



FMA Chapter 3 News Norfolk Naval Shipyard

Sept 2019

The Monthly Meeting: Held Sept 11th
Our guest speaker was NNSY Command Master Chief
Gene Garland



Newsletter Editor Past President Andy Anderson

In this issue:

- Page 2-3 *From the President*
- Page 4-5 *A Note from Maggie*
- Page 6-8 *A Note from Steve*
- Page 9 *A Note from Jim*
- Page 10 *FMA Calendar 2019*
- Page 11 *FMA Membership Application*

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www.fedmanagers.org

From the President

Our guest speaker at our September meeting was CMC Gene Garland who is the new NNSY Command Master Chief. The discussion that the CMC led was very high energy and uplifting. He thanked the Veterans in attendance for their military service and the Federal workforce for their service here at NNSY. He also spoke about diversity in our workforce and being motivated not only during our work evolutions at NNSY but in everyday life and then answered a few questions.

We accepted ten new members into our association and added a new lifetime member who has just retired. The new members and lifetime member are:

Dorassa Field	C1100
Ashley Chew	C100
Nichole Peterson	C106
Chelsea Bulen	C105.3
Steven Moore	C361
Beth Smalley	C109
Shelly Simpson	C109
Jahmal Bazil	C2320
Fred Gagnon	C990
Joanna Pate	C920
Larry Taylor	Retired

When you see these members please congratulate them on being the newest members into the oldest, largest and most influential managers association in the Federal Government today. If you know an FMA member who will be retiring soon remind them of their opportunity to become "Lifetime Member". A lifetime member who has been a Chapter 3 member for three years before they retire is eligible to become a lifetime member where they pay a onetime fee of \$125.00 and chapter 3 will match that amount. Retired members can take advantage of this option within the first year of retirement.

Our guest speaker for the October meeting will be Mr. Kurt Hart who is the NNSY SES. Please come out and support, as this will be the first time that he has addressed our membership.

We are currently accepting nominations for Executive Board positions for the year starting in 2020. We will accept nominations through our next meeting on October 9. Nominations can also be submitted now by emailing the Nominations Chair Person Mrs. Tashira Everette, Tashira.Everette@navy.mil and myself, Craig.Carter@navy.mil. Nominations will also be accepted from the floor at the October meeting.

The elections will be held at our November 13 meeting and you must be present to vote. The following positions are up for election this year:

Vice President

Treasurer

Recording Secretary

Trustee

The Vice President, Treasurer and Recording Secretary positions are two-year terms and the position of Trustee is a three-year term. The following are the job descriptions listed in the bylaws for each position:

Vice President

The Vice President shall act for the President in the absence of that officer. Further succession and authority shall follow throughout the order shown in Article 12, Section 1.

Recording Secretary

The Recording Secretary shall keep accurate minutes of all meetings and compose all correspondence pertaining to the Association. The Recording Secretary shall arrange the administrative leave requests to the Processing Official for conventions/conferences.

Treasurer

The Treasurer shall deposit all funds in a bank approved by the Financial Committee within five days after receipt, submit a monthly report of receipts, expenses, and account balances. He/she shall submit the financial books of the chapter to the Chairman of the Board of Trustees no later than 15 January of each year for the annual audit as prescribed by section 8 of this article. The Treasurer (with the President) shall develop and submit a yearly budget to the Executive Board by 1 January and will be discussed and approved by the membership at the January regular meeting.

Trustee

The Board of Trustees shall comprise the Finance Committee and direct the fiscal policy of this Association, but only in the absence of specific instructions given at a meeting of the Body or Executive Board. They shall be responsible for the auditing of the books of the Financial Secretary and Treasurer; and make their financial report at the annual February meeting.

All such nominees shall have attended (6 of the 9) regular monthly meetings for a calendar year (January to October) to be eligible for nomination. Excuses do not count for minimum required attendance.

The only justification for less than the required meeting attendance is if the nominee had been assigned to a work related off yard temporary duty station (i.e., TDY) or placed on back shift or is confined due to extended absence resulting from illness or injury.

Regular monthly meetings are identified as any meeting where business is conducted. Non-regular meetings include, but are not limited to; the Chapter sponsored Annual Crab Feast and Christmas Party. Voting will take place at the November meeting as set forth in Article 5, Section 3.

If you need more information about any of the positions or the voting process you can contact any Executive Board member or the nominating chairperson Tashira Everette.

Thank you for your service to the men and women of our armed forces and your continued support of the Federal Managers Association.

FMA President Craig Carter

A Note from MAGGIE:

There are many reasons people may want to take Social Security early. They are reasons not to wait for large payments when you are older.

Many people decide to claim their Social Security retirement benefits at age 62—or when they stop working, if they're older than 62. According to recent [Social Security statistics](#), 70% of the 42.4 million retired workers receive reduced benefits because of taking them before their full retirement age.

Earlier this year, I wrote about the decision on when to claim Social Security in two columns: [Weighing the Social Security Benefit Decision](#) and [Can You Count on Social Security?](#) Although it's common to point out why it might make sense to delay taking Social Security benefits, there are legitimate reasons some people claim their benefits sooner rather than later.

The biggest one is because if not claiming your benefit means you won't be able to afford to retire. By all means, don't sacrifice your financial security early in retirement in hopes of a larger payout later. Do your calculations carefully, though. Although your Social Security benefit along with your federal retirement benefit might provide adequate income, remember that you also should have Thrift Savings Plan investments. They could bridge the gap between when you retire and when you start collecting Social Security. You might decide that by taking larger payments from your TSP for a few years, you can reduce the withdrawals when the time arrives to claim Social Security.

Additionally, Social Security benefits are a little more tax-friendly than withdrawals from your traditional retirement savings, so delaying Social Security and increasing the payout from your retirement savings a little between 62 and 70 could pay off in lower tax bills in your later years.

Another legitimate reason to claim early is to allow [family members to receive benefits](#) based on your work record. Your spouse or child could receive a monthly payment of up to half of your full retirement benefit amount if they qualify. If your spouse doesn't have an earned Social Security benefit of their own, or if their benefit is smaller than half of yours, this may be a consideration when it comes to claiming.

[According to Social Security](#), of the 25 million women aged 65 or older who were receiving benefits as of December 2017, 13.3 million (52.5%) were entitled solely to a retired-worker benefit. About 6.7 million (26.5%) were dually entitled to a retired-worker benefit and a wife's or widow's benefit, and about 5.3 million (21%) were receiving wife's or widow's benefits only. According to [recent statistics](#), 2.9 million children under 18 received benefits, including 337,000 children of retired workers.

Payments to your family will not decrease your retirement benefit. In fact, the value of the benefits your family may receive, added to your own, may help you decide if taking your benefits sooner may be more advantageous.

If you are a widow or a former spouse, you can also explore benefits that your deceased spouse or ex-spouse has earned for you. In some cases, you may be able to claim these benefits based on their work record and delay the benefit that you've earned for yourself.

If you're eligible for retirement benefits (but haven't applied yet) and also eligible for widow's benefits, you can apply for retirement or survivors benefits now and switch to the other (higher) benefit later.

For those already receiving retirement benefits, you can only apply for benefits as a widow or widower if the retirement benefit you receive is less than the benefits you would receive as a survivor.

If you became entitled to retirement benefits less than 12 months ago, you may be able to withdraw your retirement application and apply for survivor benefits only. If you do that, you can reapply for the retirement benefits later when they will be higher.

If you were born before Jan. 2, 1954 and have already reached [full retirement age](#), you can choose to receive only your current or divorced spouse's benefit and delay claiming your own retirement benefit. If you were born later than that, the option to take only one benefit at full retirement age is no longer available. If you file for one benefit, you will be effectively filing for all retirement or spousal benefits. The amount of benefits you receive as a divorced spouse has no effect on the amount of benefits your ex-spouse or their current spouse can receive. GOVEXEC.COM 7/18/19

Maggie is the present Retiree Rep.

(Maggie was Past Financial Secretary and also the Angel in Shop Personnel that was a God send to any of us working in resources at that time.)

A Note from Steve

Philly's Liberty Museum is located close to Independence Hall

By Steve Miner

If you're on a Norfolk Naval Shipyard business trip, say to our shipyard's Naval Foundry and Propeller Center (NFPC), or on a personal vacation, try to set aside time to visit some Colonial Philadelphia attractions that many Americans have only read about in their school history books. And if you can do this on off-duty work hours, stop at the National Liberty Museum, located only a couple of blocks from Independence Hall and the Liberty Bell, where our Founding Fathers voted to break the Original 13 colonies away from England.



The National Liberty Museum, located at 321 Chestnut Street and a few miles north of the NFPC, is a unique collection of information about heroes on many different levels. These include the accomplishments of Mother Teresa, Nelson Mandela, baseball great Jackie Robinson, 2014 Nobel Prize winner Malala Yousafzai and Muppet's creator Jim Henson—among others.

This museum's mission statement reads in part, "...the National Liberty Museum brings liberty to life through stories of people whose character and courage have expanded liberty for all..." It does this in part through interactive exhibits that encourage visitors to think about liberty as an ongoing human quest.

A highly unique three-story exhibit, located at the center of this museum, pays tribute to 9/11 victims and first responders through video footage and numerous still photographs. The purpose of this exhibit is to demonstrate the ultimate victory of freedom over terrorism.



Glass displays are a major feature of the museum's educational mission, illustrating the importance of safeguarding our liberty, as well as the connection between freedom and creativity. Illustrating this point is a 21-foot-tall glass flame that represents the power of liberty "to spread from a spark and light the way forward," according to the museum. It's the work of world-famous artist Dale Chihuly. And the exhibits surrounding this glass flame feature photos of heroes from many backgrounds who've kept the fire of liberty burning.



An exact replica of the Liberty Bell is in place, along with a mural-sized presentation of what it means to *Live Like a Hero*. This is an inspirational walk through freedoms' accomplishments, designed to inspire visitors to think about liberty as an important part of their lives.

The Liberty Museum is open seven days a week with different operational hours depending on the time of the year. Admission for adults is \$9; seniors, \$7; children ages 5-12, \$4, and no charge for children under 5 years.

For more information you may contact the museum by telephone at: (215) 925-2800. Or check the museum's web page.

In this writer's opinion, it's definitely worth stopping by the Liberty Museum.

Steve Milner Past NNSY PAO.

Building Positive Relationships

Make Work & Life Enjoyable and Productive

Copied from: Dr. Alex Garcia / Leadership Dynamics alexgarcia@leadershipdynamicsllc.com

Ninety-nine percent of career and life success hinges on your ability to foster mutually beneficial relationships, and earn the respect and loyalty of coworkers, bosses and friends. In other words, it's about interpersonal effectiveness. Positive relationships are not just important to building a successful career, it also enhance job and life satisfaction. To develop positive relationships, you must be willing to listen, communicate openly, and respect yourself and others. Cultivating relationships also involves compromising and getting to know the people you associate and work with.

Characteristics of positive and healthy relationships

Trust - This is the foundation of every good relationship. When you trust your team and colleagues, you form a powerful bond that helps you work and communicate more effectively. If you trust the people you work with, you can be open and honest in your thoughts and actions, and you don't have to waste time and energy "watching your back."

Mutual Respect - When you respect the people that you work with, you value their input and ideas, and they value yours. Working together, you can develop solutions based on your collective insight, wisdom and creativity.

Mindfulness - This means taking responsibility for your words and actions. Those who are mindful are careful and attend to what they say, and they don't let their own negative emotions impact the people around them.

Welcome Diversity - People with good relationships not only accept diverse people and opinions, but they welcome them. For instance, when your friends and colleagues offer different opinions from yours, you take the time to consider what they have to say, and factor their insights into your decision-making.

Open Communication - We communicate all day, whether we're sending emails and IMs, or meeting face-to-face. The better and more effectively you communicate with those around you, the richer your relationships will be. All good relationships depend on open, honest communication.

Pay attention - Identify what is acceptable and what is not. Many people think they are doing the "right" thing but find themselves in trouble because they didn't pay attention to the cues about values

Together we will grow "one by one"



Federal Manager's Association Chapter 3 Norfolk Naval Shipyard Calendar 2019



MANAGERS ASSOCIATION

2019 Executive Board

President – Craig Carter	646-6076
Craig.Carter@navy.mil.....Fmacraig3@gmail.com	Cell 646-9613
Vice President – Valerie Scott	396-8986
Valerie.D.Scott@navy.mil.....	Cell 667-0041
Treasurer – Eric Chops Clarke	419-9642
Eric.Clarke@navy.mil.....	
Recording Secretary – Desiree Manley	
Desiree.Manley@navy.mil.....	Cell 650-1780
Financial Secretary – Artisha Ballard	828-9595
Artisha.Ballard@navy.mil.....	
Legislative Secretary – Jessica Younger	374-6699
Jessica.Younger@navy.mil.....	
Sgt. At Arms – Ronnie Matthews	613-1728
Ronmat343@aol.com.....	Cell 650-1780
Trustee (2019) – Johnny Miller	396-7342
Dot.John5@verizon.net.....	Cell 675-9495
Trustee (2020) – TBD	
Trustee (2021) – Tashira Everette	396-3243
Tashira.Everette@navy.mil.....	Cell 828-9595
National President – Renee Johnson	252-464-7414
fmarenee@gmail.com.....	

Code Representatives

Harry Tew.....	C-920.....	617-3709.....	harry.tew@navy.mil
April Dotson.....	C-970.....	617-0655.....	april.dotson@navy.mil
Margaret Magruder.....	Retirees.....	621-2334.....	mb.magruder@verizon.net
Tynecia Simpson.....	C-900S.....	617-5308.....	tynecia.h.simpson1@navy.mil
LaKuana Jennings.....	C-900R.....	374-4204.....	lakuana.jennings@navy.mil
Danielle Green.....	C-900T.....	396-5818.....	danielle.green@navy.mil
Jeris Smith.....	C-990.....	771-6673.....	jeris.smith@navy.mil

116th Congressional Representatives

Senate:	
Mark Warner – (D-VA).....	www.senate.gov/Warner
Tim Kaine – (D-VA).....	www.senate.gov/Kaine
Thom Tillis – (R-NC).....	www.senate.gov/Tillis
Richard Burr – (R-NC).....	www.senate.gov/Burr
House:	
1st Robert Wittman – (R-VA).....	www.house.gov/Wittman
2nd Elaine Luria – (D-VA).....	www.house.gov/Luria
3rd Robert Scott – (D-VA).....	www.house.gov/Scott
4th Donald McEachin – (D-VA).....	www.house.gov/McEachin
1st G.K. Butterfield – (D-NC).....	www.house.gov/Butterfield
3rd Walter Jones – (R-NC).....	www.house.gov/Jones

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FMA NNSY Office757-396-7133
Building 32

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Regular Monthly Meetings

Paydays

Holidays

Saturdays, Sundays and (Non-Work)

AUTHORIZATION OF VOLUNTARY ALLOTMENT
FOR PAYMENT OF EMPLOYEE ASSOCIATION DUES



Federal Managers Association

Membership Application

UPON COMPLETION, THIS FORM BECOMES SUBJECT TO PROVISIONS OF THE PRIVACY ACT
PLEASE PRINT CLEARLY
*FOR PAYROLL DEDUCTION ONLY

Name of Employee	Badge No.	SSN
Home Address Including 9 Digit Zip Code (found on your driver's license)		
*Agency/Code/Department:		
Name of Employee Organization: Federal Managers Association Chapter 3 Norfolk Naval Shipyard P.O. Box 1232 Portsmouth, VA 23705		
I hereby authorize the above-named agency to deduct from my pay each pay period, \$7.00, the amount certified as the regular dues of the Federal Managers Association, Chapter 3, Norfolk Naval Shipyard and to remit such amounts to that employee organization in accordance with its arrangements with my employing agency. I further authorize any change in the amount to be deducted, which is certified by the above-named employee agency as a uniform change in its dues structure.		
Employee signature:	Date	Recruited By:
E Mail Address (work):		Phone #:
E Mail Address (personal):		

- NEW CHAPTER MEMBER
- RETIRED MEMBER
(Annual dues for the Retired Member shall be submitted with this application)
- ADDRESS CHANGE

SECRETARY'S SIGNATURE _____ (Artisha Ballard)

Return completed form to whoever invited you or mail to:
Federal Managers Association Ch. 3
P.O. Box 1232
Portsmouth, VA 23705