



## FEDERAL MANAGERS ASSOCIATION MANAGEMENT TRAINING SEMINAR

Tuesday, March 24, 2026  
Hilton Alexandria Old Town  
Alexandria, Virginia

### *Managing Through Difficult Times*

7:00 AM	BREAKFAST
8:00 AM	Welcome and Announcements
8:05 AM	<b>Little Big Decisions</b> Zina Sutch, Chesapeake Bay Workplace Solutions Patrick Malone, Chesapeake Bay Workplace Solutions
8:55 AM	NETWORKING BREAK
9:10 AM	<b>Optimizing Human Potential in the Workplace</b> Scott M. Curtis, President/CEO, TWI Institute
10:35 AM	NETWORKING BREAK
10:45 AM	<b>Reigniting the Core of Passion, Performance, and Purpose</b> Mika Cross, Strategy@Work
11:30 AM	CLOSING REMARKS
11:35 AM	<b>FMA Awards Luncheon</b>
1:00 PM	<b>Depart for Tour of the Pentagon</b> <i>Metro Blue or Yellow Lines – 6 stops to the Pentagon from King Street Station</i>
2:00 PM	<b>Pentagon Guided Tour</b>