



FEDERAL MANAGERS ASSOCIATION MANAGEMENT TRAINING SEMINAR

Tuesday, March 24, 2026
Hilton Alexandria Old Town
Alexandria, Virginia

Managing Through Difficult Times

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| 7:00 AM | BREAKFAST |
| 8:00 AM | Welcome and Announcements |
| 8:05 AM | Little Big Decisions
Zina Sutch, Chesapeake Bay Workplace Solutions
Patrick Malone, Chesapeake Bay Workplace Solutions |
| 8:50 AM | NETWORKING BREAK |
| 9:05 AM | Optimizing Human Potential in the Workplace
Scott M. Curtis, President/CEO, TWI Institute |
| 10:20 AM | NETWORKING BREAK |
| 10:30 AM | Reigniting the Core of Passion, Performance, and Purpose
Mika Cross, Government Workplace Expert, CEO/Founder of Strategy@Work |
| 11:15 AM | CLOSING REMARKS |
| 11:20 AM | FMA Awards Luncheon |
| 12:30 PM | Depart for Tour of the Pentagon
<i>Metro Blue or Yellow Lines – 6 stops to the Pentagon from King Street Station</i> |
| 2:00 PM | Pentagon Guided Group Tour |