20
Value Self & Family	H45	609.86	653.07	489.80	163.27	10.81	1321.36	1414.99	1061.24	353.75	23.41
Value Self Plus One	H46	597.90	640.27	480.20	160.07	10.60	1295.45	1387.25	1040.44	346.81	22.95
Pennsylvania Aetna Open Access											
High Self	P31	725.73	685.48	230.18	455.30	-41.18	1572.42	1485.21	498.72	986.49	-89.22
High Self & Family	P32	1759.54	1661.96	525.32	1136.64	-101.32	3812.34	3600.91	1138.19	2462.72	-219.53
High Self Plus One	P33	1742.11	1645.50	492.27	1153.23	-97.88	3774.57	3565.25	1066.59	2498.66	-212.08
Basic Self	P34	622.19	599.29	230.18	369.11	-23.83	1348.08	1298.46	498.72	799.74	-51.63
Basic Self & Family	P35	1444.10	1390.96	525.32	865.64	-56.88	3128.88	3013.75	1138.19	1875.56	-123.23
Basic Self Plus One	P36	1429.80	1377.18	492.27	884.91	-53.89	3097.90	2983.89	1066.59	1917.30	-116.77
Pennsylvania Aetna Open Access											
High Self	YE1	424.66	432.98	230.18	202.80	7.39	920.10	938.12	498.72	439.40	16.01
High Self & Family	YE2	1066.33	1087.21	525.32	561.89	17.14	2310.38	2355.62	1138.19	1217.43	37.14
High Self Plus One	YE3	1055.77	1076.44	492.27	584.17	19.40	2287.50	2332.29	1066.59	1265.70	42.03
Pennsylvania Geisinger Health Plan											
Standard Self	GG4	315.73	336.54	230.18	106.36	19.88	684.08	729.17	498.72	230.45	43.08
Standard Self & Family	GG5	722.86	770.52	525.32	245.20	43.92	1566.20	1669.46	1138.19	531.27	95.16
Standard Self Plus One	GG6	682.20	727.17	492.27	234.90	43.70	1478.10	1575.54	1066.59	508.95	94.68
Pennsylvania Highmark Choice Company											
High Self	NP1	318.35	358.95	230.18	128.77	39.67	689.76	777.73	498.72	279.01	85.96
High Self & Family	NP2	723.78	815.90	525.32	290.58	88.38	1568.19	1767.78	1138.19	629.59	191.49
High Self Plus One	NP3	641.16	721.84	492.27	229.57	69.28	1389.18	1563.99	1066.59	497.40	150.11

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Pennsylvania UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))											
HDHP Self	V41	261.68	228.78	171.59	57.19	-8.23	566.97	495.69	371.77	123.92	-17.82
HDHP Self & Family	V42	654.22	526.18	394.64	131.54	-32.01	1417.48	1140.06	855.05	285.01	-69.36
HDHP Self Plus One	V43	562.62	491.87	368.90	122.97	-17.68	1219.01	1065.72	799.29	266.43	-38.32
Pennsylvania UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO											
High Self	LR1	280.61	308.28	230.18	78.10	7.95	607.99	667.94	498.72	169.22	17.22
High Self & Family	LR2	701.54	730.61	525.32	205.29	25.33	1520.00	1582.99	1138.19	444.80	54.89
High Self Plus One	LR3	603.32	662.79	492.27	170.52	19.69	1307.19	1436.05	1066.59	369.46	42.66
Pennsylvania UPMC Health Plan											
High Self	8W1	398.95	402.82	230.18	172.64	2.94	864.39	872.78	498.72	374.06	6.38
High Self & Family	8W2	937.53	946.76	525.32	421.44	5.49	2031.32	2051.31	1138.19	913.12	11.89
High Self Plus One	8W3	897.67	906.52	492.27	414.25	7.58	1944.95	1964.13	1066.59	897.54	16.42
HDHP Self	8W4	249.05	264.73	198.55	66.18	3.92	539.61	573.58	430.19	143.39	8.49
HDHP Self & Family	8W5	571.19	608.12	456.09	152.03	9.23	1237.58	1317.59	988.19	329.40	20.01
HDHP Self Plus One	8W6	549.90	585.25	438.94	146.31	8.84	1191.45	1268.04	951.03	317.01	19.15
Pennsylvania UPMC Health Plan											
Standard Self	UW4	288.23	300.86	225.65	75.21	3.15	624.50	651.86	488.90	162.96	6.84
Standard Self & Family	UW5	677.31	703.29	525.32	177.97	8.64	1467.51	1523.80	1138.19	385.61	18.73
Standard Self Plus One	UW6	648.51	673.51	492.27	181.24	19.11	1405.11	1459.27	1066.59	392.68	41.40
Puerto Rico Humana Health Plans of Puerto Rico, Inc.											
High Self	ZJ1	169.71	168.51	126.38	42.13	-0.30	367.71	365.11	273.83	91.28	-0.65
High Self & Family	ZJ2	381.83	379.15	284.36	94.79	-0.67	827.30	821.49	616.12	205.37	-1.45
High Self Plus One	ZJ3	364.86	362.30	271.73	90.57	-0.64	790.53	784.98	588.74	196.24	-1.39
Puerto Rico Triple-S Salud, Inc.											
High Self	891	188.02	188.02	141.02	47.00	0.00	407.38	407.38	305.54	101.84	0.00
High Self & Family	892	430.56	430.56	322.92	107.64	0.00	932.88	932.88	699.66	233.22	0.00
High Self Plus One	893	422.17	422.17	316.63	105.54	0.00	914.70	914.70	686.03	228.67	0.00

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates				
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment	
Rhode Island Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07	
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82	
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69	
Rhode Island Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41	
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71	
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27	
Rhode Island Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self	EP1	414.74	423.14	230.18	192.96	7.47	898.60	916.80	498.72	418.08	16.19	
CDHP Self & Family	EP2	945.84	965.00	525.32	439.68	15.42	2049.32	2090.83	1138.19	952.64	33.41	
CDHP Self Plus One	EP3	936.48	955.44	492.27	463.17	17.69	2029.04	2070.12	1066.59	1003.53	38.32	
Value Self	EP4	260.95	285.73	214.30	71.43	6.19	565.39	619.08	464.31	154.77	13.42	
Value Self & Family	EP5	597.56	654.30	490.73	163.57	14.18	1294.71	1417.65	1063.24	354.41	30.73	
Value Self Plus One	EP6	585.84	641.47	481.10	160.37	13.91	1269.32	1389.85	1042.39	347.46	30.13	
South Carolina Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07	
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82	
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69	
South Carolina Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41	
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71	
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27	

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
South Carolina Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	JS1	481.36	484.17	230.18	253.99	1.88	1042.95	1049.04	498.72	550.32	4.08
CDHP Self & Family	JS2	1097.29	1103.70	525.32	578.38	2.67	2377.46	2391.35	1138.19	1253.16	5.79
CDHP Self Plus One	JS3	1086.44	1092.78	492.27	600.51	5.07	2353.95	2367.69	1066.59	1301.10	10.98
Value Self	JS4	352.77	371.07	230.18	140.89	17.37	764.34	803.99	498.72	305.27	37.64
Value Self & Family	JS5	805.33	847.11	525.32	321.79	38.04	1744.88	1835.41	1138.19	697.22	82.43
Value Self Plus One	JS6	797.36	838.73	492.27	346.46	40.10	1727.61	1817.25	1066.59	750.66	86.88
South Dakota Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
South Dakota Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
South Dakota Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	G51	346.28	362.37	230.18	132.19	15.16	750.27	785.14	498.72	286.42	32.86
CDHP Self & Family	G52	789.85	826.56	525.32	301.24	32.97	1711.34	1790.88	1138.19	652.69	71.44
CDHP Self Plus One	G53	782.04	818.39	492.27	326.12	35.08	1694.42	1773.18	1066.59	706.59	76.00
Value Self	G54	253.66	309.50	230.18	79.32	15.91	549.60	670.58	498.72	171.86	34.46
Value Self & Family	G55	580.95	708.86	525.32	183.54	38.30	1258.73	1535.86	1138.19	397.67	82.99
Value Self Plus One	G56	569.57	694.97	492.27	202.70	60.31	1234.07	1505.77	1066.59	439.18	130.66

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
South Dakota HealthPartners											
High Self	V31	356.92	364.76	230.18	134.58	6.91	773.33	790.31	498.72	291.59	14.97
High Self & Family	V32	869.46	888.56	525.32	363.24	15.36	1883.83	1925.21	1138.19	787.02	33.28
High Self Plus One	V33	788.79	806.11	492.27	313.84	16.05	1709.05	1746.57	1066.59	679.98	34.76
Standard Self	V34	211.15	197.58	148.19	49.39	-3.40	457.49	428.09	321.07	107.02	-7.35
Standard Self & Family	V35	514.37	481.30	360.98	120.32	-8.27	1114.47	1042.82	782.12	260.70	-17.92
Standard Self Plus One	V36	466.65	436.65	327.49	109.16	-7.50	1011.08	946.08	709.56	236.52	-16.25
Tennessee Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Tennessee Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Tennessee Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	F51	371.98	374.21	230.18	144.03	1.30	805.96	810.79	498.72	312.07	2.82
CDHP Self & Family	F52	848.15	853.25	525.32	327.93	1.36	1837.66	1848.71	1138.19	710.52	2.95
CDHP Self Plus One	F53	839.75	844.80	492.27	352.53	3.78	1819.46	1830.40	1066.59	763.81	8.18
Value Self	F54	269.07	326.97	230.18	96.79	29.52	582.99	708.44	498.72	209.72	63.97
Value Self & Family	F55	616.15	748.73	525.32	223.41	69.37	1334.99	1622.25	1138.19	484.06	150.31
Value Self Plus One	F56	604.06	734.04	492.27	241.77	90.76	1308.80	1590.42	1066.59	523.83	196.63
Tennessee Aetna Open Access											
High Self	UB1	486.01	459.15	230.18	228.97	-27.79	1053.02	994.83	498.72	496.11	-60.20
High Self & Family	UB2	1245.42	1176.58	525.32	651.26	-72.58	2698.41	2549.26	1138.19	1411.07	-157.25
High Self Plus One	UB3	1233.10	1164.95	492.27	672.68	-69.42	2671.72	2524.06	1066.59	1457.47	-150.42

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
Tennessee Humana CoverageFirst and Humana Value Plan											
CDHP Self	TT1	294.50	307.13	230.18	76.95	3.33	638.08	665.45	498.72	166.73	7.21
CDHP Self & Family	TT2	662.62	691.06	518.30	172.76	7.11	1435.68	1497.30	1122.98	374.32	15.40
CDHP Self Plus One	TT3	633.17	660.35	492.27	168.08	9.79	1371.87	1430.76	1066.59	364.17	21.20
Value Self	TT4	237.98	248.20	186.15	62.05	2.56	515.62	537.77	403.33	134.44	5.54
Value Self & Family	TT5	535.46	558.43	418.82	139.61	5.75	1160.16	1209.93	907.45	302.48	12.44
Value Self Plus One	TT6	511.66	533.61	400.21	133.40	5.49	1108.60	1156.16	867.12	289.04	11.89
Tennessee Humana Health Plan, Inc.											
High Self	GJ1	396.16	444.81	230.18	214.63	47.72	858.35	963.76	498.72	465.04	103.40
High Self & Family	GJ2	891.34	1000.79	525.32	475.47	105.71	1931.24	2168.38	1138.19	1030.19	229.04
High Self Plus One	GJ3	851.72	956.31	492.27	464.04	103.32	1845.39	2072.01	1066.59	1005.42	223.86
Standard Self	GJ4	360.88	376.44	230.18	146.26	14.63	781.91	815.62	498.72	316.90	31.70
Standard Self & Family	GJ5	811.98	846.98	525.32	321.66	31.26	1759.29	1835.12	1138.19	696.93	67.73
Standard Self Plus One	GJ6	775.89	809.33	492.27	317.06	32.17	1681.10	1753.55	1066.59	686.96	69.69
Tennessee UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))											
HDHP Self	LS1	202.27	193.25	144.94	48.31	-2.26	438.25	418.71	314.03	104.68	-4.88
HDHP Self & Family	LS2	505.67	444.50	333.38	111.12	-15.30	1095.62	963.08	722.31	240.77	-33.13
HDHP Self Plus One	LS3	434.88	415.50	311.63	103.87	-4.85	942.24	900.25	675.19	225.06	-10.50
Tennessee UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO											
High Self	KK1	274.77	313.40	230.18	83.22	14.53	595.34	679.03	498.72	180.31	31.48
High Self & Family	KK2	686.91	783.52	525.32	258.20	86.47	1488.31	1697.63	1138.19	559.44	187.36
High Self Plus One	KK3	590.74	673.82	492.27	181.55	33.87	1279.94	1459.94	1066.59	393.35	73.37
Texas Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
Texas Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Texas Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	JS1	481.36	484.17	230.18	253.99	1.88	1042.95	1049.04	498.72	550.32	4.08
CDHP Self & Family	JS2	1097.29	1103.70	525.32	578.38	2.67	2377.46	2391.35	1138.19	1253.16	5.79
CDHP Self Plus One	JS3	1086.44	1092.78	492.27	600.51	5.07	2353.95	2367.69	1066.59	1301.10	10.98
Value Self	JS4	352.77	371.07	230.18	140.89	17.37	764.34	803.99	498.72	305.27	37.64
Value Self & Family	JS5	805.33	847.11	525.32	321.79	38.04	1744.88	1835.41	1138.19	697.22	82.43
Value Self Plus One	JS6	797.36	838.73	492.27	346.46	40.10	1727.61	1817.25	1066.59	750.66	86.88
Texas Humana CoverageFirst and Humana Value Plan											
CDHP Self	T31	292.28	301.89	226.42	75.47	2.40	633.27	654.10	490.58	163.52	5.20
CDHP Self & Family	T32	657.63	679.24	509.43	169.81	5.40	1424.87	1471.69	1103.77	367.92	11.70
CDHP Self Plus One	T33	628.41	649.06	486.80	162.26	5.16	1361.56	1406.30	1054.73	351.57	11.18
Value Self	T34	222.64	229.96	172.47	57.49	1.83	482.39	498.25	373.69	124.56	3.96
Value Self & Family	T35	500.95	517.42	388.07	129.35	4.11	1085.39	1121.08	840.81	280.27	8.92
Value Self Plus One	T36	478.68	494.43	370.82	123.61	3.94	1037.14	1071.27	803.45	267.82	8.54
Texas Humana CoverageFirst and Humana Value Plan											
CDHP Self	TP1	272.23	272.99	204.74	68.25	0.19	589.83	591.48	443.61	147.87	0.41
CDHP Self & Family	TP2	612.52	614.23	460.67	153.56	0.43	1327.13	1330.83	998.12	332.71	0.93
CDHP Self Plus One	TP3	585.30	586.94	440.21	146.73	0.41	1268.15	1271.70	953.78	317.92	0.88
Value Self	TP4	193.27	184.12	138.09	46.03	-2.29	418.75	398.93	299.20	99.73	-4.96
Value Self & Family	TP5	434.87	414.27	310.70	103.57	-5.15	942.22	897.59	673.19	224.40	-11.15
Value Self Plus One	TP6	415.54	395.87	296.90	98.97	-4.91	900.34	857.72	643.29	214.43	-10.65

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
Texas Humana CoverageFirst and Humana Value Plan											
CDHP Self	TU1	294.28	295.10	221.33	73.77	0.20	637.61	639.38	479.54	159.84	0.44
CDHP Self & Family	TU2	662.14	663.99	497.99	166.00	0.47	1434.64	1438.65	1078.99	359.66	1.00
CDHP Self Plus One	TU3	632.70	634.47	475.85	158.62	0.45	1370.85	1374.69	1031.02	343.67	0.96
Value Self	TU4	234.09	234.75	176.06	58.69	0.17	507.20	508.63	381.47	127.16	0.36
Value Self & Family	TU5	526.71	528.18	396.14	132.04	0.36	1141.21	1144.39	858.29	286.10	0.80
Value Self Plus One	TU6	503.31	504.72	378.54	126.18	0.35	1090.51	1093.56	820.17	273.39	0.76
Texas Humana CoverageFirst and Humana Value Plan											
CDHP Self	TV1	307.24	326.58	230.18	96.40	18.41	665.69	707.59	498.72	208.87	39.89
CDHP Self & Family	TV2	691.29	734.81	525.32	209.49	36.67	1497.80	1592.09	1138.19	453.90	79.45
CDHP Self Plus One	TV3	660.57	702.16	492.27	209.89	40.32	1431.24	1521.35	1066.59	454.76	87.35
Value Self	TV4	249.11	267.29	200.47	66.82	4.54	539.74	579.13	434.35	144.78	9.85
Value Self & Family	TV5	560.50	601.41	451.06	150.35	10.23	1214.42	1303.06	977.30	325.76	22.16
Value Self Plus One	TV6	535.59	574.68	431.01	143.67	9.77	1160.45	1245.14	933.86	311.28	21.17
Texas Humana Health Plan of Texas											
High Self	EW1	426.82	474.95	230.18	244.77	47.20	924.78	1029.06	498.72	530.34	102.27
High Self & Family	EW2	960.35	1068.65	525.32	543.33	104.56	2080.76	2315.41	1138.19	1177.22	226.55
High Self Plus One	EW3	917.66	1021.16	492.27	528.89	102.23	1988.26	2212.51	1066.59	1145.92	221.49
Standard Self	EW4	342.43	357.23	230.18	127.05	13.87	741.93	774.00	498.72	275.28	30.06
Standard Self & Family	EW5	770.46	803.76	525.32	278.44	29.56	1669.33	1741.48	1138.19	603.29	64.05
Standard Self Plus One	EW6	736.22	768.04	492.27	275.77	30.55	1595.14	1664.09	1066.59	597.50	66.19
Texas Humana Health Plan of Texas											
Basic Self	Q21	261.82	275.77	206.83	68.94	3.49	567.28	597.50	448.13	149.37	7.55
Basic Self & Family	Q22	589.10	620.47	465.35	155.12	7.85	1276.38	1344.35	1008.26	336.09	17.00
Basic Self Plus One	Q23	562.91	592.88	444.66	148.22	7.49	1219.64	1284.57	963.43	321.14	16.23

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Texas Humana Health Plan of Texas											
Basic Self	Q61	260.55	271.81	203.86	67.95	2.81	564.53	588.92	441.69	147.23	6.10
Basic Self & Family	Q62	586.24	611.59	458.69	152.90	6.34	1270.19	1325.11	993.83	331.28	13.73
Basic Self Plus One	Q63	560.19	584.40	438.30	146.10	6.05	1213.75	1266.20	949.65	316.55	13.11
Texas Humana Health Plan of Texas											
Basic Self	QX1	271.34	285.79	214.34	71.45	3.62	587.90	619.21	464.41	154.80	7.83
Basic Self & Family	QX2	610.51	643.02	482.27	160.75	8.12	1322.77	1393.21	1044.91	348.30	17.61
Basic Self Plus One	QX3	583.38	614.44	460.83	153.61	7.77	1263.99	1331.29	998.47	332.82	16.82
Texas Humana Health Plan of Texas											
Basic Self	QY1	268.91	283.23	212.42	70.81	3.58	582.64	613.67	460.25	153.42	7.76
Basic Self & Family	QY2	605.05	637.27	477.95	159.32	8.06	1310.94	1380.75	1035.56	345.19	17.46
Basic Self Plus One	QY3	578.17	608.95	456.71	152.24	7.70	1252.70	1319.39	989.54	329.85	16.68
Texas Humana Health Plan of Texas											
High Self	UC1	428.79	451.35	230.18	221.17	21.63	929.05	977.93	498.72	479.21	46.87
High Self & Family	UC2	964.78	1015.55	525.32	490.23	47.03	2090.36	2200.36	1138.19	1062.17	101.90
High Self Plus One	UC3	921.90	970.41	492.27	478.14	47.24	1997.45	2102.56	1066.59	1035.97	102.35
Standard Self	UC4	343.95	369.17	230.18	138.99	24.29	745.23	799.87	498.72	301.15	52.63
Standard Self & Family	UC5	773.88	830.63	525.32	305.31	53.01	1676.74	1799.70	1138.19	661.51	114.86
Standard Self Plus One	UC6	739.49	793.71	492.27	301.44	52.95	1602.23	1719.71	1066.59	653.12	114.72
Texas Humana Health Plan of Texas											
High Self	UR1	632.72	596.23	230.18	366.05	-37.42	1370.89	1291.83	498.72	793.11	-81.07
High Self & Family	UR2	1423.61	1341.53	525.32	816.21	-85.82	3084.49	2906.65	1138.19	1768.46	-185.94
High Self Plus One	UR3	1360.35	1281.90	492.27	789.63	-79.72	2947.43	2777.45	1066.59	1710.86	-172.74
Standard Self	UR4	409.92	411.18	230.18	181.00	0.33	888.16	890.89	498.72	392.17	0.72
Standard Self & Family	UR5	922.31	925.17	525.32	399.85	-0.88	1998.34	2004.54	1138.19	866.35	-1.90
Standard Self Plus One	UR6	881.32	884.05	492.27	391.78	1.46	1909.53	1915.44	1066.59	848.85	3.15

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
Texas Humana Health Plan of Texas											
High Self	UU1	670.60	679.02	230.18	448.84	7.49	1452.97	1471.21	498.72	972.49	16.23
High Self & Family	UU2	1508.86	1527.76	525.32	1002.44	15.16	3269.20	3310.15	1138.19	2171.96	32.85
High Self Plus One	UU3	1441.80	1459.87	492.27	967.60	16.80	3123.90	3163.05	1066.59	2096.46	36.39
Standard Self	UU4	547.68	598.83	230.18	368.65	50.22	1186.64	1297.47	498.72	798.75	108.82
Standard Self & Family	UU5	1232.31	1347.38	525.32	822.06	111.33	2670.01	2919.32	1138.19	1781.13	241.21
Standard Self Plus One	UU6	1177.54	1287.49	492.27	795.22	108.68	2551.34	2789.56	1066.59	1722.97	235.46
Texas Scott and White Health Plan											
Basic Self	A81	304.52	279.64	209.73	69.91	-6.22	659.79	605.89	454.42	151.47	-13.48
Basic Self & Family	A82	713.56	656.09	492.07	164.02	-27.96	1546.05	1421.53	1066.15	355.38	-60.58
Basic Self Plus One	A83	596.89	619.85	464.89	154.96	5.74	1293.26	1343.01	1007.26	335.75	12.44
Standard Self	A84	360.53	340.93	230.18	110.75	-20.53	781.15	738.68	498.72	239.96	-44.48
Standard Self & Family	A85	844.98	800.14	525.32	274.82	-48.58	1830.79	1733.64	1138.19	595.45	-105.25
Standard Self Plus One	A86	706.79	755.92	492.27	263.65	47.86	1531.38	1637.83	1066.59	571.24	103.69
Texas Scott and White Health Plan											
Basic Self	P81	340.97	313.82	230.18	83.64	-28.08	738.77	679.94	498.72	181.22	-60.84
Basic Self & Family	P82	799.09	736.43	525.32	211.11	-66.40	1731.36	1595.60	1138.19	457.41	-143.86
Basic Self Plus One	P83	668.42	695.73	492.27	203.46	26.04	1448.24	1507.42	1066.59	440.83	56.42
Standard Self	P84	403.70	381.63	230.18	151.45	-23.00	874.68	826.87	498.72	328.15	-49.82
Standard Self & Family	P85	946.29	895.77	525.32	370.45	-54.26	2050.30	1940.84	1138.19	802.65	-117.56
Standard Self Plus One	P86	791.51	846.27	492.27	354.00	53.49	1714.94	1833.59	1066.59	767.00	115.89
Texas UnitedHealthcare Insurance Company, Inc. (Choice Plus Advanced)											
Value Self	L91	213.84	201.72	151.29	50.43	-3.03	463.32	437.06	327.80	109.26	-6.57
Value Self & Family	L92	599.62	565.61	424.21	141.40	-8.50	1299.18	1225.49	919.12	306.37	-18.42
Value Self Plus One	L93	417.64	393.95	295.46	98.49	-5.92	904.89	853.56	640.17	213.39	-12.83

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Utah Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Utah Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Utah Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	G51	346.28	362.37	230.18	132.19	15.16	750.27	785.14	498.72	286.42	32.86
CDHP Self & Family	G52	789.85	826.56	525.32	301.24	32.97	1711.34	1790.88	1138.19	652.69	71.44
CDHP Self Plus One	G53	782.04	818.39	492.27	326.12	35.08	1694.42	1773.18	1066.59	706.59	76.00
Value Self	G54	253.66	309.50	230.18	79.32	15.91	549.60	670.58	498.72	171.86	34.46
Value Self & Family	G55	580.95	708.86	525.32	183.54	38.30	1258.73	1535.86	1138.19	397.67	82.99
Value Self Plus One	G56	569.57	694.97	492.27	202.70	60.31	1234.07	1505.77	1066.59	439.18	130.66
Utah Altius Health Plans											
High Self	9K1	391.42	431.65	230.18	201.47	39.30	848.08	935.24	498.72	436.52	85.15
High Self & Family	9K2	865.60	954.58	525.32	429.26	85.24	1875.47	2068.26	1138.19	930.07	184.69
High Self Plus One	9K3	857.03	945.13	492.27	452.86	86.83	1856.90	2047.78	1066.59	981.19	188.12
HDHP Self	9K4	194.17	233.96	175.47	58.49	9.95	420.70	506.91	380.18	126.73	21.56
HDHP Self & Family	9K5	405.80	488.96	366.72	122.24	20.79	879.23	1059.41	794.56	264.85	45.04
HDHP Self Plus One	9K6	397.84	479.37	359.53	119.84	20.38	861.99	1038.64	778.98	259.66	44.16
Utah Altius Health Plans											
Standard Self	DK4	273.97	328.82	230.18	98.64	30.15	593.60	712.44	498.72	213.72	65.32
Standard Self & Family	DK5	604.99	726.14	525.32	200.82	49.57	1310.81	1573.30	1138.19	435.11	107.41
Standard Self Plus One	DK6	599.00	718.94	492.27	226.67	76.92	1297.83	1557.70	1066.59	491.11	166.65

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Utah SelectHealth Plan											
High Self	SF1	449.39	482.06	230.18	251.88	31.74	973.68	1044.46	498.72	545.74	68.77
High Self & Family	SF2	1024.25	1098.71	525.32	573.39	70.72	2219.21	2380.54	1138.19	1242.35	153.23
High Self Plus One	SF3	1024.25	1098.71	492.27	606.44	73.19	2219.21	2380.54	1066.59	1313.95	158.57
Standard Self	SF4	274.81	285.79	214.34	71.45	2.75	595.42	619.21	464.41	154.80	5.95
Standard Self & Family	SF5	626.33	651.35	488.51	162.84	6.26	1357.05	1411.26	1058.45	352.81	13.55
Standard Self Plus One	SF6	626.33	651.35	488.51	162.84	6.26	1357.05	1411.26	1058.45	352.81	13.55
Utah SelectHealth Plan											
HDHP Self	WX1	New Plan	233.96	175.47	58.49	New Plan	New Plan	506.91	380.18	126.73	New Plan
HDHP Self & Family	WX2	New Plan	533.22	399.92	133.30	New Plan	New Plan	1155.31	866.48	288.83	New Plan
HDHP Self Plus One	WX3	New Plan	533.22	399.92	133.30	New Plan	New Plan	1155.31	866.48	288.83	New Plan
Vermont Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Vermont Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Vermont Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	EP1	414.74	423.14	230.18	192.96	7.47	898.60	916.80	498.72	418.08	16.19
CDHP Self & Family	EP2	945.84	965.00	525.32	439.68	15.42	2049.32	2090.83	1138.19	952.64	33.41
CDHP Self Plus One	EP3	936.48	955.44	492.27	463.17	17.69	2029.04	2070.12	1066.59	1003.53	38.32
Value Self	EP4	260.95	285.73	214.30	71.43	6.19	565.39	619.08	464.31	154.77	13.42
Value Self & Family	EP5	597.56	654.30	490.73	163.57	14.18	1294.71	1417.65	1063.24	354.41	30.73
Value Self Plus One	EP6	585.84	641.47	481.10	160.37	13.91	1269.32	1389.85	1042.39	347.46	30.13

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Virgin Islands Triple-S Salud, Inc.											
High Self	851	289.79	304.27	228.20	76.07	3.62	627.88	659.25	494.44	164.81	7.84
High Self & Family	852	663.61	696.79	522.59	174.20	8.30	1437.82	1509.71	1132.28	377.43	17.98
High Self Plus One	853	650.67	683.20	492.27	190.93	28.26	1409.79	1480.27	1066.59	413.68	61.23
Virginia Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
Virginia Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27
Virginia Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	F51	371.98	374.21	230.18	144.03	1.30	805.96	810.79	498.72	312.07	2.82
CDHP Self & Family	F52	848.15	853.25	525.32	327.93	1.36	1837.66	1848.71	1138.19	710.52	2.95
CDHP Self Plus One	F53	839.75	844.80	492.27	352.53	3.78	1819.46	1830.40	1066.59	763.81	8.18
Value Self	F54	269.07	326.97	230.18	96.79	29.52	582.99	708.44	498.72	209.72	63.97
Value Self & Family	F55	616.15	748.73	525.32	223.41	69.37	1334.99	1622.25	1138.19	484.06	150.31
Value Self Plus One	F56	604.06	734.04	492.27	241.77	90.76	1308.80	1590.42	1066.59	523.83	196.63
Virginia Aetna Open Access											
High Self	JN1	509.12	516.52	230.18	286.34	6.47	1103.09	1119.13	498.72	620.41	14.03
High Self & Family	JN2	1144.59	1161.22	525.32	635.90	12.89	2479.95	2515.98	1138.19	1377.79	27.93
High Self Plus One	JN3	1133.25	1149.71	492.27	657.44	15.19	2455.38	2491.04	1066.59	1424.45	32.90
Basic Self	JN4	305.93	314.06	230.18	83.88	7.20	662.85	680.46	498.72	181.74	15.60
Basic Self & Family	JN5	700.13	718.73	525.32	193.41	14.86	1516.95	1557.25	1138.19	419.06	32.20
Basic Self Plus One	JN6	642.92	660.00	492.27	167.73	7.00	1392.99	1430.00	1066.59	363.41	15.16

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)	2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates				
Plan - Option - Enrollment Code		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment	
Virginia CareFirst BlueChoice											
Standard Self	2G4	320.13	368.16	230.18	137.98	47.10	693.62	797.68	498.72	298.96	102.05
Standard Self & Family	2G5	760.64	874.73	525.32	349.41	110.35	1648.05	1895.25	1138.19	757.06	239.10
Standard Self Plus One	2G6	640.27	736.31	492.27	244.04	83.97	1387.25	1595.34	1066.59	528.75	181.94
Virginia CareFirst BlueChoice											
HDHP Self	B61	281.41	239.20	179.40	59.80	-10.55	609.72	518.27	388.70	129.57	-22.86
HDHP Self & Family	B62	668.62	568.33	426.25	142.08	-25.07	1448.68	1231.38	923.54	307.84	-54.33
HDHP Self Plus One	B63	562.82	478.39	358.79	119.60	-21.10	1219.44	1036.51	777.38	259.13	-45.73
Virginia Kaiser Foundation Health Plan Mid-Atlantic States											
High Self	E31	304.78	319.70	230.18	89.52	13.33	660.36	692.68	498.72	193.96	28.87
High Self & Family	E32	701.00	735.30	525.32	209.98	30.56	1518.83	1593.15	1138.19	454.96	66.22
High Self Plus One	E33	701.00	735.30	492.27	243.03	33.03	1518.83	1593.15	1066.59	526.56	71.56
Standard Self	E34	233.06	240.81	180.61	60.20	1.94	504.96	521.76	391.32	130.44	4.20
Standard Self & Family	E35	536.07	553.84	415.38	138.46	4.44	1161.49	1199.99	899.99	300.00	9.63
Standard Self Plus One	E36	536.07	553.84	415.38	138.46	4.44	1161.49	1199.99	899.99	300.00	9.63
Virginia Kaiser Foundation Health Plan Mid-Atlantic States											
Basic Self	T71	212.32	193.90	145.43	48.47	-4.61	460.03	420.12	315.09	105.03	-9.98
Basic Self & Family	T72	509.77	473.61	355.21	118.40	-9.04	1104.50	1026.16	769.62	256.54	-19.58
Basic Self Plus One	T73	464.41	431.49	323.62	107.87	-8.23	1006.22	934.90	701.18	233.72	-17.83
Virginia M.D. IPA											
High Self	JP1	331.28	365.01	230.18	134.83	32.80	717.77	790.86	498.72	292.14	71.08
High Self & Family	JP2	928.92	1023.48	525.32	498.16	90.82	2012.66	2217.54	1138.19	1079.35	196.78
High Self Plus One	JP3	646.99	712.86	492.27	220.59	58.84	1401.81	1544.53	1066.59	477.94	127.49

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
	Plan - Option - Enrollment Code		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment

Virginia Optima Health

High Self	PG1	300.59	313.14	230.18	82.96	7.81	651.28	678.47	498.72	179.75	16.93
High Self & Family	PG2	726.37	756.68	525.32	231.36	26.57	1573.80	1639.47	1138.19	501.28	57.57
High Self Plus One	PG3	726.32	756.63	492.27	264.36	29.04	1573.69	1639.37	1066.59	572.78	62.92
HDHP Self	PG4	New Plan	279.32	209.49	69.83	New Plan	New Plan	605.19	453.89	151.30	New Plan
HDHP Self & Family	PG5	New Plan	616.15	462.11	154.04	New Plan	New Plan	1334.99	1001.24	333.75	New Plan
HDHP Self Plus One	PG6	New Plan	604.06	453.05	151.01	New Plan	New Plan	1308.80	981.60	327.20	New Plan

Virginia UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))

HDHP Self	V41	261.68	228.78	171.59	57.19	-8.23	566.97	495.69	371.77	123.92	-17.82
HDHP Self & Family	V42	654.22	526.18	394.64	131.54	-32.01	1417.48	1140.06	855.05	285.01	-69.36
HDHP Self Plus One	V43	562.62	491.87	368.90	122.97	-17.68	1219.01	1065.72	799.29	266.43	-38.32

Virginia UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO

High Self	LR1	280.61	308.28	230.18	78.10	7.95	607.99	667.94	498.72	169.22	17.22
High Self & Family	LR2	701.54	730.61	525.32	205.29	25.33	1520.00	1582.99	1138.19	444.80	54.89
High Self Plus One	LR3	603.32	662.79	492.27	170.52	19.69	1307.19	1436.05	1066.59	369.46	42.66

Virginia UnitedHealthcare Insurance Company, Inc. (Choice Plus Advanced)

Value Self	L91	213.84	201.72	151.29	50.43	-3.03	463.32	437.06	327.80	109.26	-6.57
Value Self & Family	L92	599.62	565.61	424.21	141.40	-8.50	1299.18	1225.49	919.12	306.37	-18.42
Value Self Plus One	L93	417.64	393.95	295.46	98.49	-5.92	904.89	853.56	640.17	213.39	-12.83

Washington Aetna HealthFund HDHP and Aetna Direct Plan

HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69

Washington Aetna HealthFund HDHP and Aetna Direct Plan

CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)	2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code										

Washington Aetna HealthFund CDHP and Aetna Value Plan

CDHP Self	G51	346.28	362.37	230.18	132.19	15.16	750.27	785.14	498.72	286.42	32.86
CDHP Self & Family	G52	789.85	826.56	525.32	301.24	32.97	1711.34	1790.88	1138.19	652.69	71.44
CDHP Self Plus One	G53	782.04	818.39	492.27	326.12	35.08	1694.42	1773.18	1066.59	706.59	76.00
Value Self	G54	253.66	309.50	230.18	79.32	15.91	549.60	670.58	498.72	171.86	34.46
Value Self & Family	G55	580.95	708.86	525.32	183.54	38.30	1258.73	1535.86	1138.19	397.67	82.99
Value Self Plus One	G56	569.57	694.97	492.27	202.70	60.31	1234.07	1505.77	1066.59	439.18	130.66

Washington Kaiser Foundation Health Plan of Northwest

High Self	571	319.42	326.16	230.18	95.98	5.81	692.08	706.68	498.72	207.96	12.59
High Self & Family	572	721.45	736.69	525.32	211.37	11.50	1563.14	1596.16	1138.19	457.97	24.92
High Self Plus One	573	721.45	736.69	492.27	244.42	13.97	1563.14	1596.16	1066.59	529.57	30.26
Standard Self	574	277.04	286.29	214.72	71.57	2.31	600.25	620.30	465.23	155.07	5.01
Standard Self & Family	575	636.45	657.69	493.27	164.42	5.31	1378.98	1425.00	1068.75	356.25	11.51
Standard Self Plus One	576	636.45	657.69	492.27	165.42	6.31	1378.98	1425.00	1066.59	358.41	13.67

Washington Kaiser Foundation Health Plan of Washington

High Self	541	381.04	376.34	230.18	146.16	-5.63	825.59	815.40	498.72	316.68	-12.20
High Self & Family	542	838.30	827.96	525.32	302.64	-14.08	1816.32	1793.91	1138.19	655.72	-30.51
High Self Plus One	543	838.30	827.96	492.27	335.69	-11.61	1816.32	1793.91	1066.59	727.32	-25.17
Standard Self	544	281.07	270.08	202.56	67.52	-2.75	608.99	585.17	438.88	146.29	-5.96
Standard Self & Family	545	646.46	621.19	465.89	155.30	-6.31	1400.66	1345.91	1009.43	336.48	-13.68
Standard Self Plus One	546	646.46	621.19	465.89	155.30	-6.31	1400.66	1345.91	1009.43	336.48	-13.68

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Washington Kaiser Permanente Washington Options Federal											
Standard Self	L11	306.72	322.07	230.18	91.89	14.42	664.56	697.82	498.72	199.10	31.25
Standard Self & Family	L12	680.91	714.98	525.32	189.66	19.43	1475.31	1549.12	1138.19	410.93	42.10
Standard Self Plus One	L13	680.91	714.98	492.27	222.71	32.80	1475.31	1549.12	1066.59	482.53	71.05
HDHP Self	L14	242.67	271.00	203.25	67.75	7.08	525.79	587.17	440.38	146.79	15.34
HDHP Self & Family	L15	538.73	601.61	451.21	150.40	15.72	1167.25	1303.49	977.62	325.87	34.06
HDHP Self Plus One	L16	538.73	601.61	451.21	150.40	15.72	1167.25	1303.49	977.62	325.87	34.06
Washington UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))											
HDHP Self	LU1	222.88	207.84	155.88	51.96	-3.76	482.91	450.32	337.74	112.58	-8.15
HDHP Self & Family	LU2	557.19	478.03	358.52	119.51	-19.79	1207.25	1035.73	776.80	258.93	-42.88
HDHP Self Plus One	LU3	479.19	446.86	335.15	111.71	-8.09	1038.25	968.20	726.15	242.05	-17.51
Washington UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO											
High Self	KT1	281.85	313.47	230.18	83.29	12.83	610.68	679.19	498.72	180.47	27.80
High Self & Family	KT2	704.63	783.67	525.32	258.35	75.30	1526.70	1697.95	1138.19	559.76	163.15
High Self Plus One	KT3	605.98	673.95	492.27	181.68	30.19	1312.96	1460.23	1066.59	393.64	65.40
West Virginia Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69
West Virginia Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)	2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code										

West Virginia Aetna HealthFund CDHP and Aetna Value Plan

CDHP Self	F51	371.98	374.21	230.18	144.03	1.30	805.96	810.79	498.72	312.07	2.82
CDHP Self & Family	F52	848.15	853.25	525.32	327.93	1.36	1837.66	1848.71	1138.19	710.52	2.95
CDHP Self Plus One	F53	839.75	844.80	492.27	352.53	3.78	1819.46	1830.40	1066.59	763.81	8.18
Value Self	F54	269.07	326.97	230.18	96.79	29.52	582.99	708.44	498.72	209.72	63.97
Value Self & Family	F55	616.15	748.73	525.32	223.41	69.37	1334.99	1622.25	1138.19	484.06	150.31
Value Self Plus One	F56	604.06	734.04	492.27	241.77	90.76	1308.80	1590.42	1066.59	523.83	196.63

Wisconsin Aetna HealthFund HDHP and Aetna Direct Plan

HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69

Wisconsin Aetna HealthFund HDHP and Aetna Direct Plan

CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27

Wisconsin Aetna HealthFund CDHP and Aetna Value Plan

CDHP Self	JS1	481.36	484.17	230.18	253.99	1.88	1042.95	1049.04	498.72	550.32	4.08
CDHP Self & Family	JS2	1097.29	1103.70	525.32	578.38	2.67	2377.46	2391.35	1138.19	1253.16	5.79
CDHP Self Plus One	JS3	1086.44	1092.78	492.27	600.51	5.07	2353.95	2367.69	1066.59	1301.10	10.98
Value Self	JS4	352.77	371.07	230.18	140.89	17.37	764.34	803.99	498.72	305.27	37.64
Value Self & Family	JS5	805.33	847.11	525.32	321.79	38.04	1744.88	1835.41	1138.19	697.22	82.43
Value Self Plus One	JS6	797.36	838.73	492.27	346.46	40.10	1727.61	1817.25	1066.59	750.66	86.88

Non-Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code			Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Wisconsin Dean Health Plan											
High Self	WD1	492.66	506.37	230.18	276.19	12.78	1067.43	1097.14	498.72	598.42	27.70
High Self & Family	WD2	1133.10	1164.64	525.32	639.32	27.80	2455.05	2523.39	1138.19	1385.20	60.24
High Self Plus One	WD3	1034.57	1063.37	492.27	571.10	27.53	2241.57	2303.97	1066.59	1237.38	59.64
Standard Self	WD4	296.77	298.00	223.50	74.50	0.31	643.00	645.67	484.25	161.42	0.67
Standard Self & Family	WD5	712.25	715.21	525.32	189.89	-0.78	1543.21	1549.62	1138.19	411.43	-1.69
Standard Self Plus One	WD6	652.90	655.62	491.72	163.90	0.68	1414.62	1420.51	1065.38	355.13	1.48
Wisconsin Group Health Cooperative											
High Self	WJ1	321.77	337.40	230.18	107.22	14.70	697.17	731.03	498.72	232.31	31.85
High Self & Family	WJ2	958.87	877.24	525.32	351.92	-85.37	2077.55	1900.69	1138.19	762.50	-184.96
High Self Plus One	WJ3	637.10	742.28	492.27	250.01	90.74	1380.38	1608.27	1066.59	541.68	196.59
Wisconsin HealthPartners											
High Self	V31	356.92	364.76	230.18	134.58	6.91	773.33	790.31	498.72	291.59	14.97
High Self & Family	V32	869.46	888.56	525.32	363.24	15.36	1883.83	1925.21	1138.19	787.02	33.28
High Self Plus One	V33	788.79	806.11	492.27	313.84	16.05	1709.05	1746.57	1066.59	679.98	34.76
Standard Self	V34	211.15	197.58	148.19	49.39	-3.40	457.49	428.09	321.07	107.02	-7.35
Standard Self & Family	V35	514.37	481.30	360.98	120.32	-8.27	1114.47	1042.82	782.12	260.70	-17.92
Standard Self Plus One	V36	466.65	436.65	327.49	109.16	-7.50	1011.08	946.08	709.56	236.52	-16.25
Wisconsin MercyCare Health Plans											
High Self	EY1	353.76	352.64	230.18	122.46	-2.05	766.48	764.05	498.72	265.33	-4.44
High Self & Family	EY2	923.20	920.31	525.32	394.99	-6.63	2000.27	1994.01	1138.19	855.82	-14.36
High Self Plus One	EY3	760.59	758.22	492.27	265.95	-3.64	1647.95	1642.81	1066.59	576.22	-7.90
Wyoming Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	228.36	76.12	6.03	607.43	659.71	494.78	164.93	13.07
HDHP Self & Family	225	618.42	671.63	503.72	167.91	13.31	1339.91	1455.20	1091.40	363.80	28.82
HDHP Self Plus One	226	606.29	658.47	492.27	166.20	14.63	1313.63	1426.69	1066.59	360.10	31.69

Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)	2018 Total Biweekly Premium	2019 Biweekly premium rates				2018 Total Monthly Premium	2019 Monthly premium rates			
		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code										

Wyoming Aetna HealthFund HDHP and Aetna Direct Plan

CDHP Self	N61	243.54	257.23	192.92	64.31	3.43	527.67	557.33	418.00	139.33	7.41
CDHP Self & Family	N62	614.17	648.71	486.53	162.18	8.64	1330.70	1405.54	1054.16	351.38	18.71
CDHP Self Plus One	N63	534.08	564.12	423.09	141.03	7.51	1157.17	1222.26	916.70	305.56	16.27

Wyoming Aetna HealthFund CDHP and Aetna Value Plan

CDHP Self	H41	379.77	382.55	230.18	152.37	1.85	822.84	828.86	498.72	330.14	4.01
CDHP Self & Family	H42	865.68	872.02	525.32	346.70	2.60	1875.64	1889.38	1138.19	751.19	5.64
CDHP Self Plus One	H43	857.11	863.39	492.27	371.12	5.01	1857.07	1870.68	1066.59	804.09	10.85
Value Self	H44	265.72	284.55	213.41	71.14	4.71	575.73	616.53	462.40	154.13	10.20
Value Self & Family	H45	609.86	653.07	489.80	163.27	10.81	1321.36	1414.99	1061.24	353.75	23.41
Value Self Plus One	H46	597.90	640.27	480.20	160.07	10.60	1295.45	1387.25	1040.44	346.81	22.95

Wyoming Altius Health Plans

High Self	9K1	391.42	431.65	230.18	201.47	39.30	848.08	935.24	498.72	436.52	85.15
High Self & Family	9K2	865.60	954.58	525.32	429.26	85.24	1875.47	2068.26	1138.19	930.07	184.69
High Self Plus One	9K3	857.03	945.13	492.27	452.86	86.83	1856.90	2047.78	1066.59	981.19	188.12
HDHP Self	9K4	194.17	233.96	175.47	58.49	9.95	420.70	506.91	380.18	126.73	21.56
HDHP Self & Family	9K5	405.80	488.96	366.72	122.24	20.79	879.23	1059.41	794.56	264.85	45.04
HDHP Self Plus One	9K6	397.84	479.37	359.53	119.84	20.38	861.99	1038.64	778.98	259.66	44.16

Wyoming Altius Health Plans

Standard Self	DK4	273.97	328.82	230.18	98.64	30.15	593.60	712.44	498.72	213.72	65.32
Standard Self & Family	DK5	604.99	726.14	525.32	200.82	49.57	1310.81	1573.30	1138.19	435.11	107.41
Standard Self Plus One	DK6	599.00	718.94	492.27	226.67	76.92	1297.83	1557.70	1066.59	491.11	166.65

Postal Premium Rates for the Federal Employees Health Benefits Program												
Fee-for-Service Plans (FFS)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment
Nationwide APWU Health Plan												
High Self	471		322.29	335.18	233.38	101.80	15.13	322.29	335.18	242.97	92.21	11.90
High Self & Family	472		773.48	804.42	532.62	271.80	34.39	773.48	804.42	554.50	249.92	27.00
High Self Plus One	473		676.79	703.86	499.11	204.75	32.60	676.79	703.86	519.62	184.24	25.73
CDHP Self	474		255.89	275.85	209.65	66.20	7.99	255.89	275.85	218.61	57.24	4.14
CDHP Self & Family	475		614.12	654.04	497.07	156.97	17.26	614.12	654.04	518.33	135.71	8.28
CDHP Self Plus One	476		562.95	599.54	455.65	143.89	15.82	562.95	599.54	475.14	124.40	7.59
Nationwide Blue Cross and Blue Shield Service Benefit Plan												
Standard Self	104		342.41	342.41	233.38	109.03	2.24	342.41	342.41	242.97	99.44	-0.99
Standard Self & Family	105		793.53	793.53	532.62	260.91	3.45	793.53	793.53	554.50	239.03	-3.94
Standard Self Plus One	106		748.81	748.81	499.11	249.70	5.53	748.81	748.81	519.62	229.19	-1.34
Nationwide Blue Cross and Blue Shield Service Benefit Plan												
Basic Self	111		294.90	294.90	224.12	70.78	3.69	294.90	294.90	233.71	61.19	0.00
Basic Self & Family	112		702.56	702.56	532.62	169.94	3.45	702.56	702.56	554.50	148.06	-3.94
Basic Self Plus One	113		662.84	662.84	499.11	163.73	5.53	662.84	662.84	519.62	143.22	-1.34
Nationwide Blue Cross and Blue Shield Service Benefit Plan FEP Blue Focus												
Blue Focus Self	131	New Plan		212.58	161.56	51.02	New Plan	New Plan	212.58	168.47	44.11	New Plan
Blue Focus Self & Family	132	New Plan		502.70	382.05	120.65	New Plan	New Plan	502.70	398.39	104.31	New Plan
Blue Focus Self Plus One	133	New Plan		457.02	347.34	109.68	New Plan	New Plan	457.02	362.19	94.83	New Plan
Nationwide Compass Rose Health Plan												
High Self	421		321.36	321.36	233.38	87.98	2.24	321.36	321.36	242.97	78.39	-0.99
High Self & Family	422		771.27	771.27	532.62	238.65	3.45	771.27	771.27	554.50	216.77	-3.94
High Self Plus One	423		707.00	707.00	499.11	207.89	5.53	707.00	707.00	519.62	187.38	-1.34
Nationwide Foreign Service Benefit Plan												
High Self	401		264.22	268.18	203.82	64.36	4.25	264.22	268.18	212.53	55.65	0.82
High Self & Family	402		653.62	663.46	504.23	159.23	10.53	653.62	663.46	525.79	137.67	2.04
High Self Plus One	403		647.14	656.86	499.11	157.75	10.53	647.14	656.86	519.62	137.24	2.96

Postal Premium Rates for the Federal Employees Health Benefits Program												
Fee-for-Service Plans (FFS)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code		Total Premium		Govt Pays	Empl. Pays	Change in empl. payment	Total Premiu m		Govt Pays	Empl. Pays	Change in empl. payment	
Nationwide GEHA												
High Self	311	332.82	336.15	233.38	102.77	5.57	332.82	336.15	242.97	93.18	2.34	
High Self & Family	312	790.83	838.27	532.62	305.65	50.89	790.83	838.27	554.50	283.77	43.50	
High Self Plus One	313	732.21	739.53	499.11	240.42	12.85	732.21	739.53	519.62	219.91	5.98	
Standard Self	314	219.75	235.13	178.70	56.43	6.44	219.75	235.13	186.34	48.79	3.19	
Standard Self & Family	315	519.70	592.46	450.27	142.19	23.96	519.70	592.46	469.52	122.94	15.10	
Standard Self Plus One	316	472.47	505.54	384.21	121.33	13.84	472.47	505.54	400.64	104.90	6.86	
Nationwide GEHA												
HDHP Self	341	231.35	234.82	178.46	56.36	3.73	231.35	234.82	186.09	48.73	0.72	
HDHP Self & Family	342	547.12	582.69	442.84	139.85	15.38	547.12	582.69	461.78	120.91	7.38	
HDHP Self Plus One	343	497.40	504.86	383.69	121.17	8.01	497.40	504.86	400.10	104.76	1.55	
Nationwide MHBP - Consumer Option												
HDHP Self	481	262.02	259.40	197.14	62.26	2.65	262.02	259.40	205.57	53.83	-0.54	
HDHP Self & Family	482	608.83	602.74	458.08	144.66	6.15	608.83	602.74	477.67	125.07	-1.26	
HDHP Self Plus One	483	579.85	574.05	436.28	137.77	5.85	579.85	574.05	454.93	119.12	-1.20	
Nationwide MHBP - Std												
Standard Self	454	268.82	266.14	202.27	63.87	2.71	268.82	266.14	210.92	55.22	-0.56	
Standard Self & Family	455	624.72	618.48	470.04	148.44	6.32	624.72	618.48	490.15	128.33	-1.30	
Standard Self Plus One	456	618.78	612.59	465.57	147.02	6.25	618.78	612.59	485.48	127.11	-1.29	
Nationwide MHBP - Value Plan												
Value Self	414	229.41	220.23	167.37	52.86	0.67	229.41	220.23	174.53	45.70	-1.90	
Value Self & Family	415	554.42	532.24	404.50	127.74	1.61	554.42	532.24	421.80	110.44	-4.60	
Value Self Plus One	416	543.56	521.82	396.58	125.24	1.58	543.56	521.82	413.54	108.28	-4.51	

Postal Premium Rates for the Federal Employees Health Benefits Program												
Fee-for-Service Plans (FFS)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment
Nationwide NALC												
High Self 321			308.04	314.81	233.38	81.43	9.01	308.04	314.81	242.97	71.84	5.78
High Self & Family 322			691.71	706.93	532.62	174.31	16.95	691.71	706.93	554.50	152.43	8.90
High Self Plus One 323			678.06	692.97	499.11	193.86	20.44	678.06	692.97	519.62	173.35	13.57
CDHP Self 324			214.26	218.55	166.10	52.45	3.71	214.26	218.55	173.20	45.35	0.89
CDHP Self & Family 325			473.82	492.77	374.51	118.26	10.47	473.82	492.77	390.52	102.25	3.93
CDHP Self Plus One 326			463.49	477.39	362.82	114.57	9.13	463.49	477.39	378.33	99.06	2.89
Nationwide NALC												
Value Self KM1			175.85	179.37	136.32	43.05	3.04	175.85	179.37	142.15	37.22	0.73
Value Self & Family KM2			389.03	404.60	307.50	97.10	8.60	389.03	404.60	320.65	83.95	3.23
Value Self Plus One KM3			380.37	391.78	297.75	94.03	7.50	380.37	391.78	310.49	81.29	2.36
Nationwide Panama Canal Area Benefit Plan												
High Self 431			264.38	277.60	210.98	66.62	6.47	264.38	277.60	220.00	57.60	2.74
High Self & Family 432			551.88	579.47	440.40	139.07	13.52	551.88	579.47	459.23	120.24	5.72
High Self Plus One 433			527.68	554.06	421.09	132.97	12.92	527.68	554.06	439.09	114.97	5.48
Nationwide Rural Carrier Benefit Plan												
High Self 381			316.47	316.47	233.38	83.09	2.24	316.47	316.47	242.97	73.50	-0.99
High Self & Family 382			612.83	625.08	475.06	150.02	10.60	612.83	625.08	495.38	129.70	2.54
High Self Plus One 383			600.81	612.83	465.75	147.08	10.40	600.81	612.83	485.67	127.16	2.49
Nationwide SAMBA												
High Self 441			421.24	421.24	233.38	187.86	2.24	421.24	421.24	242.97	178.27	-0.99
High Self & Family 442			1010.97	1010.97	532.62	478.35	3.45	1010.97	1010.97	554.50	456.47	-3.94
High Self Plus One 443			926.72	926.72	499.11	427.61	5.53	926.72	926.72	519.62	407.10	-1.34
Standard Self 444			326.84	317.03	233.38	83.65	-7.57	326.84	317.03	242.97	74.06	-10.80
Standard Self & Family 445			751.74	729.20	532.62	196.58	-19.09	751.74	729.20	554.50	174.70	-26.48
Standard Self Plus One 446			719.06	697.49	499.11	198.38	-16.04	719.06	697.49	519.62	177.87	-22.91

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
Alabama Aetna HealthFund HDHP and Aetna Direct Plan												
	HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
	HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
	HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Alabama Aetna HealthFund HDHP and Aetna Direct Plan												
	CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
	CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
	CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Alabama Aetna HealthFund CDHP and Aetna Value Plan												
	CDHP Self	F51	371.98	374.21	233.38	140.83	4.47	371.98	374.21	242.97	131.24	1.24
	CDHP Self & Family	F52	848.15	853.25	532.62	320.63	8.55	848.15	853.25	554.50	298.75	1.16
	CDHP Self Plus One	F53	839.75	844.80	499.11	345.69	10.58	839.75	844.80	519.62	325.18	3.71
	Value Self	F54	269.07	326.97	233.38	93.59	32.38	269.07	326.97	242.97	84.00	28.17
	Value Self & Family	F55	616.15	748.73	532.62	216.11	75.94	616.15	748.73	554.50	194.23	66.38
	Value Self Plus One	F56	604.06	734.04	499.11	234.93	97.51	604.06	734.04	519.62	214.42	89.08
Alabama UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))												
	HDHP Self	LS1	202.27	193.25	146.87	46.38	0.36	202.27	193.25	153.15	40.10	-1.87
	HDHP Self & Family	LS2	505.67	444.50	337.82	106.68	-8.36	505.67	444.50	352.27	92.23	-12.70
	HDHP Self Plus One	LS3	434.88	415.50	315.78	99.72	0.78	434.88	415.50	329.28	86.22	-4.02
Alabama UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO												
	High Self	KK1	274.77	313.40	233.38	80.02	17.51	274.77	313.40	242.97	70.43	13.42
	High Self & Family	KK2	686.91	783.52	532.62	250.90	94.63	686.91	783.52	554.50	229.02	86.49
	High Self Plus One	KK3	590.74	673.82	499.11	174.71	40.32	590.74	673.82	519.62	154.20	31.62
Alaska Aetna HealthFund HDHP and Aetna Direct Plan												
	HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
	HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
	HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium m	Govt Pays	Empl. Pays	Change in empl. payment
Alaska Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self N61			243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family N62			614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One N63			534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Alaska Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self JS1			481.36	484.17	233.38	250.79	5.05	481.36	484.17	242.97	241.20	1.82
CDHP Self & Family JS2			1097.29	1103.70	532.62	571.08	9.86	1097.29	1103.70	554.50	549.20	2.47
CDHP Self Plus One JS3			1086.44	1092.78	499.11	593.67	11.87	1086.44	1092.78	519.62	573.16	5.00
Value Self JS4			352.77	371.07	233.38	137.69	20.54	352.77	371.07	242.97	128.10	17.31
Value Self & Family JS5			805.33	847.11	532.62	314.49	45.23	805.33	847.11	554.50	292.61	37.84
Value Self Plus One JS6			797.36	838.73	499.11	339.62	46.90	797.36	838.73	519.62	319.11	40.03
Arizona Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self 224			280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family 225			618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One 226			606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Arizona Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self N61			243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family N62			614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One N63			534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Arizona Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self G51			346.28	362.37	233.38	128.99	18.33	346.28	362.37	242.97	119.40	15.10
CDHP Self & Family G52			789.85	826.56	532.62	293.94	40.16	789.85	826.56	554.50	272.06	32.77
CDHP Self Plus One G53			782.04	818.39	499.11	319.28	41.88	782.04	818.39	519.62	298.77	35.01
Value Self G54			253.66	309.50	233.38	76.12	18.41	253.66	309.50	242.97	66.53	13.90
Value Self & Family G55			580.95	708.86	532.62	176.24	44.07	580.95	708.86	554.50	154.36	33.81
Value Self Plus One G56			569.57	694.97	499.11	195.86	66.28	569.57	694.97	519.62	175.35	57.16

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Arizona Aetna Open Access												
High Self		WQ1	522.74	519.24	233.38	285.86	-1.26	522.74	519.24	242.97	276.27	-4.49
High Self & Family		WQ2	1269.17	1260.70	532.62	728.08	-5.02	1269.17	1260.70	554.50	706.20	-12.41
High Self Plus One		WQ3	1256.60	1248.21	499.11	749.10	-2.86	1256.60	1248.21	519.62	728.59	-9.73
Arizona Humana CoverageFirst and Humana Value Plan												
CDHP Self		R61	294.43	312.97	233.38	79.59	12.61	294.43	312.97	242.97	70.00	8.91
CDHP Self & Family		R62	662.48	704.17	532.62	171.55	20.84	662.48	704.17	554.50	149.67	12.21
CDHP Self Plus One		R63	633.04	672.88	499.11	173.77	29.75	633.04	672.88	519.62	153.26	21.90
Value Self		R64	239.86	250.16	190.12	60.04	5.47	239.86	250.16	198.25	51.91	2.14
Value Self & Family		R65	539.68	562.85	427.77	135.08	12.30	539.68	562.85	446.06	116.79	4.81
Value Self Plus One		R66	515.68	537.84	408.76	129.08	11.76	515.68	537.84	426.24	111.60	4.60
Arizona Humana CoverageFirst and Humana Value Plan												
CDHP Self		R91	285.64	286.45	217.70	68.75	3.77	285.64	286.45	227.01	59.44	0.17
CDHP Self & Family		R92	642.68	644.50	489.82	154.68	8.47	642.68	644.50	510.77	133.73	0.37
CDHP Self Plus One		R93	614.12	615.85	468.05	147.80	8.09	614.12	615.85	488.06	127.79	0.36
Value Self		R94	227.43	228.07	173.33	54.74	3.00	227.43	228.07	180.75	47.32	0.13
Value Self & Family		R95	511.71	513.16	390.00	123.16	6.75	511.71	513.16	406.68	106.48	0.30
Value Self Plus One		R96	488.97	490.36	372.67	117.69	6.45	488.97	490.36	388.61	101.75	0.29
Arizona Humana Health Plan, Inc.												
High Self		BF1	522.31	628.35	233.38	394.97	108.28	522.31	628.35	242.97	385.38	105.05
High Self & Family		BF2	1175.19	1413.76	532.62	881.14	242.02	1175.19	1413.76	554.50	859.26	234.63
High Self Plus One		BF3	1122.96	1350.92	499.11	851.81	233.49	1122.96	1350.92	519.62	831.30	226.62
Standard Self		BF4	366.52	422.80	233.38	189.42	58.52	366.52	422.80	242.97	179.83	55.29
Standard Self & Family		BF5	824.67	951.31	532.62	418.69	130.09	824.67	951.31	554.50	396.81	122.70
Standard Self Plus One		BF6	788.01	909.03	499.11	409.92	126.55	788.01	909.03	519.62	389.41	119.68

Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)			2019 Biweekly Postal Premium Rates Category 1				2019 Biweekly Postal Premium Rates Category 2				
Plan - Option - Enrollment Code		2018 Total Biweekly Premium	Total Premium	Govt Pays	Empl. Pays	Change in empl. payment	2018 Total Biweekly Premium	Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Arizona Humana Health Plan, Inc.											
High Self	C71	378.22	398.12	233.38	164.74	22.14	378.22	398.12	242.97	155.15	18.91
High Self & Family	C72	850.99	895.77	532.62	363.15	48.23	850.99	895.77	554.50	341.27	40.84
High Self Plus One	C73	813.17	855.96	499.11	356.85	48.32	813.17	855.96	519.62	336.34	41.45
Standard Self	C74	312.43	335.34	233.38	101.96	25.15	312.43	335.34	242.97	92.37	21.92
Standard Self & Family	C75	702.95	754.49	532.62	221.87	54.99	702.95	754.49	554.50	199.99	47.60
Standard Self Plus One	C76	671.70	720.95	499.11	221.84	54.78	671.70	720.95	519.62	201.33	47.91
Arizona UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))											
HDHP Self	LU1	222.88	207.84	157.96	49.88	-0.83	222.88	207.84	164.71	43.13	-3.12
HDHP Self & Family	LU2	557.19	478.03	363.30	114.73	-12.03	557.19	478.03	378.84	99.19	-16.43
HDHP Self Plus One	LU3	479.19	446.86	339.61	107.25	-1.77	479.19	446.86	354.14	92.72	-6.71
Arizona UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO											
High Self	KT1	281.85	313.47	233.38	80.09	15.97	281.85	313.47	242.97	70.50	12.02
High Self & Family	KT2	704.63	783.67	532.62	251.05	82.49	704.63	783.67	554.50	229.17	75.10
High Self Plus One	KT3	605.98	673.95	499.11	174.84	36.98	605.98	673.95	519.62	154.33	28.59
Arkansas Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Arkansas Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code		Total Premium		Govt Pays	Empl. Pays	Change in empl. payment	Total Premium		Govt Pays	Empl. Pays	Change in empl. payment	
Arkansas Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self F51		371.98	374.21	233.38	140.83	4.47	371.98	374.21	242.97	131.24	1.24	
CDHP Self & Family F52		848.15	853.25	532.62	320.63	8.55	848.15	853.25	554.50	298.75	1.16	
CDHP Self Plus One F53		839.75	844.80	499.11	345.69	10.58	839.75	844.80	519.62	325.18	3.71	
Value Self F54		269.07	326.97	233.38	93.59	32.38	269.07	326.97	242.97	84.00	28.17	
Value Self & Family F55		616.15	748.73	532.62	216.11	75.94	616.15	748.73	554.50	194.23	66.38	
Value Self Plus One F56		604.06	734.04	499.11	234.93	97.51	604.06	734.04	519.62	214.42	89.08	
Arkansas QualChoice												
High Self DH1		338.58	330.63	233.38	97.25	-5.71	338.58	330.63	242.97	87.66	-8.94	
High Self & Family DH2		883.13	862.38	532.62	329.76	-17.30	883.13	862.38	554.50	307.88	-24.69	
High Self Plus One DH3		657.71	642.26	488.12	154.14	1.07	657.71	642.26	508.99	133.27	-6.16	
Standard Self DH4		264.05	258.14	196.19	61.95	1.88	264.05	258.14	204.58	53.56	-1.23	
Standard Self & Family DH5		688.71	673.30	511.71	161.59	4.91	688.71	673.30	533.59	139.71	-3.20	
Standard Self Plus One DH6		512.92	501.44	381.09	120.35	3.66	512.92	501.44	397.39	104.05	-2.38	
Arkansas UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))												
HDHP Self LS1		202.27	193.25	146.87	46.38	0.36	202.27	193.25	153.15	40.10	-1.87	
HDHP Self & Family LS2		505.67	444.50	337.82	106.68	-8.36	505.67	444.50	352.27	92.23	-12.70	
HDHP Self Plus One LS3		434.88	415.50	315.78	99.72	0.78	434.88	415.50	329.28	86.22	-4.02	
Arkansas UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO												
High Self KK1		274.77	313.40	233.38	80.02	17.51	274.77	313.40	242.97	70.43	13.42	
High Self & Family KK2		686.91	783.52	532.62	250.90	94.63	686.91	783.52	554.50	229.02	86.49	
High Self Plus One KK3		590.74	673.82	499.11	174.71	40.32	590.74	673.82	519.62	154.20	31.62	
California Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self 224		280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01	
HDHP Self & Family 225		618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04	
HDHP Self Plus One 226		606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04	

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code		Total Premium		Govt Pays	Empl. Pays	Change in empl. payment	Total Premium m		Govt Pays	Empl. Pays	Change in empl. payment	
California Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self N61		243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85	
CDHP Self & Family N62		614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17	
CDHP Self Plus One N63		534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23	
California Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self JS1		481.36	484.17	233.38	250.79	5.05	481.36	484.17	242.97	241.20	1.82	
CDHP Self & Family JS2		1097.29	1103.70	532.62	571.08	9.86	1097.29	1103.70	554.50	549.20	2.47	
CDHP Self Plus One JS3		1086.44	1092.78	499.11	593.67	11.87	1086.44	1092.78	519.62	573.16	5.00	
Value Self JS4		352.77	371.07	233.38	137.69	20.54	352.77	371.07	242.97	128.10	17.31	
Value Self & Family JS5		805.33	847.11	532.62	314.49	45.23	805.33	847.11	554.50	292.61	37.84	
Value Self Plus One JS6		797.36	838.73	499.11	339.62	46.90	797.36	838.73	519.62	319.11	40.03	
California Aetna Open Access												
High Self 2X1		346.80	352.58	233.38	119.20	8.02	346.80	352.58	242.97	109.61	4.79	
High Self & Family 2X2		814.15	827.74	532.62	295.12	17.04	814.15	827.74	554.50	273.24	9.65	
High Self Plus One 2X3		798.19	811.51	499.11	312.40	18.85	798.19	811.51	519.62	291.89	11.98	
California Anthem Blue Cross Select HMO of CA												
High Self B31		359.25	355.52	233.38	122.14	-1.49	359.25	355.52	242.97	112.55	-4.72	
High Self & Family B32		786.75	799.93	532.62	267.31	16.63	786.75	799.93	554.50	245.43	9.24	
High Self Plus One B33		736.46	743.05	499.11	243.94	12.12	736.46	743.05	519.62	223.43	5.25	
California Blue Shield of CA Access+HMO												
High Self SI1		342.54	359.67	233.38	126.29	19.37	342.54	359.67	242.97	116.70	16.14	
High Self & Family SI2		787.86	827.26	532.62	294.64	42.85	787.86	827.26	554.50	272.76	35.46	
High Self Plus One SI3		753.60	791.28	499.11	292.17	43.21	753.60	791.28	519.62	271.66	36.34	
Standard Self SI4		New Plan	325.42	233.38	92.04	New Plan	New Plan	325.42	242.97	82.45	New Plan	
Standard Self & Family SI5		New Plan	748.47	532.62	215.85	New Plan	New Plan	748.47	554.50	193.97	New Plan	
Standard Self Plus One SI6		New Plan	715.93	499.11	216.82	New Plan	New Plan	715.93	519.62	196.31	New Plan	

Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
			Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
California Health Net of California											
High Self	LB1	638.57	628.34	233.38	394.96	-7.99	638.57	628.34	242.97	385.37	-11.22
High Self & Family	LB2	1532.56	1508.02	532.62	975.40	-21.09	1532.56	1508.02	554.50	953.52	-28.48
High Self Plus One	LB3	1404.86	1382.35	499.11	883.24	-16.98	1404.86	1382.35	519.62	862.73	-23.85
Standard Self	LB4	602.96	595.11	233.38	361.73	-5.61	602.96	595.11	242.97	352.14	-8.84
Standard Self & Family	LB5	1447.11	1428.27	532.62	895.65	-15.39	1447.11	1428.27	554.50	873.77	-22.78
Standard Self Plus One	LB6	1326.52	1309.25	499.11	810.14	-11.74	1326.52	1309.25	519.62	789.63	-18.61
California Health Net of California											
High Self	LP1	421.64	458.33	233.38	224.95	38.93	421.64	458.33	242.97	215.36	35.70
High Self & Family	LP2	1011.92	1100.00	532.62	567.38	91.53	1011.92	1100.00	554.50	545.50	84.14
High Self Plus One	LP3	927.60	1008.33	499.11	509.22	86.26	927.60	1008.33	519.62	488.71	79.39
Standard Self	LP4	404.10	436.45	233.38	203.07	34.59	404.10	436.45	242.97	193.48	31.36
Standard Self & Family	LP5	969.86	1047.48	532.62	514.86	81.07	969.86	1047.48	554.50	492.98	73.68
Standard Self Plus One	LP6	889.03	960.19	499.11	461.08	76.69	889.03	960.19	519.62	440.57	69.82
California Health Net of California											
Basic Self	P61	141.42	153.40	116.58	36.82	4.65	141.42	153.40	121.57	31.83	2.49
Basic Self & Family	P62	339.41	368.17	279.81	88.36	11.14	339.41	368.17	291.77	76.40	5.97
Basic Self Plus One	P63	311.14	337.49	256.49	81.00	10.22	311.14	337.49	267.46	70.03	5.47
California Health Net of California											
Basic Self	T41	363.31	364.75	233.38	131.37	3.68	363.31	364.75	242.97	121.78	0.45
Basic Self & Family	T42	871.95	875.40	532.62	342.78	6.90	871.95	875.40	554.50	320.90	-0.49
Basic Self Plus One	T43	799.28	802.44	499.11	303.33	8.69	799.28	802.44	519.62	282.82	1.82

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
California Kaiser Foundation Health Plan of California												
	High Self	591	424.84	458.07	233.38	224.69	35.47	424.84	458.07	242.97	215.10	32.24
	High Self & Family	592	1014.15	1093.45	532.62	560.83	82.75	1014.15	1093.45	554.50	538.95	75.36
	High Self Plus One	593	1014.15	1093.45	499.11	594.34	84.83	1014.15	1093.45	519.62	573.83	77.96
	Standard Self	594	350.45	368.11	233.38	134.73	19.90	350.45	368.11	242.97	125.14	16.67
	Standard Self & Family	595	820.06	861.36	532.62	328.74	44.75	820.06	861.36	554.50	306.86	37.36
	Standard Self Plus One	596	820.06	861.36	499.11	362.25	46.83	820.06	861.36	519.62	341.74	39.96
California Kaiser Foundation Health Plan of California												
	High Self	621	303.76	317.17	233.38	83.79	14.68	303.76	317.17	242.97	74.20	11.17
	High Self & Family	622	702.07	733.04	532.62	200.42	34.42	702.07	733.04	554.50	178.54	27.03
	High Self Plus One	623	702.07	733.04	499.11	233.93	36.50	702.07	733.04	519.62	213.42	29.63
	Standard Self	624	191.90	199.09	151.31	47.78	4.12	191.90	199.09	157.78	41.31	1.49
	Standard Self & Family	625	443.55	460.12	349.69	110.43	9.52	443.55	460.12	364.65	95.47	3.43
	Standard Self Plus One	626	443.55	460.12	349.69	110.43	9.52	443.55	460.12	364.65	95.47	3.43
California Kaiser Foundation Health Plan of California												
	Basic Self	KC1	297.87	295.76	224.78	70.98	3.21	297.87	295.76	234.39	61.37	-0.44
	Basic Self & Family	KC2	697.02	692.05	525.96	166.09	5.14	697.02	692.05	548.45	143.60	-2.86
	Basic Self Plus One	KC3	697.02	692.05	499.11	192.94	0.56	697.02	692.05	519.62	172.43	-6.31
California Kaiser Foundation Health Plan of California												
	High Self	NZ1	329.45	337.40	233.38	104.02	10.19	329.45	337.40	242.97	94.43	6.96
	High Self & Family	NZ2	761.44	779.79	532.62	247.17	21.80	761.44	779.79	554.50	225.29	14.41
	High Self Plus One	NZ3	761.44	779.79	499.11	280.68	23.88	761.44	779.79	519.62	260.17	17.01
	Standard Self	NZ4	236.14	246.77	187.55	59.22	5.50	236.14	246.77	195.57	51.20	2.20
	Standard Self & Family	NZ5	545.77	570.33	433.45	136.88	12.72	545.77	570.33	451.99	118.34	5.09
	Standard Self Plus One	NZ6	545.77	570.33	433.45	136.88	12.72	545.77	570.33	451.99	118.34	5.09

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
Colorado Aetna HealthFund HDHP and Aetna Direct Plan												
	HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
	HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
	HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Colorado Aetna HealthFund HDHP and Aetna Direct Plan												
	CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
	CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
	CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Colorado Aetna HealthFund CDHP and Aetna Value Plan												
	CDHP Self	G51	346.28	362.37	233.38	128.99	18.33	346.28	362.37	242.97	119.40	15.10
	CDHP Self & Family	G52	789.85	826.56	532.62	293.94	40.16	789.85	826.56	554.50	272.06	32.77
	CDHP Self Plus One	G53	782.04	818.39	499.11	319.28	41.88	782.04	818.39	519.62	298.77	35.01
	Value Self	G54	253.66	309.50	233.38	76.12	18.41	253.66	309.50	242.97	66.53	13.90
	Value Self & Family	G55	580.95	708.86	532.62	176.24	44.07	580.95	708.86	554.50	154.36	33.81
	Value Self Plus One	G56	569.57	694.97	499.11	195.86	66.28	569.57	694.97	519.62	175.35	57.16
Colorado BlueAdvantage HMO on the Pathway HMO Network												
	High Self	WW1	New Plan	274.48	208.60	65.88	New Plan	New Plan	274.48	217.53	56.95	New Plan
	High Self & Family	WW2	New Plan	668.36	507.95	160.41	New Plan	New Plan	668.36	529.68	138.68	New Plan
	High Self Plus One	WW3	New Plan	624.44	474.57	149.87	New Plan	New Plan	624.44	494.87	129.57	New Plan
Colorado Humana Health Plan, Inc.												
	High Self	NR1	294.06	321.33	233.38	87.95	21.05	294.06	321.33	242.97	78.36	17.34
	High Self & Family	NR2	661.63	722.98	532.62	190.36	39.84	661.63	722.98	554.50	168.48	31.19
	High Self Plus One	NR3	632.22	690.85	499.11	191.74	47.91	632.22	690.85	519.62	171.23	40.04
	Standard Self	NR4	231.21	241.06	183.21	57.85	5.25	231.21	241.06	191.04	50.02	2.04
	Standard Self & Family	NR5	520.23	542.40	412.22	130.18	11.83	520.23	542.40	429.85	112.55	4.60
	Standard Self Plus One	NR6	497.11	518.28	393.89	124.39	11.30	497.11	518.28	410.74	107.54	4.39

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
Colorado Humana Health Plan, Inc.												
High Self	NT1		288.61	289.32	219.88	69.44	3.78	288.61	289.32	229.29	60.03	0.14
High Self & Family	NT2		649.37	650.99	494.75	156.24	8.51	649.37	650.99	515.91	135.08	0.34
High Self Plus One	NT3		620.51	622.04	472.75	149.29	8.12	620.51	622.04	492.97	129.07	0.31
Standard Self	NT4		243.00	231.42	175.88	55.54	0.26	243.00	231.42	183.40	48.02	-2.40
Standard Self & Family	NT5		546.75	520.71	395.74	124.97	0.58	546.75	520.71	412.66	108.05	-5.40
Standard Self Plus One	NT6		522.44	497.58	378.16	119.42	0.56	522.44	497.58	394.33	103.25	-5.16
Colorado Humana Health Plan, Inc.												
Basic Self	R21		217.57	226.97	172.50	54.47	4.97	217.57	226.97	179.87	47.10	1.95
Basic Self & Family	R22		489.53	510.69	388.12	122.57	11.20	489.53	510.69	404.72	105.97	4.39
Basic Self Plus One	R23		467.77	487.99	370.87	117.12	10.70	467.77	487.99	386.73	101.26	4.20
Colorado Humana Health Plan, Inc.												
Basic Self	RZ1		228.65	229.36	174.31	55.05	3.03	228.65	229.36	181.77	47.59	0.15
Basic Self & Family	RZ2		514.48	516.06	392.21	123.85	6.81	514.48	516.06	408.98	107.08	0.33
Basic Self Plus One	RZ3		491.61	493.14	374.79	118.35	6.51	491.61	493.14	390.81	102.33	0.32
Colorado Kaiser Foundation Health Plan of Colorado												
High Self	651		325.03	341.05	233.38	107.67	18.26	325.03	341.05	242.97	98.08	15.03
High Self & Family	652		734.56	770.79	532.62	238.17	39.68	734.56	770.79	554.50	216.29	32.29
High Self Plus One	653		734.56	770.79	499.11	271.68	41.76	734.56	770.79	519.62	251.17	34.89
Standard Self	654		235.89	270.77	205.79	64.98	11.32	235.89	270.77	214.59	56.18	7.23
Standard Self & Family	655		533.12	611.96	465.09	146.87	25.59	533.12	611.96	484.98	126.98	16.36
Standard Self Plus One	656		533.12	611.96	465.09	146.87	25.59	533.12	611.96	484.98	126.98	16.36
Colorado Kaiser Foundation Health Plan of Colorado												
Basic Self	N41		185.30	198.39	150.78	47.61	5.45	185.30	198.39	157.22	41.17	2.72
Basic Self & Family	N42		418.78	448.35	340.75	107.60	12.33	418.78	448.35	355.32	93.03	6.13
Basic Self Plus One	N43		418.78	448.35	340.75	107.60	12.33	418.78	448.35	355.32	93.03	6.13

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium m	Govt Pays	Empl. Pays	Change in empl. payment
Colorado UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))												
HDHP Self LU1			222.88	207.84	157.96	49.88	-0.83	222.88	207.84	164.71	43.13	-3.12
HDHP Self & Family LU2			557.19	478.03	363.30	114.73	-12.03	557.19	478.03	378.84	99.19	-16.43
HDHP Self Plus One LU3			479.19	446.86	339.61	107.25	-1.77	479.19	446.86	354.14	92.72	-6.71
Colorado UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO												
High Self KT1			281.85	313.47	233.38	80.09	15.97	281.85	313.47	242.97	70.50	12.02
High Self & Family KT2			704.63	783.67	532.62	251.05	82.49	704.63	783.67	554.50	229.17	75.10
High Self Plus One KT3			605.98	673.95	499.11	174.84	36.98	605.98	673.95	519.62	154.33	28.59
Connecticut Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self 224			280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family 225			618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One 226			606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Connecticut Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self N61			243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family N62			614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One N63			534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Connecticut Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self EP1			414.74	423.14	233.38	189.76	10.64	414.74	423.14	242.97	180.17	7.41
CDHP Self & Family EP2			945.84	965.00	532.62	432.38	22.61	945.84	965.00	554.50	410.50	15.22
CDHP Self Plus One EP3			936.48	955.44	499.11	456.33	24.49	936.48	955.44	519.62	435.82	17.62
Value Self EP4			260.95	285.73	217.15	68.58	9.21	260.95	285.73	226.44	59.29	5.14
Value Self & Family EP5			597.56	654.30	497.27	157.03	21.09	597.56	654.30	518.53	135.77	11.78
Value Self Plus One EP6			585.84	641.47	487.52	153.95	20.67	585.84	641.47	508.36	133.11	11.55
Delaware Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self 224			280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family 225			618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One 226			606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code		Total Premium		Govt Pays	Empl. Pays	Change in empl. payment	Total Premium m		Govt Pays	Empl. Pays	Change in empl. payment	
Delaware Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self		N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family		N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One		N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Delaware Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self		EP1	414.74	423.14	233.38	189.76	10.64	414.74	423.14	242.97	180.17	7.41
CDHP Self & Family		EP2	945.84	965.00	532.62	432.38	22.61	945.84	965.00	554.50	410.50	15.22
CDHP Self Plus One		EP3	936.48	955.44	499.11	456.33	24.49	936.48	955.44	519.62	435.82	17.62
Value Self		EP4	260.95	285.73	217.15	68.58	9.21	260.95	285.73	226.44	59.29	5.14
Value Self & Family		EP5	597.56	654.30	497.27	157.03	21.09	597.56	654.30	518.53	135.77	11.78
Value Self Plus One		EP6	585.84	641.47	487.52	153.95	20.67	585.84	641.47	508.36	133.11	11.55
Delaware Aetna Open Access												
High Self		P31	725.73	685.48	233.38	452.10	-38.01	725.73	685.48	242.97	442.51	-41.24
High Self & Family		P32	1759.54	1661.96	532.62	1129.34	-94.13	1759.54	1661.96	554.50	1107.46	-101.52
High Self Plus One		P33	1742.11	1645.50	499.11	1146.39	-91.08	1742.11	1645.50	519.62	1125.88	-97.95
Basic Self		P34	622.19	599.29	233.38	365.91	-20.66	622.19	599.29	242.97	356.32	-23.89
Basic Self & Family		P35	1444.10	1390.96	532.62	858.34	-49.69	1444.10	1390.96	554.50	836.46	-57.08
Basic Self Plus One		P36	1429.80	1377.18	499.11	878.07	-47.09	1429.80	1377.18	519.62	857.56	-53.96
District of Columbia Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self		224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family		225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One		226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
District of Columbia Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self		N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family		N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One		N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code		Total Premium		Govt Pays	Empl. Pays	Change in empl. payment	Total Premium m		Govt Pays	Empl. Pays	Change in empl. payment	
District of Columbia Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self F51		371.98	374.21	233.38	140.83	4.47	371.98	374.21	242.97	131.24	1.24	
CDHP Self & Family F52		848.15	853.25	532.62	320.63	8.55	848.15	853.25	554.50	298.75	1.16	
CDHP Self Plus One F53		839.75	844.80	499.11	345.69	10.58	839.75	844.80	519.62	325.18	3.71	
Value Self F54		269.07	326.97	233.38	93.59	32.38	269.07	326.97	242.97	84.00	28.17	
Value Self & Family F55		616.15	748.73	532.62	216.11	75.94	616.15	748.73	554.50	194.23	66.38	
Value Self Plus One F56		604.06	734.04	499.11	234.93	97.51	604.06	734.04	519.62	214.42	89.08	
District of Columbia Aetna Open Access												
High Self JN1		509.12	516.52	233.38	283.14	9.64	509.12	516.52	242.97	273.55	6.41	
High Self & Family JN2		1144.59	1161.22	532.62	628.60	20.08	1144.59	1161.22	554.50	606.72	12.69	
High Self Plus One JN3		1133.25	1149.71	499.11	650.60	21.99	1133.25	1149.71	519.62	630.09	15.12	
Basic Self JN4		305.93	314.06	233.38	80.68	10.37	305.93	314.06	242.97	71.09	7.14	
Basic Self & Family JN5		700.13	718.73	532.62	186.11	22.05	700.13	718.73	554.50	164.23	14.66	
Basic Self Plus One JN6		642.92	660.00	499.11	160.89	14.63	642.92	660.00	519.62	140.38	6.97	
District of Columbia CareFirst BlueChoice												
Standard Self 2G4		320.13	368.16	233.38	134.78	50.27	320.13	368.16	242.97	125.19	47.04	
Standard Self & Family 2G5		760.64	874.73	532.62	342.11	117.54	760.64	874.73	554.50	320.23	110.15	
Standard Self Plus One 2G6		640.27	736.31	499.11	237.20	91.54	640.27	736.31	519.62	216.69	83.83	
District of Columbia CareFirst BlueChoice												
HDHP Self B61		281.41	239.20	181.79	57.41	-6.61	281.41	239.20	189.57	49.63	-8.76	
HDHP Self & Family B62		668.62	568.33	431.93	136.40	-15.71	668.62	568.33	450.40	117.93	-20.81	
HDHP Self Plus One B63		562.82	478.39	363.58	114.81	-13.23	562.82	478.39	379.12	99.27	-17.52	

Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)	Plan - Option - Enrollment Code	2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
			Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment
District of Columbia Kaiser Foundation Health Plan Mid-Atlantic States											
	High Self E31	304.78	319.70	233.38	86.32	16.98	304.78	319.70	242.97	76.73	13.49
	High Self & Family E32	701.00	735.30	532.62	202.68	37.75	701.00	735.30	554.50	180.80	30.36
	High Self Plus One E33	701.00	735.30	499.11	236.19	39.83	701.00	735.30	519.62	215.68	32.96
	Standard Self E34	233.06	240.81	183.02	57.79	4.77	233.06	240.81	190.84	49.97	1.61
	Standard Self & Family E35	536.07	553.84	420.92	132.92	10.96	536.07	553.84	438.92	114.92	3.69
	Standard Self Plus One E36	536.07	553.84	420.92	132.92	10.96	536.07	553.84	438.92	114.92	3.69
District of Columbia Kaiser Foundation Health Plan Mid-Atlantic States											
	Basic Self T71	212.32	193.90	147.36	46.54	-1.76	212.32	193.90	153.67	40.23	-3.83
	Basic Self & Family T72	509.77	473.61	359.94	113.67	-2.30	509.77	473.61	375.34	98.27	-7.51
	Basic Self Plus One T73	464.41	431.49	327.93	103.56	-2.09	464.41	431.49	341.96	89.53	-6.84
District of Columbia M.D. IPA											
	High Self JP1	331.28	365.01	233.38	131.63	35.97	331.28	365.01	242.97	122.04	32.74
	High Self & Family JP2	928.92	1023.48	532.62	490.86	98.01	928.92	1023.48	554.50	468.98	90.62
	High Self Plus One JP3	646.99	712.86	499.11	213.75	66.56	646.99	712.86	519.62	193.24	58.99
District of Columbia UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))											
	HDHP Self V41	261.68	228.78	173.87	54.91	-4.62	261.68	228.78	181.31	47.47	-6.83
	HDHP Self & Family V42	654.22	526.18	399.90	126.28	-22.56	654.22	526.18	417.00	109.18	-26.57
	HDHP Self Plus One V43	562.62	491.87	373.82	118.05	-9.95	562.62	491.87	389.81	102.06	-14.68
District of Columbia UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO											
	High Self LR1	280.61	308.28	233.38	74.90	11.06	280.61	308.28	242.97	65.31	7.08
	High Self & Family LR2	701.54	730.61	532.62	197.99	32.52	701.54	730.61	554.50	176.11	25.13
	High Self Plus One LR3	603.32	662.79	499.11	163.68	26.42	603.32	662.79	519.62	143.17	17.98
District of Columbia UnitedHealthcare Insurance Company, Inc. (Choice Plus Advanced)											
	Value Self L91	213.84	201.72	153.31	48.41	-0.24	213.84	201.72	159.86	41.86	-2.51
	Value Self & Family L92	599.62	565.61	429.86	135.75	-0.66	599.62	565.61	448.25	117.36	-7.06
	Value Self Plus One L93	417.64	393.95	299.40	94.55	-0.46	417.64	393.95	312.21	81.74	-4.92

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Florida Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self 224			280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family 225			618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One 226			606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Florida Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self N61			243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family N62			614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One N63			534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Florida Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self F51			371.98	374.21	233.38	140.83	4.47	371.98	374.21	242.97	131.24	1.24
CDHP Self & Family F52			848.15	853.25	532.62	320.63	8.55	848.15	853.25	554.50	298.75	1.16
CDHP Self Plus One F53			839.75	844.80	499.11	345.69	10.58	839.75	844.80	519.62	325.18	3.71
Value Self F54			269.07	326.97	233.38	93.59	32.38	269.07	326.97	242.97	84.00	28.17
Value Self & Family F55			616.15	748.73	532.62	216.11	75.94	616.15	748.73	554.50	194.23	66.38
Value Self Plus One F56			604.06	734.04	499.11	234.93	97.51	604.06	734.04	519.62	214.42	89.08
Florida AvMed												
Standard Self ML4			316.02	327.33	233.38	93.95	13.55	316.02	327.33	242.97	84.36	10.32
Standard Self & Family ML5			818.60	847.87	532.62	315.25	32.72	818.60	847.87	554.50	293.37	25.33
Standard Self Plus One ML6			632.06	654.66	497.54	157.12	13.33	632.06	654.66	518.82	135.84	4.69
Florida AvMed												
HDHP Self WZ1			New Plan	375.37	233.38	141.99	New Plan	New Plan	375.37	242.97	132.40	New Plan
HDHP Self & Family WZ2			New Plan	924.61	532.62	391.99	New Plan	New Plan	924.61	554.50	370.11	New Plan
HDHP Self Plus One WZ3			New Plan	720.74	499.11	221.63	New Plan	New Plan	720.74	519.62	201.12	New Plan
Florida Capital Health Plan												
High Self EA1			306.94	318.65	233.38	85.27	13.95	306.94	318.65	242.97	75.68	10.72
High Self & Family EA2			828.78	796.65	532.62	264.03	-28.68	828.78	796.65	554.50	242.15	-36.07
High Self Plus One EA3			613.91	685.11	499.11	186.00	46.34	613.91	685.11	519.62	165.49	38.10

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
Florida Humana CoverageFirst and Humana Value Plan												
	CDHP Self	MJ1	370.85	394.20	233.38	160.82	25.59	370.85	394.20	242.97	151.23	22.36
	CDHP Self & Family	MJ2	834.42	886.96	532.62	354.34	55.99	834.42	886.96	554.50	332.46	48.60
	CDHP Self Plus One	MJ3	797.34	847.55	499.11	348.44	55.74	797.34	847.55	519.62	327.93	48.87
	Value Self	MJ4	227.64	232.84	176.96	55.88	4.09	227.64	232.84	184.53	48.31	1.07
	Value Self & Family	MJ5	512.18	523.89	398.16	125.73	9.21	512.18	523.89	415.18	108.71	2.43
	Value Self Plus One	MJ6	489.41	500.60	380.46	120.14	8.80	489.41	500.60	396.73	103.87	2.32
Florida Humana CoverageFirst and Humana Value Plan												
	CDHP Self	QP1	314.82	315.70	233.38	82.32	3.12	314.82	315.70	242.97	72.73	-0.11
	CDHP Self & Family	QP2	709.28	711.27	532.62	178.65	5.44	709.28	711.27	554.50	156.77	-1.95
	CDHP Self Plus One	QP3	677.76	679.65	499.11	180.54	7.42	677.76	679.65	519.62	160.03	0.55
	Value Self	QP4	225.49	226.13	171.86	54.27	2.97	225.49	226.13	179.21	46.92	0.13
	Value Self & Family	QP5	507.35	508.78	386.67	122.11	6.69	507.35	508.78	403.21	105.57	0.29
	Value Self Plus One	QP6	484.81	486.17	369.49	116.68	6.39	484.81	486.17	385.29	100.88	0.28
Florida Humana CoverageFirst and Humana Value Plan												
	CDHP Self	W91	New Plan	264.73	201.19	63.54	New Plan	New Plan	264.73	209.80	54.93	New Plan
	CDHP Self & Family	W92	New Plan	595.65	452.69	142.96	New Plan	New Plan	595.65	472.05	123.60	New Plan
	CDHP Self Plus One	W93	New Plan	569.17	432.57	136.60	New Plan	New Plan	569.17	451.07	118.10	New Plan
	Value Self	W94	New Plan	223.95	170.20	53.75	New Plan	New Plan	223.95	177.48	46.47	New Plan
	Value Self & Family	W95	New Plan	503.90	382.96	120.94	New Plan	New Plan	503.90	399.34	104.56	New Plan
	Value Self Plus One	W96	New Plan	481.50	365.94	115.56	New Plan	New Plan	481.50	381.59	99.91	New Plan

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code		Total Premium		Govt Pays	Empl. Pays	Change in empl. payment	Total Premium m		Govt Pays	Empl. Pays	Change in empl. payment	
Florida Humana CoverageFirst and Humana Value Plan												
CDHP Self	X21	New Plan	256.58	195.00	61.58	New Plan	New Plan	256.58	203.34	53.24	New Plan	
CDHP Self & Family	X22	New Plan	577.30	438.75	138.55	New Plan	New Plan	577.30	457.51	119.79	New Plan	
CDHP Self Plus One	X23	New Plan	551.65	419.25	132.40	New Plan	New Plan	551.65	437.18	114.47	New Plan	
Value Self	X24	New Plan	217.06	164.97	52.09	New Plan	New Plan	217.06	172.02	45.04	New Plan	
Value Self & Family	X25	New Plan	488.38	371.17	117.21	New Plan	New Plan	488.38	387.04	101.34	New Plan	
Value Self Plus One	X26	New Plan	466.68	354.68	112.00	New Plan	New Plan	466.68	369.84	96.84	New Plan	
Florida Humana Medical Plan, Inc.												
High Self	E21		405.19	454.97	233.38	221.59	52.02	405.19	454.97	242.97	212.00	48.79
High Self & Family	E22		911.68	1023.66	532.62	491.04	115.43	911.68	1023.66	554.50	469.16	108.04
High Self Plus One	E23		871.18	978.16	499.11	479.05	112.51	871.18	978.16	519.62	458.54	105.64
Standard Self	E24		267.47	292.45	222.26	70.19	9.34	267.47	292.45	231.77	60.68	5.18
Standard Self & Family	E25		601.81	658.00	500.08	157.92	21.01	601.81	658.00	521.47	136.53	11.65
Standard Self Plus One	E26		575.06	628.75	477.85	150.90	20.07	575.06	628.75	498.28	130.47	11.15
Florida Humana Medical Plan, Inc.												
High Self	EE1		404.63	421.87	233.38	188.49	19.48	404.63	421.87	242.97	178.90	16.25
High Self & Family	EE2		910.43	949.21	532.62	416.59	42.23	910.43	949.21	554.50	394.71	34.84
High Self Plus One	EE3		869.96	907.04	499.11	407.93	42.61	869.96	907.04	519.62	387.42	35.74
Standard Self	EE4		351.45	377.22	233.38	143.84	28.01	351.45	377.22	242.97	134.25	24.78
Standard Self & Family	EE5		790.75	848.73	532.62	316.11	61.43	790.75	848.73	554.50	294.23	54.04
Standard Self Plus One	EE6		755.61	811.01	499.11	311.90	60.93	755.61	811.01	519.62	291.39	54.06

Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
			Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
Florida Humana Medical Plan, Inc.											
High Self	EX1	317.37	343.62	233.38	110.24	28.49	317.37	343.62	242.97	100.65	25.26
High Self & Family	EX2	714.06	773.12	532.62	240.50	62.51	714.06	773.12	554.50	218.62	55.12
High Self Plus One	EX3	682.32	738.75	499.11	239.64	61.96	682.32	738.75	519.62	219.13	55.09
Standard Self	EX4	278.52	301.74	229.32	72.42	9.06	278.52	301.74	239.13	62.61	4.82
Standard Self & Family	EX5	626.68	678.91	515.97	162.94	20.37	626.68	678.91	538.04	140.87	10.83
Standard Self Plus One	EX6	598.83	648.74	493.04	155.70	19.47	598.83	648.74	514.13	134.61	10.35
Florida Humana Medical Plan, Inc.											
High Self	LL1	628.47	743.45	233.38	510.07	117.22	628.47	743.45	242.97	500.48	113.99
High Self & Family	LL2	1414.06	1672.76	532.62	1140.14	262.15	1414.06	1672.76	554.50	1118.26	254.76
High Self Plus One	LL3	1351.21	1598.42	499.11	1099.31	252.74	1351.21	1598.42	519.62	1078.80	245.87
Standard Self	LL4	365.93	400.11	233.38	166.73	36.42	365.93	400.11	242.97	157.14	33.19
Standard Self & Family	LL5	823.34	900.22	532.62	367.60	80.33	823.34	900.22	554.50	345.72	72.94
Standard Self Plus One	LL6	786.75	860.22	499.11	361.11	79.00	786.75	860.22	519.62	340.60	72.13
Florida UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))											
HDHP Self	LS1	202.27	193.25	146.87	46.38	0.36	202.27	193.25	153.15	40.10	-1.87
HDHP Self & Family	LS2	505.67	444.50	337.82	106.68	-8.36	505.67	444.50	352.27	92.23	-12.70
HDHP Self Plus One	LS3	434.88	415.50	315.78	99.72	0.78	434.88	415.50	329.28	86.22	-4.02
Florida UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO											
High Self	KK1	274.77	313.40	233.38	80.02	17.51	274.77	313.40	242.97	70.43	13.42
High Self & Family	KK2	686.91	783.52	532.62	250.90	94.63	686.91	783.52	554.50	229.02	86.49
High Self Plus One	KK3	590.74	673.82	499.11	174.71	40.32	590.74	673.82	519.62	154.20	31.62
Florida UnitedHealthcare Insurance Company, Inc. (Choice Plus Advanced)											
Value Self	LV1	290.79	305.55	232.22	73.33	7.18	290.79	305.55	242.15	63.40	3.06
Value Self & Family	LV2	815.41	916.66	532.62	384.04	104.70	815.41	916.66	554.50	362.16	97.31
Value Self Plus One	LV3	567.93	656.94	499.11	157.83	28.63	567.93	656.94	519.62	137.32	19.47

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)	Plan - Option - Enrollment Code	2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2				
			Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment	
Georgia Aetna HealthFund HDHP and Aetna Direct Plan												
	HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
	HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
	HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Georgia Aetna HealthFund HDHP and Aetna Direct Plan												
	CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
	CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
	CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Georgia Aetna HealthFund CDHP and Aetna Value Plan												
	CDHP Self	F51	371.98	374.21	233.38	140.83	4.47	371.98	374.21	242.97	131.24	1.24
	CDHP Self & Family	F52	848.15	853.25	532.62	320.63	8.55	848.15	853.25	554.50	298.75	1.16
	CDHP Self Plus One	F53	839.75	844.80	499.11	345.69	10.58	839.75	844.80	519.62	325.18	3.71
	Value Self	F54	269.07	326.97	233.38	93.59	32.38	269.07	326.97	242.97	84.00	28.17
	Value Self & Family	F55	616.15	748.73	532.62	216.11	75.94	616.15	748.73	554.50	194.23	66.38
	Value Self Plus One	F56	604.06	734.04	499.11	234.93	97.51	604.06	734.04	519.62	214.42	89.08
Georgia Aetna Open Access												
	High Self	2U1	559.12	731.21	233.38	497.83	174.33	559.12	731.21	242.97	488.24	171.10
	High Self & Family	2U2	1287.92	1684.32	532.62	1151.70	399.85	1287.92	1684.32	554.50	1129.82	392.46
	High Self Plus One	2U3	1275.16	1667.64	499.11	1168.53	398.01	1275.16	1667.64	519.62	1148.02	391.14
Georgia Blue Open Access POS												
	High Self	QM1	264.23	274.80	208.85	65.95	5.84	264.23	274.80	217.78	57.02	2.19
	High Self & Family	QM2	706.82	728.02	532.62	195.40	24.65	706.82	728.02	554.50	173.52	17.26
	High Self Plus One	QM3	587.91	608.49	462.45	146.04	12.29	587.91	608.49	482.23	126.26	4.27

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
Georgia Humana CoverageFirst and Humana Value Plan												
	CDHP Self	AD1	330.81	368.23	233.38	134.85	39.66	330.81	368.23	242.97	125.26	36.43
	CDHP Self & Family	AD2	744.33	828.52	532.62	295.90	87.64	744.33	828.52	554.50	274.02	80.25
	CDHP Self Plus One	AD3	711.26	791.70	499.11	292.59	85.97	711.26	791.70	519.62	272.08	79.10
	Value Self	AD4	252.56	303.93	230.99	72.94	15.48	252.56	303.93	240.86	63.07	10.66
	Value Self & Family	AD5	568.26	683.82	519.70	164.12	34.84	568.26	683.82	541.93	141.89	23.98
	Value Self Plus One	AD6	543.00	653.43	496.61	156.82	33.29	543.00	653.43	517.84	135.59	22.92
Georgia Humana CoverageFirst and Humana Value Plan												
	CDHP Self	LM1	276.91	291.56	221.59	69.97	6.97	276.91	291.56	231.06	60.50	3.04
	CDHP Self & Family	LM2	623.04	656.04	498.59	157.45	15.71	623.04	656.04	519.91	136.13	6.85
	CDHP Self Plus One	LM3	595.36	626.88	476.43	150.45	15.01	595.36	626.88	496.80	130.08	6.54
	Value Self	LM4	219.06	237.24	180.30	56.94	7.10	219.06	237.24	188.01	49.23	3.78
	Value Self & Family	LM5	492.88	533.80	405.69	128.11	15.98	492.88	533.80	423.04	110.76	8.49
	Value Self Plus One	LM6	470.97	510.08	387.66	122.42	15.27	470.97	510.08	404.24	105.84	8.11
Georgia Humana CoverageFirst and Humana Value Plan												
	CDHP Self	S91	292.20	301.81	229.38	72.43	5.95	292.20	301.81	239.18	62.63	2.00
	CDHP Self & Family	S92	657.45	679.07	516.09	162.98	13.41	657.45	679.07	538.16	140.91	4.49
	CDHP Self Plus One	S93	628.22	648.89	493.16	155.73	12.81	628.22	648.89	514.25	134.64	4.28
	Value Self	S94	232.65	240.30	182.63	57.67	4.74	232.65	240.30	190.44	49.86	1.59
	Value Self & Family	S95	523.46	540.68	410.92	129.76	10.67	523.46	540.68	428.49	112.19	3.57
	Value Self Plus One	S96	500.20	516.65	392.65	124.00	10.20	500.20	516.65	409.45	107.20	3.41

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
Georgia Humana Employers Health Plan of Georgia, Inc												
High Self	CB1		417.87	457.09	233.38	223.71	41.46	417.87	457.09	242.97	214.12	38.23
High Self & Family	CB2		940.22	1028.50	532.62	495.88	91.73	940.22	1028.50	554.50	474.00	84.34
High Self Plus One	CB3		898.44	982.77	499.11	483.66	89.86	898.44	982.77	519.62	463.15	82.99
Standard Self	CB4		385.14	450.88	233.38	217.50	67.98	385.14	450.88	242.97	207.91	64.75
Standard Self & Family	CB5		866.57	1014.49	532.62	481.87	151.37	866.57	1014.49	554.50	459.99	143.98
Standard Self Plus One	CB6		828.06	969.40	499.11	470.29	146.87	828.06	969.40	519.62	449.78	140.00
Georgia Humana Employers Health Plan of Georgia, Inc												
High Self	DG1		557.43	592.35	233.38	358.97	37.16	557.43	592.35	242.97	349.38	33.93
High Self & Family	DG2		1254.21	1332.79	532.62	800.17	82.03	1254.21	1332.79	554.50	778.29	74.64
High Self Plus One	DG3		1198.48	1273.57	499.11	774.46	80.62	1198.48	1273.57	519.62	753.95	73.75
Standard Self	DG4		385.02	432.88	233.38	199.50	50.10	385.02	432.88	242.97	189.91	46.87
Standard Self & Family	DG5		866.27	973.98	532.62	441.36	111.16	866.27	973.98	554.50	419.48	103.77
Standard Self Plus One	DG6		827.77	930.69	499.11	431.58	108.45	827.77	930.69	519.62	411.07	101.58
Georgia Humana Employers Health Plan of Georgia, Inc												
High Self	DN1		329.16	339.88	233.38	106.50	12.96	329.16	339.88	242.97	96.91	9.73
High Self & Family	DN2		740.60	764.74	532.62	232.12	27.59	740.60	764.74	554.50	210.24	20.20
High Self Plus One	DN3		707.69	730.76	499.11	231.65	28.60	707.69	730.76	519.62	211.14	21.73
Standard Self	DN4		315.14	316.12	233.38	82.74	3.22	315.14	316.12	242.97	73.15	-0.01
Standard Self & Family	DN5		709.07	711.26	532.62	178.64	5.64	709.07	711.26	554.50	156.76	-1.75
Standard Self Plus One	DN6		677.55	679.65	499.11	180.54	7.63	677.55	679.65	519.62	160.03	0.76
Georgia Humana Employers Health Plan of Georgia, Inc												
Basic Self	Q71		271.76	286.23	217.53	68.70	6.87	271.76	286.23	226.84	59.39	3.00
Basic Self & Family	Q72		611.47	644.02	489.46	154.56	15.45	611.47	644.02	510.39	133.63	6.75
Basic Self Plus One	Q73		584.29	615.39	467.70	147.69	14.76	584.29	615.39	487.70	127.69	6.45

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium m	Govt Pays	Empl. Pays	Change in empl. payment
Georgia Humana Employers Health Plan of Georgia, Inc												
Basic Self RJ1			252.05	260.42	197.92	62.50	5.16	252.05	260.42	206.38	54.04	1.74
Basic Self & Family RJ2			567.12	585.95	445.32	140.63	11.61	567.12	585.95	464.37	121.58	3.90
Basic Self Plus One RJ3			541.91	559.90	425.52	134.38	11.10	541.91	559.90	443.72	116.18	3.73
Georgia Humana Employers Health Plan of Georgia, Inc												
Basic Self RM1			263.24	274.61	208.70	65.91	6.02	263.24	274.61	217.63	56.98	2.36
Basic Self & Family RM2			592.30	617.88	469.59	148.29	13.54	592.30	617.88	489.67	128.21	5.31
Basic Self Plus One RM3			565.98	590.42	448.72	141.70	12.94	565.98	590.42	467.91	122.51	5.07
Georgia Kaiser Foundation Health Plan of Georgia												
High Self F81			314.82	321.27	233.38	87.89	8.69	314.82	321.27	242.97	78.30	5.46
High Self & Family F82			711.51	726.07	532.62	193.45	18.01	711.51	726.07	554.50	171.57	10.62
High Self Plus One F83			711.51	726.07	499.11	226.96	20.09	711.51	726.07	519.62	206.45	13.22
Standard Self F84			236.76	242.86	184.57	58.29	4.43	236.76	242.86	192.47	50.39	1.26
Standard Self & Family F85			535.07	548.87	417.14	131.73	10.00	535.07	548.87	434.98	113.89	2.86
Standard Self Plus One F86			535.07	548.87	417.14	131.73	10.00	535.07	548.87	434.98	113.89	2.86
Georgia UnitedHealthcare Insurance Company, Inc. (Choice Plus Advanced)												
Value Self LV1			290.79	305.55	232.22	73.33	7.18	290.79	305.55	242.15	63.40	3.06
Value Self & Family LV2			815.41	916.66	532.62	384.04	104.70	815.41	916.66	554.50	362.16	97.31
Value Self Plus One LV3			567.93	656.94	499.11	157.83	28.63	567.93	656.94	519.62	137.32	19.47
Guam Calvo's Selectcare												
High Self B41			216.33	239.12	181.73	57.39	8.17	216.33	239.12	189.50	49.62	4.73
High Self & Family B42			578.39	633.33	481.33	152.00	20.42	578.39	633.33	501.91	131.42	11.40
High Self Plus One B43			422.16	466.63	354.64	111.99	15.95	422.16	466.63	369.80	96.83	9.23
Standard Self B44			190.03	186.23	141.53	44.70	1.47	190.03	186.23	147.59	38.64	-0.79
Standard Self & Family B45			508.07	541.09	411.23	129.86	14.27	508.07	541.09	428.81	112.28	6.86
Standard Self Plus One B46			370.83	367.12	279.01	88.11	3.75	370.83	367.12	290.94	76.18	-0.77

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium m	Govt Pays	Empl. Pays	Change in empl. payment
Guam TakeCare												
High Self JK1			269.83	217.78	165.51	52.27	-9.12	269.83	217.78	172.59	45.19	-10.80
High Self & Family JK2			643.61	519.47	394.80	124.67	-21.75	643.61	519.47	411.68	107.79	-25.76
High Self Plus One JK3			533.09	430.26	327.00	103.26	-18.02	533.09	430.26	340.98	89.28	-21.34
Standard Self JK4			187.00	179.91	136.73	43.18	0.64	187.00	179.91	142.58	37.33	-1.47
Standard Self & Family JK5			529.57	509.48	387.20	122.28	1.80	529.57	509.48	403.76	105.72	-4.17
Standard Self Plus One JK6			368.56	354.57	269.47	85.10	1.25	368.56	354.57	281.00	73.57	-2.91
Guam TakeCare												
HDHP Self KX1			59.04	47.87	36.38	11.49	-1.94	59.04	47.87	37.94	9.93	-2.32
HDHP Self & Family KX2			158.29	128.33	97.53	30.80	-5.21	158.29	128.33	101.70	26.63	-6.22
HDHP Self Plus One KX3			142.50	115.59	87.85	27.74	-4.68	142.50	115.59	91.61	23.98	-5.59
Hawaii Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self 224			280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family 225			618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One 226			606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Hawaii Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self N61			243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family N62			614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One N63			534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Hawaii Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self JS1			481.36	484.17	233.38	250.79	5.05	481.36	484.17	242.97	241.20	1.82
CDHP Self & Family JS2			1097.29	1103.70	532.62	571.08	9.86	1097.29	1103.70	554.50	549.20	2.47
CDHP Self Plus One JS3			1086.44	1092.78	499.11	593.67	11.87	1086.44	1092.78	519.62	573.16	5.00
Value Self JS4			352.77	371.07	233.38	137.69	20.54	352.77	371.07	242.97	128.10	17.31
Value Self & Family JS5			805.33	847.11	532.62	314.49	45.23	805.33	847.11	554.50	292.61	37.84
Value Self Plus One JS6			797.36	838.73	499.11	339.62	46.90	797.36	838.73	519.62	319.11	40.03

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code		Total Premium		Govt Pays	Empl. Pays	Change in empl. payment	Total Premium m		Govt Pays	Empl. Pays	Change in empl. payment	
Hawaii HMSA												
High Self		871	280.13	280.13	212.90	67.23	3.50	280.13	280.13	222.00	58.13	0.00
High Self & Family		872	629.74	629.74	478.60	151.14	7.87	629.74	629.74	499.07	130.67	0.00
High Self Plus One		873	613.79	613.79	466.48	147.31	7.67	613.79	613.79	486.43	127.36	0.00
Hawaii Kaiser Foundation Health Plan of Hawaii												
High Self		631	303.96	303.96	231.01	72.95	3.80	303.96	303.96	240.89	63.07	0.00
High Self & Family		632	677.83	677.83	515.15	162.68	8.47	677.83	677.83	537.18	140.65	0.00
High Self Plus One		633	677.83	677.83	499.11	178.72	5.53	677.83	677.83	519.62	158.21	-1.34
Standard Self		634	205.24	205.24	155.98	49.26	2.57	205.24	205.24	162.65	42.59	0.00
Standard Self & Family		635	457.68	457.68	347.84	109.84	5.72	457.68	457.68	362.71	94.97	0.00
Standard Self Plus One		636	457.68	457.68	347.84	109.84	5.72	457.68	457.68	362.71	94.97	0.00
Idaho Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self		224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family		225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One		226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Idaho Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self		N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family		N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One		N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Idaho Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self		H41	379.77	382.55	233.38	149.17	5.02	379.77	382.55	242.97	139.58	1.79
CDHP Self & Family		H42	865.68	872.02	532.62	339.40	9.79	865.68	872.02	554.50	317.52	2.40
CDHP Self Plus One		H43	857.11	863.39	499.11	364.28	11.81	857.11	863.39	519.62	343.77	4.94
Value Self		H44	265.72	284.55	216.26	68.29	7.84	265.72	284.55	225.51	59.04	3.90
Value Self & Family		H45	609.86	653.07	496.33	156.74	18.00	609.86	653.07	517.56	135.51	8.96
Value Self Plus One		H46	597.90	640.27	486.61	153.66	17.64	597.90	640.27	507.41	132.86	8.80

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)	Plan - Option - Enrollment Code	2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2				
			Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment	
Idaho Altius Health Plans												
	High Self	9K1	391.42	431.65	233.38	198.27	42.47	391.42	431.65	242.97	188.68	39.24
	High Self & Family	9K2	865.60	954.58	532.62	421.96	92.43	865.60	954.58	554.50	400.08	85.04
	High Self Plus One	9K3	857.03	945.13	499.11	446.02	93.63	857.03	945.13	519.62	425.51	86.76
	HDHP Self	9K4	194.17	233.96	177.81	56.15	11.98	194.17	233.96	185.41	48.55	8.26
	HDHP Self & Family	9K5	405.80	488.96	371.61	117.35	25.03	405.80	488.96	387.50	101.46	17.26
	HDHP Self Plus One	9K6	397.84	479.37	364.32	115.05	24.54	397.84	479.37	379.90	99.47	16.92
Idaho Altius Health Plans												
	Standard Self	DK4	273.97	328.82	233.38	95.44	33.11	273.97	328.82	242.97	85.85	29.00
	Standard Self & Family	DK5	604.99	726.14	532.62	193.52	55.88	604.99	726.14	554.50	171.64	46.10
	Standard Self Plus One	DK6	599.00	718.94	499.11	219.83	83.56	599.00	718.94	519.62	199.32	75.03
Idaho Kaiser Foundation Health Plan of Washington												
	High Self	541	381.04	376.34	233.38	142.96	-2.46	381.04	376.34	242.97	133.37	-5.69
	High Self & Family	542	838.30	827.96	532.62	295.34	-6.89	838.30	827.96	554.50	273.46	-14.28
	High Self Plus One	543	838.30	827.96	499.11	328.85	-4.81	838.30	827.96	519.62	308.34	-11.68
	Standard Self	544	281.07	270.08	205.26	64.82	0.88	281.07	270.08	214.04	56.04	-2.28
	Standard Self & Family	545	646.46	621.19	472.10	149.09	2.02	646.46	621.19	492.29	128.90	-5.24
	Standard Self Plus One	546	646.46	621.19	472.10	149.09	2.02	646.46	621.19	492.29	128.90	-5.24
Illinois Aetna HealthFund HDHP and Aetna Direct Plan												
	HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
	HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
	HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Illinois Aetna HealthFund HDHP and Aetna Direct Plan												
	CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
	CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
	CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)	Plan - Option - Enrollment Code	2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2				
			Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment	
Illinois Aetna HealthFund CDHP and Aetna Value Plan												
	CDHP Self	H41	379.77	382.55	233.38	149.17	5.02	379.77	382.55	242.97	139.58	1.79
	CDHP Self & Family	H42	865.68	872.02	532.62	339.40	9.79	865.68	872.02	554.50	317.52	2.40
	CDHP Self Plus One	H43	857.11	863.39	499.11	364.28	11.81	857.11	863.39	519.62	343.77	4.94
	Value Self	H44	265.72	284.55	216.26	68.29	7.84	265.72	284.55	225.51	59.04	3.90
	Value Self & Family	H45	609.86	653.07	496.33	156.74	18.00	609.86	653.07	517.56	135.51	8.96
	Value Self Plus One	H46	597.90	640.27	486.61	153.66	17.64	597.90	640.27	507.41	132.86	8.80
Illinois Blue Preferred												
	High Self	9G1	338.73	361.09	233.38	127.71	24.60	338.73	361.09	242.97	118.12	21.37
	High Self & Family	9G2	733.35	775.88	532.62	243.26	45.98	733.35	775.88	554.50	221.38	38.59
	High Self Plus One	9G3	694.40	734.68	499.11	235.57	45.81	694.40	734.68	519.62	215.06	38.94
	Standard Self	9G4	245.59	257.87	195.98	61.89	6.02	245.59	257.87	204.36	53.51	2.55
	Standard Self & Family	9G5	706.05	732.88	532.62	200.26	30.28	706.05	732.88	554.50	178.38	22.89
	Standard Self Plus One	9G6	638.52	662.78	499.11	163.67	18.41	638.52	662.78	519.62	143.16	10.67
Illinois Health Alliance HMO												
	Standard Self	K84	289.29	296.51	225.35	71.16	5.35	289.29	296.51	234.98	61.53	1.50
	Standard Self & Family	K85	885.51	800.59	532.62	267.97	-81.47	885.51	800.59	554.50	246.09	-88.86
	Standard Self Plus One	K86	670.12	686.88	499.11	187.77	22.29	670.12	686.88	519.62	167.26	15.42
Illinois Humana CoverageFirst and Humana Value Plan												
	CDHP Self	GB1	403.00	432.42	233.38	199.04	31.66	403.00	432.42	242.97	189.45	28.43
	CDHP Self & Family	GB2	906.74	972.94	532.62	440.32	69.65	906.74	972.94	554.50	418.44	62.26
	CDHP Self Plus One	GB3	866.44	929.71	499.11	430.60	68.80	866.44	929.71	519.62	410.09	61.93
	Value Self	GB4	238.39	284.48	216.20	68.28	14.05	238.39	284.48	225.45	59.03	9.56
	Value Self & Family	GB5	536.37	640.07	486.45	153.62	31.60	536.37	640.07	507.26	132.81	21.51
	Value Self Plus One	GB6	512.55	611.62	464.83	146.79	30.18	512.55	611.62	484.71	126.91	20.56

Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
			Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
Illinois Humana CoverageFirst and Humana Value Plan											
CDHP Self	MW1	328.71	349.41	233.38	116.03	22.94	328.71	349.41	242.97	106.44	19.71
CDHP Self & Family	MW2	739.62	786.19	532.62	253.57	50.02	739.62	786.19	554.50	231.69	42.63
CDHP Self Plus One	MW3	706.74	751.23	499.11	252.12	50.02	706.74	751.23	519.62	231.61	43.15
Value Self	MW4	257.07	280.99	213.55	67.44	8.96	257.07	280.99	222.68	58.31	4.97
Value Self & Family	MW5	578.39	632.21	480.48	151.73	20.15	578.39	632.21	501.03	131.18	11.16
Value Self Plus One	MW6	552.69	604.12	459.13	144.99	19.25	552.69	604.12	478.77	125.35	10.67
Illinois Humana Health Plan, Inc.											
High Self	751	582.31	559.41	233.38	326.03	-20.66	582.31	559.41	242.97	316.44	-23.89
High Self & Family	752	1310.18	1258.68	532.62	726.06	-48.05	1310.18	1258.68	554.50	704.18	-55.44
High Self Plus One	753	1251.95	1202.73	499.11	703.62	-43.69	1251.95	1202.73	519.62	683.11	-50.56
Standard Self	754	406.84	394.92	233.38	161.54	-9.68	406.84	394.92	242.97	151.95	-12.91
Standard Self & Family	755	915.39	888.57	532.62	355.95	-23.37	915.39	888.57	554.50	334.07	-30.76
Standard Self Plus One	756	874.69	849.08	499.11	349.97	-20.08	874.69	849.08	519.62	329.46	-26.95
Illinois Humana Health Plan, Inc.											
High Self	9F1	724.79	784.74	233.38	551.36	62.19	724.79	784.74	242.97	541.77	58.96
High Self & Family	9F2	1630.79	1765.66	532.62	1233.04	138.32	1630.79	1765.66	554.50	1211.16	130.93
High Self Plus One	9F3	1558.30	1687.18	499.11	1188.07	134.41	1558.30	1687.18	519.62	1167.56	127.54
Illinois Humana Health Plan, Inc.											
Basic Self	AB1	269.57	283.92	215.78	68.14	6.81	269.57	283.92	225.01	58.91	2.97
Basic Self & Family	AB2	606.53	638.84	485.52	153.32	15.33	606.53	638.84	506.28	132.56	6.71
Basic Self Plus One	AB3	579.57	610.45	463.94	146.51	14.66	579.57	610.45	483.78	126.67	6.41
Standard Self	AB4	471.05	505.28	233.38	271.90	36.47	471.05	505.28	242.97	262.31	33.24
Standard Self & Family	AB5	1059.87	1136.90	532.62	604.28	80.48	1059.87	1136.90	554.50	582.40	73.09
Standard Self Plus One	AB6	1012.76	1086.36	499.11	587.25	79.13	1012.76	1086.36	519.62	566.74	72.26

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code		Total Premium		Govt Pays	Empl. Pays	Change in empl. payment	Total Premium		Govt Pays	Empl. Pays	Change in empl. payment	
Illinois Humana Health Plan, Inc.												
Basic Self		RW1	273.24	287.79	218.72	69.07	6.91	273.24	287.79	228.07	59.72	3.02
Basic Self & Family		RW2	614.79	647.52	492.12	155.40	15.54	614.79	647.52	513.16	134.36	6.79
Basic Self Plus One		RW3	587.46	618.75	470.25	148.50	14.85	587.46	618.75	490.36	128.39	6.49
Illinois MercyCare Health Plans												
High Self		EY1	353.76	352.64	233.38	119.26	1.12	353.76	352.64	242.97	109.67	-2.11
High Self & Family		EY2	923.20	920.31	532.62	387.69	0.56	923.20	920.31	554.50	365.81	-6.83
High Self Plus One		EY3	760.59	758.22	499.11	259.11	3.16	760.59	758.22	519.62	238.60	-3.71
Illinois Union Health Service												
High Self		761	309.74	314.65	233.38	81.27	7.15	309.74	314.65	242.97	71.68	3.92
High Self & Family		762	775.83	790.02	532.62	257.40	17.64	775.83	790.02	554.50	235.52	10.25
High Self Plus One		763	680.38	697.49	499.11	198.38	22.64	680.38	697.49	519.62	177.87	15.77
Illinois UnitedHealthcare Insurance Company, Inc. (Choice Plus Advanced)												
Value Self		L91	213.84	201.72	153.31	48.41	-0.24	213.84	201.72	159.86	41.86	-2.51
Value Self & Family		L92	599.62	565.61	429.86	135.75	-0.66	599.62	565.61	448.25	117.36	-7.06
Value Self Plus One		L93	417.64	393.95	299.40	94.55	-0.46	417.64	393.95	312.21	81.74	-4.92
Indiana Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self		224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family		225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One		226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Indiana Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self		N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family		N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One		N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium m	Govt Pays	Empl. Pays	Change in empl. payment
Indiana Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self		JS1	481.36	484.17	233.38	250.79	5.05	481.36	484.17	242.97	241.20	1.82
CDHP Self & Family		JS2	1097.29	1103.70	532.62	571.08	9.86	1097.29	1103.70	554.50	549.20	2.47
CDHP Self Plus One		JS3	1086.44	1092.78	499.11	593.67	11.87	1086.44	1092.78	519.62	573.16	5.00
Value Self		JS4	352.77	371.07	233.38	137.69	20.54	352.77	371.07	242.97	128.10	17.31
Value Self & Family		JS5	805.33	847.11	532.62	314.49	45.23	805.33	847.11	554.50	292.61	37.84
Value Self Plus One		JS6	797.36	838.73	499.11	339.62	46.90	797.36	838.73	519.62	319.11	40.03
Indiana Health Alliance HMO												
Standard Self		K84	289.29	296.51	225.35	71.16	5.35	289.29	296.51	234.98	61.53	1.50
Standard Self & Family		K85	885.51	800.59	532.62	267.97	-81.47	885.51	800.59	554.50	246.09	-88.86
Standard Self Plus One		K86	670.12	686.88	499.11	187.77	22.29	670.12	686.88	519.62	167.26	15.42
Indiana Humana CoverageFirst and Humana Value Plan												
CDHP Self		MW1	328.71	349.41	233.38	116.03	22.94	328.71	349.41	242.97	106.44	19.71
CDHP Self & Family		MW2	739.62	786.19	532.62	253.57	50.02	739.62	786.19	554.50	231.69	42.63
CDHP Self Plus One		MW3	706.74	751.23	499.11	252.12	50.02	706.74	751.23	519.62	231.61	43.15
Value Self		MW4	257.07	280.99	213.55	67.44	8.96	257.07	280.99	222.68	58.31	4.97
Value Self & Family		MW5	578.39	632.21	480.48	151.73	20.15	578.39	632.21	501.03	131.18	11.16
Value Self Plus One		MW6	552.69	604.12	459.13	144.99	19.25	552.69	604.12	478.77	125.35	10.67
Indiana Humana CoverageFirst and Humana Value Plan												
CDHP Self		TC1	277.99	287.13	218.22	68.91	5.67	277.99	287.13	227.55	59.58	1.90
CDHP Self & Family		TC2	625.49	646.04	490.99	155.05	12.75	625.49	646.04	511.99	134.05	4.26
CDHP Self Plus One		TC3	597.69	617.33	469.17	148.16	12.19	597.69	617.33	489.23	128.10	4.08

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code		Total Premium		Govt Pays	Empl. Pays	Change in empl. payment	Total Premium m		Govt Pays	Empl. Pays	Change in empl. payment	
Indiana Humana CoverageFirst and Humana Value Plan												
CDHP Self	X31	New Plan	315.99	233.38	82.61	New Plan	New Plan	315.99	242.97	73.02	New Plan	
CDHP Self & Family	X32	New Plan	710.99	532.62	178.37	New Plan	New Plan	710.99	554.50	156.49	New Plan	
CDHP Self Plus One	X33	New Plan	679.39	499.11	180.28	New Plan	New Plan	679.39	519.62	159.77	New Plan	
Value Self	X34	New Plan	263.20	200.03	63.17	New Plan	New Plan	263.20	208.59	54.61	New Plan	
Value Self & Family	X35	New Plan	592.21	450.08	142.13	New Plan	New Plan	592.21	469.33	122.88	New Plan	
Value Self Plus One	X36	New Plan	565.88	430.07	135.81	New Plan	New Plan	565.88	448.46	117.42	New Plan	
Indiana Humana Health Plan of Ohio, Inc.												
High Self	A61		482.03	541.22	233.38	307.84	61.43	482.03	541.22	242.97	298.25	58.20
High Self & Family	A62		1084.57	1217.76	532.62	685.14	136.64	1084.57	1217.76	554.50	663.26	129.25
High Self Plus One	A63		1036.37	1163.64	499.11	664.53	132.80	1036.37	1163.64	519.62	644.02	125.93
Standard Self	A64		385.79	429.36	233.38	195.98	45.81	385.79	429.36	242.97	186.39	42.58
Standard Self & Family	A65		868.03	966.08	532.62	433.46	101.50	868.03	966.08	554.50	411.58	94.11
Standard Self Plus One	A66		829.45	923.15	499.11	424.04	99.23	829.45	923.15	519.62	403.53	92.36
Indiana Humana Health Plan, Inc.												
High Self	751		582.31	559.41	233.38	326.03	-20.66	582.31	559.41	242.97	316.44	-23.89
High Self & Family	752		1310.18	1258.68	532.62	726.06	-48.05	1310.18	1258.68	554.50	704.18	-55.44
High Self Plus One	753		1251.95	1202.73	499.11	703.62	-43.69	1251.95	1202.73	519.62	683.11	-50.56
Standard Self	754		406.84	394.92	233.38	161.54	-9.68	406.84	394.92	242.97	151.95	-12.91
Standard Self & Family	755		915.39	888.57	532.62	355.95	-23.37	915.39	888.57	554.50	334.07	-30.76
Standard Self Plus One	756		874.69	849.08	499.11	349.97	-20.08	874.69	849.08	519.62	329.46	-26.95

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium m	Govt Pays	Empl. Pays	Change in empl. payment
Indiana Humana Health Plan, Inc.												
High Self MH1			369.98	407.99	233.38	174.61	40.25	369.98	407.99	242.97	165.02	37.02
High Self & Family MH2			832.45	917.98	532.62	385.36	88.98	832.45	917.98	554.50	363.48	81.59
High Self Plus One MH3			795.44	877.18	499.11	378.07	87.27	795.44	877.18	519.62	357.56	80.40
Standard Self MH4			310.64	333.41	233.38	100.03	25.01	310.64	333.41	242.97	90.44	21.78
Standard Self & Family MH5			698.93	750.17	532.62	217.55	54.69	698.93	750.17	554.50	195.67	47.30
Standard Self Plus One MH6			667.87	716.83	499.11	217.72	54.49	667.87	716.83	519.62	197.21	47.62
Iowa Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self 224			280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family 225			618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One 226			606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Iowa Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self N61			243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family N62			614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One N63			534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Iowa Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self H41			379.77	382.55	233.38	149.17	5.02	379.77	382.55	242.97	139.58	1.79
CDHP Self & Family H42			865.68	872.02	532.62	339.40	9.79	865.68	872.02	554.50	317.52	2.40
CDHP Self Plus One H43			857.11	863.39	499.11	364.28	11.81	857.11	863.39	519.62	343.77	4.94
Value Self H44			265.72	284.55	216.26	68.29	7.84	265.72	284.55	225.51	59.04	3.90
Value Self & Family H45			609.86	653.07	496.33	156.74	18.00	609.86	653.07	517.56	135.51	8.96
Value Self Plus One H46			597.90	640.27	486.61	153.66	17.64	597.90	640.27	507.41	132.86	8.80
Iowa Health Alliance HMO												
Standard Self K84			289.29	296.51	225.35	71.16	5.35	289.29	296.51	234.98	61.53	1.50
Standard Self & Family K85			885.51	800.59	532.62	267.97	-81.47	885.51	800.59	554.50	246.09	-88.86
Standard Self Plus One K86			670.12	686.88	499.11	187.77	22.29	670.12	686.88	519.62	167.26	15.42

Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code			Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Iowa HealthPartners											
High Self	V31	356.92	364.76	233.38	131.38	10.08	356.92	364.76	242.97	121.79	6.85
High Self & Family	V32	869.46	888.56	532.62	355.94	22.55	869.46	888.56	554.50	334.06	15.16
High Self Plus One	V33	788.79	806.11	499.11	307.00	22.85	788.79	806.11	519.62	286.49	15.98
Standard Self	V34	211.15	197.58	150.16	47.42	-0.62	211.15	197.58	156.58	41.00	-2.81
Standard Self & Family	V35	514.37	481.30	365.79	115.51	-1.51	514.37	481.30	381.43	99.87	-6.86
Standard Self Plus One	V36	466.65	436.65	331.85	104.80	-1.36	466.65	436.65	346.05	90.60	-6.23
Iowa UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))											
HDHP Self	N71	231.60	245.61	186.66	58.95	6.26	231.60	245.61	194.65	50.96	2.90
HDHP Self & Family	N72	579.00	564.89	429.32	135.57	3.85	579.00	564.89	447.68	117.21	-2.93
HDHP Self Plus One	N73	497.94	528.05	401.32	126.73	13.45	497.94	528.05	418.48	109.57	6.25
Iowa UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO											
High Self	LJ1	281.86	310.13	233.38	76.75	12.63	281.86	310.13	242.97	67.16	8.67
High Self & Family	LJ2	704.66	775.32	532.62	242.70	74.11	704.66	775.32	554.50	220.82	66.72
High Self Plus One	LJ3	606.01	666.78	499.11	167.67	29.80	606.01	666.78	519.62	147.16	21.41
Kansas Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Kansas Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Kansas Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self G51			346.28	362.37	233.38	128.99	18.33	346.28	362.37	242.97	119.40	15.10
CDHP Self & Family G52			789.85	826.56	532.62	293.94	40.16	789.85	826.56	554.50	272.06	32.77
CDHP Self Plus One G53			782.04	818.39	499.11	319.28	41.88	782.04	818.39	519.62	298.77	35.01
Value Self G54			253.66	309.50	233.38	76.12	18.41	253.66	309.50	242.97	66.53	13.90
Value Self & Family G55			580.95	708.86	532.62	176.24	44.07	580.95	708.86	554.50	154.36	33.81
Value Self Plus One G56			569.57	694.97	499.11	195.86	66.28	569.57	694.97	519.62	175.35	57.16
Kansas Aetna Open Access												
High Self HA1			336.16	406.62	233.38	173.24	72.70	336.16	406.62	242.97	163.65	69.47
High Self & Family HA2			794.06	960.51	532.62	427.89	169.90	794.06	960.51	554.50	406.01	162.51
High Self Plus One HA3			786.22	951.02	499.11	451.91	170.33	786.22	951.02	519.62	431.40	163.46
Standard Self HA4			282.10	326.70	233.38	93.32	29.14	282.10	326.70	242.97	83.73	25.19
Standard Self & Family HA5			665.86	771.13	532.62	238.51	87.03	665.86	771.13	554.50	216.63	78.46
Standard Self Plus One HA6			659.27	763.50	499.11	264.39	109.76	659.27	763.50	519.62	243.88	102.89
Kansas Humana CoverageFirst and Humana Value Plan												
CDHP Self PH1			265.95	277.36	210.79	66.57	6.07	265.95	277.36	219.81	57.55	2.37
CDHP Self & Family PH2			598.38	624.06	474.29	149.77	13.64	598.38	624.06	494.57	129.49	5.33
CDHP Self Plus One PH3			571.79	596.33	453.21	143.12	13.04	571.79	596.33	472.59	123.74	5.09
Value Self PH4			193.28	197.70	150.25	47.45	3.48	193.28	197.70	156.68	41.02	0.91
Value Self & Family PH5			434.90	444.84	338.08	106.76	7.82	434.90	444.84	352.54	92.30	2.06
Value Self Plus One PH6			415.56	425.06	323.05	102.01	7.47	415.56	425.06	336.86	88.20	1.97

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
Kansas Humana Health Plan, Inc.												
	High Self	MS1	748.42	750.29	233.38	516.91	4.11	748.42	750.29	242.97	507.32	0.88
	High Self & Family	MS2	1683.94	1688.15	532.62	1155.53	7.66	1683.94	1688.15	554.50	1133.65	0.27
	High Self Plus One	MS3	1609.10	1613.12	499.11	1114.01	9.55	1609.10	1613.12	519.62	1093.50	2.68
	Standard Self	MS4	402.19	439.74	233.38	206.36	39.79	402.19	439.74	242.97	196.77	36.56
	Standard Self & Family	MS5	904.94	989.44	532.62	456.82	87.95	904.94	989.44	554.50	434.94	80.56
	Standard Self Plus One	MS6	864.72	945.46	499.11	446.35	86.27	864.72	945.46	519.62	425.84	79.40
Kentucky Aetna HealthFund HDHP and Aetna Direct Plan												
	HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
	HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
	HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Kentucky Aetna HealthFund HDHP and Aetna Direct Plan												
	CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
	CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
	CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Kentucky Aetna HealthFund CDHP and Aetna Value Plan												
	CDHP Self	H41	379.77	382.55	233.38	149.17	5.02	379.77	382.55	242.97	139.58	1.79
	CDHP Self & Family	H42	865.68	872.02	532.62	339.40	9.79	865.68	872.02	554.50	317.52	2.40
	CDHP Self Plus One	H43	857.11	863.39	499.11	364.28	11.81	857.11	863.39	519.62	343.77	4.94
	Value Self	H44	265.72	284.55	216.26	68.29	7.84	265.72	284.55	225.51	59.04	3.90
	Value Self & Family	H45	609.86	653.07	496.33	156.74	18.00	609.86	653.07	517.56	135.51	8.96
	Value Self Plus One	H46	597.90	640.27	486.61	153.66	17.64	597.90	640.27	507.41	132.86	8.80
Kentucky Humana CoverageFirst and Humana Value Plan												
	CDHP Self	6N1	270.03	292.45	222.26	70.19	8.76	270.03	292.45	231.77	60.68	4.65
	CDHP Self & Family	6N2	607.56	658.01	500.09	157.92	19.70	607.56	658.01	521.47	136.54	10.47
	CDHP Self Plus One	6N3	580.56	628.76	477.86	150.90	18.82	580.56	628.76	498.29	130.47	10.00

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
Kentucky Humana CoverageFirst and Humana Value Plan												
	CDHP Self	TC1	277.99	287.13	218.22	68.91	5.67	277.99	287.13	227.55	59.58	1.90
	CDHP Self & Family	TC2	625.49	646.04	490.99	155.05	12.75	625.49	646.04	511.99	134.05	4.26
	CDHP Self Plus One	TC3	597.69	617.33	469.17	148.16	12.19	597.69	617.33	489.23	128.10	4.08
Kentucky Humana CoverageFirst and Humana Value Plan												
	CDHP Self	X31	New Plan	315.99	233.38	82.61	New Plan	New Plan	315.99	242.97	73.02	New Plan
	CDHP Self & Family	X32	New Plan	710.99	532.62	178.37	New Plan	New Plan	710.99	554.50	156.49	New Plan
	CDHP Self Plus One	X33	New Plan	679.39	499.11	180.28	New Plan	New Plan	679.39	519.62	159.77	New Plan
	Value Self	X34	New Plan	263.20	200.03	63.17	New Plan	New Plan	263.20	208.59	54.61	New Plan
	Value Self & Family	X35	New Plan	592.21	450.08	142.13	New Plan	New Plan	592.21	469.33	122.88	New Plan
	Value Self Plus One	X36	New Plan	565.88	430.07	135.81	New Plan	New Plan	565.88	448.46	117.42	New Plan
Kentucky Humana Health Plan of Ohio, Inc.												
	High Self	A61	482.03	541.22	233.38	307.84	61.43	482.03	541.22	242.97	298.25	58.20
	High Self & Family	A62	1084.57	1217.76	532.62	685.14	136.64	1084.57	1217.76	554.50	663.26	129.25
	High Self Plus One	A63	1036.37	1163.64	499.11	664.53	132.80	1036.37	1163.64	519.62	644.02	125.93
	Standard Self	A64	385.79	429.36	233.38	195.98	45.81	385.79	429.36	242.97	186.39	42.58
	Standard Self & Family	A65	868.03	966.08	532.62	433.46	101.50	868.03	966.08	554.50	411.58	94.11
	Standard Self Plus One	A66	829.45	923.15	499.11	424.04	99.23	829.45	923.15	519.62	403.53	92.36
Kentucky Humana Health Plan of Ohio, Inc.												
	Basic Self	W61	New Plan	270.36	205.47	64.89	New Plan	New Plan	270.36	214.26	56.10	New Plan
	Basic Self & Family	W62	New Plan	608.31	462.32	145.99	New Plan	New Plan	608.31	482.09	126.22	New Plan
	Basic Self Plus One	W63	New Plan	581.27	441.77	139.50	New Plan	New Plan	581.27	460.66	120.61	New Plan

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
Kentucky Humana Health Plan, Inc.												
	High Self	MH1	369.98	407.99	233.38	174.61	40.25	369.98	407.99	242.97	165.02	37.02
	High Self & Family	MH2	832.45	917.98	532.62	385.36	88.98	832.45	917.98	554.50	363.48	81.59
	High Self Plus One	MH3	795.44	877.18	499.11	378.07	87.27	795.44	877.18	519.62	357.56	80.40
	Standard Self	MH4	310.64	333.41	233.38	100.03	25.01	310.64	333.41	242.97	90.44	21.78
	Standard Self & Family	MH5	698.93	750.17	532.62	217.55	54.69	698.93	750.17	554.50	195.67	47.30
	Standard Self Plus One	MH6	667.87	716.83	499.11	217.72	54.49	667.87	716.83	519.62	197.21	47.62
Kentucky Humana Health Plan, Inc.												
	High Self	MI1	461.68	518.37	233.38	284.99	58.93	461.68	518.37	242.97	275.40	55.70
	High Self & Family	MI2	1038.76	1166.32	532.62	633.70	131.01	1038.76	1166.32	554.50	611.82	123.62
	High Self Plus One	MI3	992.60	1114.48	499.11	615.37	127.41	992.60	1114.48	519.62	594.86	120.54
	Standard Self	MI4	352.42	374.73	233.38	141.35	24.55	352.42	374.73	242.97	131.76	21.32
	Standard Self & Family	MI5	792.96	843.14	532.62	310.52	53.63	792.96	843.14	554.50	288.64	46.24
	Standard Self Plus One	MI6	757.71	805.67	499.11	306.56	53.49	757.71	805.67	519.62	286.05	46.62
Kentucky UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))												
	HDHP Self	N71	231.60	245.61	186.66	58.95	6.26	231.60	245.61	194.65	50.96	2.90
	HDHP Self & Family	N72	579.00	564.89	429.32	135.57	3.85	579.00	564.89	447.68	117.21	-2.93
	HDHP Self Plus One	N73	497.94	528.05	401.32	126.73	13.45	497.94	528.05	418.48	109.57	6.25
Kentucky UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO												
	High Self	LJ1	281.86	310.13	233.38	76.75	12.63	281.86	310.13	242.97	67.16	8.67
	High Self & Family	LJ2	704.66	775.32	532.62	242.70	74.11	704.66	775.32	554.50	220.82	66.72
	High Self Plus One	LJ3	606.01	666.78	499.11	167.67	29.80	606.01	666.78	519.62	147.16	21.41
Louisiana Aetna HealthFund HDHP and Aetna Direct Plan												
	HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
	HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
	HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
Louisiana Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self	N61		243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family	N62		614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One	N63		534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Louisiana Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self	F51		371.98	374.21	233.38	140.83	4.47	371.98	374.21	242.97	131.24	1.24
CDHP Self & Family	F52		848.15	853.25	532.62	320.63	8.55	848.15	853.25	554.50	298.75	1.16
CDHP Self Plus One	F53		839.75	844.80	499.11	345.69	10.58	839.75	844.80	519.62	325.18	3.71
Value Self	F54		269.07	326.97	233.38	93.59	32.38	269.07	326.97	242.97	84.00	28.17
Value Self & Family	F55		616.15	748.73	532.62	216.11	75.94	616.15	748.73	554.50	194.23	66.38
Value Self Plus One	F56		604.06	734.04	499.11	234.93	97.51	604.06	734.04	519.62	214.42	89.08
Louisiana Humana Health Benefit Plan of Louisiana, Inc.												
High Self	AE1		364.95	398.79	233.38	165.41	36.08	364.95	398.79	242.97	155.82	32.85
High Self & Family	AE2		821.12	897.26	532.62	364.64	79.59	821.12	897.26	554.50	342.76	72.20
High Self Plus One	AE3		784.63	857.39	499.11	358.28	78.29	784.63	857.39	519.62	337.77	71.42
Standard Self	AE4		315.65	338.79	233.38	105.41	25.38	315.65	338.79	242.97	95.82	22.15
Standard Self & Family	AE5		710.22	762.29	532.62	229.67	55.52	710.22	762.29	554.50	207.79	48.13
Standard Self Plus One	AE6		678.65	728.41	499.11	229.30	55.29	678.65	728.41	519.62	208.79	48.42
Louisiana Humana Health Benefit Plan of Louisiana, Inc.												
High Self	BC1		320.18	346.66	233.38	113.28	28.72	320.18	346.66	242.97	103.69	25.49
High Self & Family	BC2		720.43	780.01	532.62	247.39	63.03	720.43	780.01	554.50	225.51	55.64
High Self Plus One	BC3		688.41	745.34	499.11	246.23	62.46	688.41	745.34	519.62	225.72	55.59
Standard Self	BC4		263.93	275.34	209.26	66.08	6.04	263.93	275.34	218.21	57.13	2.36
Standard Self & Family	BC5		593.85	619.52	470.84	148.68	13.58	593.85	619.52	490.97	128.55	5.33
Standard Self Plus One	BC6		567.46	591.98	449.90	142.08	12.98	567.46	591.98	469.14	122.84	5.09

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
Louisiana UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))												
HDHP Self	LS1		202.27	193.25	146.87	46.38	0.36	202.27	193.25	153.15	40.10	-1.87
HDHP Self & Family	LS2		505.67	444.50	337.82	106.68	-8.36	505.67	444.50	352.27	92.23	-12.70
HDHP Self Plus One	LS3		434.88	415.50	315.78	99.72	0.78	434.88	415.50	329.28	86.22	-4.02
Louisiana UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO												
High Self	KK1		274.77	313.40	233.38	80.02	17.51	274.77	313.40	242.97	70.43	13.42
High Self & Family	KK2		686.91	783.52	532.62	250.90	94.63	686.91	783.52	554.50	229.02	86.49
High Self Plus One	KK3		590.74	673.82	499.11	174.71	40.32	590.74	673.82	519.62	154.20	31.62
Maine Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self	224		280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family	225		618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One	226		606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Maine Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self	N61		243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family	N62		614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One	N63		534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Maine Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self	EP1		414.74	423.14	233.38	189.76	10.64	414.74	423.14	242.97	180.17	7.41
CDHP Self & Family	EP2		945.84	965.00	532.62	432.38	22.61	945.84	965.00	554.50	410.50	15.22
CDHP Self Plus One	EP3		936.48	955.44	499.11	456.33	24.49	936.48	955.44	519.62	435.82	17.62
Value Self	EP4		260.95	285.73	217.15	68.58	9.21	260.95	285.73	226.44	59.29	5.14
Value Self & Family	EP5		597.56	654.30	497.27	157.03	21.09	597.56	654.30	518.53	135.77	11.78
Value Self Plus One	EP6		585.84	641.47	487.52	153.95	20.67	585.84	641.47	508.36	133.11	11.55
Maryland Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self	224		280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family	225		618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One	226		606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code		Total Premium		Govt Pays	Empl. Pays	Change in empl. payment	Total Premium m		Govt Pays	Empl. Pays	Change in empl. payment	
Maryland Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self		N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family		N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One		N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Maryland Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self		F51	371.98	374.21	233.38	140.83	4.47	371.98	374.21	242.97	131.24	1.24
CDHP Self & Family		F52	848.15	853.25	532.62	320.63	8.55	848.15	853.25	554.50	298.75	1.16
CDHP Self Plus One		F53	839.75	844.80	499.11	345.69	10.58	839.75	844.80	519.62	325.18	3.71
Value Self		F54	269.07	326.97	233.38	93.59	32.38	269.07	326.97	242.97	84.00	28.17
Value Self & Family		F55	616.15	748.73	532.62	216.11	75.94	616.15	748.73	554.50	194.23	66.38
Value Self Plus One		F56	604.06	734.04	499.11	234.93	97.51	604.06	734.04	519.62	214.42	89.08
Maryland Aetna Open Access												
High Self		JN1	509.12	516.52	233.38	283.14	9.64	509.12	516.52	242.97	273.55	6.41
High Self & Family		JN2	1144.59	1161.22	532.62	628.60	20.08	1144.59	1161.22	554.50	606.72	12.69
High Self Plus One		JN3	1133.25	1149.71	499.11	650.60	21.99	1133.25	1149.71	519.62	630.09	15.12
Basic Self		JN4	305.93	314.06	233.38	80.68	10.37	305.93	314.06	242.97	71.09	7.14
Basic Self & Family		JN5	700.13	718.73	532.62	186.11	22.05	700.13	718.73	554.50	164.23	14.66
Basic Self Plus One		JN6	642.92	660.00	499.11	160.89	14.63	642.92	660.00	519.62	140.38	6.97
Maryland CareFirst BlueChoice												
Standard Self		2G4	320.13	368.16	233.38	134.78	50.27	320.13	368.16	242.97	125.19	47.04
Standard Self & Family		2G5	760.64	874.73	532.62	342.11	117.54	760.64	874.73	554.50	320.23	110.15
Standard Self Plus One		2G6	640.27	736.31	499.11	237.20	91.54	640.27	736.31	519.62	216.69	83.83
Maryland CareFirst BlueChoice												
HDHP Self		B61	281.41	239.20	181.79	57.41	-6.61	281.41	239.20	189.57	49.63	-8.76
HDHP Self & Family		B62	668.62	568.33	431.93	136.40	-15.71	668.62	568.33	450.40	117.93	-20.81
HDHP Self Plus One		B63	562.82	478.39	363.58	114.81	-13.23	562.82	478.39	379.12	99.27	-17.52

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
Maryland Kaiser Foundation Health Plan Mid-Atlantic States												
	High Self	E31	304.78	319.70	233.38	86.32	16.98	304.78	319.70	242.97	76.73	13.49
	High Self & Family	E32	701.00	735.30	532.62	202.68	37.75	701.00	735.30	554.50	180.80	30.36
	High Self Plus One	E33	701.00	735.30	499.11	236.19	39.83	701.00	735.30	519.62	215.68	32.96
	Standard Self	E34	233.06	240.81	183.02	57.79	4.77	233.06	240.81	190.84	49.97	1.61
	Standard Self & Family	E35	536.07	553.84	420.92	132.92	10.96	536.07	553.84	438.92	114.92	3.69
	Standard Self Plus One	E36	536.07	553.84	420.92	132.92	10.96	536.07	553.84	438.92	114.92	3.69
Maryland Kaiser Foundation Health Plan Mid-Atlantic States												
	Basic Self	T71	212.32	193.90	147.36	46.54	-1.76	212.32	193.90	153.67	40.23	-3.83
	Basic Self & Family	T72	509.77	473.61	359.94	113.67	-2.30	509.77	473.61	375.34	98.27	-7.51
	Basic Self Plus One	T73	464.41	431.49	327.93	103.56	-2.09	464.41	431.49	341.96	89.53	-6.84
Maryland M.D. IPA												
	High Self	JP1	331.28	365.01	233.38	131.63	35.97	331.28	365.01	242.97	122.04	32.74
	High Self & Family	JP2	928.92	1023.48	532.62	490.86	98.01	928.92	1023.48	554.50	468.98	90.62
	High Self Plus One	JP3	646.99	712.86	499.11	213.75	66.56	646.99	712.86	519.62	193.24	58.99
Maryland UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))												
	HDHP Self	V41	261.68	228.78	173.87	54.91	-4.62	261.68	228.78	181.31	47.47	-6.83
	HDHP Self & Family	V42	654.22	526.18	399.90	126.28	-22.56	654.22	526.18	417.00	109.18	-26.57
	HDHP Self Plus One	V43	562.62	491.87	373.82	118.05	-9.95	562.62	491.87	389.81	102.06	-14.68
Maryland UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO												
	High Self	LR1	280.61	308.28	233.38	74.90	11.06	280.61	308.28	242.97	65.31	7.08
	High Self & Family	LR2	701.54	730.61	532.62	197.99	32.52	701.54	730.61	554.50	176.11	25.13
	High Self Plus One	LR3	603.32	662.79	499.11	163.68	26.42	603.32	662.79	519.62	143.17	17.98
Maryland UnitedHealthcare Insurance Company, Inc. (Choice Plus Advanced)												
	Value Self	L91	213.84	201.72	153.31	48.41	-0.24	213.84	201.72	159.86	41.86	-2.51
	Value Self & Family	L92	599.62	565.61	429.86	135.75	-0.66	599.62	565.61	448.25	117.36	-7.06
	Value Self Plus One	L93	417.64	393.95	299.40	94.55	-0.46	417.64	393.95	312.21	81.74	-4.92

Postal Premium Rates for the Federal Employees Health Benefits Program													
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2				
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment	
Massachusetts Aetna HealthFund HDHP and Aetna Direct Plan													
HDHP Self			224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family			225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One			226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Massachusetts Aetna HealthFund HDHP and Aetna Direct Plan													
CDHP Self			N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family			N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One			N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Massachusetts Aetna HealthFund CDHP and Aetna Value Plan													
CDHP Self			EP1	414.74	423.14	233.38	189.76	10.64	414.74	423.14	242.97	180.17	7.41
CDHP Self & Family			EP2	945.84	965.00	532.62	432.38	22.61	945.84	965.00	554.50	410.50	15.22
CDHP Self Plus One			EP3	936.48	955.44	499.11	456.33	24.49	936.48	955.44	519.62	435.82	17.62
Value Self			EP4	260.95	285.73	217.15	68.58	9.21	260.95	285.73	226.44	59.29	5.14
Value Self & Family			EP5	597.56	654.30	497.27	157.03	21.09	597.56	654.30	518.53	135.77	11.78
Value Self Plus One			EP6	585.84	641.47	487.52	153.95	20.67	585.84	641.47	508.36	133.11	11.55
Michigan Aetna HealthFund HDHP and Aetna Direct Plan													
HDHP Self			224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family			225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One			226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Michigan Aetna HealthFund HDHP and Aetna Direct Plan													
CDHP Self			N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family			N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One			N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
Michigan Aetna HealthFund CDHP and Aetna Value Plan												
	CDHP Self	G51	346.28	362.37	233.38	128.99	18.33	346.28	362.37	242.97	119.40	15.10
	CDHP Self & Family	G52	789.85	826.56	532.62	293.94	40.16	789.85	826.56	554.50	272.06	32.77
	CDHP Self Plus One	G53	782.04	818.39	499.11	319.28	41.88	782.04	818.39	519.62	298.77	35.01
	Value Self	G54	253.66	309.50	233.38	76.12	18.41	253.66	309.50	242.97	66.53	13.90
	Value Self & Family	G55	580.95	708.86	532.62	176.24	44.07	580.95	708.86	554.50	154.36	33.81
	Value Self Plus One	G56	569.57	694.97	499.11	195.86	66.28	569.57	694.97	519.62	175.35	57.16
Michigan Bluecare Network of MI												
	High Self	K51	428.22	435.44	233.38	202.06	9.46	428.22	435.44	242.97	192.47	6.23
	High Self & Family	K52	1044.84	1062.44	532.62	529.82	21.05	1044.84	1062.44	554.50	507.94	13.66
	High Self Plus One	K53	984.91	1001.49	499.11	502.38	22.11	984.91	1001.49	519.62	481.87	15.24
Michigan Bluecare Network of MI												
	High Self	LX1	308.30	339.10	233.38	105.72	33.04	308.30	339.10	242.97	96.13	29.81
	High Self & Family	LX2	752.23	827.37	532.62	294.75	78.59	752.23	827.37	554.50	272.87	71.20
	High Self Plus One	LX3	709.09	779.91	499.11	280.80	76.35	709.09	779.91	519.62	260.29	69.48
Michigan Health Alliance Plan												
	High Self	521	326.87	352.54	233.38	119.16	27.91	326.87	352.54	242.97	109.57	24.68
	High Self & Family	522	797.56	860.18	532.62	327.56	66.07	797.56	860.18	554.50	305.68	58.68
	High Self Plus One	523	751.80	810.84	499.11	311.73	64.57	751.80	810.84	519.62	291.22	57.70
Michigan Health Alliance Plan												
	Standard Self	GY4	260.27	276.16	209.88	66.28	7.07	260.27	276.16	218.86	57.30	3.29
	Standard Self & Family	GY5	635.06	673.85	512.13	161.72	17.24	635.06	673.85	534.03	139.82	8.05
	Standard Self Plus One	GY6	598.62	635.18	482.74	152.44	16.25	598.62	635.18	503.38	131.80	7.59

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
Michigan Priority Health												
High Self	LE1		375.60	420.97	233.38	187.59	47.61	375.60	420.97	242.97	178.00	44.38
High Self & Family	LE2		882.65	989.28	532.62	456.66	110.08	882.65	989.28	554.50	434.78	102.69
High Self Plus One	LE3		826.31	926.14	499.11	427.03	105.36	826.31	926.14	519.62	406.52	98.49
Standard Self	LE4		273.84	232.82	176.94	55.88	-6.42	273.84	232.82	184.51	48.31	-8.51
Standard Self & Family	LE5		643.53	547.13	415.82	131.31	-15.09	643.53	547.13	433.60	113.53	-20.00
Standard Self Plus One	LE6		602.45	512.21	389.28	122.93	-14.13	602.45	512.21	405.93	106.28	-18.73
Minnesota Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self	224		280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family	225		618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One	226		606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Minnesota Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self	N61		243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family	N62		614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One	N63		534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Minnesota Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self	H41		379.77	382.55	233.38	149.17	5.02	379.77	382.55	242.97	139.58	1.79
CDHP Self & Family	H42		865.68	872.02	532.62	339.40	9.79	865.68	872.02	554.50	317.52	2.40
CDHP Self Plus One	H43		857.11	863.39	499.11	364.28	11.81	857.11	863.39	519.62	343.77	4.94
Value Self	H44		265.72	284.55	216.26	68.29	7.84	265.72	284.55	225.51	59.04	3.90
Value Self & Family	H45		609.86	653.07	496.33	156.74	18.00	609.86	653.07	517.56	135.51	8.96
Value Self Plus One	H46		597.90	640.27	486.61	153.66	17.64	597.90	640.27	507.41	132.86	8.80

Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
			Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
Minnesota HealthPartners											
High Self	V31	356.92	364.76	233.38	131.38	10.08	356.92	364.76	242.97	121.79	6.85
High Self & Family	V32	869.46	888.56	532.62	355.94	22.55	869.46	888.56	554.50	334.06	15.16
High Self Plus One	V33	788.79	806.11	499.11	307.00	22.85	788.79	806.11	519.62	286.49	15.98
Standard Self	V34	211.15	197.58	150.16	47.42	-0.62	211.15	197.58	156.58	41.00	-2.81
Standard Self & Family	V35	514.37	481.30	365.79	115.51	-1.51	514.37	481.30	381.43	99.87	-6.86
Standard Self Plus One	V36	466.65	436.65	331.85	104.80	-1.36	466.65	436.65	346.05	90.60	-6.23
Mississippi Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Mississippi Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Mississippi Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	H41	379.77	382.55	233.38	149.17	5.02	379.77	382.55	242.97	139.58	1.79
CDHP Self & Family	H42	865.68	872.02	532.62	339.40	9.79	865.68	872.02	554.50	317.52	2.40
CDHP Self Plus One	H43	857.11	863.39	499.11	364.28	11.81	857.11	863.39	519.62	343.77	4.94
Value Self	H44	265.72	284.55	216.26	68.29	7.84	265.72	284.55	225.51	59.04	3.90
Value Self & Family	H45	609.86	653.07	496.33	156.74	18.00	609.86	653.07	517.56	135.51	8.96
Value Self Plus One	H46	597.90	640.27	486.61	153.66	17.64	597.90	640.27	507.41	132.86	8.80
Mississippi UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))											
HDHP Self	LS1	202.27	193.25	146.87	46.38	0.36	202.27	193.25	153.15	40.10	-1.87
HDHP Self & Family	LS2	505.67	444.50	337.82	106.68	-8.36	505.67	444.50	352.27	92.23	-12.70
HDHP Self Plus One	LS3	434.88	415.50	315.78	99.72	0.78	434.88	415.50	329.28	86.22	-4.02

Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)			2019 Biweekly Postal Premium Rates Category 1				2019 Biweekly Postal Premium Rates Category 2				
Plan - Option - Enrollment Code		2018 Total Biweekly Premium	Total Premium	Govt Pays	Empl. Pays	Change in empl. payment	2018 Total Biweekly Premium	Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Mississippi UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO											
High Self	KK1	274.77	313.40	233.38	80.02	17.51	274.77	313.40	242.97	70.43	13.42
High Self & Family	KK2	686.91	783.52	532.62	250.90	94.63	686.91	783.52	554.50	229.02	86.49
High Self Plus One	KK3	590.74	673.82	499.11	174.71	40.32	590.74	673.82	519.62	154.20	31.62
Missouri Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Missouri Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Missouri Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	G51	346.28	362.37	233.38	128.99	18.33	346.28	362.37	242.97	119.40	15.10
CDHP Self & Family	G52	789.85	826.56	532.62	293.94	40.16	789.85	826.56	554.50	272.06	32.77
CDHP Self Plus One	G53	782.04	818.39	499.11	319.28	41.88	782.04	818.39	519.62	298.77	35.01
Value Self	G54	253.66	309.50	233.38	76.12	18.41	253.66	309.50	242.97	66.53	13.90
Value Self & Family	G55	580.95	708.86	532.62	176.24	44.07	580.95	708.86	554.50	154.36	33.81
Value Self Plus One	G56	569.57	694.97	499.11	195.86	66.28	569.57	694.97	519.62	175.35	57.16
Missouri Aetna Open Access											
High Self	HA1	336.16	406.62	233.38	173.24	72.70	336.16	406.62	242.97	163.65	69.47
High Self & Family	HA2	794.06	960.51	532.62	427.89	169.90	794.06	960.51	554.50	406.01	162.51
High Self Plus One	HA3	786.22	951.02	499.11	451.91	170.33	786.22	951.02	519.62	431.40	163.46
Standard Self	HA4	282.10	326.70	233.38	93.32	29.14	282.10	326.70	242.97	83.73	25.19
Standard Self & Family	HA5	665.86	771.13	532.62	238.51	87.03	665.86	771.13	554.50	216.63	78.46
Standard Self Plus One	HA6	659.27	763.50	499.11	264.39	109.76	659.27	763.50	519.62	243.88	102.89

Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code			Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Missouri Blue Preferred											
High Self	9G1	338.73	361.09	233.38	127.71	24.60	338.73	361.09	242.97	118.12	21.37
High Self & Family	9G2	733.35	775.88	532.62	243.26	45.98	733.35	775.88	554.50	221.38	38.59
High Self Plus One	9G3	694.40	734.68	499.11	235.57	45.81	694.40	734.68	519.62	215.06	38.94
Standard Self	9G4	245.59	257.87	195.98	61.89	6.02	245.59	257.87	204.36	53.51	2.55
Standard Self & Family	9G5	706.05	732.88	532.62	200.26	30.28	706.05	732.88	554.50	178.38	22.89
Standard Self Plus One	9G6	638.52	662.78	499.11	163.67	18.41	638.52	662.78	519.62	143.16	10.67
Missouri Humana CoverageFirst and Humana Value Plan											
CDHP Self	PH1	265.95	277.36	210.79	66.57	6.07	265.95	277.36	219.81	57.55	2.37
CDHP Self & Family	PH2	598.38	624.06	474.29	149.77	13.64	598.38	624.06	494.57	129.49	5.33
CDHP Self Plus One	PH3	571.79	596.33	453.21	143.12	13.04	571.79	596.33	472.59	123.74	5.09
Value Self	PH4	193.28	197.70	150.25	47.45	3.48	193.28	197.70	156.68	41.02	0.91
Value Self & Family	PH5	434.90	444.84	338.08	106.76	7.82	434.90	444.84	352.54	92.30	2.06
Value Self Plus One	PH6	415.56	425.06	323.05	102.01	7.47	415.56	425.06	336.86	88.20	1.97
Missouri Humana Health Plan, Inc.											
High Self	MS1	748.42	750.29	233.38	516.91	4.11	748.42	750.29	242.97	507.32	0.88
High Self & Family	MS2	1683.94	1688.15	532.62	1155.53	7.66	1683.94	1688.15	554.50	1133.65	0.27
High Self Plus One	MS3	1609.10	1613.12	499.11	1114.01	9.55	1609.10	1613.12	519.62	1093.50	2.68
Standard Self	MS4	402.19	439.74	233.38	206.36	39.79	402.19	439.74	242.97	196.77	36.56
Standard Self & Family	MS5	904.94	989.44	532.62	456.82	87.95	904.94	989.44	554.50	434.94	80.56
Standard Self Plus One	MS6	864.72	945.46	499.11	446.35	86.27	864.72	945.46	519.62	425.84	79.40
Montana Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
Montana Aetna HealthFund HDHP and Aetna Direct Plan												
	CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
	CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
	CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Montana Aetna HealthFund CDHP and Aetna Value Plan												
	CDHP Self	H41	379.77	382.55	233.38	149.17	5.02	379.77	382.55	242.97	139.58	1.79
	CDHP Self & Family	H42	865.68	872.02	532.62	339.40	9.79	865.68	872.02	554.50	317.52	2.40
	CDHP Self Plus One	H43	857.11	863.39	499.11	364.28	11.81	857.11	863.39	519.62	343.77	4.94
	Value Self	H44	265.72	284.55	216.26	68.29	7.84	265.72	284.55	225.51	59.04	3.90
	Value Self & Family	H45	609.86	653.07	496.33	156.74	18.00	609.86	653.07	517.56	135.51	8.96
	Value Self Plus One	H46	597.90	640.27	486.61	153.66	17.64	597.90	640.27	507.41	132.86	8.80
Nebraska Aetna HealthFund HDHP and Aetna Direct Plan												
	HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
	HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
	HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Nebraska Aetna HealthFund HDHP and Aetna Direct Plan												
	CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
	CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
	CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Nebraska Aetna HealthFund CDHP and Aetna Value Plan												
	CDHP Self	H41	379.77	382.55	233.38	149.17	5.02	379.77	382.55	242.97	139.58	1.79
	CDHP Self & Family	H42	865.68	872.02	532.62	339.40	9.79	865.68	872.02	554.50	317.52	2.40
	CDHP Self Plus One	H43	857.11	863.39	499.11	364.28	11.81	857.11	863.39	519.62	343.77	4.94
	Value Self	H44	265.72	284.55	216.26	68.29	7.84	265.72	284.55	225.51	59.04	3.90
	Value Self & Family	H45	609.86	653.07	496.33	156.74	18.00	609.86	653.07	517.56	135.51	8.96
	Value Self Plus One	H46	597.90	640.27	486.61	153.66	17.64	597.90	640.27	507.41	132.86	8.80

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Nevada Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self 224			280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family 225			618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One 226			606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Nevada Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self N61			243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family N62			614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One N63			534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Nevada Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self G51			346.28	362.37	233.38	128.99	18.33	346.28	362.37	242.97	119.40	15.10
CDHP Self & Family G52			789.85	826.56	532.62	293.94	40.16	789.85	826.56	554.50	272.06	32.77
CDHP Self Plus One G53			782.04	818.39	499.11	319.28	41.88	782.04	818.39	519.62	298.77	35.01
Value Self G54			253.66	309.50	233.38	76.12	18.41	253.66	309.50	242.97	66.53	13.90
Value Self & Family G55			580.95	708.86	532.62	176.24	44.07	580.95	708.86	554.50	154.36	33.81
Value Self Plus One G56			569.57	694.97	499.11	195.86	66.28	569.57	694.97	519.62	175.35	57.16
Nevada Health Plan of Nevada												
High Self NM1			280.40	303.94	230.99	72.95	9.16	280.40	303.94	240.87	63.07	4.89
High Self & Family NM2			664.52	720.31	532.62	187.69	36.51	664.52	720.31	554.50	165.81	27.92
High Self Plus One NM3			532.76	577.50	438.90	138.60	17.40	532.76	577.50	457.67	119.83	9.28
Nevada UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))												
HDHP Self LU1			222.88	207.84	157.96	49.88	-0.83	222.88	207.84	164.71	43.13	-3.12
HDHP Self & Family LU2			557.19	478.03	363.30	114.73	-12.03	557.19	478.03	378.84	99.19	-16.43
HDHP Self Plus One LU3			479.19	446.86	339.61	107.25	-1.77	479.19	446.86	354.14	92.72	-6.71
Nevada UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO												
High Self KT1			281.85	313.47	233.38	80.09	15.97	281.85	313.47	242.97	70.50	12.02
High Self & Family KT2			704.63	783.67	532.62	251.05	82.49	704.63	783.67	554.50	229.17	75.10
High Self Plus One KT3			605.98	673.95	499.11	174.84	36.98	605.98	673.95	519.62	154.33	28.59

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
New Hampshire Aetna HealthFund HDHP and Aetna Direct Plan												
	HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
	HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
	HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
New Hampshire Aetna HealthFund HDHP and Aetna Direct Plan												
	CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
	CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
	CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
New Hampshire Aetna HealthFund CDHP and Aetna Value Plan												
	CDHP Self	EP1	414.74	423.14	233.38	189.76	10.64	414.74	423.14	242.97	180.17	7.41
	CDHP Self & Family	EP2	945.84	965.00	532.62	432.38	22.61	945.84	965.00	554.50	410.50	15.22
	CDHP Self Plus One	EP3	936.48	955.44	499.11	456.33	24.49	936.48	955.44	519.62	435.82	17.62
	Value Self	EP4	260.95	285.73	217.15	68.58	9.21	260.95	285.73	226.44	59.29	5.14
	Value Self & Family	EP5	597.56	654.30	497.27	157.03	21.09	597.56	654.30	518.53	135.77	11.78
	Value Self Plus One	EP6	585.84	641.47	487.52	153.95	20.67	585.84	641.47	508.36	133.11	11.55
New Jersey Aetna HealthFund HDHP and Aetna Direct Plan												
	HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
	HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
	HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
New Jersey Aetna HealthFund HDHP and Aetna Direct Plan												
	CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
	CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
	CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
New Jersey Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self EP1			414.74	423.14	233.38	189.76	10.64	414.74	423.14	242.97	180.17	7.41
CDHP Self & Family EP2			945.84	965.00	532.62	432.38	22.61	945.84	965.00	554.50	410.50	15.22
CDHP Self Plus One EP3			936.48	955.44	499.11	456.33	24.49	936.48	955.44	519.62	435.82	17.62
Value Self EP4			260.95	285.73	217.15	68.58	9.21	260.95	285.73	226.44	59.29	5.14
Value Self & Family EP5			597.56	654.30	497.27	157.03	21.09	597.56	654.30	518.53	135.77	11.78
Value Self Plus One EP6			585.84	641.47	487.52	153.95	20.67	585.84	641.47	508.36	133.11	11.55
New Jersey Aetna Open Access												
High Self JR1			666.58	650.67	233.38	417.29	-13.67	666.58	650.67	242.97	407.70	-16.90
High Self & Family JR2			1539.74	1502.98	532.62	970.36	-33.31	1539.74	1502.98	554.50	948.48	-40.70
High Self Plus One JR3			1524.49	1488.09	499.11	988.98	-30.87	1524.49	1488.09	519.62	968.47	-37.74
Basic Self JR4			537.15	536.96	233.38	303.58	2.05	537.15	536.96	242.97	293.99	-1.18
Basic Self & Family JR5			1244.88	1244.46	532.62	711.84	3.03	1244.88	1244.46	554.50	689.96	-4.36
Basic Self Plus One JR6			1232.56	1232.13	499.11	733.02	5.10	1232.56	1232.13	519.62	712.51	-1.77
New Jersey Aetna Open Access												
High Self P31			725.73	685.48	233.38	452.10	-38.01	725.73	685.48	242.97	442.51	-41.24
High Self & Family P32			1759.54	1661.96	532.62	1129.34	-94.13	1759.54	1661.96	554.50	1107.46	-101.52
High Self Plus One P33			1742.11	1645.50	499.11	1146.39	-91.08	1742.11	1645.50	519.62	1125.88	-97.95
Basic Self P34			622.19	599.29	233.38	365.91	-20.66	622.19	599.29	242.97	356.32	-23.89
Basic Self & Family P35			1444.10	1390.96	532.62	858.34	-49.69	1444.10	1390.96	554.50	836.46	-57.08
Basic Self Plus One P36			1429.80	1377.18	499.11	878.07	-47.09	1429.80	1377.18	519.62	857.56	-53.96
New Jersey GHI Health Plan -												
Standard Self 804			328.15	427.37	233.38	193.99	101.46	328.15	427.37	242.97	184.40	98.23
Standard Self & Family 805			972.59	1036.83	532.62	504.21	67.69	972.59	1036.83	554.50	482.33	60.30
Standard Self Plus One 806			772.60	994.08	499.11	494.97	227.01	772.60	994.08	519.62	474.46	220.14

Postal Premium Rates for the Federal Employees Health Benefits Program													
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2				
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment	
New Mexico Aetna HealthFund HDHP and Aetna Direct Plan													
HDHP Self			224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family			225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One			226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
New Mexico Aetna HealthFund HDHP and Aetna Direct Plan													
CDHP Self			N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family			N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One			N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
New Mexico Aetna HealthFund CDHP and Aetna Value Plan													
CDHP Self			G51	346.28	362.37	233.38	128.99	18.33	346.28	362.37	242.97	119.40	15.10
CDHP Self & Family			G52	789.85	826.56	532.62	293.94	40.16	789.85	826.56	554.50	272.06	32.77
CDHP Self Plus One			G53	782.04	818.39	499.11	319.28	41.88	782.04	818.39	519.62	298.77	35.01
Value Self			G54	253.66	309.50	233.38	76.12	18.41	253.66	309.50	242.97	66.53	13.90
Value Self & Family			G55	580.95	708.86	532.62	176.24	44.07	580.95	708.86	554.50	154.36	33.81
Value Self Plus One			G56	569.57	694.97	499.11	195.86	66.28	569.57	694.97	519.62	175.35	57.16
New Mexico Presbyterian Health Plan													
High Self			P21	355.93	341.68	233.38	108.30	-12.01	355.93	341.68	242.97	98.71	-15.24
High Self & Family			P22	836.44	802.96	532.62	270.34	-30.03	836.44	802.96	554.50	248.46	-37.42
High Self Plus One			P23	807.98	775.63	499.11	276.52	-26.82	807.98	775.63	519.62	256.01	-33.69
New Mexico Presbyterian Health Plan													
Standard Self			PS4	299.96	287.38	218.41	68.97	0.73	299.96	287.38	227.75	59.63	-2.61
Standard Self & Family			PS5	704.93	675.36	513.27	162.09	-6.77	704.93	675.36	535.22	140.14	-14.23
Standard Self Plus One			PS6	680.93	652.36	495.79	156.57	-19.72	680.93	652.36	517.00	135.36	-27.29
New York Aetna HealthFund HDHP and Aetna Direct Plan													
HDHP Self			224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family			225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One			226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
New York Aetna HealthFund HDHP and Aetna Direct Plan												
	CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
	CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
	CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
New York Aetna HealthFund CDHP and Aetna Value Plan												
	CDHP Self	EP1	414.74	423.14	233.38	189.76	10.64	414.74	423.14	242.97	180.17	7.41
	CDHP Self & Family	EP2	945.84	965.00	532.62	432.38	22.61	945.84	965.00	554.50	410.50	15.22
	CDHP Self Plus One	EP3	936.48	955.44	499.11	456.33	24.49	936.48	955.44	519.62	435.82	17.62
	Value Self	EP4	260.95	285.73	217.15	68.58	9.21	260.95	285.73	226.44	59.29	5.14
	Value Self & Family	EP5	597.56	654.30	497.27	157.03	21.09	597.56	654.30	518.53	135.77	11.78
	Value Self Plus One	EP6	585.84	641.47	487.52	153.95	20.67	585.84	641.47	508.36	133.11	11.55
New York Aetna Open Access												
	High Self	JC1	537.70	601.41	233.38	368.03	65.95	537.70	601.41	242.97	358.44	62.72
	High Self & Family	JC2	1328.64	1486.08	532.62	953.46	160.89	1328.64	1486.08	554.50	931.58	153.50
	High Self Plus One	JC3	1315.51	1471.38	499.11	972.27	161.40	1315.51	1471.38	519.62	951.76	154.53
	Basic Self	JC4	408.23	490.71	233.38	257.33	84.72	408.23	490.71	242.97	247.74	81.49
	Basic Self & Family	JC5	995.75	1196.94	532.62	664.32	204.64	995.75	1196.94	554.50	642.44	197.25
	Basic Self Plus One	JC6	985.90	1185.10	499.11	685.99	204.73	985.90	1185.10	519.62	665.48	197.86
New York CDPHP Universal Benefits, Inc.												
	High Self	SG1	371.90	401.67	233.38	168.29	32.01	371.90	401.67	242.97	158.70	28.78
	High Self & Family	SG2	1115.66	1204.87	532.62	672.25	92.66	1115.66	1204.87	554.50	650.37	85.27
	High Self Plus One	SG3	743.82	803.33	499.11	304.22	65.04	743.82	803.33	519.62	283.71	58.17
	Standard Self	SG4	266.57	266.57	202.59	63.98	3.34	266.57	266.57	211.26	55.31	0.00
	Standard Self & Family	SG5	799.69	799.69	532.62	267.07	3.45	799.69	799.69	554.50	245.19	-3.94
	Standard Self Plus One	SG6	533.14	533.14	405.19	127.95	6.66	533.14	533.14	422.51	110.63	0.00

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
New York GHI Health Plan -												
Standard Self	804	328.15	427.37	233.38	193.99	101.46	328.15	427.37	242.97	184.40	98.23	
Standard Self & Family	805	972.59	1036.83	532.62	504.21	67.69	972.59	1036.83	554.50	482.33	60.30	
Standard Self Plus One	806	772.60	994.08	499.11	494.97	227.01	772.60	994.08	519.62	474.46	220.14	
New York HIP of Greater New York												
High Self	511	352.04	454.78	233.38	221.40	104.98	352.04	454.78	242.97	211.81	101.75	
High Self & Family	512	991.50	1302.18	532.62	769.56	314.13	991.50	1302.18	554.50	747.68	306.74	
High Self Plus One	513	627.36	810.21	499.11	311.10	168.38	627.36	810.21	519.62	290.59	160.41	
New York HIP of Greater New York												
Standard Self	YL4	New Plan	303.97	231.02	72.95	New Plan	New Plan	303.97	240.90	63.07	New Plan	
Standard Self & Family	YL5	New Plan	869.85	532.62	337.23	New Plan	New Plan	869.85	554.50	315.35	New Plan	
Standard Self Plus One	YL6	New Plan	539.64	410.13	129.51	New Plan	New Plan	539.64	427.66	111.98	New Plan	
New York Independent Health Assoc												
Standard Self	C54	312.04	323.92	233.38	90.54	14.12	312.04	323.92	242.97	80.95	10.89	
Standard Self & Family	C55	842.50	874.59	532.62	341.97	35.54	842.50	874.59	554.50	320.09	28.15	
Standard Self Plus One	C56	795.69	825.99	499.11	326.88	35.83	795.69	825.99	519.62	306.37	28.96	
New York Independent Health Assoc												
High Self	QA1	327.65	335.83	233.38	102.45	10.42	327.65	335.83	242.97	92.86	7.19	
High Self & Family	QA2	884.67	906.72	532.62	374.10	25.50	884.67	906.72	554.50	352.22	18.11	
High Self Plus One	QA3	835.52	856.35	499.11	357.24	26.36	835.52	856.35	519.62	336.73	19.49	
HDHP Self	QA4	241.80	272.57	207.15	65.42	10.41	241.80	272.57	216.01	56.56	6.39	
HDHP Self & Family	QA5	620.62	703.77	532.62	171.15	29.96	620.62	703.77	554.50	149.27	20.49	
HDHP Self Plus One	QA6	577.43	655.94	498.51	157.43	26.06	577.43	655.94	519.62	136.32	16.50	
New York MVP Health Care												
Standard Self	GA4	346.54	342.40	233.38	109.02	-1.90	346.54	342.40	242.97	99.43	-5.13	
Standard Self & Family	GA5	849.00	838.87	532.62	306.25	-6.68	849.00	838.87	554.50	284.37	-14.07	
Standard Self Plus One	GA6	797.02	787.51	499.11	288.40	-3.98	797.02	787.51	519.62	267.89	-10.85	

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
New York MVP Health Care												
	Standard Self	GV4	324.76	290.47	220.76	69.71	-19.43	324.76	290.47	230.20	60.27	-22.51
	Standard Self & Family	GV5	795.64	711.65	532.62	179.03	-80.54	795.64	711.65	554.50	157.15	-87.93
	Standard Self Plus One	GV6	746.93	668.09	499.11	168.98	-73.31	746.93	668.09	519.62	148.47	-80.18
New York MVP Health Care												
	Standard Self	M94	324.64	333.81	233.38	100.43	11.41	324.64	333.81	242.97	90.84	8.18
	Standard Self & Family	M95	795.37	817.85	532.62	285.23	25.93	795.37	817.85	554.50	263.35	18.54
	Standard Self Plus One	M96	746.67	767.76	499.11	268.65	26.62	746.67	767.76	519.62	248.14	19.75
New York MVP Health Care												
	Standard Self	MF4	446.23	452.94	233.38	219.56	8.95	446.23	452.94	242.97	209.97	5.72
	Standard Self & Family	MF5	1093.26	1109.70	532.62	577.08	19.89	1093.26	1109.70	554.50	555.20	12.50
	Standard Self Plus One	MF6	1026.32	1041.77	499.11	542.66	20.98	1026.32	1041.77	519.62	522.15	14.11
New York MVP Health Care												
	Standard Self	MX4	391.83	405.44	233.38	172.06	15.85	391.83	405.44	242.97	162.47	12.62
	Standard Self & Family	MX5	959.99	993.32	532.62	460.70	36.78	959.99	993.32	554.50	438.82	29.39
	Standard Self Plus One	MX6	901.22	932.52	499.11	433.41	36.83	901.22	932.52	519.62	412.90	29.96
North Carolina Aetna HealthFund HDHP and Aetna Direct Plan												
	HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
	HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
	HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
North Carolina Aetna HealthFund HDHP and Aetna Direct Plan												
	CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
	CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
	CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23

Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)	2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code										

North Carolina Aetna HealthFund CDHP and Aetna Value Plan

CDHP Self	F51	371.98	374.21	233.38	140.83	4.47	371.98	374.21	242.97	131.24	1.24
CDHP Self & Family	F52	848.15	853.25	532.62	320.63	8.55	848.15	853.25	554.50	298.75	1.16
CDHP Self Plus One	F53	839.75	844.80	499.11	345.69	10.58	839.75	844.80	519.62	325.18	3.71
Value Self	F54	269.07	326.97	233.38	93.59	32.38	269.07	326.97	242.97	84.00	28.17
Value Self & Family	F55	616.15	748.73	532.62	216.11	75.94	616.15	748.73	554.50	194.23	66.38
Value Self Plus One	F56	604.06	734.04	499.11	234.93	97.51	604.06	734.04	519.62	214.42	89.08

North Carolina UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))

HDHP Self	LS1	202.27	193.25	146.87	46.38	0.36	202.27	193.25	153.15	40.10	-1.87
HDHP Self & Family	LS2	505.67	444.50	337.82	106.68	-8.36	505.67	444.50	352.27	92.23	-12.70
HDHP Self Plus One	LS3	434.88	415.50	315.78	99.72	0.78	434.88	415.50	329.28	86.22	-4.02

North Carolina UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO

High Self	KK1	274.77	313.40	233.38	80.02	17.51	274.77	313.40	242.97	70.43	13.42
High Self & Family	KK2	686.91	783.52	532.62	250.90	94.63	686.91	783.52	554.50	229.02	86.49
High Self Plus One	KK3	590.74	673.82	499.11	174.71	40.32	590.74	673.82	519.62	154.20	31.62

North Dakota Aetna HealthFund HDHP and Aetna Direct Plan

HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04

North Dakota Aetna HealthFund HDHP and Aetna Direct Plan

CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23

Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)	2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code										

North Dakota Aetna HealthFund CDHP and Aetna Value Plan

CDHP Self	H41	379.77	382.55	233.38	149.17	5.02	379.77	382.55	242.97	139.58	1.79
CDHP Self & Family	H42	865.68	872.02	532.62	339.40	9.79	865.68	872.02	554.50	317.52	2.40
CDHP Self Plus One	H43	857.11	863.39	499.11	364.28	11.81	857.11	863.39	519.62	343.77	4.94
Value Self	H44	265.72	284.55	216.26	68.29	7.84	265.72	284.55	225.51	59.04	3.90
Value Self & Family	H45	609.86	653.07	496.33	156.74	18.00	609.86	653.07	517.56	135.51	8.96
Value Self Plus One	H46	597.90	640.27	486.61	153.66	17.64	597.90	640.27	507.41	132.86	8.80

North Dakota HealthPartners

High Self	V31	356.92	364.76	233.38	131.38	10.08	356.92	364.76	242.97	121.79	6.85
High Self & Family	V32	869.46	888.56	532.62	355.94	22.55	869.46	888.56	554.50	334.06	15.16
High Self Plus One	V33	788.79	806.11	499.11	307.00	22.85	788.79	806.11	519.62	286.49	15.98
Standard Self	V34	211.15	197.58	150.16	47.42	-0.62	211.15	197.58	156.58	41.00	-2.81
Standard Self & Family	V35	514.37	481.30	365.79	115.51	-1.51	514.37	481.30	381.43	99.87	-6.86
Standard Self Plus One	V36	466.65	436.65	331.85	104.80	-1.36	466.65	436.65	346.05	90.60	-6.23

Ohio Aetna HealthFund HDHP and Aetna Direct Plan

HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04

Ohio Aetna HealthFund HDHP and Aetna Direct Plan

CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Ohio Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self JS1			481.36	484.17	233.38	250.79	5.05	481.36	484.17	242.97	241.20	1.82
CDHP Self & Family JS2			1097.29	1103.70	532.62	571.08	9.86	1097.29	1103.70	554.50	549.20	2.47
CDHP Self Plus One JS3			1086.44	1092.78	499.11	593.67	11.87	1086.44	1092.78	519.62	573.16	5.00
Value Self JS4			352.77	371.07	233.38	137.69	20.54	352.77	371.07	242.97	128.10	17.31
Value Self & Family JS5			805.33	847.11	532.62	314.49	45.23	805.33	847.11	554.50	292.61	37.84
Value Self Plus One JS6			797.36	838.73	499.11	339.62	46.90	797.36	838.73	519.62	319.11	40.03
Ohio AultCare Insurance Company												
High Self 3A1			345.84	355.15	233.38	121.77	11.55	345.84	355.15	242.97	112.18	8.32
High Self & Family 3A2			854.24	877.23	532.62	344.61	26.44	854.24	877.23	554.50	322.73	19.05
High Self Plus One 3A3			726.26	745.82	499.11	246.71	25.09	726.26	745.82	519.62	226.20	18.22
HDHP Self 3A4			166.00	172.27	130.93	41.34	3.58	166.00	172.27	136.52	35.75	1.31
HDHP Self & Family 3A5			533.86	551.23	418.93	132.30	10.85	533.86	551.23	436.85	114.38	3.60
HDHP Self Plus One 3A6			314.64	327.29	248.74	78.55	6.97	314.64	327.29	259.38	67.91	2.62
Ohio Humana CoverageFirst and Humana Value Plan												
CDHP Self X31			New Plan	315.99	233.38	82.61	New Plan	New Plan	315.99	242.97	73.02	New Plan
CDHP Self & Family X32			New Plan	710.99	532.62	178.37	New Plan	New Plan	710.99	554.50	156.49	New Plan
CDHP Self Plus One X33			New Plan	679.39	499.11	180.28	New Plan	New Plan	679.39	519.62	159.77	New Plan
Value Self X34			New Plan	263.20	200.03	63.17	New Plan	New Plan	263.20	208.59	54.61	New Plan
Value Self & Family X35			New Plan	592.21	450.08	142.13	New Plan	New Plan	592.21	469.33	122.88	New Plan
Value Self Plus One X36			New Plan	565.88	430.07	135.81	New Plan	New Plan	565.88	448.46	117.42	New Plan

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code		Total Premium		Govt Pays	Empl. Pays	Change in empl. payment	Total Premium		Govt Pays	Empl. Pays	Change in empl. payment	
Ohio Humana Health Plan of Ohio, Inc.												
High Self	A61	482.03	541.22	233.38	307.84	61.43	482.03	541.22	242.97	298.25	58.20	
High Self & Family	A62	1084.57	1217.76	532.62	685.14	136.64	1084.57	1217.76	554.50	663.26	129.25	
High Self Plus One	A63	1036.37	1163.64	499.11	664.53	132.80	1036.37	1163.64	519.62	644.02	125.93	
Standard Self	A64	385.79	429.36	233.38	195.98	45.81	385.79	429.36	242.97	186.39	42.58	
Standard Self & Family	A65	868.03	966.08	532.62	433.46	101.50	868.03	966.08	554.50	411.58	94.11	
Standard Self Plus One	A66	829.45	923.15	499.11	424.04	99.23	829.45	923.15	519.62	403.53	92.36	
Ohio Humana Health Plan of Ohio, Inc.												
Basic Self	W61	New Plan	270.36	205.47	64.89	New Plan	New Plan	270.36	214.26	56.10	New Plan	
Basic Self & Family	W62	New Plan	608.31	462.32	145.99	New Plan	New Plan	608.31	482.09	126.22	New Plan	
Basic Self Plus One	W63	New Plan	581.27	441.77	139.50	New Plan	New Plan	581.27	460.66	120.61	New Plan	
Ohio Medical Mutual of Ohio												
Standard Self	644	351.44	395.89	233.38	162.51	46.69	351.44	395.89	242.97	152.92	43.46	
Standard Self & Family	645	843.46	950.13	532.62	417.51	110.12	843.46	950.13	554.50	395.63	102.73	
Standard Self Plus One	646	773.19	870.94	499.11	371.83	103.28	773.19	870.94	519.62	351.32	96.41	
Ohio Medical Mutual of Ohio												
Basic Self	UX1	273.96	222.72	169.27	53.45	-8.88	273.96	222.72	176.51	46.21	-10.64	
Basic Self & Family	UX2	657.52	534.53	406.24	128.29	-21.30	657.52	534.53	423.62	110.91	-25.53	
Basic Self Plus One	UX3	602.73	489.99	372.39	117.60	-19.52	602.73	489.99	388.32	101.67	-23.40	
Ohio Medical Mutual of Ohio												
Basic Self	X61	New Plan	213.10	161.96	51.14	New Plan	New Plan	213.10	168.88	44.22	New Plan	
Basic Self & Family	X62	New Plan	511.44	388.69	122.75	New Plan	New Plan	511.44	405.32	106.12	New Plan	
Basic Self Plus One	X63	New Plan	468.82	356.30	112.52	New Plan	New Plan	468.82	371.54	97.28	New Plan	
Standard Self	X64	New Plan	371.98	233.38	138.60	New Plan	New Plan	371.98	242.97	129.01	New Plan	
Standard Self & Family	X65	New Plan	892.75	532.62	360.13	New Plan	New Plan	892.75	554.50	338.25	New Plan	
Standard Self Plus One	X66	New Plan	818.34	499.11	319.23	New Plan	New Plan	818.34	519.62	298.72	New Plan	

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Ohio Medical Mutual of Ohio												
Basic Self YF1			New Plan	226.41	172.07	54.34	New Plan	New Plan	226.41	179.43	46.98	New Plan
Basic Self & Family YF2			New Plan	543.40	412.98	130.42	New Plan	New Plan	543.40	430.64	112.76	New Plan
Basic Self Plus One YF3			New Plan	498.12	378.57	119.55	New Plan	New Plan	498.12	394.76	103.36	New Plan
Standard Self YF4			New Plan	424.54	233.38	191.16	New Plan	New Plan	424.54	242.97	181.57	New Plan
Standard Self & Family YF5			New Plan	1018.89	532.62	486.27	New Plan	New Plan	1018.89	554.50	464.39	New Plan
Standard Self Plus One YF6			New Plan	933.97	499.11	434.86	New Plan	New Plan	933.97	519.62	414.35	New Plan
Oklahoma Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self 224			280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family 225			618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One 226			606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Oklahoma Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self N61			243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family N62			614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One N63			534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Oklahoma Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self JS1			481.36	484.17	233.38	250.79	5.05	481.36	484.17	242.97	241.20	1.82
CDHP Self & Family JS2			1097.29	1103.70	532.62	571.08	9.86	1097.29	1103.70	554.50	549.20	2.47
CDHP Self Plus One JS3			1086.44	1092.78	499.11	593.67	11.87	1086.44	1092.78	519.62	573.16	5.00
Value Self JS4			352.77	371.07	233.38	137.69	20.54	352.77	371.07	242.97	128.10	17.31
Value Self & Family JS5			805.33	847.11	532.62	314.49	45.23	805.33	847.11	554.50	292.61	37.84
Value Self Plus One JS6			797.36	838.73	499.11	339.62	46.90	797.36	838.73	519.62	319.11	40.03

Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code			Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium m	Govt Pays	Empl. Pays	Change in empl. payment
Oklahoma GlobalHealth, Inc.											
High Self	IM1	262.11	285.69	217.12	68.57	8.94	262.11	285.69	226.41	59.28	4.89
High Self & Family	IM2	655.26	714.24	532.62	181.62	32.55	655.26	714.24	554.50	159.74	23.77
High Self Plus One	IM3	524.21	571.39	434.26	137.13	17.87	524.21	571.39	452.83	118.56	9.79
Standard Self	IM4	242.44	277.92	211.22	66.70	11.54	242.44	277.92	220.25	57.67	7.36
Standard Self & Family	IM5	606.10	694.80	528.05	166.75	28.86	606.10	694.80	550.63	144.17	18.40
Standard Self Plus One	IM6	484.88	555.84	422.44	133.40	23.09	484.88	555.84	440.50	115.34	14.73
Oregon Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Oregon Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Oregon Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	H41	379.77	382.55	233.38	149.17	5.02	379.77	382.55	242.97	139.58	1.79
CDHP Self & Family	H42	865.68	872.02	532.62	339.40	9.79	865.68	872.02	554.50	317.52	2.40
CDHP Self Plus One	H43	857.11	863.39	499.11	364.28	11.81	857.11	863.39	519.62	343.77	4.94
Value Self	H44	265.72	284.55	216.26	68.29	7.84	265.72	284.55	225.51	59.04	3.90
Value Self & Family	H45	609.86	653.07	496.33	156.74	18.00	609.86	653.07	517.56	135.51	8.96
Value Self Plus One	H46	597.90	640.27	486.61	153.66	17.64	597.90	640.27	507.41	132.86	8.80

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)	Plan - Option - Enrollment Code	2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2				
			Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment	
Oregon Kaiser Foundation Health Plan of Northwest												
	High Self	571	319.42	326.16	233.38	92.78	8.98	319.42	326.16	242.97	83.19	5.75
	High Self & Family	572	721.45	736.69	532.62	204.07	18.69	721.45	736.69	554.50	182.19	11.30
	High Self Plus One	573	721.45	736.69	499.11	237.58	20.77	721.45	736.69	519.62	217.07	13.90
	Standard Self	574	277.04	286.29	217.58	68.71	5.68	277.04	286.29	226.88	59.41	1.92
	Standard Self & Family	575	636.45	657.69	499.84	157.85	13.06	636.45	657.69	521.22	136.47	4.41
	Standard Self Plus One	576	636.45	657.69	499.11	158.58	13.79	636.45	657.69	519.62	138.07	6.01
Oregon UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))												
	HDHP Self	LU1	222.88	207.84	157.96	49.88	-0.83	222.88	207.84	164.71	43.13	-3.12
	HDHP Self & Family	LU2	557.19	478.03	363.30	114.73	-12.03	557.19	478.03	378.84	99.19	-16.43
	HDHP Self Plus One	LU3	479.19	446.86	339.61	107.25	-1.77	479.19	446.86	354.14	92.72	-6.71
Oregon UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO												
	High Self	KT1	281.85	313.47	233.38	80.09	15.97	281.85	313.47	242.97	70.50	12.02
	High Self & Family	KT2	704.63	783.67	532.62	251.05	82.49	704.63	783.67	554.50	229.17	75.10
	High Self Plus One	KT3	605.98	673.95	499.11	174.84	36.98	605.98	673.95	519.62	154.33	28.59
Pennsylvania Aetna HealthFund HDHP and Aetna Direct Plan												
	HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
	HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
	HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Pennsylvania Aetna HealthFund HDHP and Aetna Direct Plan												
	CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
	CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
	CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23

Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
			Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
Pennsylvania Aetna HealthFund CDHP and Aetna Value Plan											
CDHP Self	H41	379.77	382.55	233.38	149.17	5.02	379.77	382.55	242.97	139.58	1.79
CDHP Self & Family	H42	865.68	872.02	532.62	339.40	9.79	865.68	872.02	554.50	317.52	2.40
CDHP Self Plus One	H43	857.11	863.39	499.11	364.28	11.81	857.11	863.39	519.62	343.77	4.94
Value Self	H44	265.72	284.55	216.26	68.29	7.84	265.72	284.55	225.51	59.04	3.90
Value Self & Family	H45	609.86	653.07	496.33	156.74	18.00	609.86	653.07	517.56	135.51	8.96
Value Self Plus One	H46	597.90	640.27	486.61	153.66	17.64	597.90	640.27	507.41	132.86	8.80
Pennsylvania Aetna Open Access											
High Self	P31	725.73	685.48	233.38	452.10	-38.01	725.73	685.48	242.97	442.51	-41.24
High Self & Family	P32	1759.54	1661.96	532.62	1129.34	-94.13	1759.54	1661.96	554.50	1107.46	-101.52
High Self Plus One	P33	1742.11	1645.50	499.11	1146.39	-91.08	1742.11	1645.50	519.62	1125.88	-97.95
Basic Self	P34	622.19	599.29	233.38	365.91	-20.66	622.19	599.29	242.97	356.32	-23.89
Basic Self & Family	P35	1444.10	1390.96	532.62	858.34	-49.69	1444.10	1390.96	554.50	836.46	-57.08
Basic Self Plus One	P36	1429.80	1377.18	499.11	878.07	-47.09	1429.80	1377.18	519.62	857.56	-53.96
Pennsylvania Aetna Open Access											
High Self	YE1	424.66	432.98	233.38	199.60	10.56	424.66	432.98	242.97	190.01	7.33
High Self & Family	YE2	1066.33	1087.21	532.62	554.59	24.33	1066.33	1087.21	554.50	532.71	16.94
High Self Plus One	YE3	1055.77	1076.44	499.11	577.33	26.20	1055.77	1076.44	519.62	556.82	19.33
Pennsylvania Geisinger Health Plan											
Standard Self	GG4	315.73	336.54	233.38	103.16	23.05	315.73	336.54	242.97	93.57	19.82
Standard Self & Family	GG5	722.86	770.52	532.62	237.90	51.11	722.86	770.52	554.50	216.02	43.72
Standard Self Plus One	GG6	682.20	727.17	499.11	228.06	50.50	682.20	727.17	519.62	207.55	43.63
Pennsylvania Highmark Choice Company											
High Self	NP1	318.35	358.95	233.38	125.57	42.84	318.35	358.95	242.97	115.98	39.61
High Self & Family	NP2	723.78	815.90	532.62	283.28	95.57	723.78	815.90	554.50	261.40	88.18
High Self Plus One	NP3	641.16	721.84	499.11	222.73	76.87	641.16	721.84	519.62	202.22	69.18

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code		Total Premium		Govt Pays	Empl. Pays	Change in empl. payment	Total Premium m		Govt Pays	Empl. Pays	Change in empl. payment	
Pennsylvania UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))												
HDHP Self V41		261.68	228.78	173.87	54.91	-4.62	261.68	228.78	181.31	47.47	-6.83	
HDHP Self & Family V42		654.22	526.18	399.90	126.28	-22.56	654.22	526.18	417.00	109.18	-26.57	
HDHP Self Plus One V43		562.62	491.87	373.82	118.05	-9.95	562.62	491.87	389.81	102.06	-14.68	
Pennsylvania UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO												
High Self LR1		280.61	308.28	233.38	74.90	11.06	280.61	308.28	242.97	65.31	7.08	
High Self & Family LR2		701.54	730.61	532.62	197.99	32.52	701.54	730.61	554.50	176.11	25.13	
High Self Plus One LR3		603.32	662.79	499.11	163.68	26.42	603.32	662.79	519.62	143.17	17.98	
Pennsylvania UPMC Health Plan												
High Self 8W1		398.95	402.82	233.38	169.44	6.11	398.95	402.82	242.97	159.85	2.88	
High Self & Family 8W2		937.53	946.76	532.62	414.14	12.68	937.53	946.76	554.50	392.26	5.29	
High Self Plus One 8W3		897.67	906.52	499.11	407.41	14.38	897.67	906.52	519.62	386.90	7.51	
HDHP Self 8W4		249.05	264.73	201.19	63.54	6.88	249.05	264.73	209.80	54.93	3.25	
HDHP Self & Family 8W5		571.19	608.12	462.17	145.95	16.00	571.19	608.12	481.94	126.18	7.66	
HDHP Self Plus One 8W6		549.90	585.25	444.79	140.46	15.36	549.90	585.25	463.81	121.44	7.34	
Pennsylvania UPMC Health Plan												
Standard Self UW4		288.23	300.86	228.65	72.21	6.64	288.23	300.86	238.43	62.43	2.62	
Standard Self & Family UW5		677.31	703.29	532.62	170.67	16.58	677.31	703.29	554.50	148.79	8.25	
Standard Self Plus One UW6		648.51	673.51	499.11	174.40	26.86	648.51	673.51	519.62	153.89	19.32	
Puerto Rico Humana Health Plans of Puerto Rico, Inc.												
High Self ZJ1		169.71	168.51	128.07	40.44	1.83	169.71	168.51	133.54	34.97	-0.24	
High Self & Family ZJ2		381.83	379.15	288.15	91.00	4.13	381.83	379.15	300.48	78.67	-0.56	
High Self Plus One ZJ3		364.86	362.30	275.35	86.95	3.94	364.86	362.30	287.12	75.18	-0.53	
Puerto Rico Triple-S Salud, Inc.												
High Self 891		188.02	188.02	142.90	45.12	2.35	188.02	188.02	149.01	39.01	0.00	
High Self & Family 892		430.56	430.56	327.23	103.33	5.38	430.56	430.56	341.22	89.34	0.00	
High Self Plus One 893		422.17	422.17	320.85	101.32	5.28	422.17	422.17	334.57	87.60	0.00	

Postal Premium Rates for the Federal Employees Health Benefits Program													
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2				
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment	
Rhode Island Aetna HealthFund HDHP and Aetna Direct Plan													
HDHP Self			224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family			225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One			226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Rhode Island Aetna HealthFund HDHP and Aetna Direct Plan													
CDHP Self			N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family			N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One			N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Rhode Island Aetna HealthFund CDHP and Aetna Value Plan													
CDHP Self			EP1	414.74	423.14	233.38	189.76	10.64	414.74	423.14	242.97	180.17	7.41
CDHP Self & Family			EP2	945.84	965.00	532.62	432.38	22.61	945.84	965.00	554.50	410.50	15.22
CDHP Self Plus One			EP3	936.48	955.44	499.11	456.33	24.49	936.48	955.44	519.62	435.82	17.62
Value Self			EP4	260.95	285.73	217.15	68.58	9.21	260.95	285.73	226.44	59.29	5.14
Value Self & Family			EP5	597.56	654.30	497.27	157.03	21.09	597.56	654.30	518.53	135.77	11.78
Value Self Plus One			EP6	585.84	641.47	487.52	153.95	20.67	585.84	641.47	508.36	133.11	11.55
South Carolina Aetna HealthFund HDHP and Aetna Direct Plan													
HDHP Self			224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family			225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One			226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
South Carolina Aetna HealthFund HDHP and Aetna Direct Plan													
CDHP Self			N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family			N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One			N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23

Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)	2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code										

South Carolina Aetna HealthFund CDHP and Aetna Value Plan

CDHP Self	JS1	481.36	484.17	233.38	250.79	5.05	481.36	484.17	242.97	241.20	1.82
CDHP Self & Family	JS2	1097.29	1103.70	532.62	571.08	9.86	1097.29	1103.70	554.50	549.20	2.47
CDHP Self Plus One	JS3	1086.44	1092.78	499.11	593.67	11.87	1086.44	1092.78	519.62	573.16	5.00
Value Self	JS4	352.77	371.07	233.38	137.69	20.54	352.77	371.07	242.97	128.10	17.31
Value Self & Family	JS5	805.33	847.11	532.62	314.49	45.23	805.33	847.11	554.50	292.61	37.84
Value Self Plus One	JS6	797.36	838.73	499.11	339.62	46.90	797.36	838.73	519.62	319.11	40.03

South Dakota Aetna HealthFund HDHP and Aetna Direct Plan

HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04

South Dakota Aetna HealthFund HDHP and Aetna Direct Plan

CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23

South Dakota Aetna HealthFund CDHP and Aetna Value Plan

CDHP Self	G51	346.28	362.37	233.38	128.99	18.33	346.28	362.37	242.97	119.40	15.10
CDHP Self & Family	G52	789.85	826.56	532.62	293.94	40.16	789.85	826.56	554.50	272.06	32.77
CDHP Self Plus One	G53	782.04	818.39	499.11	319.28	41.88	782.04	818.39	519.62	298.77	35.01
Value Self	G54	253.66	309.50	233.38	76.12	18.41	253.66	309.50	242.97	66.53	13.90
Value Self & Family	G55	580.95	708.86	532.62	176.24	44.07	580.95	708.86	554.50	154.36	33.81
Value Self Plus One	G56	569.57	694.97	499.11	195.86	66.28	569.57	694.97	519.62	175.35	57.16

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)	Plan - Option - Enrollment Code	2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2				
			Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment	
South Dakota HealthPartners												
	High Self	V31	356.92	364.76	233.38	131.38	10.08	356.92	364.76	242.97	121.79	6.85
	High Self & Family	V32	869.46	888.56	532.62	355.94	22.55	869.46	888.56	554.50	334.06	15.16
	High Self Plus One	V33	788.79	806.11	499.11	307.00	22.85	788.79	806.11	519.62	286.49	15.98
	Standard Self	V34	211.15	197.58	150.16	47.42	-0.62	211.15	197.58	156.58	41.00	-2.81
	Standard Self & Family	V35	514.37	481.30	365.79	115.51	-1.51	514.37	481.30	381.43	99.87	-6.86
	Standard Self Plus One	V36	466.65	436.65	331.85	104.80	-1.36	466.65	436.65	346.05	90.60	-6.23
Tennessee Aetna HealthFund HDHP and Aetna Direct Plan												
	HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
	HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
	HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Tennessee Aetna HealthFund HDHP and Aetna Direct Plan												
	CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
	CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
	CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Tennessee Aetna HealthFund CDHP and Aetna Value Plan												
	CDHP Self	F51	371.98	374.21	233.38	140.83	4.47	371.98	374.21	242.97	131.24	1.24
	CDHP Self & Family	F52	848.15	853.25	532.62	320.63	8.55	848.15	853.25	554.50	298.75	1.16
	CDHP Self Plus One	F53	839.75	844.80	499.11	345.69	10.58	839.75	844.80	519.62	325.18	3.71
	Value Self	F54	269.07	326.97	233.38	93.59	32.38	269.07	326.97	242.97	84.00	28.17
	Value Self & Family	F55	616.15	748.73	532.62	216.11	75.94	616.15	748.73	554.50	194.23	66.38
	Value Self Plus One	F56	604.06	734.04	499.11	234.93	97.51	604.06	734.04	519.62	214.42	89.08
Tennessee Aetna Open Access												
	High Self	UB1	486.01	459.15	233.38	225.77	-24.62	486.01	459.15	242.97	216.18	-27.85
	High Self & Family	UB2	1245.42	1176.58	532.62	643.96	-65.39	1245.42	1176.58	554.50	622.08	-72.78
	High Self Plus One	UB3	1233.10	1164.95	499.11	665.84	-62.62	1233.10	1164.95	519.62	645.33	-69.49

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Tennessee Humana CoverageFirst and Humana Value Plan												
CDHP Self TT1			294.50	307.13	233.38	73.75	6.75	294.50	307.13	242.97	64.16	3.05
CDHP Self & Family TT2			662.62	691.06	525.21	165.85	15.10	662.62	691.06	547.67	143.39	5.90
CDHP Self Plus One TT3			633.17	660.35	499.11	161.24	17.19	633.17	660.35	519.62	140.73	9.35
Value Self TT4			237.98	248.20	188.63	59.57	5.43	237.98	248.20	196.70	51.50	2.12
Value Self & Family TT5			535.46	558.43	424.41	134.02	12.20	535.46	558.43	442.56	115.87	4.76
Value Self Plus One TT6			511.66	533.61	405.54	128.07	11.67	511.66	533.61	422.89	110.72	4.55
Tennessee Humana Health Plan, Inc.												
High Self GJ1			396.16	444.81	233.38	211.43	50.89	396.16	444.81	242.97	201.84	47.66
High Self & Family GJ2			891.34	1000.79	532.62	468.17	112.90	891.34	1000.79	554.50	446.29	105.51
High Self Plus One GJ3			851.72	956.31	499.11	457.20	110.12	851.72	956.31	519.62	436.69	103.25
Standard Self GJ4			360.88	376.44	233.38	143.06	17.80	360.88	376.44	242.97	133.47	14.57
Standard Self & Family GJ5			811.98	846.98	532.62	314.36	38.45	811.98	846.98	554.50	292.48	31.06
Standard Self Plus One GJ6			775.89	809.33	499.11	310.22	38.97	775.89	809.33	519.62	289.71	32.10
Tennessee UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))												
HDHP Self LS1			202.27	193.25	146.87	46.38	0.36	202.27	193.25	153.15	40.10	-1.87
HDHP Self & Family LS2			505.67	444.50	337.82	106.68	-8.36	505.67	444.50	352.27	92.23	-12.70
HDHP Self Plus One LS3			434.88	415.50	315.78	99.72	0.78	434.88	415.50	329.28	86.22	-4.02
Tennessee UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO												
High Self KK1			274.77	313.40	233.38	80.02	17.51	274.77	313.40	242.97	70.43	13.42
High Self & Family KK2			686.91	783.52	532.62	250.90	94.63	686.91	783.52	554.50	229.02	86.49
High Self Plus One KK3			590.74	673.82	499.11	174.71	40.32	590.74	673.82	519.62	154.20	31.62
Texas Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self 224			280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family 225			618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One 226			606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Texas Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self N61			243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family N62			614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One N63			534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Texas Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self JS1			481.36	484.17	233.38	250.79	5.05	481.36	484.17	242.97	241.20	1.82
CDHP Self & Family JS2			1097.29	1103.70	532.62	571.08	9.86	1097.29	1103.70	554.50	549.20	2.47
CDHP Self Plus One JS3			1086.44	1092.78	499.11	593.67	11.87	1086.44	1092.78	519.62	573.16	5.00
Value Self JS4			352.77	371.07	233.38	137.69	20.54	352.77	371.07	242.97	128.10	17.31
Value Self & Family JS5			805.33	847.11	532.62	314.49	45.23	805.33	847.11	554.50	292.61	37.84
Value Self Plus One JS6			797.36	838.73	499.11	339.62	46.90	797.36	838.73	519.62	319.11	40.03
Texas Humana CoverageFirst and Humana Value Plan												
CDHP Self T31			292.28	301.89	229.44	72.45	5.96	292.28	301.89	239.25	62.64	1.99
CDHP Self & Family T32			657.63	679.24	516.22	163.02	13.41	657.63	679.24	538.30	140.94	4.48
CDHP Self Plus One T33			628.41	649.06	493.29	155.77	12.81	628.41	649.06	514.38	134.68	4.28
Value Self T34			222.64	229.96	174.77	55.19	4.54	222.64	229.96	182.24	47.72	1.52
Value Self & Family T35			500.95	517.42	393.24	124.18	10.21	500.95	517.42	410.06	107.36	3.41
Value Self Plus One T36			478.68	494.43	375.77	118.66	9.76	478.68	494.43	391.84	102.59	3.26
Texas Humana CoverageFirst and Humana Value Plan												
CDHP Self TP1			272.23	272.99	207.47	65.52	3.59	272.23	272.99	216.34	56.65	0.16
CDHP Self & Family TP2			612.52	614.23	466.81	147.42	8.07	612.52	614.23	486.78	127.45	0.35
CDHP Self Plus One TP3			585.30	586.94	446.07	140.87	7.71	585.30	586.94	465.15	121.79	0.34
Value Self TP4			193.27	184.12	139.93	44.19	0.22	193.27	184.12	145.92	38.20	-1.90
Value Self & Family TP5			434.87	414.27	314.85	99.42	0.49	434.87	414.27	328.31	85.96	-4.28
Value Self Plus One TP6			415.54	395.87	300.86	95.01	0.47	415.54	395.87	313.73	82.14	-4.08

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
Texas Humana CoverageFirst and Humana Value Plan												
CDHP Self	TU1	294.28	295.10	224.28	70.82	3.87	294.28	295.10	233.87	61.23	0.17	
CDHP Self & Family	TU2	662.14	663.99	504.63	159.36	8.72	662.14	663.99	526.21	137.78	0.39	
CDHP Self Plus One	TU3	632.70	634.47	482.20	152.27	8.33	632.70	634.47	502.82	131.65	0.36	
Value Self	TU4	234.09	234.75	178.41	56.34	3.08	234.09	234.75	186.04	48.71	0.14	
Value Self & Family	TU5	526.71	528.18	401.42	126.76	6.93	526.71	528.18	418.58	109.60	0.31	
Value Self Plus One	TU6	503.31	504.72	383.59	121.13	6.63	503.31	504.72	399.99	104.73	0.29	
Texas Humana CoverageFirst and Humana Value Plan												
CDHP Self	TV1	307.24	326.58	233.38	93.20	21.58	307.24	326.58	242.97	83.61	18.35	
CDHP Self & Family	TV2	691.29	734.81	532.62	202.19	44.92	691.29	734.81	554.50	180.31	36.87	
CDHP Self Plus One	TV3	660.57	702.16	499.11	203.05	47.12	660.57	702.16	519.62	182.54	40.25	
Value Self	TV4	249.11	267.29	203.14	64.15	7.48	249.11	267.29	211.83	55.46	3.77	
Value Self & Family	TV5	560.50	601.41	457.07	144.34	16.83	560.50	601.41	476.62	124.79	8.49	
Value Self Plus One	TV6	535.59	574.68	436.76	137.92	16.07	535.59	574.68	455.43	119.25	8.12	
Texas Humana Health Plan of Texas												
High Self	EW1	426.82	474.95	233.38	241.57	50.37	426.82	474.95	242.97	231.98	47.14	
High Self & Family	EW2	960.35	1068.65	532.62	536.03	111.75	960.35	1068.65	554.50	514.15	104.36	
High Self Plus One	EW3	917.66	1021.16	499.11	522.05	109.03	917.66	1021.16	519.62	501.54	102.16	
Standard Self	EW4	342.43	357.23	233.38	123.85	17.04	342.43	357.23	242.97	114.26	13.81	
Standard Self & Family	EW5	770.46	803.76	532.62	271.14	36.75	770.46	803.76	554.50	249.26	29.36	
Standard Self Plus One	EW6	736.22	768.04	499.11	268.93	37.35	736.22	768.04	519.62	248.42	30.48	
Texas Humana Health Plan of Texas												
Basic Self	Q21	261.82	275.77	209.59	66.18	6.62	261.82	275.77	218.55	57.22	2.89	
Basic Self & Family	Q22	589.10	620.47	471.56	148.91	14.89	589.10	620.47	491.72	128.75	6.51	
Basic Self Plus One	Q23	562.91	592.88	450.59	142.29	14.23	562.91	592.88	469.86	123.02	6.22	

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
Texas Humana Health Plan of Texas												
Basic Self	Q61		260.55	271.81	206.58	65.23	5.95	260.55	271.81	215.41	56.40	2.34
Basic Self & Family	Q62		586.24	611.59	464.81	146.78	13.41	586.24	611.59	484.69	126.90	5.26
Basic Self Plus One	Q63		560.19	584.40	444.14	140.26	12.82	560.19	584.40	463.14	121.26	5.02
Texas Humana Health Plan of Texas												
Basic Self	QX1		271.34	285.79	217.20	68.59	6.86	271.34	285.79	226.49	59.30	3.00
Basic Self & Family	QX2		610.51	643.02	488.70	154.32	15.43	610.51	643.02	509.59	133.43	6.75
Basic Self Plus One	QX3		583.38	614.44	466.97	147.47	14.75	583.38	614.44	486.94	127.50	6.45
Texas Humana Health Plan of Texas												
Basic Self	QY1		268.91	283.23	215.25	67.98	6.80	268.91	283.23	224.46	58.77	2.97
Basic Self & Family	QY2		605.05	637.27	484.33	152.94	15.29	605.05	637.27	505.04	132.23	6.68
Basic Self Plus One	QY3		578.17	608.95	462.80	146.15	14.62	578.17	608.95	482.59	126.36	6.39
Texas Humana Health Plan of Texas												
High Self	UC1		428.79	451.35	233.38	217.97	24.80	428.79	451.35	242.97	208.38	21.57
High Self & Family	UC2		964.78	1015.55	532.62	482.93	54.22	964.78	1015.55	554.50	461.05	46.83
High Self Plus One	UC3		921.90	970.41	499.11	471.30	54.04	921.90	970.41	519.62	450.79	47.17
Standard Self	UC4		343.95	369.17	233.38	135.79	27.46	343.95	369.17	242.97	126.20	24.23
Standard Self & Family	UC5		773.88	830.63	532.62	298.01	60.20	773.88	830.63	554.50	276.13	52.81
Standard Self Plus One	UC6		739.49	793.71	499.11	294.60	59.75	739.49	793.71	519.62	274.09	52.88
Texas Humana Health Plan of Texas												
High Self	UR1		632.72	596.23	233.38	362.85	-34.25	632.72	596.23	242.97	353.26	-37.48
High Self & Family	UR2		1423.61	1341.53	532.62	808.91	-78.63	1423.61	1341.53	554.50	787.03	-86.02
High Self Plus One	UR3		1360.35	1281.90	499.11	782.79	-72.92	1360.35	1281.90	519.62	762.28	-79.79
Standard Self	UR4		409.92	411.18	233.38	177.80	3.50	409.92	411.18	242.97	168.21	0.27
Standard Self & Family	UR5		922.31	925.17	532.62	392.55	6.31	922.31	925.17	554.50	370.67	-1.08
Standard Self Plus One	UR6		881.32	884.05	499.11	384.94	8.26	881.32	884.05	519.62	364.43	1.39

Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
			Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code											
Texas Humana Health Plan of Texas											
High Self	UU1	670.60	679.02	233.38	445.64	10.66	670.60	679.02	242.97	436.05	7.43
High Self & Family	UU2	1508.86	1527.76	532.62	995.14	22.35	1508.86	1527.76	554.50	973.26	14.96
High Self Plus One	UU3	1441.80	1459.87	499.11	960.76	23.60	1441.80	1459.87	519.62	940.25	16.73
Standard Self	UU4	547.68	598.83	233.38	365.45	53.39	547.68	598.83	242.97	355.86	50.16
Standard Self & Family	UU5	1232.31	1347.38	532.62	814.76	118.52	1232.31	1347.38	554.50	792.88	111.13
Standard Self Plus One	UU6	1177.54	1287.49	499.11	788.38	115.48	1177.54	1287.49	519.62	767.87	108.61
Texas Scott and White Health Plan											
Basic Self	A81	304.52	279.64	212.53	67.11	-2.17	304.52	279.64	221.61	58.03	-5.16
Basic Self & Family	A82	713.56	656.09	498.63	157.46	-20.03	713.56	656.09	519.95	136.14	-26.86
Basic Self Plus One	A83	596.89	619.85	471.09	148.76	12.97	596.89	619.85	491.23	128.62	4.77
Standard Self	A84	360.53	340.93	233.38	107.55	-17.36	360.53	340.93	242.97	97.96	-20.59
Standard Self & Family	A85	844.98	800.14	532.62	267.52	-41.39	844.98	800.14	554.50	245.64	-48.78
Standard Self Plus One	A86	706.79	755.92	499.11	256.81	54.66	706.79	755.92	519.62	236.30	47.79
Texas Scott and White Health Plan											
Basic Self	P81	340.97	313.82	233.38	80.44	-24.91	340.97	313.82	242.97	70.85	-28.14
Basic Self & Family	P82	799.09	736.43	532.62	203.81	-59.21	799.09	736.43	554.50	181.93	-66.60
Basic Self Plus One	P83	668.42	695.73	499.11	196.62	32.84	668.42	695.73	519.62	176.11	25.97
Standard Self	P84	403.70	381.63	233.38	148.25	-19.83	403.70	381.63	242.97	138.66	-23.06
Standard Self & Family	P85	946.29	895.77	532.62	363.15	-47.07	946.29	895.77	554.50	341.27	-54.46
Standard Self Plus One	P86	791.51	846.27	499.11	347.16	60.29	791.51	846.27	519.62	326.65	53.42
Texas UnitedHealthcare Insurance Company, Inc. (Choice Plus Advanced)											
Value Self	L91	213.84	201.72	153.31	48.41	-0.24	213.84	201.72	159.86	41.86	-2.51
Value Self & Family	L92	599.62	565.61	429.86	135.75	-0.66	599.62	565.61	448.25	117.36	-7.06
Value Self Plus One	L93	417.64	393.95	299.40	94.55	-0.46	417.64	393.95	312.21	81.74	-4.92

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Utah Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self 224			280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family 225			618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One 226			606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Utah Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self N61			243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family N62			614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One N63			534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Utah Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self G51			346.28	362.37	233.38	128.99	18.33	346.28	362.37	242.97	119.40	15.10
CDHP Self & Family G52			789.85	826.56	532.62	293.94	40.16	789.85	826.56	554.50	272.06	32.77
CDHP Self Plus One G53			782.04	818.39	499.11	319.28	41.88	782.04	818.39	519.62	298.77	35.01
Value Self G54			253.66	309.50	233.38	76.12	18.41	253.66	309.50	242.97	66.53	13.90
Value Self & Family G55			580.95	708.86	532.62	176.24	44.07	580.95	708.86	554.50	154.36	33.81
Value Self Plus One G56			569.57	694.97	499.11	195.86	66.28	569.57	694.97	519.62	175.35	57.16
Utah Altius Health Plans												
High Self 9K1			391.42	431.65	233.38	198.27	42.47	391.42	431.65	242.97	188.68	39.24
High Self & Family 9K2			865.60	954.58	532.62	421.96	92.43	865.60	954.58	554.50	400.08	85.04
High Self Plus One 9K3			857.03	945.13	499.11	446.02	93.63	857.03	945.13	519.62	425.51	86.76
HDHP Self 9K4			194.17	233.96	177.81	56.15	11.98	194.17	233.96	185.41	48.55	8.26
HDHP Self & Family 9K5			405.80	488.96	371.61	117.35	25.03	405.80	488.96	387.50	101.46	17.26
HDHP Self Plus One 9K6			397.84	479.37	364.32	115.05	24.54	397.84	479.37	379.90	99.47	16.92
Utah Altius Health Plans												
Standard Self DK4			273.97	328.82	233.38	95.44	33.11	273.97	328.82	242.97	85.85	29.00
Standard Self & Family DK5			604.99	726.14	532.62	193.52	55.88	604.99	726.14	554.50	171.64	46.10
Standard Self Plus One DK6			599.00	718.94	499.11	219.83	83.56	599.00	718.94	519.62	199.32	75.03

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code		Total Premium		Govt Pays	Empl. Pays	Change in empl. payment	Total Premium m		Govt Pays	Empl. Pays	Change in empl. payment	
Utah SelectHealth Plan												
High Self	SF1	449.39	482.06	233.38	248.68	34.91	449.39	482.06	242.97	239.09	31.68	
High Self & Family	SF2	1024.25	1098.71	532.62	566.09	77.91	1024.25	1098.71	554.50	544.21	70.52	
High Self Plus One	SF3	1024.25	1098.71	499.11	599.60	79.99	1024.25	1098.71	519.62	579.09	73.12	
Standard Self	SF4	274.81	285.79	217.20	68.59	6.07	274.81	285.79	226.49	59.30	2.28	
Standard Self & Family	SF5	626.33	651.35	495.03	156.32	13.83	626.33	651.35	516.19	135.16	5.20	
Standard Self Plus One	SF6	626.33	651.35	495.03	156.32	13.83	626.33	651.35	516.19	135.16	5.20	
Utah SelectHealth Plan												
HDHP Self	WX1	New Plan	233.96	177.81	56.15	New Plan	New Plan	233.96	185.41	48.55	New Plan	
HDHP Self & Family	WX2	New Plan	533.22	405.25	127.97	New Plan	New Plan	533.22	422.58	110.64	New Plan	
HDHP Self Plus One	WX3	New Plan	533.22	405.25	127.97	New Plan	New Plan	533.22	422.58	110.64	New Plan	
Vermont Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01	
HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04	
HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04	
Vermont Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85	
CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17	
CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23	
Vermont Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self	EP1	414.74	423.14	233.38	189.76	10.64	414.74	423.14	242.97	180.17	7.41	
CDHP Self & Family	EP2	945.84	965.00	532.62	432.38	22.61	945.84	965.00	554.50	410.50	15.22	
CDHP Self Plus One	EP3	936.48	955.44	499.11	456.33	24.49	936.48	955.44	519.62	435.82	17.62	
Value Self	EP4	260.95	285.73	217.15	68.58	9.21	260.95	285.73	226.44	59.29	5.14	
Value Self & Family	EP5	597.56	654.30	497.27	157.03	21.09	597.56	654.30	518.53	135.77	11.78	
Value Self Plus One	EP6	585.84	641.47	487.52	153.95	20.67	585.84	641.47	508.36	133.11	11.55	

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code		Total Premium		Govt Pays	Empl. Pays	Change in empl. payment	Total Premium m		Govt Pays	Empl. Pays	Change in empl. payment	
Virgin Islands Triple-S Salud, Inc.												
High Self		851	289.79	304.27	231.25	73.02	7.09	289.79	304.27	241.13	63.14	3.01
High Self & Family		852	663.61	696.79	529.56	167.23	16.26	663.61	696.79	552.21	144.58	6.88
High Self Plus One		853	650.67	683.20	499.11	184.09	36.06	650.67	683.20	519.62	163.58	28.57
Virginia Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self		224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family		225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One		226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Virginia Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self		N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family		N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One		N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Virginia Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self		F51	371.98	374.21	233.38	140.83	4.47	371.98	374.21	242.97	131.24	1.24
CDHP Self & Family		F52	848.15	853.25	532.62	320.63	8.55	848.15	853.25	554.50	298.75	1.16
CDHP Self Plus One		F53	839.75	844.80	499.11	345.69	10.58	839.75	844.80	519.62	325.18	3.71
Value Self		F54	269.07	326.97	233.38	93.59	32.38	269.07	326.97	242.97	84.00	28.17
Value Self & Family		F55	616.15	748.73	532.62	216.11	75.94	616.15	748.73	554.50	194.23	66.38
Value Self Plus One		F56	604.06	734.04	499.11	234.93	97.51	604.06	734.04	519.62	214.42	89.08
Virginia Aetna Open Access												
High Self		JN1	509.12	516.52	233.38	283.14	9.64	509.12	516.52	242.97	273.55	6.41
High Self & Family		JN2	1144.59	1161.22	532.62	628.60	20.08	1144.59	1161.22	554.50	606.72	12.69
High Self Plus One		JN3	1133.25	1149.71	499.11	650.60	21.99	1133.25	1149.71	519.62	630.09	15.12
Basic Self		JN4	305.93	314.06	233.38	80.68	10.37	305.93	314.06	242.97	71.09	7.14
Basic Self & Family		JN5	700.13	718.73	532.62	186.11	22.05	700.13	718.73	554.50	164.23	14.66
Basic Self Plus One		JN6	642.92	660.00	499.11	160.89	14.63	642.92	660.00	519.62	140.38	6.97

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2				
			Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premiu m	Govt Pays	Empl. Pays	Change in empl. payment	
Plan - Option - Enrollment Code												
Virginia CareFirst BlueChoice												
	Standard Self	2G4	320.13	368.16	233.38	134.78	50.27	320.13	368.16	242.97	125.19	47.04
	Standard Self & Family	2G5	760.64	874.73	532.62	342.11	117.54	760.64	874.73	554.50	320.23	110.15
	Standard Self Plus One	2G6	640.27	736.31	499.11	237.20	91.54	640.27	736.31	519.62	216.69	83.83
Virginia CareFirst BlueChoice												
	HDHP Self	B61	281.41	239.20	181.79	57.41	-6.61	281.41	239.20	189.57	49.63	-8.76
	HDHP Self & Family	B62	668.62	568.33	431.93	136.40	-15.71	668.62	568.33	450.40	117.93	-20.81
	HDHP Self Plus One	B63	562.82	478.39	363.58	114.81	-13.23	562.82	478.39	379.12	99.27	-17.52
Virginia Kaiser Foundation Health Plan Mid-Atlantic States												
	High Self	E31	304.78	319.70	233.38	86.32	16.98	304.78	319.70	242.97	76.73	13.49
	High Self & Family	E32	701.00	735.30	532.62	202.68	37.75	701.00	735.30	554.50	180.80	30.36
	High Self Plus One	E33	701.00	735.30	499.11	236.19	39.83	701.00	735.30	519.62	215.68	32.96
	Standard Self	E34	233.06	240.81	183.02	57.79	4.77	233.06	240.81	190.84	49.97	1.61
	Standard Self & Family	E35	536.07	553.84	420.92	132.92	10.96	536.07	553.84	438.92	114.92	3.69
	Standard Self Plus One	E36	536.07	553.84	420.92	132.92	10.96	536.07	553.84	438.92	114.92	3.69
Virginia Kaiser Foundation Health Plan Mid-Atlantic States												
	Basic Self	T71	212.32	193.90	147.36	46.54	-1.76	212.32	193.90	153.67	40.23	-3.83
	Basic Self & Family	T72	509.77	473.61	359.94	113.67	-2.30	509.77	473.61	375.34	98.27	-7.51
	Basic Self Plus One	T73	464.41	431.49	327.93	103.56	-2.09	464.41	431.49	341.96	89.53	-6.84
Virginia M.D. IPA												
	High Self	JP1	331.28	365.01	233.38	131.63	35.97	331.28	365.01	242.97	122.04	32.74
	High Self & Family	JP2	928.92	1023.48	532.62	490.86	98.01	928.92	1023.48	554.50	468.98	90.62
	High Self Plus One	JP3	646.99	712.86	499.11	213.75	66.56	646.99	712.86	519.62	193.24	58.99

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code		Total Premium		Govt Pays	Empl. Pays	Change in empl. payment	Total Premium m		Govt Pays	Empl. Pays	Change in empl. payment	
Virginia Optima Health												
High Self	PG1	300.59	313.14	233.38	79.76	11.38	300.59	313.14	242.97	70.17	7.80	
High Self & Family	PG2	726.37	756.68	532.62	224.06	33.76	726.37	756.68	554.50	202.18	26.37	
High Self Plus One	PG3	726.32	756.63	499.11	257.52	35.84	726.32	756.63	519.62	237.01	28.97	
HDHP Self	PG4	New Plan	279.32	212.28	67.04	New Plan	New Plan	279.32	221.36	57.96	New Plan	
HDHP Self & Family	PG5	New Plan	616.15	468.27	147.88	New Plan	New Plan	616.15	488.30	127.85	New Plan	
HDHP Self Plus One	PG6	New Plan	604.06	459.09	144.97	New Plan	New Plan	604.06	478.72	125.34	New Plan	
Virginia UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))												
HDHP Self	V41	261.68	228.78	173.87	54.91	-4.62	261.68	228.78	181.31	47.47	-6.83	
HDHP Self & Family	V42	654.22	526.18	399.90	126.28	-22.56	654.22	526.18	417.00	109.18	-26.57	
HDHP Self Plus One	V43	562.62	491.87	373.82	118.05	-9.95	562.62	491.87	389.81	102.06	-14.68	
Virginia UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO												
High Self	LR1	280.61	308.28	233.38	74.90	11.06	280.61	308.28	242.97	65.31	7.08	
High Self & Family	LR2	701.54	730.61	532.62	197.99	32.52	701.54	730.61	554.50	176.11	25.13	
High Self Plus One	LR3	603.32	662.79	499.11	163.68	26.42	603.32	662.79	519.62	143.17	17.98	
Virginia UnitedHealthcare Insurance Company, Inc. (Choice Plus Advanced)												
Value Self	L91	213.84	201.72	153.31	48.41	-0.24	213.84	201.72	159.86	41.86	-2.51	
Value Self & Family	L92	599.62	565.61	429.86	135.75	-0.66	599.62	565.61	448.25	117.36	-7.06	
Value Self Plus One	L93	417.64	393.95	299.40	94.55	-0.46	417.64	393.95	312.21	81.74	-4.92	
Washington Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01	
HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04	
HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04	
Washington Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85	
CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17	
CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23	

Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)	2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code										

Washington Aetna HealthFund CDHP and Aetna Value Plan

CDHP Self	G51	346.28	362.37	233.38	128.99	18.33	346.28	362.37	242.97	119.40	15.10
CDHP Self & Family	G52	789.85	826.56	532.62	293.94	40.16	789.85	826.56	554.50	272.06	32.77
CDHP Self Plus One	G53	782.04	818.39	499.11	319.28	41.88	782.04	818.39	519.62	298.77	35.01
Value Self	G54	253.66	309.50	233.38	76.12	18.41	253.66	309.50	242.97	66.53	13.90
Value Self & Family	G55	580.95	708.86	532.62	176.24	44.07	580.95	708.86	554.50	154.36	33.81
Value Self Plus One	G56	569.57	694.97	499.11	195.86	66.28	569.57	694.97	519.62	175.35	57.16

Washington Kaiser Foundation Health Plan of Northwest

High Self	571	319.42	326.16	233.38	92.78	8.98	319.42	326.16	242.97	83.19	5.75
High Self & Family	572	721.45	736.69	532.62	204.07	18.69	721.45	736.69	554.50	182.19	11.30
High Self Plus One	573	721.45	736.69	499.11	237.58	20.77	721.45	736.69	519.62	217.07	13.90
Standard Self	574	277.04	286.29	217.58	68.71	5.68	277.04	286.29	226.88	59.41	1.92
Standard Self & Family	575	636.45	657.69	499.84	157.85	13.06	636.45	657.69	521.22	136.47	4.41
Standard Self Plus One	576	636.45	657.69	499.11	158.58	13.79	636.45	657.69	519.62	138.07	6.01

Washington Kaiser Foundation Health Plan of Washington

High Self	541	381.04	376.34	233.38	142.96	-2.46	381.04	376.34	242.97	133.37	-5.69
High Self & Family	542	838.30	827.96	532.62	295.34	-6.89	838.30	827.96	554.50	273.46	-14.28
High Self Plus One	543	838.30	827.96	499.11	328.85	-4.81	838.30	827.96	519.62	308.34	-11.68
Standard Self	544	281.07	270.08	205.26	64.82	0.88	281.07	270.08	214.04	56.04	-2.28
Standard Self & Family	545	646.46	621.19	472.10	149.09	2.02	646.46	621.19	492.29	128.90	-5.24
Standard Self Plus One	546	646.46	621.19	472.10	149.09	2.02	646.46	621.19	492.29	128.90	-5.24

Postal Premium Rates for the Federal Employees Health Benefits Program											
Health Management Organizations (HMO)		2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code			Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Washington Kaiser Permanente Washington Options Federal											
Standard Self	L11	306.72	322.07	233.38	88.69	17.59	306.72	322.07	242.97	79.10	14.36
Standard Self & Family	L12	680.91	714.98	532.62	182.36	27.45	680.91	714.98	554.50	160.48	19.19
Standard Self Plus One	L13	680.91	714.98	499.11	215.87	39.60	680.91	714.98	519.62	195.36	32.73
HDHP Self	L14	242.67	271.00	205.96	65.04	9.83	242.67	271.00	214.77	56.23	5.88
HDHP Self & Family	L15	538.73	601.61	457.22	144.39	21.83	538.73	601.61	476.78	124.83	13.04
HDHP Self Plus One	L16	538.73	601.61	457.22	144.39	21.83	538.73	601.61	476.78	124.83	13.04
Washington UnitedHealthcare Insurance Company, Inc. (A HDHP with a Health Savings Account (HSA))											
HDHP Self	LU1	222.88	207.84	157.96	49.88	-0.83	222.88	207.84	164.71	43.13	-3.12
HDHP Self & Family	LU2	557.19	478.03	363.30	114.73	-12.03	557.19	478.03	378.84	99.19	-16.43
HDHP Self Plus One	LU3	479.19	446.86	339.61	107.25	-1.77	479.19	446.86	354.14	92.72	-6.71
Washington UnitedHealthcare Insurance Company, Inc. (Choice Open Access) Independent Practice HMO											
High Self	KT1	281.85	313.47	233.38	80.09	15.97	281.85	313.47	242.97	70.50	12.02
High Self & Family	KT2	704.63	783.67	532.62	251.05	82.49	704.63	783.67	554.50	229.17	75.10
High Self Plus One	KT3	605.98	673.95	499.11	174.84	36.98	605.98	673.95	519.62	154.33	28.59
West Virginia Aetna HealthFund HDHP and Aetna Direct Plan											
HDHP Self	224	280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family	225	618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One	226	606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
West Virginia Aetna HealthFund HDHP and Aetna Direct Plan											
CDHP Self	N61	243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family	N62	614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One	N63	534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium m	Govt Pays	Empl. Pays	Change in empl. payment
West Virginia Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self F51			371.98	374.21	233.38	140.83	4.47	371.98	374.21	242.97	131.24	1.24
CDHP Self & Family F52			848.15	853.25	532.62	320.63	8.55	848.15	853.25	554.50	298.75	1.16
CDHP Self Plus One F53			839.75	844.80	499.11	345.69	10.58	839.75	844.80	519.62	325.18	3.71
Value Self F54			269.07	326.97	233.38	93.59	32.38	269.07	326.97	242.97	84.00	28.17
Value Self & Family F55			616.15	748.73	532.62	216.11	75.94	616.15	748.73	554.50	194.23	66.38
Value Self Plus One F56			604.06	734.04	499.11	234.93	97.51	604.06	734.04	519.62	214.42	89.08
Wisconsin Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self 224			280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family 225			618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One 226			606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04
Wisconsin Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self N61			243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family N62			614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One N63			534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Wisconsin Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self JS1			481.36	484.17	233.38	250.79	5.05	481.36	484.17	242.97	241.20	1.82
CDHP Self & Family JS2			1097.29	1103.70	532.62	571.08	9.86	1097.29	1103.70	554.50	549.20	2.47
CDHP Self Plus One JS3			1086.44	1092.78	499.11	593.67	11.87	1086.44	1092.78	519.62	573.16	5.00
Value Self JS4			352.77	371.07	233.38	137.69	20.54	352.77	371.07	242.97	128.10	17.31
Value Self & Family JS5			805.33	847.11	532.62	314.49	45.23	805.33	847.11	554.50	292.61	37.84
Value Self Plus One JS6			797.36	838.73	499.11	339.62	46.90	797.36	838.73	519.62	319.11	40.03

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium m	Govt Pays	Empl. Pays	Change in empl. payment
Plan - Option - Enrollment Code												
Wisconsin Dean Health Plan												
High Self	WD1		492.66	506.37	233.38	272.99	15.95	492.66	506.37	242.97	263.40	12.72
High Self & Family	WD2		1133.10	1164.64	532.62	632.02	34.99	1133.10	1164.64	554.50	610.14	27.60
High Self Plus One	WD3		1034.57	1063.37	499.11	564.26	34.33	1034.57	1063.37	519.62	543.75	27.46
Standard Self	WD4		296.77	298.00	226.48	71.52	4.00	296.77	298.00	236.17	61.83	0.25
Standard Self & Family	WD5		712.25	715.21	532.62	182.59	6.41	712.25	715.21	554.50	160.71	-0.98
Standard Self Plus One	WD6		652.90	655.62	498.27	157.35	8.82	652.90	655.62	519.58	136.04	0.56
Wisconsin Group Health Cooperative												
High Self	WJ1		321.77	337.40	233.38	104.02	17.87	321.77	337.40	242.97	94.43	14.64
High Self & Family	WJ2		958.87	877.24	532.62	344.62	-78.18	958.87	877.24	554.50	322.74	-85.57
High Self Plus One	WJ3		637.10	742.28	499.11	243.17	98.23	637.10	742.28	519.62	222.66	90.46
Wisconsin HealthPartners												
High Self	V31		356.92	364.76	233.38	131.38	10.08	356.92	364.76	242.97	121.79	6.85
High Self & Family	V32		869.46	888.56	532.62	355.94	22.55	869.46	888.56	554.50	334.06	15.16
High Self Plus One	V33		788.79	806.11	499.11	307.00	22.85	788.79	806.11	519.62	286.49	15.98
Standard Self	V34		211.15	197.58	150.16	47.42	-0.62	211.15	197.58	156.58	41.00	-2.81
Standard Self & Family	V35		514.37	481.30	365.79	115.51	-1.51	514.37	481.30	381.43	99.87	-6.86
Standard Self Plus One	V36		466.65	436.65	331.85	104.80	-1.36	466.65	436.65	346.05	90.60	-6.23
Wisconsin MercyCare Health Plans												
High Self	EY1		353.76	352.64	233.38	119.26	1.12	353.76	352.64	242.97	109.67	-2.11
High Self & Family	EY2		923.20	920.31	532.62	387.69	0.56	923.20	920.31	554.50	365.81	-6.83
High Self Plus One	EY3		760.59	758.22	499.11	259.11	3.16	760.59	758.22	519.62	238.60	-3.71
Wyoming Aetna HealthFund HDHP and Aetna Direct Plan												
HDHP Self	224		280.35	304.48	231.40	73.08	9.30	280.35	304.48	241.30	63.18	5.01
HDHP Self & Family	225		618.42	671.63	510.44	161.19	20.50	618.42	671.63	532.27	139.36	11.04
HDHP Self Plus One	226		606.29	658.47	499.11	159.36	21.43	606.29	658.47	519.62	138.85	13.04

Postal Premium Rates for the Federal Employees Health Benefits Program												
Health Management Organizations (HMO)			2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 1				2018 Total Biweekly Premium	2019 Biweekly Postal Premium Rates Category 2			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Wyoming Aetna HealthFund HDHP and Aetna Direct Plan												
CDHP Self N61			243.54	257.23	195.49	61.74	6.33	243.54	257.23	203.85	53.38	2.85
CDHP Self & Family N62			614.17	648.71	493.02	155.69	15.97	614.17	648.71	514.10	134.61	7.17
CDHP Self Plus One N63			534.08	564.12	428.73	135.39	13.89	534.08	564.12	447.07	117.05	6.23
Wyoming Aetna HealthFund CDHP and Aetna Value Plan												
CDHP Self H41			379.77	382.55	233.38	149.17	5.02	379.77	382.55	242.97	139.58	1.79
CDHP Self & Family H42			865.68	872.02	532.62	339.40	9.79	865.68	872.02	554.50	317.52	2.40
CDHP Self Plus One H43			857.11	863.39	499.11	364.28	11.81	857.11	863.39	519.62	343.77	4.94
Value Self H44			265.72	284.55	216.26	68.29	7.84	265.72	284.55	225.51	59.04	3.90
Value Self & Family H45			609.86	653.07	496.33	156.74	18.00	609.86	653.07	517.56	135.51	8.96
Value Self Plus One H46			597.90	640.27	486.61	153.66	17.64	597.90	640.27	507.41	132.86	8.80
Wyoming Altius Health Plans												
High Self 9K1			391.42	431.65	233.38	198.27	42.47	391.42	431.65	242.97	188.68	39.24
High Self & Family 9K2			865.60	954.58	532.62	421.96	92.43	865.60	954.58	554.50	400.08	85.04
High Self Plus One 9K3			857.03	945.13	499.11	446.02	93.63	857.03	945.13	519.62	425.51	86.76
HDHP Self 9K4			194.17	233.96	177.81	56.15	11.98	194.17	233.96	185.41	48.55	8.26
HDHP Self & Family 9K5			405.80	488.96	371.61	117.35	25.03	405.80	488.96	387.50	101.46	17.26
HDHP Self Plus One 9K6			397.84	479.37	364.32	115.05	24.54	397.84	479.37	379.90	99.47	16.92
Wyoming Altius Health Plans												
Standard Self DK4			273.97	328.82	233.38	95.44	33.11	273.97	328.82	242.97	85.85	29.00
Standard Self & Family DK5			604.99	726.14	532.62	193.52	55.88	604.99	726.14	554.50	171.64	46.10
Standard Self Plus One DK6			599.00	718.94	499.11	219.83	83.56	599.00	718.94	519.62	199.32	75.03

Federal Employees Dental and Vision Insurance Program (FEDVIP) 2019 Dental Premium Rate Charts							
		2019 Biweekly premium rates			2019 Monthly premium rates		
Plan - Option	Rating Region	Self-Only	Self Plus One	Self & Family	Self-Only	Self Plus One	Self & Family

Please note: Rating areas for each carrier are not the same for all plans. Please refer to the Dental Rating Chart to determine your specific region.

Aetna PPO -High Option

	1	\$15.04	\$30.07	\$45.11	\$32.59	\$65.15	\$97.74
	2	\$16.56	\$33.12	\$49.67	\$35.88	\$71.76	\$107.62
(In and Out-of-Network Benefits)	3	\$17.62	\$35.26	\$52.86	\$38.18	\$76.40	\$114.53
	4	\$19.45	\$38.89	\$58.33	\$42.14	\$84.26	\$126.38
	5	\$21.11	\$42.23	\$63.34	\$45.74	\$91.50	\$137.24

Delta Dental PPO - Standard Option

	1	\$8.68	\$17.35	\$26.03	\$18.81	\$37.59	\$56.40
	2	\$9.45	\$18.91	\$28.35	\$20.48	\$40.97	\$61.43
(In and Out-of-Network Benefits)	3	\$10.18	\$20.37	\$30.56	\$22.06	\$44.14	\$66.21
	4	\$10.74	\$21.47	\$32.21	\$23.27	\$46.52	\$69.79
	5	\$12.27	\$24.54	\$36.81	\$26.59	\$53.17	\$79.76

Delta Dental PPO - High Option

	1	\$16.74	\$33.48	\$50.22	\$36.27	\$72.54	\$108.81
	2	\$18.36	\$36.71	\$55.07	\$39.78	\$79.54	\$119.32
(In and Out-of-Network Benefits)	3	\$20.13	\$40.26	\$60.39	\$43.62	\$87.23	\$130.85
	4	\$21.41	\$42.83	\$64.25	\$46.39	\$92.80	\$139.21
	5	\$24.90	\$49.81	\$74.71	\$53.95	\$107.92	\$161.87

FEP BlueDental PPO - Standard Option

	1	\$9.17	\$18.34	\$27.52	\$19.87	\$39.74	\$59.63
	2	\$10.05	\$20.11	\$30.16	\$21.78	\$43.57	\$65.35
(In and Out-of-Network Benefits)	3	\$11.43	\$22.85	\$34.25	\$24.77	\$49.51	\$74.21
	4	\$12.34	\$24.66	\$36.97	\$26.74	\$53.43	\$80.10
	5	\$13.64	\$27.28	\$40.92	\$29.55	\$59.11	\$88.66

Federal Employees Dental and Vision Insurance Program (FEDVIP) 2019 Dental Premium Rate Charts

		2019 Biweekly premium rates			2019 Monthly premium rates		
Plan - Option	Rating Region	Self-Only	Self Plus One	Self & Family	Self-Only	Self Plus One	Self & Family

FEP BlueDental PPO - High Option

	1	\$17.32	\$34.65	\$51.97	\$37.53	\$75.08	\$112.60
	2	\$19.41	\$38.79	\$58.19	\$42.06	\$84.05	\$126.08
(In and Out-of-Network Benefits)	3	\$21.13	\$42.25	\$63.38	\$45.78	\$91.54	\$137.32
	4	\$22.89	\$45.74	\$68.62	\$49.60	\$99.10	\$148.68
	5	\$25.61	\$51.19	\$76.80	\$55.49	\$110.91	\$166.40

GEHA PPO - Standard Option

	1	\$9.78	\$19.57	\$29.34	\$21.19	\$42.40	\$63.57
	2	\$10.74	\$21.47	\$32.20	\$23.27	\$46.52	\$69.77
(In and Out-of-Network Benefits)	3	\$12.20	\$24.36	\$36.54	\$26.43	\$52.78	\$79.17
	4	\$13.16	\$26.30	\$39.45	\$28.51	\$56.98	\$85.48
	5	\$14.60	\$29.18	\$43.78	\$31.63	\$63.22	\$94.86

GEHA PPO - High Option

	1	\$16.55	\$33.11	\$49.66	\$35.86	\$71.74	\$107.60
	2	\$18.19	\$36.38	\$54.60	\$39.41	\$78.82	\$118.30
(In and Out-of-Network Benefits)	3	\$20.65	\$41.31	\$61.95	\$44.74	\$89.51	\$134.23
	4	\$22.30	\$44.59	\$66.91	\$48.32	\$96.61	\$144.97
	5	\$24.74	\$49.51	\$74.31	\$53.60	\$107.27	\$161.01

MetLife PPO - Standard Option

	1	\$9.77	\$19.55	\$29.32	\$21.17	\$42.36	\$63.53
	2	\$10.60	\$21.19	\$31.79	\$22.97	\$45.91	\$68.88
(In and Out-of-Network Benefits)	3	\$11.76	\$23.52	\$35.28	\$25.48	\$50.96	\$76.44
	4	\$13.04	\$26.08	\$39.13	\$28.25	\$56.51	\$84.78
	5	\$14.34	\$28.67	\$43.01	\$31.07	\$62.12	\$93.19

Federal Employees Dental and Vision Insurance Program (FEDVIP) 2019 Dental Premium Rate Charts							
		2019 Biweekly premium rates			2019 Monthly premium rates		
Plan - Option	Rating Region	Self-Only	Self Plus One	Self & Family	Self-Only	Self Plus One	Self & Family

MetLife PPO - High Option

	1	\$17.84	\$35.69	\$53.53	\$38.65	\$77.33	\$115.98
	2	\$19.98	\$39.96	\$59.94	\$43.29	\$86.58	\$129.87
(In and Out-of-Network Benefits)	3	\$21.76	\$43.53	\$65.29	\$47.15	\$94.32	\$141.46
	4	\$23.57	\$47.14	\$70.70	\$51.07	\$102.14	\$153.18
	5	\$26.38	\$52.75	\$79.13	\$57.16	\$114.29	\$171.45

United Concordia PPO

	1	\$14.10	\$28.20	\$42.28	\$30.55	\$61.10	\$91.61
	2	\$15.82	\$31.67	\$47.49	\$34.28	\$68.62	\$102.90
(In and Out-of-Network Benefits)	3	\$17.56	\$35.12	\$52.69	\$38.05	\$76.09	\$114.16
	4	\$19.30	\$38.60	\$57.89	\$41.82	\$83.63	\$125.43
	5	\$21.03	\$42.05	\$63.07	\$45.57	\$91.11	\$136.65

Dominion Dental HMO - Standard Option

	1	\$6.01	\$12.02	\$18.03	\$13.02	\$26.04	\$39.07
(In-Network Benefits Only except for emergency services)	2	\$6.27	\$12.54	\$18.81	\$13.59	\$27.17	\$40.76
	3	\$6.99	\$13.99	\$20.98	\$15.15	\$30.31	\$45.46
	4	\$7.76	\$15.51	\$23.27	\$16.81	\$33.61	\$50.42
	5	\$8.89	\$17.79	\$26.68	\$19.26	\$38.55	\$57.81

Dominion Dental HMO - High Option

	1	\$9.98	\$19.96	\$29.94	\$21.62	\$43.25	\$64.87
(In-Network Benefits Only except for emergency services)	2	\$10.35	\$20.70	\$31.05	\$22.43	\$44.85	\$67.28
	3	\$10.73	\$21.46	\$32.19	\$23.25	\$46.50	\$69.75
	4	\$11.13	\$22.27	\$33.40	\$24.12	\$48.25	\$72.37
	5	\$14.80	\$29.59	\$44.40	\$32.07	\$64.11	\$96.20

Federal Employees Dental and Vision Insurance Program (FEDVIP) 2019 Dental Premium Rate Charts							
		2019 Biweekly premium rates			2019 Monthly premium rates		
Plan - Option	Rating Region	Self-Only	Self Plus One	Self & Family	Self-Only	Self Plus One	Self & Family

Humana - High Option

	1	\$11.18	\$22.36	\$33.54	\$24.22	\$48.45	\$72.67
(In-Network Benefits Only except for emergency services)	2	\$11.85	\$23.68	\$35.52	\$25.68	\$51.31	\$76.96
	3	\$12.82	\$25.66	\$38.47	\$27.78	\$55.60	\$83.35
	4	\$15.56	\$31.12	\$46.67	\$33.71	\$67.43	\$101.12
	5	\$16.65	\$33.30	\$49.95	\$36.08	\$72.15	\$108.23

EmblemHealth PPO

(In and Out-of-Network Benefits)	1	\$20.21	\$40.40	\$60.61	\$43.79	\$87.53	\$131.32
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Triple S Salud PPO

(In-Network Benefits Only except for services rendered by orthodontists)	1	\$4.59	\$9.18	\$12.04	\$9.95	\$19.89	\$26.09
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Federal Employees Dental and Vision Insurance Program (FEDVIP) 2019 Vision Premium Rate Charts						
	2019 Biweekly premium rates			2019 Monthly premium rates		
Plan - Option	Self-Only	Self Plus One	Self & Family	Self-Only	Self Plus One	Self & Family

Blue Cross Blue Shield - High Option

\$5.40 \$10.79 \$16.19 \$11.70 \$23.38 \$35.08

Blue Cross Blue Shield - Standard Option

\$3.51 \$7.01 \$10.52 \$7.61 \$15.19 \$22.79

United Healthcare - High Option

\$4.64 \$9.03 \$13.45 \$10.05 \$19.57 \$29.14

United Healthcare - Standard Option

\$3.09 \$6.03 \$8.98 \$6.70 \$13.07 \$19.46

VSP - High Option

\$6.66 \$13.34 \$20.02 \$14.43 \$28.90 \$43.38

VSP - Standard Option

\$3.52 \$7.03 \$10.56 \$7.63 \$15.23 \$22.88

Aetna - High Option

\$5.63 \$11.24 \$16.87 \$12.20 \$24.35 \$36.55

Aetna - Standard Option

\$3.11 \$6.22 \$9.34 \$6.74 \$13.48 \$20.24

Federal Employees Dental and Vision Insurance Program (FEDVIP)

Rating Areas

State	State/ZIP(first 3)	Aetna	Delta Std	Delta High	FEP BlueDental Std	FEP BlueDental high	GEHA Std	GEHA High	MetLife Std	MetLife High	United Concordia	Dominion* Std	Dominion* High	Humana*	Emblem*	Triple S* Salud
AK	entire state	5	5	5	5	5	5	5	5	5	5	N/A	N/A	N/A	N/A	N/A
AL	356-358	1	1	1	1	1	1	1	1	1	1	N/A	N/A	3	N/A	N/A
AL	rest of state	2	1	1	1	1	1	1	1	1	1	N/A	N/A	2	N/A	N/A
AR	entire state	2	2	2	1	1	1	1	1	1	1	N/A	N/A	3	N/A	N/A
AZ	850-853	3	5	5	2	2	2	2	1	1	1	N/A	N/A	4	N/A	N/A
AZ	rest of state	3	5	5	3	3	2	2	1	1	1	N/A	N/A	3	N/A	N/A
CA	900-908, 910-918, 922-931	3	5	5	4	4	4	4	5	5	3	N/A	N/A	5	N/A	N/A
CA	919-921	3	5	5	5	5	4	4	4	4	4	N/A	N/A	5	N/A	N/A
CA	939-941, 943-952, 954	4	5	5	5	5	5	5	5	5	5	N/A	N/A	5	N/A	N/A
CA	942, 956-958	4	5	5	5	5	4	4	4	4	4	N/A	N/A	5	N/A	N/A
CA	rest of state	4	5	5	3	3	4	4	5	5	4	N/A	N/A	4	N/A	N/A
CO	800-806	3	4	4	3	3	4	4	4	4	3	N/A	N/A	5	N/A	N/A
CO	rest of state	3	4	4	3	3	4	4	4	4	3	N/A	N/A	5	N/A	N/A
CT	060-063	5	5	5	5	5	4	4	5	5	5	N/A	N/A	N/A	N/A	N/A
CT	064-069	3	5	5	5	5	5	5	5	5	5	N/A	N/A	N/A	1	N/A
DC	entire area	2	5	5	3	3	4	4	4	4	4	4	4	3	N/A	N/A
DE	entire state	2	4	4	3	3	3	3	3	3	2	5	5	N/A	N/A	N/A
FL	330-334	2	4	4	3	3	3	3	3	3	3	N/A	N/A	2	N/A	N/A
FL	rest of state	3	4	4	1	1	2	2	1	1	1	N/A	N/A	2	N/A	N/A
GA	300-303, 305, 311, 399	3	2	2	2	2	3	3	2	2	1	N/A	N/A	2	N/A	N/A
GA	rest of state	4	2	2	1	1	2	2	1	1	1	N/A	N/A	2	N/A	N/A
GU	entire area	5	5	5	5	5	1	1	1	1	5	N/A	N/A	N/A	N/A	N/A
HI	entire state	4	5	5	5	5	3	3	4	4	4	N/A	N/A	N/A	N/A	N/A
IA	entire state	3	4	4	2	2	1	1	1	1	1	N/A	N/A	N/A	N/A	N/A
ID	entire state	4	5	5	3	3	2	2	1	1	2	N/A	N/A	N/A	N/A	N/A
IL	600-608	2	2	2	3	3	3	3	4	4	3	N/A	N/A	2	N/A	N/A
IL	rest of state	3	2	2	1	1	1	1	1	1	1	N/A	N/A	1	N/A	N/A
IN	460-462, 472	2	1	1	1	1	2	2	1	1	1	N/A	N/A	3	N/A	N/A
IN	463-464	2	2	2	3	3	3	3	4	4	3	N/A	N/A	2	N/A	N/A
IN	470	2	1	1	1	1	2	2	1	1	1	N/A	N/A	1	N/A	N/A
IN	rest of state	3	1	1	1	1	1	1	1	1	1	N/A	N/A	2	N/A	N/A
KS	entire state	3	4	4	1	1	2	2	1	1	2	N/A	N/A	1	N/A	N/A
KY	410, 452, 459	2	1	1	1	1	2	2	1	1	1	N/A	N/A	1	N/A	N/A
KY	rest of state	1	1	1	1	1	1	1	1	1	1	N/A	N/A	1	N/A	N/A
LA	entire state	2	1	1	1	1	2	2	1	1	1	N/A	N/A	3	N/A	N/A
MA	010-011, 013	5	5	5	5	5	4	4	5	5	5	N/A	N/A	N/A	N/A	N/A
MA	014-027, 055	5	5	5	5	5	4	4	5	5	5	N/A	N/A	N/A	N/A	N/A
MA	rest of state	5	5	5	3	3	4	4	5	5	5	N/A	N/A	N/A	N/A	N/A
MD	200,202-212, 214, 217	2	5	5	3	3	4	4	4	4	4	4	4	3	N/A	N/A
MD	219	2	4	4	3	3	3	3	3	3	2	5	5	N/A	N/A	N/A
MD	rest of state	2	5	5	2	2	2	2	4	4	4	2	2	3	N/A	N/A
ME	038	5	5	5	5	5	4	4	5	5	5	N/A	N/A	N/A	N/A	N/A

Federal Employees Dental and Vision Insurance Program (FEDVIP)

Rating Areas

State	State/ZIP(first 3)	Aetna	Delta Std	Delta High	FEP BlueDental Std	FEP BlueDental high	GEHA Std	GEHA High	MetLife Std	MetLife High	United Concordia	Dominion* Std	Dominion* High	Humana*	Emblem*	Triple S* Salud
ME	rest of state	5	5	5	3	3	3	3	2	2	3	N/A	N/A	N/A	N/A	N/A
MI	480-485	3	4	4	3	3	3	3	3	3	2	N/A	N/A	N/A	N/A	N/A
MI	rest of state	3	4	4	2	2	2	2	2	2	2	N/A	N/A	N/A	N/A	N/A
MN	550-555, 563	2	4	4	4	4	3	3	4	4	3	N/A	N/A	N/A	N/A	N/A
MN	rest of state	3	4	4	2	2	2	2	2	2	2	N/A	N/A	N/A	N/A	N/A
MO	entire state	3	4	4	1	1	2	2	1	1	1	N/A	N/A	2	N/A	N/A
MS	entire state	2	1	1	1	1	1	1	1	1	1	N/A	N/A	3	N/A	N/A
MT	entire state	4	1	1	1	1	2	2	1	1	1	N/A	N/A	N/A	N/A	N/A
NC	275-277, 283	4	2	2	2	2	2	2	1	1	2	N/A	N/A	5	N/A	N/A
NC	rest of state	4	2	2	1	1	2	2	1	1	2	N/A	N/A	4	N/A	N/A
ND	entire state	3	1	1	4	4	1	1	1	1	1	N/A	N/A	N/A	N/A	N/A
NE	entire state	1	1	1	1	1	1	1	1	1	1	N/A	N/A	N/A	N/A	N/A
NH	030-033, 038	5	5	5	5	5	4	4	5	5	5	N/A	N/A	N/A	N/A	N/A
NH	rest of state	5	5	5	4	4	4	4	5	5	5	N/A	N/A	N/A	N/A	N/A
NJ	070,072-075, 077-079, 085-089	3	5	5	5	5	5	5	5	5	5	N/A	N/A	N/A	1	N/A
NJ	080-084	2	4	4	3	3	3	3	3	3	2	5	5	N/A	N/A	N/A
NJ	rest of state	3	5	5	4	4	5	5	5	5	5	N/A	N/A	N/A	1	N/A
NM	entire state	3	4	4	1	1	3	3	1	1	2	N/A	N/A	N/A	N/A	N/A
NV	entire state	2	5	5	1	1	3	3	2	2	4	N/A	N/A	N/A	N/A	N/A
NY	005, 100-119, 124-126	3	5	5	5	5	5	5	5	5	5	N/A	N/A	N/A	1	N/A
NY	063	5	5	5	5	5	4	4	5	5	5	N/A	N/A	N/A	1	N/A
NY	140-143	4	5	5	3	3	2	2	2	2	3	N/A	N/A	N/A	1	N/A
NY	rest of state	4	5	5	3	3	2	2	2	2	3	N/A	N/A	N/A	1	N/A
OH	430-432	2	1	1	1	1	2	2	1	1	2	N/A	N/A	2	N/A	N/A
OH	440-443	2	1	1	1	1	2	2	1	1	3	N/A	N/A	2	N/A	N/A
OH	450-452	2	1	1	1	1	2	2	1	1	1	N/A	N/A	1	N/A	N/A
OH	453-455, 459	2	1	1	1	1	2	2	1	1	2	N/A	N/A	1	N/A	N/A
OH	rest of state	3	1	1	1	1	1	1	1	1	1	N/A	N/A	1	N/A	N/A
OK	entire state	2	3	3	1	1	2	2	1	1	1	N/A	N/A	3	N/A	N/A
OR	970-973	4	5	5	3	3	3	3	4	4	5	N/A	N/A	N/A	N/A	N/A
OR	rest of state	5	5	5	2	2	3	3	3	3	4	N/A	N/A	N/A	N/A	N/A
PA	153-154, 156, 160-162	1	2	2	1	1	1	1	1	1	1	1	1	N/A	N/A	N/A
PA	173-174	2	5	5	3	3	4	4	4	4	4	4	4	N/A	N/A	N/A
PA	183	3	5	5	5	5	5	5	5	5	5	1	1	N/A	1	N/A
PA	189-196	2	4	4	3	3	3	3	3	3	2	5	5	N/A	N/A	N/A
PA	rest of state	3	2	2	1	1	1	1	1	1	1	1	1	N/A	N/A	N/A
PR	entire area	3	1	1	1	1	1	1	1	1	1	N/A	N/A	N/A	N/A	1
RI	entire state	5	5	5	5	5	4	4	5	5	5	N/A	N/A	N/A	N/A	N/A
SC	entire state	4	5	5	1	1	2	2	1	1	1	N/A	N/A	4	N/A	N/A
SD	entire state	3	5	5	1	1	1	1	1	1	1	N/A	N/A	N/A	N/A	N/A
TN	422	1	1	1	1	1	1	1	1	1	1	N/A	N/A	1	N/A	N/A
TN	rest of state	1	1	1	1	1	2	2	1	1	1	N/A	N/A	1	N/A	N/A

Federal Employees Dental and Vision Insurance Program (FEDVIP)

Rating Areas

State	State/ZIP(first 3)	Aetna	Delta Std	Delta High	FEP BlueDental Std	FEP BlueDental high	GEHA Std	GEHA High	MetLife Std	MetLife High	United Concordia	Dominion* Std	Dominion* High	Humana*	Emblem*	Triple S* Salud
TX	739	2	3	3	1	1	2	2	1	1	1	N/A	N/A	3	N/A	N/A
TX	750-754, 760-762	2	2	2	1	1	2	2	1	1	1	N/A	N/A	1	N/A	N/A
TX	770, 772-775	2	2	2	1	1	2	2	1	1	1	N/A	N/A	1	N/A	N/A
TX	rest of state	2	2	2	1	1	2	2	1	1	1	N/A	N/A	1	N/A	N/A
UT	entire state	2	5	5	1	1	1	1	1	1	3	N/A	N/A	3	N/A	N/A
VA	200-205, 220-227	2	5	5	3	3	4	4	4	4	4	4	4	3	N/A	N/A
VA	231-232, 238	3	3	3	2	2	2	2	1	1	2	3	3	3	N/A	N/A
VA	rest of state	3	3	3	1	1	2	2	1	1	1	4	4	4	N/A	N/A
VI	entire state	2	5	5	5	5	1	1	1	1	5	N/A	N/A	N/A	N/A	N/A
VT	entire state	5	5	5	4	4	2	2	2	2	3	N/A	N/A	N/A	N/A	N/A
WA	980-985	5	5	5	5	5	5	5	5	5	5	N/A	N/A	N/A	N/A	N/A
WA	986	4	5	5	3	3	3	3	4	4	5	N/A	N/A	N/A	N/A	N/A
WA	rest of state	5	5	5	4	4	4	4	4	4	4	N/A	N/A	N/A	N/A	N/A
WI	530-532, 534	3	5	5	3	3	2	2	2	2	3	N/A	N/A	N/A	N/A	N/A
WI	540	2	4	4	4	4	3	3	4	4	3	N/A	N/A	N/A	N/A	N/A
WI	rest of state	3	5	5	3	3	2	2	2	2	2	N/A	N/A	N/A	N/A	N/A
WV	254	2	5	5	3	3	4	4	4	4	4	N/A	N/A	3	N/A	N/A
WV	rest of state	4	2	2	1	1	2	2	1	1	1	N/A	N/A	2	N/A	N/A
WY	834	4	5	5	3	3	2	2	1	1	2	N/A	N/A	N/A	N/A	N/A
WY	rest of state	4	5	5	1	1	1	1	1	1	2	N/A	N/A	N/A	N/A	N/A
Inter-national	INTER	2	5	5	5	5	1	1	5	5	5	N/A	N/A	N/A	N/A	N/A

*Please note that regional plans may not cover the entirety of the State/Zip shown in Appendix J. For further detail regarding service area, see plan specific brochures.