

August 2026
Issue

Federal Managers Association

Chapter 19

In this issue:

- Message from President Varney Range
- Message from PHNSY 49th CO, Captain Ryan McCrillis,
- National Convention 3/22-25/26
- Quarterly Congressional, LAT
- How FMA Advocates for YOU
- Bravo Zulu USS Colorado team
- Professional Liability Insurance by FEDS Protection
- Adopt a Highway Cleanup
- Hawaii Dental Service (HDS)
- PHNSY Blood Drive
- Welcome New Members
- Current E-Board Members
- Upcoming Events

Reminders:

To maintain compliance with the Hatch Act, most of the FMA email will have to be sent to your personal email address. Please reach out to Varney Range so we can be sure to use your correct email address.

Message from the President

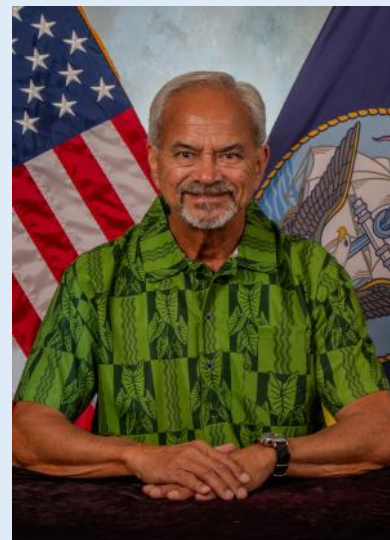
“Aloha ia Kakou,” to our valued Ohana (family, friends, and fellow members) of the Federal managers Association, Chapter 19. We are excited to present you with the next issue of FMA’s Newsletter. There’s a lot of exciting stories with pictures to share, with updates from our LAT correspondence. But first, I would like to take this time to recognize the important work our Board of Directors undertakes in shaping Pearl Harbor Naval Shipyard and IMF into a better shipyard for our workforce to come to work to every day, a better place from the ground up.

“Our” purpose of this Association shall be to promote and advocate for Excellence in Public Service with the Objective to increase the efficiency of the managerial force. “Our” team of Men and Women, the Executive Board of FMA, Chapter 19, are committed towards improving the efficiency of its members, the workforce and the shipyard. We have a more diverse group of experience level that will serve and develop into a more cohesive team that will continue to bring new ideas “Shared Vision” to improve the efficiency of our organization. This team has developed a sense of responsibility for the viability and future of FMA and Pearl Harbor Naval Shipyard & IMF to ensure we focus and align ourselves with ongoing shipyard initiatives and to improve and sustain the membership for the future.

FMA national sends key individuals to secure meetings with our legislators to present topics that are important to us as constituents and topics that are vital to the success of the federal workforce. There is a heavy (growing) workload projected for PHNSY in the next decade, and the Shipyard Infrastructure Optimization Program (SIOP) is an indication of our needs and future growth. And that is why we need to strengthen our membership numbers to have a bigger voice when sharing our issues and concerns to our congressional members in Washington D.C.

So I ask you, the membership of FMA, to KOKUA and talk to your co-workers about the Federal Managers Association, Chapter 19. Tell them about our Purpose and Objective (who we are & what we do) that will sustain “OUR” shipyard for many years to come.

Mahalo Nui Loa...
Varney Range





From the desk of our 49th Commander

Captain Ryan McCrillis USN

It's been an incredible year with some great Shipyard accomplishments this summer. We should all be very proud of the work done throughout the yard to get COLORADO out a month early. This is a huge win for the Navy and clear demonstration of how to do hard things right! Undocking ILLINOIS and NORTH CAROLINA are also wins that set us up for completion of two more important availabilities. I'm also very proud of our Guam Detachment. They are now fully certified for Sub-Safe work and have been keeping those forward deployed submarines operational.

We have been working on our strategy to grow the shipyard. Many of you have been part of the 2031 Vision and I am excited about where we are headed. As our workload grows, so is the size of our shipyard. The mission is real and not going away so we must maintain our glideslope of constant improvement. Our 2031 Vision is building a framework of how we will do it, including increasing multi-shift production, upping our hiring, using innovative technology, and exercising the model line tool to break down silos and fully support work at the place of work. At the completion of our NAVSEA 08 Audit, the audit team did not give us any A items, instead told us to keep performing and go work on our vision. This is a huge validation that we are on the right track!

As fall approaches, our workload is growing. We will soon have 5 boats in the yard. This will demand our utmost discipline in prioritizing work and maximizing our effectiveness. I am fully confident that we will rise to the challenge. We are part of an amazing team. Each and everyone of us can be proud of what we have accomplished, what we are doing now, and what we will do in the future. You know I am!

I urge you to continue knowing what needs to be done every day and then find ways to head home at the end of the day with the pride of having accomplished something of value.

Mahalo for making me part of your O'hana.

Very Respectfully,
CAPT Ryan McCrillis
Commander
Pearl Harbor Naval Shipyard & IMF





2026 FMA Annual National Convention

The Federal Managers Association held its 88th Annual National Convention in Washington, D.C. from March 22–25, 2026. The convention brought together chapter presidents, regional directors, national officers, guest speakers, and delegates from across the country. Against the backdrop of a turbulent year for the federal workforce, the convention centered on three overarching themes: rebuilding and strengthening FMA's membership base, advocating for federal employees in an uncertain political environment, and developing resilient, high-performing leaders. The convention also featured the election of new national officers and a full program of professional development sessions.

President's Award goes to Chapter 19! This award recognizes a chapter in the Association that has displayed outstanding leadership and service to its facility, community, agency, and nation during the past year.



Our Chapter 19 representatives include Nomana Angela in the red aloha shirt on the left and Enrique Sabal wearing a brown jacket on right.



Day on the Hill

DAY FOUR — MARCH 25, 2026

From the desk of Nomana Angelo

Enrique Sabal and I opened each meeting by expressing our sincere appreciation to each office for their continued support of Pearl Harbor Naval Shipyard throughout the year. As a token of gratitude, we presented each office with a bag of Omiyage containing a selection of local Hawaii snacks, which were warmly received.

We then proceeded to present our issue briefs, beginning with the critical importance of Congress providing agencies and departments with the necessary resources to fulfill their missions and enacting all appropriations bills in a timely manner. We emphasized that federal employees should never be used as leverage in government shutdown negotiations and advocated for the elimination of government shutdowns altogether.

We highlighted the adverse effects of the recent 45-day government shutdown on PHNSY&IMF, particularly with regard to apprentice recruitment. Historically, job announcements posted on USAJobs would reach the threshold of 2,000 applicants within six to seven days. This cycle, however, the full ten-day announcement period yielded only 966 applicants. The Shipyard subsequently extended the announcement by an additional seven days, bringing the total to 1,400 applicants. Compounding this shortfall, the newly implemented OPM/USAHire assessment process resulted in 639 applicants being deemed ineligible due to non-completion or failure of the assessment. As a result, only 761 applicants remain eligible to sit for the apprenticeship examination for 200 available positions — compared to the customary pool of 2,000 eligible candidates. This significant reduction in the qualified candidate pool directly impacts the Shipyard's ability to recruit the skilled personnel necessary to perform maintenance on highly complex systems and ensure our warships remain battle-ready.

This discussion transitioned into the topic of protecting federal employees' compensation, health benefits, and retirement benefits, including special pay for Wage Grade (WG) employees and support for the FAIR Act. We reiterated that PHNSY&IMF remains the only naval shipyard whose WG employees have not received special pay. We also noted that the General Schedule (GS) received only a 1% pay increase in the prior year — well below the rate of inflation. Additionally, we addressed the impact of the Deferred Resignation Program (DRP), which has created significant staffing gaps at NAVFAC, undermining their capacity to service and maintain existing infrastructure and facilities at the Shipyard and contributing to declining morale among the workforce.

We subsequently requested continued and enhanced funding for PHNSY&IMF, Hawaii Community College (HCC), Hawaii-based private shipyards, and the Military Affairs Council to support workforce development initiatives — particularly in the areas of STEAM academies, advanced manufacturing, and additive manufacturing. We highlighted PHNSY&IMF's robust outreach efforts with local high schools to promote STEAM programming and ensure that the Keiki of Hawaii are informed of the career opportunities available to them upon graduation.

We also addressed the Department of War's failure to implement the Living Quarters Allowance (LQA) at Pearl Detachment Guam (PDG), and the resulting negative impact on the recruitment and retention of qualified personnel needed to fulfill the mission as originally outlined in the Concept of Operations (CONOPS).

Finally, we discussed the challenges Pearl Harbor is facing as a result of OPM's enforcement of a 1:3 supervisor/work leader-to-worker ratio in the hiring of U.S. personnel to support Pearl Detachment Stirling (PDS) in Western Australia. Given the limited number of Full-Time Equivalent (FTE) positions at PDS, PHNSY&IMF is being compelled to develop Combined Trades Supervisors — an approach that presents two significant concerns. First, the majority of candidates will not qualify for these positions, as they will lack subject matter expertise across multiple trades. Second, without that expertise, these supervisors will be unable to effectively guide and develop Australian personnel in acquiring the proficiency required to maintain and repair the highly complex systems and components of nuclear submarines.

We shared the latest FMA Chapter 19 newsletter highlights the chapter's significant accomplishments from the last quarter, underscoring its commitment to community service. Key achievements include: saving Tripler Army Medical Center (TAMC) an estimated \$72,000 through a successful blood drive; collaborating with the National Superintendent Association (NSA) to contribute approximately \$10,000 to the shipyard workers' food pantry; and organizing an Adopt-A-Highway cleanup, which provided local students with documentation for their mandatory community service hours. These initiatives demonstrate that the spirit of service is a cornerstone of the chapter's values and is actively being passed on to the next generation employees.

... Day Four (continued)

We shared the latest FMA Chapter 19 newsletter highlights the chapter's significant accomplishments from the last quarter, underscoring its commitment to community service. Key achievements include: saving Tripler Army Medical Center (TAMC) an estimated \$72,000 through a successful blood drive; collaborating with the National Superintendent Association (NSA) to contribute approximately \$10,000 to the shipyard workers' food pantry; and organizing an Adopt-A-Highway cleanup, which provided local students with documentation for their mandatory community service hours. These initiatives demonstrate that the spirit of service is a cornerstone of the chapter's values and is actively being passed on to the next generation employees.



Representative Jill Tokuda's Office: Brian Collins

Mr. Collins requested a copy of the new USAHire assessment, noting that his office had not been briefed on any changes to the initial hiring process and expressing his intent to follow up on the matter. He also expressed significant interest in Pearl Detachment Guam (PDG) and requested that we keep him informed of any developments, as he has a scheduled visit to Guam the week of March 29, 2026. Additionally, Mr. Collins indicated strong interest in exploring a potential public/private partnership model for an apprentice complex and/or apprenticeship program. While he acknowledged uncertainty regarding the structure and feasibility of such a partnership, he requested that we provide him with our initial thoughts and recommendations on the concept.

Representative Ed Cases's Office: Tim Nelson

Mr. Nelson expressed strong interest in the infrastructure discussion, particularly as it relates to the Shipyard Infrastructure Optimization Program (SIOP) and opportunities for his office to provide support. He inquired as to whether we had details on the status and progress of the new floating dry dock procurement, as well as the Shipyard's plan for proactively hiring and training personnel in the maintenance and operations of the floating dry dock ahead of its delivery. He further expressed interest in the Shipyard's workload and workforce forecasting strategy, specifically regarding the timeline for hiring personnel early enough to ensure they are fully trained and operationally proficient by the time the anticipated period of increased workload begins.



Senator Brian Schatz's Office: Jesse Isleman

We extend our sincere gratitude to Senator Brian Schatz for his consistent leadership in introducing the FAIR Act each year. While we deeply appreciate these efforts to secure fair compensation, it is crucial to recognize the perspective of our younger workforce. For them, the immediate and severe hardship of a government shutdown—such as working 45 days without pay and being unable to afford basic necessities like diapers and formula—overshadows the long-term benefits of such legislation. We acknowledge and are thankful for your advocacy on our behalf, and we want to highlight the critical importance of financial stability for our employees.

Senator Mazie Hirono's Office: Bethany Saunders

Ms. Saunders will take the lead in addressing the Department of War's failure to implement the Living Quarters Allowance (LQA) for all civil service in Guam. This delay has negatively impacted on the recruitment and retention of qualified personnel, hindering the mission as outlined in the original Concept of Operations (CONOPS). Her primary action will be to escalate the LQA and OPM ratio issues with the specific policy owners to seek a resolution. Separately, we extend our gratitude to Craig O'Brien for his partnership with the Foodbank of Hawaii during the shutdown. His coordination was instrumental in supporting the food drive for Pearl Harbor Shipyard workers. And a joint initiative of FMA Chapter 19 and the National Superintendent Association (NSA) to create food pantry.





USCG Retired Captain Craig O'Brien



Kekoa Kaluhiwa

Quarterly Congressional Your Legislative Action Team in action

FMA Chapter 19 had the privilege of engaging with retired captain Craig O'Brien (Senator Mazie Hirono Military Affairs Liaison) and Kekoa Kaluhiwa (Congressman Ed Case deputy Chief of Staff). The meeting took place on April 28, 2026, at the Navy League Office (47 Arizona Memorial Place, Aiea HI). Lunch was from Mamaya Bento. It focused on sustaining shipyard readiness by addressing funding stability, workforce growth and training, recruitment and pay disparities, infrastructure planning, and AUKUS staffing constraints. Participants reviewed operational impacts of budget lapses and discussed concrete workforce and facility solutions.

Appropriations & Budget Impact

- Core point: Timely appropriations and moving beyond continuing resolutions are critical to shipyard operations. Budget shortfalls limit purchases, delay parts, and constrain training and outreach programs.
- Rationale: Funding delays reduce first-time quality, extend availability, and force leaders to run with insufficient resources. The workforce is directly affected by lack of parts and tools.

Conclusion: Advocates emphasized need for stable appropriations to avoid degradation of readiness and to fund infrastructure and workforce programs.

Workforce Development & Apprenticeship Expansion

- Core point: The shipyard must scale workforce capacity from around 6,200 toward a projected target above 8,000 by 2040 and expand apprenticeship pipelines.
- Rationale: Aging workforce demographics and anticipated workload increases require more apprentices, on-the-job training (OJT), and classroom/theory instruction. A state-of-the-art apprenticeship facility (public-private partnership) with mock-ups and instructor-led training was proposed to improve safe, repeatable hands-on training before shipboard assignments.

Conclusion: Plans call for increasing annual new entrants to roughly 320–350 through combined apprenticeship and WSPP programs; short-term intake numbers cited: about 180 apprentices in May, ~40 in August, reaching ~220 in 2026.



... Your Legislative Action Team in action (continued)

Recruiting, Pay, and Locality Disparities

- Core point: Recruitment yields declined significantly this cycle; special pay, locality pay, COLA, and wage grade survey practices were discussed as causal factors.
- Rationale: Applicant pool dropped from historical peaks (previously ~2,000 applicants in the opening window) to lower numbers (~1,400 after extension; ~700–800 eligible to test). Competing local employers and regional pay differences (Puget Sound comparisons) distort hiring incentives. Special pay and Guam LQA implementation remain unresolved. Mr. Craig O'Brien will follow up with the staff in D.C.

Conclusion: Participants asked for targeted follow-up on special pay, wage grade surveys (last noted in 2015), locality/ COLA comparisons with Puget Sound, and implementation status of Guam LQA to restore recruiting competitiveness.

Infrastructure, Dry Dock, and Training Facilities

- Core point: Infrastructure funding and placement decisions (dry dock, workforce production facility) carry high costs and shape where training and production occur.
- Rationale: Extending Dry Dock 3 or filling/dedicating space for a workforce production facility was estimated at roughly \$3,000,000,000 to \$4,000,000,000 due to dock-fill processes. High cost drove discussion of alternatives and potentially sighting training facilities on government property (e.g., Pearl City Peninsula) to reduce lifecycle and operational friction.

Conclusion: Stakeholders prioritized exploring cost-efficient and public-private models to meet training needs without unsustainable infrastructure builds.

AUKUS Implementation & Supervision Constraints

- Core point: AUKUS detachment staffing and OPM supervisory ratios threaten the CONOPS for training Australian personnel on-site.
 Rationale: The Pearl Detachment CONOPS anticipates 157 billets, but existing OPM policy enforces a 1 supervisor to 3 worker ratio that prevents counting Australian personnel toward that ratio. That forces combined supervisors across trades, undermining SME supervision and quality assurance during training periods that are typically 90–120 days per maintenance event.

Conclusion: The shipyard requested OPM to relax the 1:3 ratio for this mission; OPM's initial written response was a hard no, prompting the need to revise staffing plans and continue escalation for an operational waiver.

There are a lot of great topics so this is your opportunity to bring awareness to your questions, concerns, topics, ideas or any general discussion you may have. Please don't hesitate to share your thoughts with the executive board.



FMA IS YOUR VOICE IN WASHINGTON

FMA ADVOCATES WHERE DECISIONS ARE
MADE, ENSURING FEDERAL MANAGERS ARE
HEARD, REPRESENTED, AND SUPPORTED

How FMA Advocates for You

FMA's most important differentiator is its' identity as a professional association — FMA is not a labor union so FMA does not negotiate working conditions. FMA gives chapters access to command and agency leadership that unions cannot always obtain. Your membership matters because the more robust FMA membership is, the more federal managers' voices are heard on Capitol Hill. Senators and Representatives in states and districts with large, organized FMA chapters are more receptive to FMA issues, because our issues are constituent issues for them. In a nutshell, there is strength in numbers, and the larger our organization's membership is, the greater ability we will have to secure wins for federal managers.

For access to the Application, go to: <http://www.fmachapter19.org/member-benefits/membership-forms/>

Why you should join

- FMA is the only professional association advocating for all federal managers, supervisors and executives.
- Your pay, retirement benefits, and job are being targeted. We fight to protect what you have earned.
- We advocate for legislation that helps our members by meeting with decision makers, testifying before Congress, briefing legislators, crafting legislation, and mobilizing our members to fight for good government policies.
- FMA provides members training for both grassroots action and general skills improvement, helping you become a stronger leader and creating opportunities for advancement.

FMA Successes

- **Repeal of GPO/WEP:** After decades of advocacy, FMA-endorsed legislation to repeal the Government Pension Offset (GPO) and Windfall Elimination Provision (WEP) passed and signed into law in the 118th Congress. The successful effort will prevent nearly \$200 billion from being withheld from the civil servants over the next 10 years.
- **Bipartisan Hiring Reform:** FMA helped shepherd the Chance to Compete Act into law in December 2024, practical skills-based hiring reform legislation that places greater emphasis on prospective employees' work experience and allows agencies to share certifications.
- **Advocated for and pushed through a 5.2 percent federal employee pay raise** for 2024 - the largest pay raise for feds since 1980.
- **FERS Sick Leave Credit:** Those enrolled in the Federal Employees Retirement System (FERS) receive an average of at least \$500 a year for applying unused sick leave towards their retirement plan. FMA was the driving force behind this legislation that rewards feds for responsible use of leave.
- **Paid Parental Leave:** FMA supported the successful effort to provide 12 weeks of paid parental leave for new mothers and fathers (by birth, adoption, or foster) of a new child. This benefit took effect 10/2020.
- **Wounded Warriors Federal Leave Act:** Thanks to FMA, new feds with a service-connected disability will begin their careers with 104 hours of additional sick leave to use for disability-related appointments and treatment during their first year as federal employees. In addition to the legislative action, FMA worked with rule makers in Office of Personnel Management (OPM) to draft exemplary rules for implementation.
- **Preventing Cuts to Benefits:** FMA stopped harmful proposals by Congress or included in recent budget requests that would have increased pension contributions for existing federal employees, eliminated the FERS COLA, reduced the CSRS COLA, shifted from the "High 3" to a "High 5," or eliminated the FERS annuity supplement.
- To learn about many more successes, please check out <https://www.fedmanagers.org/fma-at-work>.



Bravo Zulu on Completing USS Colorado

From the desk of Acting Shipyard Commander, Captain Troy Bailey, "On June 10, this shipyard accomplished something truly outstanding: finishing USS COLORADO's maintenance availability 29 DAYS EARLY! Beating the schedule on a complex submarine availability requires incredible teamwork, technical brilliance, and a relentless drive. You have proven once again that our workforce embodies the true meaning of Nō Ka `Oī. It is your shared Aloha spirit and grit that empower us to exceed expectations and keep our Navy "Fit to Fight."

These "Bravo Zulu" messages comes from the highest levels of our naval leadership and they are a direct reflection of the dedication and expertise across all our hard-working cross-collaborative teams. To do so while overcoming significant material challenges and delivering the ship back to the fleet nearly a month ahead of schedule is a historic accomplishment. This success is well deserved and is a testament to the entire team's proactive leadership and support, "can-do" spirit, and unwavering commitment to excellence.

FMA was proud to congratulate the SSN 788 project team and celebrate with them on Friday June 26, 2026, at the Admiral's Boat House. FMA Chapter 19 proudly donated \$500 to the festivities.





Professional Liability Insurance: Federal Managers + Supervisors

Federal managers and supervisors play a critical role in agency performance, regulatory compliance, and employment-related decisions. Because their decisions are frequently subject to oversight, alleged or unintentional missteps — particularly those involving employment practices issues such as personnel actions or workplace complaints — some may result in investigations, administrative actions, or legal claims.

Professional Liability Insurance (PLI) from FEDS Protection is designed to provide peace of mind, responsive customer service, and experienced legal defense.

Allegations can quickly trigger agency investigations or legal action. In these situations, having experienced and dedicated legal counsel is not a luxury — it is a necessity. It is important to understand that an agency attorney represents the agency, not you.

A FEDS Protection (PLI) policy can help safeguard your career by ensuring you have legal representation focused on your defense. Coverage may apply to civil lawsuits, administrative actions, and criminal investigations arising from acts, errors, or omissions performed while rendering your federal employment duties.

There is no open enrollment period to wait for, but coverage must be in place before any incident or allegation occurs. Don't wait until it's too late.

Enroll with FEDS Protection today and take a proactive step toward protecting your professional future.

WHY CHOOSE FEDS?

- + **Affordable:** Peace of mind for as little as \$290* a year. That's less than the typical cost for one hour with an employment attorney. Federal managers and supervisors may qualify for agency reimbursement of up to half the premium.
**Plus applicable taxes and fees*
- + **Commitment, Know-How + Customer Service:** Founded by a former federal attorney, FEDS is dedicated to serving the federal community with expert guidance, timely service, and personalized attention.
- + **Superior Legal Defense:** Our panel of law firms has decades of experience defending federal employees, one of the many reasons top federal associations endorse FEDS.

Because Peace of Mind Matters

\$290* (ANNUAL PREMIUM)

Coverage Per Incident

- + \$1 Million Civil Liability
- + \$200,000 Administrative
- + \$100,000 Criminal

\$390* (ANNUAL PREMIUM)

Coverage Per Incident

- + \$2 Million Civil Liability
- + \$200,000 Administrative
- + \$100,000 Criminal

\$490* (ANNUAL PREMIUM)

Coverage Per Incident

- + \$3 Million Civil Liability
- + \$200,000 Administrative
- + \$100,000 Criminal

**Plus applicable taxes and fees*

Learn how FEDS can
meet your PLI needs

fedsprotection.com
866.955.3337

©2026 CRC Insurance Services, LLC d/b/a FEDS Protection CA Lic No. 0770135. No claim to any government works or material copyrighted by third parties. Nothing in this document constitutes an offer, inducement, or contract of insurance. Financial strength and size ratings can change and should be reevaluated before coverage is bound.

040326-1240 • 26-1200



Adopt-a-Highway - AAH-063FMA

This is just one of the many services FMA provides to our beautiful community. Mahalo goes out to our very own Enrique Sabal for making this event happen. It's our initiative to host this cleanup quarterly, I think we will all agree we had a wet start to our year, so with the cancelled February cleanup due to inclement weather, this just meant we had our fair share of cleanup on May 2, 2026. Thankfully we were met with blue skies, sunshine and smiling faces from all our dedicated members, families, and friends of the FMA Chapter 19 who gathered for our 2nd quarterly Adopt-a-Highway cleanup. This event was held at the Nimitz Gate of the Pearl Harbor Naval Shipyard and Intermediate Maintenance Facility. We are proud to support our community and we always look forward to see new faces.

Please Kōkua and Educate our Keiki

This is a reminder of the sheer volume of rubbish on our roadsides. Please share this message to raise awareness about being responsible with rubbish.

- Keep a bag in your car for rubbish until you can properly dispose of it.
- Secure your loads to prevent rubbish from flying out of your vehicle.
- Be responsible and keep our beautiful community clean.

This community service initiative is not only about beautifying the local environment. It also serves a key role in the chapter's scholarship program. To be eligible for scholarships sponsored by FMA Chapter 19, members are required to participate in at least two community events organized by the chapter. This ensures the spirit of service is a cornerstone of the chapter's values and is passed on to our next generation of leaders.



Group Dental Plan

The Federal Managers Association (Chapter 19) leadership is continuously looking for ways to enhance the value of your membership. You talked and we listened. We recently received a comprehensive proposal from **Hawaii Dental Service (HDS)**. Before moving forward, **we need your feedback** to determine if there is sufficient interest among our membership to officially pursue and establish this group policy.

Why Consider an HDS Group Plan?

As Hawaii's leading dental benefits provider for nearly 60 years, HDS serves nearly one million people across the islands. Partnering with HDS would grant our members access to:

- **The Largest Network:** More choices for dental care across Hawaii and the U.S. mainland.
- **No Deductibles:** None of the proposed plans require a calendar-year deductible.
- **100% Covered Preventive Care:** Diagnostic and preventive services—such as examinations, cleanings, and twice-yearly bitewing X-rays—are fully covered at 100%.
- **Local, Reliable Service:** HDS is a local organization whose customer service team resolves 99% of issues on the very first call.

Summary of Plan Options and Estimated Costs

If established, participating members would pay their monthly plan charges plus a **3% processing fee** to cover administrative overhead. For your convenience, members would also have the option to elect for **auto-payment**.

The breakdown of the base monthly premium rates proposed by HDS, alongside the total estimated monthly cost including the 3% processing fee can be found here. <http://www.fmachapter19.org/wp-content/uploads/2026/06/Hawaii-Dental-Service-Flyer-09092025.pdf>.



What we need from you

Look for the Summary of Plan Option and Estimated Costs here then fill out the survey at the bottom.

<http://www.fmachapter19.org/2026/06/06/member-survey-should-chapter-19-offer-a-group-dental-plan/>

We appreciate your time and feedback as we work to bring valuable benefits to our Ohana!



Region 3 & 4 Conference

July 29-31, 2027

We are pleased to announce our 2026 conference has been rescheduled for 2027. We will have a wonderful program (reception, training, networking and socializing) so we urge our members to participate. We'll keep you all up to date.

Meanwhile, we are planning a virtual communication on **9/17/2026** so please stay tuned for more information. We'll have information published on our website <http://www.fmachapter19.org/>. To participate in any, please reach out to Yvonne Young to find out how you can contribute! Your support is always appreciated. This is a great opportunity to network and connect with other FMA members.

New Members

Let us give a very warm welcome to our newest members!!

Rancisco B (C10070)

Quentin Willis (C2340)

\$50 for all new members

Campaign ending August 31, 2026



PHNSY Blood Drive

Mahalo to all our volunteers! We couldn't have done it without your time and heart. You have a vital role in meeting the blood supply demands in Hawaii and your impact is the lives saved and the medical readiness you've bolstered across Hawaii and the Pacific. Please reach out to Enrique Sabal to secure your slot in our next blood drive on November 5 & 6.

Blood Bank of Hawaii (BBH) is the largest repository of the rare blood type Jk3 Negative, which is most prevalent in those of Native Hawaiian, Filipino, and Pacific Islander heritage. In these ethnicities, Jk3 is found in 1 of 150 people, compared to other ethnicities in which it's as rare as 1 in 50,000, or even rarer. Using ultra-low freezers, BBH can store these donations for up to 10 years, meaning there is a reliable supply when this rare type is needed. This supply is important not only for Hawaii, but the whole country -- if someone with that blood type needs a transfusion somewhere in the U.S., BBH fields the request. Come out to determine if you carry this blood type.



Upcoming events

8/27 — Region 3 Communication

8/27 — General Meeting—Guest Speaker
Chad Nakamoto, C900F

9/5—12/15 — Fundraisers

9/17 — Region 3&4 virtual communication

11/5-6 — Blood Drive

11/7 — Highway Cleanup

TBD — Hickam Tree Lighting Ceremony
Fundraiser

12/11 — Toys for Tots Golf Tournament Navy
Marine Golf Course Fundraiser

12/11 — Commanders Open House

FMA Executive Board Members

President	Varney Range	368-0319
1st Vice President	Jacob Choo	368-0539
2nd Vice President	Melissa Lamerson	726-0690
3rd Vice President	Nomana Angelo	368-0432
Treasurer	Allen Couture	551-7812
Recording Secretary	Leslie Bovaird	368-0171
Corresponding Secretary	Keith Sato	368-0382
Sergeant at Arms	Enrique Sabal	368-0881
Director	Eric Kimura	840-3044
Director	Yvonne Young	763-0220
Director	Sean Lorenzo	368-0345
Director	Beth Kuanoni	368-0399
Director	Vacant	TBD
Director	Vacant	TBD