



## **FEDERAL MANAGERS ASSOCIATION MANAGEMENT TRAINING SEMINAR**

Tuesday, March 24, 2026  
Hilton Alexandria Old Town  
Alexandria, Virginia

### ***Managing Through Difficult Times***

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|----------|---|
| 7:00 AM  | BREAKFAST   |
| 8:00 AM  | Welcome and Announcements   |
| 8:05 AM  | <b>Little Big Decisions</b><br>Zina Sutch, Chesapeake Bay Workplace Solutions<br>Patrick Malone, Chesapeake Bay Workplace Solutions |
| 8:55 AM  | NETWORKING BREAK  |
| 9:10 AM  | <b>Optimizing Human Potential in the Workplace</b><br>Scott M. Curtis, President/CEO, TWI Institute                                 |
| 10:35 AM | NETWORKING BREAK  |
| 10:45 AM | <b>Reigniting the Core of Passion, Performance, and Purpose</b><br>Mika Cross, Strategy@Work  |
| 11:30 AM | CLOSING REMARKS   |
| 11:35 AM | <b>FMA Awards Luncheon</b>  |
| 1:00 PM  | <b>Depart for Tour of the Pentagon</b><br><i>Metro Blue or Yellow Lines – 6 stops to the Pentagon from King Street Station</i>      |
| 2:00 PM  | <b>Pentagon Guided Tour</b>   |